

# BS IN PUBLIC HEALTH (COMMUNITY HEALTH EDUCATION)



**SACRAMENTO STATE**  
Redefine the Possible

## In Workflow

1. PUBH Committee Chair (PUBH Committee Chair@csus.edu)
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## Approval Path

1. Thu, 30 Sep 2021 18:13:06 GMT  
Michael Mink (m.mink): Approved for PUBH Committee Chair
2. Thu, 30 Sep 2021 18:14:15 GMT  
Michael Mink (m.mink): Approved for PUBH Chair
3. Tue, 05 Oct 2021 23:56:33 GMT  
Heather Thompson (heather.thompson): Approved for HHS College Committee Chair
4. Wed, 06 Oct 2021 19:44:02 GMT  
Robert Pieretti (sac19804): Approved for HHS Dean

## History

1. Mar 12, 2020 by Susan Perez (susan.perez)
2. Apr 28, 2020 by Celena Showers (celena.showers)
3. Apr 20, 2021 by Celena Showers (celena.showers)

Date Submitted: Thu, 30 Sep 2021 03:07:45 GMT

## Viewing: BS in Public Health (Community Health Education)

**Last approved: Tue, 20 Apr 2021 20:42:45 GMT**

**Last edit: Thu, 30 Sep 2021 03:07:44 GMT**

Changes proposed by: Susan Perez (217369465)

### Academic Group: (College)

Health & Human Services

### Academic Organization: (Department)

Public Health/Health Science

### Catalog Year Effective:

2022-2023 Catalog

### Individual(s) primarily responsible for drafting the proposed degree major program:

Name (First Last)	Email	Phone 999-999-9999
Susan Perez	susan.perez@csus.edu	916-278-6451

### Type of Program Proposal:

Major

**Program Change Type:**

Non-Substantive

**Is this a pilot program?**

No

**Is this a Fast Track program?**

No

**Title of the Program:**

BS in Public Health (Community Health Education)

**Designation: (degree terminology)**

Bachelor of Science

**Briefly describe the program proposal (new or change) and provide a justification:**

CURRENT September 2021:

We have revised two required courses in the major.

The current title for PUBH 119 is Community Health Education. The proposed new title for PUBH 119 is Community Health Promotion. The current title for PUBH 116 is Public Health Administration and Policy. The proposed new title for PUBH 116 is Public Health Policy, Management and Administration. These title changes bring the course title in better alignment with the course content and objectives.

PREVIOUS:

We have revised two courses in the major (one required and one elective).

We have revised PUBH 118 from Community Health to Introduction to Public Health. We have done so because it is a core class for all three public health concentrations (Community Health Education, Healthcare Administration, and Occupational Health and Safety). The revised course, Introduction to Public Health, provides a stronger foundation in public health more appropriate for for all three concentrations than the current course with a focus solely on Community Health.

We have revised PUBH 124 from Consumer Health Education to Public Health Ethics.

We are not proposing any changes to the objectives of the degree program.

**Objectives of the degree program:**

(The Student Learning Outcomes below have not changed.)

Degree Outcomes: Students will be able to...

1. Demonstrate critical thinking skills through the application of health promotion, prevention and protection theories and concepts.
2. Integrate diverse disciplines such as sociology, psychology, chemistry, biology, anatomy, and physiology in the identification and control of psycho#social and physical factors affecting health.
3. Demonstrate effective writing composition and oral communication skills.
4. Work collaboratively with others in problem solving, research, decision#making and the completion of projects.
5. Articulate values, ethics and standards of the profession.

Community Health Education Learning Outcomes: Students will be able to...

1. Examine and identify national issues in occupational and non#occupational safety and health.
2. Promote high level wellness through a preventive medicine approach for the promotion of more enjoyable and productive living.
3. Describe methods of managing public health program; patterns of health organizations; the scope of public health concerns for environment health and health service marketing.
4. Identify the philosophical, conceptual, and theoretical constructs that serve as a basis for understanding, predicting, and facilitating change in health#related behavior.
5. Identify the behavioral and social factors which influence health and illness.
6. Distinguish health facts from bogus claims and make effective consumer decisions of health care services and the basics of self#health care.
7. Identify the scientific facts about drugs and to describe methods of prevention and the of health education.
8. Process and practice program planning and evaluation.
9. Collect, analysis, interpret and present health data using computational software.
10. Use fundamental statistics and research methods for the systematic study and evaluation of the distribution and determinants of health risk in populations.

11. Use computer technology to research, analyze, communicate and present health information.

## University Learning Goals

### Undergraduate Learning Goals:

Competence in the disciplines  
 Knowledge of human cultures and the physical and natural world  
 Integrative learning  
 Personal and social responsibility  
 Intellectual and practical skills

**Will this program be required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?**

No

**Do these changes impact the Smart Planner roadmap?**

No

### Catalog Description:

**Units required for Major: 58-63**

**Total units required for BS: 120**

## Program Description

The academic area of study in Public Health is part of the College of Health and Human Services. Students pursue a Public Health concentration leading to a degree with specialization and job skills applicable to one of three professional areas of study: community health, healthcare administration, or occupational health and safety. The faculty supports the idea of focused academic preparation in each concentration such that Public Health BS graduates will have job appeal in their chosen professional field.

Students can expect to be involved, both in class and field experiences, in areas that deal with significant issues within general Public Health practice and within each concentration, such as health care costs and quality, consumer health issues, alcohol and other drugs, human sexuality, health promotion, health management and administration, unintentional injury causes and prevention, and other personal, occupational, and community health and safety issues.

The Public Health Bachelor of Science program at Sacramento State is a highly sought-after degree. Due to the large number of applications, the program has a pre-major status. Students wishing to become Public Health majors must complete a series of required lower division courses in order to be eligible to declare the major. Students should check the Department website (<https://www.csus.edu/college/health-human-services/public-health/>) for requirements and speak with the Public Health academic advisor to help with their academic plans.

**Note:** Students graduating with a BS in Public Health (all concentrations) will not be subject to the University's Foreign Language Graduation Requirement. Students who change major may be subject to the University's Foreign Language Graduation Requirement.

**Admission Requirements: Course prerequisites and other criteria for admission of students to the degree major program, and for their continuation in it.**

## Pre-Major Requirements

Freshman or transfer students interested in the Public Health Major are admitted as Pre-Major Public Health students.

To declare the Public Health major, all students are required to complete the following grade and course requirements and submit a Declaration of Major form to the Public Health Department along with transcript copies:

1. An overall GPA of 2.5 and be in good academic standing.
2. Completion of the Pre-Major Required Courses, as identified in the Program Requirements, with a "C" or better in each course. Only first or second attempts will be considered.
3. Completion of more than 45 units.

### Additional Information

**Repeat Policy:** Health Science majors and minors can only repeat Health Science courses one time if they receive less than a "C." Students must meet with their academic advisor before petitioning the department to repeat the course. Refer to the Repeat Policy section of the Sacramento State Catalog for additional information.

**Credit by Examination:** A student who seeks course credit by examination is to enroll in the course to be challenged. No course may be challenged after the first two weeks of the semester. The instructor of the course will conduct an assessment of the student's readiness for the challenge for credit examination. Refer to Credit by Examination section of the Sacramento State Catalog.

**Advising:** It will be necessary to work very closely with an advisor to complete the BS degree in a timely manner. Therefore, the Health Science faculty strongly recommends that all Health Science students consult with an advisor prior to enrollment for any course. This procedure should be followed each semester.

As defined by policy <http://www.csus.edu/umannual/acadaff/fsm00010.htm>, a change in units constitutes a substantive change to the program. If your changes constitute a substantive change, please refer back to the "Program Change Type" field above to ensure that "Substantive" is selected.

**Program Requirements: (If new courses are being created as part of a new program, it will be useful to propose courses first.)**


## Program Requirements

Code	Title	Units
<b>Required Pre-Major (Lower Division) Courses (16 Units)</b>		
BIO 25	Human Anatomy and Physiology I	4
BIO 26	Human Anatomy and Physiology II	4
CHEM 6A	Introduction to General Chemistry <sup>1</sup>	5
STAT 1	Introduction to Statistics <sup>1</sup>	3
<b>Required Upper Division Courses (15-16 Units)</b>		
PUBH 147	Health Data Analysis	3
PUBH 118	Community Health (This course will have a new name - Introduction to Public Health)	3
PUBH 148	Epidemiology	3
PUBH 151	Introduction to the U.S. Healthcare System	3
PUBH 195	Fieldwork - Health or Safety	3 - 4
<b>Concentrations (27-31 Units)</b>		
Select one concentration from the following:		27 - 31
Community Health Education		
Health Care Administration		
Occupational Health and Safety		
<b>Total Units</b>		<b>58-63</b>

<sup>1</sup> Course also satisfies General Education (GE)/Graduation Requirement.

**Note:** Public Health courses depend upon concentration, permission of the faculty advisor, program coordinator, and department chair.

### Concentration in Community Health Education (27 units)

Code	Title	Units
PUBH 100	Fundamentals of Safety and Health	3
PUBH 112	Disease Prevention	3
PUBH 114	Human Ecology and Health	3
PUBH 116	Public Health Administration and Policy	3
PUBH 119	Community Health Education	3
PUBH 134	Understanding Human Sexuality	3
PUBH 144	Community Health Planning and Evaluation	3
PUBH 150	Aging and Health	3
Select one of from the following:		3
PUBH 117	Global Health	
PUBH 122	Health Psychology	
PUBH 124	Ethical Considerations in Public Health  (This course has a new name - Public Health Ethics)	
PUBH 130	Alcohol and Other Drugs	
<b>Total Units</b>		<b>27</b>

<sup>1</sup> Course also satisfies General Education (GE)/Graduation Requirement.

## General Education Requirements <sup>1</sup>

Code	Title	Units
<b>Area A: Basic Subjects (9 Units)</b>		
A1	Oral Communication	3
A2	Written Communication	3
A3	Critical Thinking	3
<b>Area B: Physical Universe and Its Life Forms (6 Units)</b>		
B1	Physical Science <sup>2</sup>	0

B2 - Life Forms	3
B3 - Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5 <sup>2</sup> )	0
B4 - Math Concepts <sup>2</sup>	0
B5 - Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements.	3
<b>Area C: Arts and Humanities (12 Units)</b>	
C1 - Arts	3
C2 - Humanities	3
C1/C2 - Area Course C	3
C1/C2 - Area C Course - Take upper-division course to complete Area & upper division requirements.	3
<b>Area D: The Individual and Society (6 Units)</b>	
Area D Course	3
Area D Course	3
Area D Course - Take upper-division course to complete Area & upper division requirements. <sup>2</sup>	0
<b>Area E: Understanding Personal Development (3 Units)</b>	
Area E Course	3
<b>Area F: Ethnic Studies (3 Units)</b>	
Area F Course	3
<b>Total Units</b>	<b>39</b>

<sup>1</sup> To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<http://catalog.csus.edu/colleges/academic-affairs/general-education/>).

**Note:** There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email ([advising@csus.edu](mailto:advising@csus.edu)).

<sup>2</sup> Required in Major; also satisfies GE.

## Graduation Requirements <sup>1</sup>

Code	Title	Units
<b>Graduation Requirements (required by CSU) (9 Units)</b>		
	American Institutions: U.S. History	3
	American Institutions: U.S. Constitution & CA Government	3
	Writing Intensive (WI)	3
<b>Graduation Requirements (required by Sacramento State) (6 Units)</b>		
	English Composition II	3
	Race and Ethnicity in American Society (RE)	3
	Foreign Language Proficiency Requirement <sup>2</sup>	0

<sup>1</sup> To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<http://catalog.csus.edu/colleges/academic-affairs/general-education/>).

**Note:** There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email ([advising@csus.edu](mailto:advising@csus.edu)).

<sup>2</sup> If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html>

**Note:** Students with a declared major of BS in Public Health (Occupational Health and Safety), BS in Public Health (Health Care Administration), or BS in Public Health (Community Health Education) are exempt from the Foreign Language Graduation Requirement.

## Fiscal Impact to Change an Existing Program

Indicate programmatic or fiscal impact which this change will have on other academic units' programs, and describe the consultation that has occurred with affected units:

None

Provide a fiscal analysis of the proposed changes:

This will not have any fiscal impact.

How will the above changes be accommodated within the department/College existing fiscal resources?

This will not have any fiscal impact.

**Will the proposed changes require additional resources?**

No

**What additional space, equipment, operating expenses, library, computer, or media resources, clerical/technical support, or other resources will be needed?**

CURRENT September 2021:

No additional resources will be needed.

PREVIOUS:

There will be a shift in the textbook for PUBH 118. For PUBH 124 the text is open source. No other resources will be needed.

**Estimate the cost and indicate how these resource needs will be accommodated:**

We have made a request for a library reserve for the new textbook for PUBH 118.

Key: 463