

# MS IN COUNSELING

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**SACRAMENTO STATE**  
Redefine the Possible

## In Workflow

1. GPSE Committee Chair (GPSE Committee Chair@csus.edu)
2. GPSE Chair (sarah.jouganatos@csus.edu)
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11. Registrar's Office (w lindsey@csus.edu)

## Approval Path

1. Fri, 30 Sep 2022 20:00:15 GMT  
Sarah Jouganatos (sarah.jouganatos): Rollback to Initiator
2. Fri, 30 Sep 2022 21:03:38 GMT  
Sarah Jouganatos (sarah.jouganatos): Approved for GPSE Committee Chair
3. Fri, 30 Sep 2022 22:10:35 GMT  
Sarah Jouganatos (sarah.jouganatos): Approved for GPSE Chair
4. Thu, 13 Oct 2022 22:45:14 GMT  
Bitia Rivas (b.rivas): Approved for ED College Committee Chair
5. Fri, 14 Oct 2022 20:29:06 GMT  
Deidre Sessoms (dsessoms): Approved for ED Dean

## History

1. May 1, 2018 by clmig-jwehrheim
2. May 11, 2018 by Kaitlyn Ehrmantrout (k.ehrmantrout)
3. Jul 31, 2018 by Kaitlyn Ehrmantrout (k.ehrmantrout)
4. Jul 31, 2018 by Kaitlyn Ehrmantrout (k.ehrmantrout)
5. Feb 7, 2019 by 219705422
6. Jun 2, 2020 by Janett Torset (torsetj)
7. Aug 3, 2022 by 302822325
8. Aug 10, 2022 by 302822325

Date Submitted: Fri, 30 Sep 2022 20:09:02 GMT

### Viewing: MS in Counseling

**Last approved: Wed, 10 Aug 2022 18:55:45 GMT**

**Last edit: Thu, 13 Oct 2022 22:38:52 GMT**

Changes proposed by: Bitia Rivas (223000752)

**Academic Group: (College)**

Education

**Academic Organization: (Department)**

Graduate Professional Studies in Education

**Catalog Year Effective:**

2022-2023 Catalog

**Individual(s) primarily responsible for drafting the proposed degree major program:**

Name (First Last)	Email	Phone 999-999-9999
Bitva Rivas	b.rivas@csus.edu	916-278-5950

**Type of Program Proposal:**

Major

**Program Change Type:**

Non-Substantive

**Title of the Program:**

MS in Counseling

**Designation: (degree terminology)**

Master of Science

**Briefly describe the program proposal (new or change) and provide a justification:**

1. updating to include form A updates to EDC 212, 236, 475, 480 so names match in form B with requested changes to form A's.
2. removing the psych as an alternate course as students must have EDC courses in order to meet accreditation and BBS requirements.
3. updating EDC 215 as required for school.
4. updating outcomes. Program outcomes appear to be the old ones that were updated two iterations ago; though they were previously submitted and approved, and in our handbook, not sure if this is a courseleaf update issue but updating now to reflect what we more recently submitted and matches the other programs as we share 45 units. (note that each concentration has an additional 2 outcomes that meet those 15 units that are separate).
5. updating letter of rec to match others and what we do in practice (an in quad iv).

**University Learning Goals****Graduate (Masters) Learning Goals:**

Critical thinking/analysis  
 Communication  
 Information literacy  
 Disciplinary knowledge  
 Intercultural/Global perspectives  
 Professionalism  
 Research (optional)

**Program Learning Outcomes****Program Learning Outcomes****Learning Outcome**

1. Students will demonstrate knowledge of ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling.
2. Students will demonstrate understanding of the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an individual's views of others.
3. Students will demonstrate knowledge of the theories of individual and family development across the lifespan, theories of normal and abnormal personality development, and will understand strategies and interventions using developmental theories.
4. Students will demonstrate understanding of approaches for conceptualizing the interrelationships among and between work, mental well-being, relationships, and other life roles and factors.
5. Students will demonstrate an understanding of counseling theories and models for case conceptualization.
6. Students will demonstrate essential interviewing, counseling, and case conceptualization skills. Students will demonstrate use of counseling skills.
7. Students will demonstrate use of counseling skills and theories via live supervision and audio/video recordings of skills. Students will integrate knowledge and skills, building on conceptualization skills appropriate per specialty.

8. Students will demonstrate knowledge of dynamics associated with group process and development and theoretical foundations of group counseling and group work.

9. Students will demonstrate use ethical and culturally relevant strategies for selecting, administering, and interpreting assessment and test results and will demonstrate use of assessment results to diagnose developmental, behavioral, and mental disorders.

10. Students will demonstrate a knowledge of qualitative, quantitative, and mixed research methods.

**Will this program be required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?**

No

#### Catalog Description:

Total units required for MS: 60

## Program Description

The 60-unit Master of Science in Counseling prepares professional counselors for employment in a variety of settings such as public and private agencies, universities and colleges, schools and private practice. This degree meets the educational requirements for becoming a Licensed Marriage and Family Therapist (LMFT) and/or a Licensed Professional Clinical Counselor (LPCC) in the State of California. The 59-unit Pupil Personnel Services, School Counseling Credential prepares professional counselors to work within the K-12 educational system. The programs are clinically oriented, with didactic and experiential courses, a 100-hour clinical practicum, and 600 hours of field experience.

### Specializations

Students earning the Master of Science in Counseling are required to specialize in one or more of the following areas:

- **Career Counseling.** The Career Counseling Specialization provides students with the knowledge, theory, and skills to work as effective counselors/career development specialists, and consultants in a variety of settings: community-based agencies, schools (K-12), colleges and universities, private practice, business, industry, and government. Students are trained to facilitate a holistic career development/career decision-making/planning process with groups and individuals that integrates personal, social, and career needs. Students develop the skills to address current issues in the 21st century, such as career self-reliance, work/family/life balance, multiculturalism, diversity, and lifelong learning.
- **Marriage, Family, and Child Counseling.** The Marriage, Family and Child Counseling Specialization is designed to provide students with all the educational competencies required by the California State Board of Behavioral Sciences (BBS) for licensure as a Marriage and Family Therapist (LMFT). The program trains professionals to work in a variety of settings, including community agencies, county and state agencies, hospitals and private practice, and prepares students to provide consulting to businesses and agencies. Emphasis is placed on developmental and preventative concerns, especially those of children.
- **School Counseling.** The School Counseling Specialization is designed for individuals who seek to become elementary, middle, or secondary school counselors. This program meets the requirements for the K-12 California Pupil Personnel Services Credential, School Counseling (PPS-SC). Students in this program are prepared to function as key members of an educational team seeking to optimize children's academic, socio-emotional, and career development. Students obtain the expertise necessary to lead the educational team in working collaboratively with a broad range of education and human service professionals, paraprofessionals, and community representatives to identify, develop, implement, and evaluate programs that provide key services to both the individual child as well as the systems and subsystems in which the child interacts.
- **Rehabilitation Counseling.** The Rehabilitation Counseling Specialization offers students the opportunity to gain several specialized skills for working with persons with disabilities. Rehabilitation Counselors work in a wide variety of settings including community agencies, private agencies, enabling centers on college campuses, and state agencies. The program includes training in counseling techniques; the use of medical, psychological, and occupational information; and the impact of disabilities on human behavior. In addition, the skills involved in finding and intake, vocational evaluation, restoration, training, job placement, and follow-up are taught. Independent living, assistive technology and disability rights are topic areas emphasized in the program.

Students who are specializing in School Counseling and intend to be employed in California will need to obtain the Pupil Personnel Services School Counseling Credential (<http://catalog.csus.edu/colleges/education/graduate-professional-studies-education/pupil-personnel-services-school-counseling-credential/>).

Note: Only students who are already enrolled in the School Counseling specialization at California State University, Sacramento may apply to the Pupil Personnel Services School Counseling Internship Credential Program (<http://catalog.csus.edu/colleges/education/graduate-professional-studies-education/pupil-personnel-services-school-counseling-internship-credential/>).

The Career Counseling; Marriage, Family, and Child Counseling; and School Counseling specializations at Sacramento State are applying for national accreditation by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). The Rehabilitation Counseling specialization is nationally accredited by CACREP through October 31, 2020.

**Note:** For additional information on credentials, see the "College of Education" section of this catalog. Program requirements are subject to change in order to maintain compliance with relevant state and national certification, licensure, and/or accreditation requirements. Interested parties should refer to the current student handbook for up to date program information.

### Special Features

- An on-campus Center for Counseling and Diagnostic Services brings clients from off campus to be counseled by students in the program and provides opportunity for video and audio feedback.
- Trainees provide off-campus counseling in local agencies, school districts, hospitals, and non-profit organizations.

- The Masters in Counseling Program and participating school districts collaborate with the Migrant Education Advisor Program (MEAP), which is a collaborative partnership with the Office of Migrant Education.
- Faculty actively support diversity and focus on multicultural counseling skills throughout the curriculum.
- Classes are offered during the day, late afternoon, and evening.

**Admission Requirements: Course prerequisites and other criteria for admission of students to the degree major program, and for their continuation in it.**

## Admission Requirements

Admission as a classified graduate student in the Master of Science in Counseling program requires:

- A baccalaureate degree;
- Good academic standing at the last college attended;
- A grade point average of at least 3.0 (on a 4.0 scale) in the last 60 semester (or 90 quarter units);
- Completion of the University application materials;
- Completion and submission of all Departmental application materials which include:
  - Application form;
  - Written statements delineated in application, including Personal Statement and Writing Prompt;
  - Copies of transcripts (from all universities and colleges attended);
  - Professional letters of recommendation (2 required);
  - Relevant work experience via a resume/CV.
- Participation in an In-Person Admission Evaluation, which may include (but is not limited to) interviews, experiential activities, and writing samples.

Selected applicants, based on paper screening of completed applications, will be invited for an In-Person Admission Evaluation. Decisions for admission into the Master of Science in Counseling program are made based on a comprehensive assessment of **all application materials** and performance in the In-Person Admission Evaluation.

**California Basic Educational Skills Test (CBEST):** Although evidence of passing the CBEST is not required for admission into the Pupil Personnel Services Credential programs, the CBEST must be successfully passed prior to receiving the Pupil Personnel Services Credentials.

## Admission Procedure

The M.S. in Counseling accepts applications each fall for admission the following year. **The program does not offer spring admissions.** Applicants must complete a university application and program supplemental application by the posted application deadline date for the term applying.

*For more admissions information and application deadlines, please visit the Office of Graduate Studies website (<https://www.csus.edu/graduate-studies/>).*

Prospective applicants, including Sacramento State graduates, must submit one set of official transcripts from all colleges and universities attended, other than Sacramento State, to the Office of Graduate Studies either electronically to [gradtranscripts@csus.edu](mailto:gradtranscripts@csus.edu) or physical transcripts for those institutions that do not send official transcripts electronically can be addressed to:

Office of Graduate Studies  
California State University, Sacramento  
Riverfront Center, Room 215, MS 6112  
6000 J St.  
Sacramento, CA 95819

Admission is competitive with a limited number of students admitted each year. At the end of the application and screening period, a program recommendation will be submitted to the Office of Graduate Studies for further review. Decisions regarding admission are then emailed to each applicant. Following admission, students are assigned to a faculty advisor who assists with academic advising.

The Master of Science in Counseling and the Pupil Personnel Services credentials are subject to general University and requirements. These requirements are explained in the "Graduate Degree Requirements (<https://catalog.csus.edu/graduate-degree-requirements/>)" and the "Counselor Education" sections of this catalog. Students may be disqualified when not meeting program standards (see Counselor Education Student Handbook).

Students are strongly advised to remain in communication with the Counselor Education Program (by attending group advising sessions and meeting with their assigned faculty advisor each semester) as well as with any licensing or credentialing boards related to their area(s) of specialization (i.e., Board of Behavioral Sciences, California Commission on Teacher Credentialing) since licensing and credentialing requirements may change. Catalog rights hold only degree requirements; they do not protect students from changes such as prerequisites required for a given course, field study hours, individual course requirements, or additional requirements imposed by licensing or credentialing agents. Students should note that the Counselor Education course listings are subject to modification.

## Minimum Units and Grade Requirement for the Degree

Units required for the MS: 60

Minimum Cumulative GPA: 3.0

## Advancement to Candidacy

Each student working toward a Master's degree must file an application for Advancement to Candidacy for the Master's degree. The purpose of this application is to provide certification to the Office of Graduate Studies that the student will complete or has completed the necessary requirements and acceptable electives for the Master's degree with a minimum 3.0 GPA. The Advancement to Candidacy application should be filed upon completion of 30 units in the program though typically our students complete in their last year of the program.


**Note:** Students must take the Writing Placement for Graduate Students (WPG) or take a Graduate Writing Intensive (GWI) course in their discipline within the first two semesters of coursework at California State University, Sacramento or secured approval for a WPG waiver before advancing to candidacy. Our EDC 250 course serves as our Graduate Writing Intensive (GWI) course.

The Advancement to Candidacy forms, by specialization, are obtained from the Department of Counselor Education Website (<http://csus.edu/coe/>) within the "Forms and Handbooks" link. Students should complete the relevant form in consultation with their assigned academic advisor. Once the form is endorsed by the student and the advisor, it will be verified by the Department's Graduate Coordinator and then forwarded to the Office of Graduate Studies for final approval. (The form is also available from the Office of Graduate Studies; however, it does not include the Departmental instructions.) The completed form is submitted to the Department's Graduate Coordinator for signature, then forwarded to the Office of Graduate Studies for final approval.

As defined by policy <http://www.csus.edu/umannual/acadaff/fsm00010.htm>, a change in units constitutes a substantive change to the program. If your changes constitute a substantive change, please refer back to the "Program Change Type" field above to ensure that "Substantive" is selected.

**Program Requirements: (If new courses are being created as part of a new program, it will be useful to propose courses first.)**

## Program Requirements<sup>1,2</sup>

Code	Title	Units
<b>Required Courses for All Specializations (44 Units)</b>		
EDC 210	Social Justice and Culturally Competent Counseling	3
EDC 214	Dynamics of Human Development	3
EDC 216	Counseling Theory	3
EDC 218	Assessment In Counseling	3
EDC 219	Group Processes in Counseling	3
EDC 231	Diagnosis and Treatment Planning	3
EDC 233	Substance Use and Addiction Counseling	3
EDC 244	Trauma and Crisis Counseling	3
EDC 250	Education Research 	3
EDC 252	Legal and Ethical Issues in Professional Counseling	3
EDC 260	Career Development	3
EDC 280	Counseling Skills Lab	2
EDC 475	Practicum In Counseling	3
EDC 480	Field Study In Counseling <small> Taken twice, 3 units each, over two separate semesters, in order to meet accreditation requirements.</small>	6
<b>Total Units</b>		<b>44</b>

<sup>1</sup> Minimum GPA: 3.0

<sup>2</sup> *Academic Residence:* A minimum of 42 approved semester units in 100-, 200-, and 500-series offerings must be earned in residence at California State University, Sacramento.

## Specialization Requirements

### Career Counseling (15 units)

Code	Title	Units
EDC 254	Counseling and Psychotropic Medicine	3
EDC 262	Career Counseling Process	3
EDC 264	Seminar in Counseling: Career Systems Development	3
EDC 266	Seminar in Counseling: Career Program Development	3
EDC 268	Career and Job Search	3
<b>Total Units</b>		<b>15</b>

### Marriage, Family, and Child Counseling (15 units)

Code	Title	Units
EDC 212	Couple Counseling: Gender, Power, & Sexuality	3
EDC 234	Seminar: Marriage and Family Counseling	3
EDC 254	Counseling and Psychotropic Medicine	3
EDC 272	Counseling Children and Youth	3

EDC 476	Advanced Skills in Marriage and Family Counseling	1
Select 2 units of electives		2
<b>Total Units</b>		<b>15</b>

**School Counseling (15 units)**

Code	Title	Units
EDC 242	Play and Art in Therapy with Children	3
EDC 270	Organization and Administration of School Counseling Programs	3
EDC 272	Counseling Children and Youth	3
EDC 274	Advocacy and Systemic Change in School Counseling	3
EDC 215	Course EDC 215 Not Found	

**Total Units** **12**

**Rehabilitation Counseling (15 Units)**

Code	Title	Units
EDC 239	Foundations in Rehabilitation Counseling	3
EDC 240A	Medical Aspects of Disability	3
EDC 240B	Psychosocial Aspects of Disability	3
EDC 254	Counseling and Psychotropic Medicine	3
EDC 263	Advanced Case Conceptualization in Clinical Rehabilitation	3

**Culminating Requirement (1 Unit)**

**Written Examination.** All students in the M.S. in Counseling program must enroll in EDC 500<sup>1</sup> during their first semester in the program and complete the Counselor Preparation Comprehensive Examination (CPCE). In addition, all students must prepare a final case study paper on a selected client from their current fieldwork experience.

In order to pass this multiple choice examination, a student must meet the minimum criterion score set by the Counselor Education Program. Categories covered include:

- Human Growth and Development
- Social and Cultural Foundations
- Helping Relationships
- Group Work
- Career and Lifestyle Development
- Appraisal
- Research and Program Evaluation
- Professional Orientation and Ethics

In order to pass the final case study paper, a student must obtain a score of "Meet Standard" on all elements of the case study rubric for the student's specialization.

<sup>1</sup> Department petition required the semester prior to enrollment.

**For graduate programs, the number of declared undergraduate major and the degree production over the preceding years of the corresponding baccalaureate program:**

There is no corresponding baccalaureate program.

**Fiscal Impact to Change an Existing Program**

**Indicate programmatic or fiscal impact which this change will have on other academic units' programs, and describe the consultation that has occurred with affected units:**

none

**Provide a fiscal analysis of the proposed changes:**

none

**How will the above changes be accommodated within the department/College existing fiscal resources?**

none

**Will the proposed changes require additional resources?**

No

**What additional space, equipment, operating expenses, library, computer, or media resources, clerical/technical support, or other resources will be needed?**

none

**Reviewer Comments:**

**Sarah Jouganatos (sarah.jouganatos) (Fri, 30 Sep 2022 20:00:15 GMT):** Rollback: for updating

Key: 105