

# EDC 236: COUPLES COUNSELING

## In Workflow

1. ED College Committee Chair (feliz@csus.edu; b.rivas@csus.edu)
2. ED Dean (dsessoms@skymail.csus.edu)
3. Academic Services (catalog@csus.edu)
4. Senate Curriculum Subcommittee Chair (curriculum@csus.edu)
5. Dean of Undergraduate (james.german@csus.edu; renee.leonard@csus.edu)
6. Dean of Graduate (cnewsome@skymail.csus.edu)
7. Catalog Editor (catalog@csus.edu)
8. Registrar's Office (wlindsey@csus.edu)
9. PeopleSoft (PeopleSoft@csus.edu)

## Approval Path

1. Thu, 13 Oct 2022 22:23:58 GMT  
Bitá Rivas (b.rivas): Approved for ED College Committee Chair
2. Fri, 14 Oct 2022 22:20:36 GMT  
Deidre Sessoms (dsessoms): Approved for ED Dean

Date Submitted: Wed, 11 May 2022 05:18:28 GMT

**Viewing: EDC 236 : Couples Counseling**

**Last edit: Fri, 30 Sep 2022 18:54:38 GMT**

Changes proposed by: Bitá Rivas (223000752)

**Contact(s):**

Name (First Last)	Email	Phone 999-999-9999
Bitá Rivas	b.rivas@csus.edu	9162785950

**Catalog Title:**

Couples Counseling

**Class Schedule Title:**

Couples Counseling

**Academic Group: (College)**

ED - Education

**Academic Organization: (Department)**

193

**Will this course be offered through the College of Continuing Education (CCE)?**

No

**Catalog Year Effective:**

Spring 2023 (2022/2023 Catalog)

**Subject Area: (prefix)**

EDC - Education - Counselor Education

**Catalog Number: (course number)**

236

**Course ID: (For administrative use only.)**

116816

**Units:**

2

**Is the only purpose of this change to update the term typically offered or the enforcement of existing requisites at registration?**

No

**In what term(s) will this course typically be offered?**

Fall, Spring

**Does this course require a room for its final exam?**

Yes, final exam requires a room

**This course complies with the credit hour policy:**

Yes

**Justification for course proposal:**

1. requesting reactivating this course to meet student needs to have adequate training in systems courses, including couples which is a significant part of clients served; and to match accreditation needs.
2. updating name to match the name of the program, use of counseling is consistent terminology within our program.
3. updating field trip and engagement as it was previously blank.
4. updating classification to match the nature of the course
5. updating pre-requisite as this will require foundational knowledge gained from EDC 212 and EDC 234
6. updating learning outcomes as they were missing, syllabus is included that matches ELO and assignments.
7. adding programs in which 236 would be required.
8. adding other required areas, no increase in resources as this would be an elective option (they either take EDC 238 or EDC 236) for to meet accreditation standards around systems courses.
9. no departments are impacted and form B is submitted.
10. graduate learning outcomes included and updated.

**Course Description: (Not to exceed 80 words and language should conform to catalog copy.)**

Focuses on applying major schools of couples and sex therapy to actual practice. Issues include evaluation of couples, interviewing strategies, power, diversity, ethical and legal considerations, treatment principles and practice, as well as outcome research in couples therapy. Lecture/discussion/practice.

**Are one or more field trips required with this course?**

No

**Fee Course?**

No

**Is this course designated as Service Learning?**

No

**Is this course designated as Curricular Community Engaged Learning?**

No

**Does this course require safety training?**

No

**Does this course require personal protective equipment (PPE)?**

No

**Does this course have prerequisites?**

Yes

**Prerequisite:**

EDC 212; EDC 234.

**Prerequisites Enforced at Registration?**

No

**Does this course have corequisites?**

No

**Graded:**

Letter

**Approval required for enrollment?**

No Approval Required

**Course Component(s) and Classification(s):**

Discussion

**Discussion Classification**

CS#05 - Seminar (K-factor=1 WTU per unit)

**Discussion Units**

2

**Is this a paired course?**

No

**Is this course crosslisted?**

No

**Can this course be repeated for credit?**

No

**Can the course be taken for credit more than once during the same term?**

No

**Description of the Expected Learning Outcomes and Assessment Strategies:**

List the Expected Learning Outcomes and their accompanying Assessment Strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers). Click the plus sign to add a new row.

	Expected Learning Outcome	Assessment Strategies
1	Students will analyze the impact of interpersonal violence on marriages, and couples.	Case Study Project
2	Students will analyze interactions between career, life, and gender roles on marriages, relationships, and couples.	Research Based Discussion Post
3	Students will analyze cultural factors relevant to marriage, couples, and family functioning, including the impact of immigration.	readings and exam
4	Students will analyze the impact of crisis and trauma on marriages, couples, and families.	Case Study Project
5	Students will apply techniques and interventions of pre-marital and marital counseling.	Role Play
6	Students will practice implementing treatment, planning, and intervention strategies in pre-marital and marital counseling.	Intervention and Treatment Plan
7	Students will analyze strategies for interfacing with the legal system relevant to marriage, couple, and family counseling.	discussion and exam
8	Students will apply techniques and methods appropriate for preventing, assessing, reporting, and intervening in spousal/partner abuse.	Intervention and Treatment Plan

**Attach a list of the required/recommended course readings and activities:**

EDC 236 Syllabus (2).docx

**Is this course required in a degree program (major, minor, graduate degree, certificate?)**

Yes

**Has a corresponding Program Change been submitted to Workflow?**

Yes

**Identify the program(s) in which this course is required:****Programs:**

MS in Counseling

MS in Counseling (Marriage, Couple, and Family Counseling)

**Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?**

No

**Will there be any departments affected by this proposed course?**

No

**I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.**

I/we agree

## **University Learning Goals**

**Graduate (Masters) Learning Goals:**

Disciplinary knowledge

**Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?**

No

**Is this a Graduate Writing Intensive (GWI) course?**

No

**Reviewer Comments:**

302822325 (Wed, 15 Jun 2022 20:39:07 GMT): Edited to integrate new ELO and Assessment Strategies fields.

Key: 6585