

# EDC 205: ADVANCED COUNSELING THEORY AND MULTICULTURAL SYSTEMS ABROAD

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## In Workflow

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## Approval Path

1. Mon, 20 Sep 2021 16:17:29 GMT  
Carlos Nevarez (nevarezc): Approved for GPSE Committee Chair
2. Tue, 21 Sep 2021 22:34:05 GMT  
Carlos Nevarez (nevarezc): Approved for GPSE Chair
3. Thu, 14 Oct 2021 22:11:12 GMT  
Bitá Rivas (b.rivas): Approved for ED College Committee Chair
4. Fri, 22 Oct 2021 00:33:19 GMT  
Karen O'Hara (kdohara): Approved for ED Dean

## New Course Proposal

Date Submitted: Fri, 17 Sep 2021 23:27:01 GMT

**Viewing: EDC 205 : Advanced Counseling Theory and Multicultural Systems Abroad**

**Last edit: Fri, 22 Oct 2021 00:33:09 GMT**

Changes proposed by: Rachael Marshall (223000128)

### Contact(s):

Name (First Last)	Email	Phone 999-999-9999
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### Catalog Title:

Advanced Counseling Theory and Multicultural Systems Abroad

### Class Schedule Title:

ADV COUN ABROAD

### Academic Group: (College)

ED - Education

### Academic Organization: (Department)

Graduate Professional Studies in Education

### Will this course be offered through the College of Continuing Education (CCE)?

Yes

### Please specify:

CCE Only

### Catalog Year Effective:

Fall 2022 (2022/2023 Catalog)

**Subject Area: (prefix)**

EDC - Education - Counselor Education

**Catalog Number: (course number)**

205

**Course ID: (For administrative use only.)**

TBD

**Units:**

3

**Is the primary purpose of this change to update the term typically offered or the enforcement of requisites at registration?**

No

**In what term(s) will this course typically be offered?**

Summer Only

**Does this course require a room for its final exam?**

No, final exam does not require a room

**Does this course replace an existing experimental course?**

No

**This course complies with the credit hour policy:**

Yes

**Justification for course proposal:**

The Master of Science in Counseling in the College of Education is dedicated to providing students with the knowledge and skills necessary to address the needs and concerns of a diverse society. Our program is devoted to social justice and advocacy, working within both our classes and communities, to actively oppose discrimination and celebrate diversity. Throughout the program, emphasis is placed on both personal and professional development with experiential learning infused within the curriculum. Our goal for study abroad is twofold: 1) aid in student counselor identity development 2) develop international counseling relationships

Several courses involve participation, such as service learning in community agencies and schools, prior to the required supervised field placements. The opportunity to study abroad in Vienna Austria would greatly benefit our students by providing a new cultural environment with a deep history in psychotherapy and counseling. It would provide another opportunity for cultural immersion and internal connection. We have designed EDC 205- Advanced Counseling Theory & Multicultural Systems to provide students with a foundation in the philosophy and practice of contemporary theories of counseling and psychotherapy. The material in the course is aimed at helping students develop the basic skills necessary for effective counseling and communicating with clients. The course requirements support three components of multiple measures of learning and outcomes: (1) personal growth in counselor identity development, (2) counseling skills development utilizing multiple approaches, and (3) theory integration and multicultural systems. Students are expected to be actively involved in their learning and are invited to share their knowledge and personal experiences with the class.

The course is designed to not only engage in advanced counseling theory and multicultural immersion but also mentorship. We have developed the course to allow undergraduates, graduates, and alumni of the program to create functional process groups where our students can try theory and counseling skills to receive feedback. Alumni would operate as TA's for working groups of counseling graduates and undergraduate students interested in pursuing counseling. These groups would work with theories to explore counselor identity and theory integration in their practice.

By connecting with Webster University in Vienna, we are strengthening our counseling career opportunities for both our students and for European counselors. The Counseling profession has deep roots in Vienna in theory, but counseling practice is still in its adolescence in Europe. The continued connection between U.S. counselor training institutions and international opportunities helps establish the professional counselor identity across nations and promotes multicultural counseling practice. I appreciate your time and consideration.

**Course Description: (Not to exceed 80 words and language should conform to catalog copy.)**

This course is designed to provide students with a foundation in the philosophy and practice of contemporary theories of counseling and psychotherapy. Course material is aimed at helping students develop basic skills necessary for effective counseling and communicating with clients. Students will engage in: (1) personal growth in counselor identity development, (2) counseling skills development utilizing multiple approaches, and (3) theory integration and multicultural systems. Students will be actively involved in their learning and invited to share knowledge.

**Are one or more field trips required with this course?**

Yes

**Fee Course?**

No

**Is this course designated as Service Learning?**

No

**Does this course require safety training?**

No

**Does this course require personal protective equipment (PPE)?**

No

**Course Note: (Note must be a single sentence; do not include field trip or fee course notations.)**

This course is a study abroad experience.

**Does this course have prerequisites?**

Yes

**Prerequisite:**

Pre-requisite 216 &amp; 280 &amp; 210 (GRAD) EDUC 155 &amp; 156 (UNDERGRAD)

**Prerequisites Enforced at Registration?**

No

**Does this course have corequisites?**

No

**Graded:**

Letter

**Approval required for enrollment?**

Instructor Approval

**Course Component(s) and Classification(s):**

Discussion

**Discussion Classification**

CS#03 - Lecture Composition/Counseling/Case Study (K-factor=1 WTU per unit)

**Discussion Units**

3

**Is this a paired course?**

No

**Is this course crosslisted?**

No

**Can this course be repeated for credit?**

No

**Can the course be taken for credit more than once during the same term?**

No

**Description of the Expected Learning Outcomes: Describe outcomes using the following format: "Students will be able to: 1), 2), etc."****Course Objectives**

This course addresses the following 2016 CACREP Standards, CTC standards, and BBS Board Standards:

1. Analyze the history and philosophy of the counseling profession and its specialty areas to create theory integration
2. Examine evidence-based contemporary theories, models, prevention techniques, and interventions for working with clients
3. Apply skills necessary for effectively communicating with and counseling clients
4. Critically evaluate knowledge of the counseling processes necessary in a multicultural society to provide theoretically consistent and culturally sensitive interventions

**Attach a list of the required/recommended course readings and activities:**

Required recommended reading and activities.docx

**Assessment Strategies: A description of the assessment strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers) which will be used by the instructor to determine the extent to which students have achieved the learning outcomes noted above.**

Theory integration Paper (ELO 1, 2, 4)

Case Study (ELO 2)

Group facilitation discussions and reflections (ELO 3)

Reflective Journal Entries (ELO 4)

**For whom is this course being developed?**

Majors in the Dept

**Is this course required in a degree program (major, minor, graduate degree, certificate?)**

No

**Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?**

No

**Will there be any departments affected by this proposed course?**

No

**I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.**

I/we agree

## **University Learning Goals**

**Graduate (Masters) Learning Goals:**

Critical thinking/analysis

Communication

Intercultural/Global perspectives

Professionalism

**Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?**

No

**Is this a Graduate Writing Intensive (GWI) course?**

No

**Please attach any additional files not requested above:**

EDC 205 Study Abroad syllabus.docx

Key: 14583