# RPTA 106: INTRODUCTION TO INCLUSIVE RECREATION AND RECREATION THERAPY

## In Workflow

- 1. RPTA Committee Chair (mcwilson@csus.edu)
- 2. RPTA Chair (mcwilson@csus.edu)
- 3. HHS College Committee Chair (heather.thompson@csus.edu)
- 4. HHS Dean (sac19804@csus.edu)
- Academic Services (catalog@csus.edu)
- 6. Senate Curriculum Subcommittee Chair (curriculum@csus.edu)
- 7. Dean of Undergraduate (james.german@csus.edu; celena.showers@csus.edu; renee.leonard@csus.edu)
- 8. Dean of Graduate (cnewsome@skymail.csus.edu)
- 9. Catalog Editor (catalog@csus.edu)
- 10. Registrar's Office (wlindsey@csus.edu)
- 11. PeopleSoft (PeopleSoft@csus.edu)

# **Approval Path**

1. Wed, 16 Feb 2022 18:54:36 GMT

Marty Wilson (mcwilson): Approved for RPTA Committee Chair

2. Wed, 16 Feb 2022 18:55:33 GMT

Marty Wilson (mcwilson): Approved for RPTA Chair

3. Fri, 04 Mar 2022 06:25:31 GMT

Heather Thompson (heather.thompson): Rollback to Initiator

4. Mon, 07 Mar 2022 19:06:00 GMT

Marty Wilson (mcwilson): Approved for RPTA Committee Chair

5. Mon, 07 Mar 2022 19:07:51 GMT

Marty Wilson (mcwilson): Approved for RPTA Chair

6. Thu, 10 Mar 2022 19:54:13 GMT

Heather Thompson (heather.thompson): Rollback to Initiator

7. Tue, 15 Mar 2022 18:47:25 GMT

Marty Wilson (mcwilson): Approved for RPTA Committee Chair

8. Tue, 15 Mar 2022 18:48:11 GMT

Marty Wilson (mcwilson): Approved for RPTA Chair

9. Tue, 15 Mar 2022 23:04:42 GMT

Heather Thompson (heather.thompson): Approved for HHS College Committee Chair

10. Wed, 16 Mar 2022 16:10:05 GMT

Robert Pieretti (sac19804): Approved for HHS Dean

Date Submitted: Tue, 15 Mar 2022 18:29:27 GMT

# Viewing: RPTA 106: Introduction to Inclusive Recreation and Recreation Therapy

Last edit: Tue, 15 Mar 2022 18:29:25 GMT

Changes proposed by: Erik Luvaas (210464684)

Contact(s):

Name (First Last)	Email	Phone 999-999-9999
Abhijeet Shirsat	shirsat@csus.edu	916-278-7046

## **Catalog Title:**

Introduction to Inclusive Recreation and Recreation Therapy

#### Class Schedule Title:

Inclusive Rec & Rec Therapy

Academic Group: (College)
HHS - Health & Human Services

**Academic Organization: (Department)** 

Recreation, Parks, and Tourism Administration

# Will this course be offered through the College of Continuing Education (CCE)?

No

#### **Catalog Year Effective:**

Fall 2023 (2023/2024 Catalog)

Subject Area: (prefix)

RPTA - Recreation, Parks, and Tourism Administration

Catalog Number: (course number)

106

Course ID: (For administrative use only.)

172373

Units:

3

Is the primary purpose of this change to update the term typically offered or the enforcement of requisites at registration?

No

#### In what term(s) will this course typically be offered?

Fall, Spring, Summer

#### Does this course require a room for its final exam?

Yes, final exam requires a room

# Does this course replace an existing experimental course?

Νo

## This course complies with the credit hour policy:

Yes

# Justification for course proposal:

This is a foundational course in RPTA. It is designed to prepare the students to meet the needs and provide services to diverse populations in RPTA. We want to open the prerequisites of this course for not only RPTA but also HLSC majors and minors. This will allow HLSC students to add the course with out permission from the instructor.

#### Course Description: (Not to exceed 80 words and language should conform to catalog copy.)

Addresses the etiology and nature of common disabling conditions and examines issues of leisure participation and inclusion for underrepresented populations. Topics include: attitudinal barriers, advocacy, normalization, universal design, activity analysis and modification, and legislation. Emphasis on leadership, supervision and organizational development of inclusive and recreation therapy programs.

# Are one or more field trips required with this course?

No

# Fee Course?

No

# Is this course designated as Service Learning?

Yes

# **Attach Service Learning Designation Approval**

RPTA 106 SL Designation Approval Letter 2021.docx

# Does this course require safety training?

No

#### Does this course require personal protective equipment (PPE)?

No

#### Does this course have prerequisites?

Yes

## Prerequisite:

RPTA and HLSC majors and minors only, or instructor permission.

#### **Prerequisites Enforced at Registration?**

Yes

## Does this course have corequisites?

Nο

#### **Graded:**

Letter

# Approval required for enrollment?

No Approval Required

#### Course Component(s) and Classification(s):

Lecture

#### **Lecture Classification**

CS#02 - Lecture/Discussion (K-factor=1WTU per unit)

#### **Lecture Units**

3

# Is this a paired course?

Yes

#### Please confirm that it complies with the Paired Courses Policy and enter the course with which it is paired:

206

#### Is this course crosslisted?

No

# Can this course be repeated for credit?

No

# Can the course be taken for credit more than once during the same term?

No

## Description of the Expected Learning Outcomes: Describe outcomes using the following format: "Students will be able to: 1), 2), etc."

- 1. Identify the conceptual foundations and historical/philosophical background of inclusive recreation and therapeutic recreation.
- 2. Describe the general characteristics and unique issues associated with diverse populations. (COAPRT 7.01c)
- 3. Identify one's own attitudes toward all individuals regardless of abilities and/or background. (COAPRT 7.01b)
- 4. Identify legislation affecting leisure services for persons with disabilities to include: Čivil Rights, Rehabilitation Act, IDEA, and the Americans with Disabilities Act.
- 5. Apply knowledge and skills to provide all peoples with leisure services by assessing individual needs, activity analysis, guidelines for program design, individualized accommodation, and methods of resource development. (COAPRT 7.01b)
- 6. Describe current issues and trends and how this impacts the delivery of services for diverse populations.
- 7. Examine experiences with recreation service for individuals with disabilities by experiencing service learning. (COAPRT 7.01a)
- 8. Identify principals and procedures for planning and designing accessible services and facilities, including public relations materials. (COAPRT 7.02)
- 9. Describe the process of community development of inclusive recreation including use of community, fiscal, and human resources.

Assessment Strategies: A description of the assessment strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers) which will be used by the instructor to determine the extent to which students have achieved the learning outcomes noted above.

ELO 1-9 Attendance & Class Participation/Assignments 200 20%

ELO 2, 3, 6 Weekly Experience & Insight Discussions 80 8%

ELO 1, 4, 8 Quizzes (8 quizzes x 20 points each) 160 16%

ELO 3 Movie Critique Paper 60 6%

ELO 2 Understanding Mental Health Paper 125 12.5%

ELO 6, 7, 9 Service Learning Experience & Reflection Paper 150 15%

ELO 5, 8 Inclusion Group Presentation 100 10%

ELO 5, 8 Inclusion Group Presentation Paper 25 2.5%

ELO 1, 4, 8 Final Exam 100 10%

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TOTAL 1000 100%

Is this course required in a degree program (major, minor, graduate degree, certificate?)

Yes

Has a corresponding Program Change been submitted to Workflow?

Yes

Identify the program(s) in which this course is required:

#### **Programs:**

BS in Recreation Administration (Recreation Therapy)

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?

No

Will there be any departments affected by this proposed course?

No

I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.

I/we agree

# **University Learning Goals**

#### **Undergraduate Learning Goals:**

Competence in the disciplines Knowledge of human cultures and the physical and natural world Integrative learning Personal and social responsibility Intellectual and practical skills

Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

No

# **GE Course and GE Goal(s)**

Is this a General Education (GE) course or is it being considered for GE?

No

Please attach any additional files not requested above:

MASTER TEMPLATE - RPTA 106 Spring 2021 Syllabus - Luvaas.docx

#### **Reviewer Comments:**

**Heather Thompson (heather.thompson) (Fri, 04 Mar 2022 06:25:31 GMT):** Rollback: Committee approved the form with pending changes. Please refer to the discussion during meeting. Committee members from the department will provide the detailed changes to the chair/author. Once re-submitted, the chair may approve the proposal immediately

Heather Thompson (heather.thompson) (Thu, 10 Mar 2022 19:54:13 GMT): Rollback: Changes to the proposal are required.

Key: 4122