

KINS 101: KINESIOLOGY: RESEARCH AND PRACTICE

In Workflow

1. KHS Committee Chair (andrea.becker@csus.edu; matt.brown@csus.edu)
2. KHS Chair (wrightm@csus.edu)
3. HHS College Committee Chair (heather.thompson@csus.edu)
4. HHS Dean (sac19804@csus.edu)
5. Academic Services (torsetj@csus.edu; cnewsome@skymail.csus.edu)
6. Senate Curriculum Subcommittee Chair (curriculum@csus.edu)
7. Dean of Undergraduate (james.german@csus.edu; celena.showers@csus.edu)
8. Dean of Graduate (cnewsome@skymail.csus.edu)
9. Catalog Editor (torsetj@csus.edu)
10. Registrar's Office (w lindsey@csus.edu)
11. PeopleSoft (PeopleSoft@csus.edu)

Approval Path

1. Fri, 08 Oct 2021 22:34:26 GMT
Andrea Becker (andrea.becker): Approved for KHS Committee Chair
2. Mon, 11 Oct 2021 19:43:18 GMT
Michael Wright (wrightm): Approved for KHS Chair
3. Wed, 20 Oct 2021 02:16:16 GMT
Heather Thompson (heather.thompson): Approved for HHS College Committee Chair
4. Wed, 20 Oct 2021 16:09:33 GMT
Robert Pieretti (sac19804): Approved for HHS Dean

History

1. Nov 11, 2020 by Julie Kuehl-Kitchen (jkitchen)

New Course Proposal

Date Submitted: Thu, 23 Sep 2021 07:01:04 GMT

Viewing: KINS 101 : Kinesiology: Research and Practice

Last approved: Wed, 11 Nov 2020 15:01:58 GMT

Last edit: Thu, 23 Sep 2021 07:01:03 GMT

Changes proposed by: Leslie Larsen (219704941)

Contact(s):

Name (First Last)	Email	Phone 999-999-9999
Leslie Larsen	leslie.larsen@csus.edu	501-317-9861

Catalog Title:

Kinesiology: Research and Practice

Class Schedule Title:

Kinesiology: Research and Prac

Academic Group: (College)

HHS - Health & Human Services

Academic Organization: (Department)

Kinesiology

Will this course be offered through the College of Continuing Education (CCE)?

No

Catalog Year Effective:

Fall 2022 (2022/2023 Catalog)

Subject Area: (prefix)

KINS - Kinesiology

Catalog Number: (course number)

101

Course ID: (For administrative use only.)

203389

Units:

2

Is the primary purpose of this change to update the term typically offered or the enforcement of prerequisites at registration?

No

In what term(s) will this course typically be offered?

Fall, Spring

Does this course require a room for its final exam?

Yes, final exam requires a room

Does this course replace an existing experimental course?

No

This course complies with the credit hour policy:

Yes

Justification for course proposal:

To make minor edits to the course title to better reflect the course content

Course Description: (Not to exceed 80 words and language should conform to catalog copy.)

KINS 101 is an introduction to the study of human movement, including its role in daily life and its place in higher education. Career opportunities related to sport, movement, exercise, and fitness will be examined. Students in this course will explore various educational pathways, requirements, and professional opportunities in the sub-disciplines of Kinesiology.

Are one or more field trips required with this course?

No

Fee Course?

No

Is this course designated as Service Learning?

No

Does this course require safety training?

No

Does this course require personal protective equipment (PPE)?

No

Does this course have prerequisites?

No

Does this course have corequisites?

No

Graded:

Letter

Approval required for enrollment?

No Approval Required

Course Component(s) and Classification(s):

Lecture

Lecture Classification

CS#02 - Lecture/Discussion (K-factor=1WTU per unit)

Lecture Units

2

Is this a paired course?

No

Is this course crosslisted?

No

Can this course be repeated for credit?

No

Can the course be taken for credit more than once during the same term?

No

Description of the Expected Learning Outcomes: Describe outcomes using the following format: "Students will be able to: 1), 2), etc."

Upon successful completion of this course, students will be able to:

1. Describe the foundational disciplines of Kinesiology, current objectives, challenges, and role in society.
2. Analyze and describe the importance of physical activity in daily life.
3. Demonstrate an understanding of the field of Kinesiology both as an academic discipline and a profession.
4. Acquire and demonstrate skills in researching, evaluating, and reporting on Kinesiology-related sources of information.
5. Explain the educational pathway, requirements, and job skills necessary for personal career choice in the area of Kinesiology or related fields.

Assessment Strategies: A description of the assessment strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers) which will be used by the instructor to determine the extent to which students have achieved the learning outcomes noted above.

Assessment Strategies:

1. Class Assignments and Participation (Option 1 = 50% of grade; Option 2 = 25%). Throughout the course of the semester, students will participate in and complete various in-class activities. Students must attend class in order to receive full credit. Make-up assignments and/or extra credit will not be offered. This strategy will be used to assess learning outcomes 1,2,3,4, & 5.
2. Chapter Questions (Option 1 = 50% of grade; Option 2 = 25%). Students are expected to complete all of the assigned chapter readings, and answer 10-20 multiple-choice questions for each chapter. Questions will be available on blackboard up until 10 minutes prior to our scheduled class time on the assigned due dates. There will be no make-up assignments for those who do not complete the questions prior to the assigned due dates. This strategy will be used to assess learning outcomes 1,2,3, & 5.
3. Final Exam (Option 2 only = 50% of grade). The final exam is optional. If students choose to take the final exam, then it will be worth 50% of their grade, and assignments and chapter questions will each be worth 25%. The final exam will be cumulative. The format for this exam will be multiple choice, short answer, and essay. This strategy will be used to assess learning outcomes 1,2,3, & 5.

Option #1: Class Assignments (50%), Chapter Questions (50%) and final Exam (0%)

Option #2: Class Assignments (25%) and Chapter Questions (25%) and final Exam (50%)

Is this course required in a degree program (major, minor, graduate degree, certificate?)

Yes

Has a corresponding Program Change been submitted to Workflow?

No

Identify the program(s) in which this course is required:**Programs:**

BS in Kinesiology (Physical Education Teacher Education)

BS in Kinesiology (Physical Activity and Wellness)

BS in Kinesiology (Athletic Care)

BS in Kinesiology (Athletic Coaching Education)

BS in Kinesiology (Athletic Administration)

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?

No

Will there be any departments affected by this proposed course?

No

I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.

I/we agree

University Learning Goals

Undergraduate Learning Goals:

Competence in the disciplines

Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

No

GE Course and GE Goal(s)

Is this a General Education (GE) course or is it being considered for GE?

No

Key: 13979