

NUFD 119: NUTRITION: ADOLESCENCE THROUGH OLDER ADULTHOOD

In Workflow

1. FACS Committee Chair (shiltsm@csus.edu)
2. FACS Chair (lhanna@csus.edu)
3. SSIS College Committee Chair (wickelgr@csus.edu)
4. SSIS Dean (mendriga@csus.edu)
5. Academic Services (catalog@csus.edu)
6. Senate Curriculum Subcommittee Chair (curriculum@csus.edu)
7. Dean of Undergraduate (james.german@csus.edu; renee.leonard@csus.edu)
8. Dean of Graduate (cnewsome@skymail.csus.edu)
9. Catalog Editor (catalog@csus.edu)
10. Registrar's Office (wlindsey@csus.edu)
11. PeopleSoft (PeopleSoft@csus.edu)

Approval Path

1. Mon, 19 Sep 2022 22:32:12 GMT
Mical Shilts (shiltsm): Approved for FACS Committee Chair
2. Mon, 19 Sep 2022 23:21:50 GMT
Lynn Hanna (lhanna): Approved for FACS Chair
3. Sun, 09 Oct 2022 01:32:58 GMT
Emily Wickelgren (wickelgr): Rollback to Initiator
4. Thu, 13 Oct 2022 00:53:20 GMT
Mical Shilts (shiltsm): Approved for FACS Committee Chair
5. Thu, 13 Oct 2022 04:16:37 GMT
Lynn Hanna (lhanna): Approved for FACS Chair
6. Fri, 14 Oct 2022 17:41:31 GMT
Emily Wickelgren (wickelgr): Rollback to FACS Committee Chair for SSIS College Committee Chair
7. Fri, 14 Oct 2022 18:25:27 GMT
Mical Shilts (shiltsm): Rollback to Initiator
8. Fri, 14 Oct 2022 21:01:25 GMT
Mical Shilts (shiltsm): Approved for FACS Committee Chair
9. Fri, 14 Oct 2022 22:46:58 GMT
Lynn Hanna (lhanna): Approved for FACS Chair
10. Tue, 18 Oct 2022 20:19:09 GMT
Emily Wickelgren (wickelgr): Approved for SSIS College Committee Chair
11. Thu, 20 Oct 2022 04:18:39 GMT
Marya Endriga (mendriga): Approved for SSIS Dean

Date Submitted: Fri, 14 Oct 2022 19:52:02 GMT

Viewing: NUF 119 : Nutrition: Adolescence Through Older Adulthood

Last edit: Fri, 14 Oct 2022 21:01:20 GMT

Changes proposed by: Lynn Hanna (211893605)

Contact(s):

Name (First Last)	Email	Phone 999-999-9999
Lynn Hanna	lhanna@csus.edu	916-278-6393

Catalog Title:

Nutrition: Adolescence Through Older Adulthood

Class Schedule Title:

Nutri:Adolescences-Olderadult

Academic Group: (College)

SSIS - Social Sciences & Interdisciplinary Studies

Academic Organization: (Department)

Family and Consumer Sciences

Will this course be offered through the College of Continuing Education (CCE)?

No

Catalog Year Effective:

Spring 2023 (2022/2023 Catalog)

Subject Area: (prefix)

NUFD - Nutrition and Food

Catalog Number: (course number)

119

Course ID: (For administrative use only.)

133021

Units:

3

Is the only purpose of this change to update the term typically offered or the enforcement of existing prerequisites at registration?

No

In what term(s) will this course typically be offered?

Fall, Spring

Does this course require a room for its final exam?

Yes, final exam requires a room

This course complies with the credit hour policy:

Yes

Justification for course proposal:

This form A is submitted for the purpose of updating the description of the prerequisite. When the Nutrition and Food program was elevated to a stand alone degree, the course subject codes were changed from FACS to NUFD. This change was conducted by the Registrar's office in CMS, however, this change is not global to all fields of text in the University Catalog.

The prerequisite for NUFD 119 is NUFD 113 and you will see that the textbox for the prerequisite has been updated to reflect the fact that FACS 113 is no longer part of the University Catalog.

No other changes are being proposed

Course Description: (Not to exceed 80 words and language should conform to catalog copy.)

Examination of nutritional requirements, metabolism and issues during stages of the life cycle, including: adolescence, adulthood, and old age. Study of assessment and methods for achieving nutritional needs through dietary selection and promotion of adolescent, adult, and elderly adult health. Analysis of social, environmental, physical and economic factors affecting nutritional status.

Are one or more field trips required with this course?

No

Fee Course?

No

Is this course designated as Service Learning?

No

Is this course designated as Curricular Community Engaged Learning?

No

Does this course require safety training?

No

Does this course require personal protective equipment (PPE)?

No

Does this course have prerequisites?

Yes

Prerequisite:

NUFD 113

Prerequisites Enforced at Registration?

Yes

Does this course have corequisites?

No

Graded:

Letter

Approval required for enrollment?

No Approval Required

Course Component(s) and Classification(s):

Lecture

Lecture Classification

CS#02 - Lecture/Discussion (K-factor=1WTU per unit)

Lecture Units

3

Is this a paired course?

No

Is this course crosslisted?

No

Can this course be repeated for credit?

No

Can the course be taken for credit more than once during the same term?

No

Description of the Expected Learning Outcomes and Assessment Strategies:

List the Expected Learning Outcomes and their accompanying Assessment Strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers). Click the plus sign to add a new row.

	Expected Learning Outcome	Assessment Strategies
1	Describe critical physiologic and psychological changes occurring from adolescence through older adulthood.	Exams, case studies
2	Describe the relationship between physiologic changes and nutrient requirements for adolescence through older adulthood.	Exams, case studies
3	Identify specific dietary requirements, influences, and guidelines for adolescence through older adulthood.	Exams, case studies, writing assignments
4	Examine and explain current trends and nutrition-related issues from adolescence through older adulthood.	Writing assignments, case studies
5	Identify nutrition-related resources and programs available for adolescence through adulthood	Exams, case studies
6	Apply evaluation and assessment techniques to analysis of nutrition from adolescence through older adulthood.	Exams, case studies
7	Identify relevant aspects of human anatomy.	Exams

Attach a list of the required/recommended course readings and activities:

NUFD 119 master syllabus.docx

Is this course required in a degree program (major, minor, graduate degree, certificate?)

Yes

Has a corresponding Program Change been submitted to Workflow?

No

Identify the program(s) in which this course is required:

Programs:

BS in Nutrition and Food

BS in Nutrition and Food (Dietetics)

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?

No

Will there be any departments affected by this proposed course?

No

I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.

I/we agree

University Learning Goals

Undergraduate Learning Goals:

Competence in the disciplines
Intellectual and practical skills

Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

No

GE Course and GE Goal(s)

Is this a General Education (GE) course or is it being considered for GE?

No

Reviewer Comments:

Emily Wickelgren (wickelgr) (Sun, 09 Oct 2022 01:32:58 GMT): Rollback: See email for revisions

Emily Wickelgren (wickelgr) (Fri, 14 Oct 2022 17:41:31 GMT): Rollback: See email on 10/14/22

Mical Shilts (shiltsm) (Fri, 14 Oct 2022 18:25:27 GMT): Rollback: See email from EW for further revisions.

Key: 13990