

EDC 280: COUNSELING SKILLS LAB

In Workflow

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Approval Path

1. Wed, 07 Dec 2022 00:03:18 GMT
Sarah Jouganatos (sarah.jouganatos): Approved for GPSE Chair
2. Thu, 08 Dec 2022 23:42:20 GMT
Bitá Rivas (b.rivas): Approved for ED College Committee Chair
3. Fri, 09 Dec 2022 21:07:45 GMT
Deidre Sessoms (dsessoms): Approved for ED Dean

History

1. May 23, 2019 by Elisabeth Liles-Lourick (eliles)
2. Mar 3, 2021 by Bitá Rivas (b.rivas)
3. Feb 28, 2022 by Bitá Rivas (b.rivas)
4. Jun 14, 2022 by 301127606

Date Submitted: Fri, 02 Dec 2022 02:13:06 GMT

Viewing: EDC 280 : Counseling Skills Lab

Last approved: Tue, 14 Jun 2022 14:01:13 GMT

Last edit: Fri, 09 Dec 2022 21:07:37 GMT

Changes proposed by: Bitá Rivas (223000752)

Contact(s):

Name (First Last)	Email	Phone 999-999-9999
Bitá Rivas	b.rivas@csus.edu	916-278-5950

Catalog Title:

Counseling Skills Lab

Class Schedule Title:

Counseling Skills Lab

Academic Group: (College)

ED - Education

Academic Organization: (Department)

Graduate Professional Studies in Education

Will this course be offered through the College of Continuing Education (CCE)?

No

Catalog Year Effective:

Fall 2023 (2023/2024 Catalog)

Subject Area: (prefix)

EDC - Education - Counselor Education

Catalog Number: (course number)

280

Course ID: (For administrative use only.)

202962

Units:

2

Is the only purpose of this change to update the term typically offered or the enforcement of existing prerequisites at registration?

No

In what term(s) will this course typically be offered?

Fall term only

Does this course require a room for its final exam?

No, final exam does not require a room

This course complies with the credit hour policy:

Yes

Justification for course proposal:

Updating the course description to more accurately reflect the course content.

We are updating the co-requisite to specify they are taken same semester but clarifying it doesn't have to be same section.

Updating assessment measures to reflect assessment utilized and updates made to naming of assignments.

Updating the course component and classification to include the supervisory component. This is one of our key courses in which they are practice counseling and it needs extensive supervision and feedback. The course component will support the supervisory component that is both inside and outside of assigned class time.

Course Description: (Not to exceed 80 words and language should conform to catalog copy.)

Supervised practice in acquiring and developing counseling micro-skills including the basic styles of communication, verbal and nonverbal, with additional focus on developing and practicing counseling micro-skills under supervision and observation. The material in this course is aimed at helping students develop basic counseling skills necessary for effectively counseling and communicating with clients while integrating theory into practice.

Are one or more field trips required with this course?

No

Fee Course?

No

Is this course designated as Service Learning?

No

Is this course designated as Curricular Community Engaged Learning?

No

Does this course require safety training?

No

Does this course require personal protective equipment (PPE)?

No

Course Note: (Note must be a single sentence; do not include field trip or fee course notations.)

Recommended to be taken within the first 6 units of study in the Counselor Education Program

Does this course have prerequisites?

Yes

Prerequisite:

Classified Student in MS Counseling program

Prerequisites Enforced at Registration?

No

Does this course have corequisites?

Yes

Corequisite:

EDC 216 is taken the same semester.

Corequisites Enforced at Registration?

No

Graded:

Credit / No Credit

Approval required for enrollment?

No Approval Required

Course Component(s) and Classification(s):

Laboratory

Laboratory Classification

S1/CS#48 - Independent Study/Studio Instruction/Supervised Activity (S-factor=.250 WTU per student enrolled)

Laboratory Units

2

Is this a paired course?

No

Is this course crosslisted?

No

Can this course be repeated for credit?

No

Can the course be taken for credit more than once during the same term?

No

Description of the Expected Learning Outcomes and Assessment Strategies:

List the Expected Learning Outcomes and their accompanying Assessment Strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers). Click the plus sign to add a new row.

	Expected Learning Outcome	Assessment Strategies
1	Students will apply interventions for working with clients including development of measurable outcomes for clients.	Session Video and Transcript Final Evaluation
2	Students will apply skills necessary for effectively communicating with and counseling clients.	Session Video and Transcript Counseling Skills Quiz Final Evaluation
3	Students will analyze the counseling process and its application within a multicultural society to develop a personal approach to counseling that is theoretically consistent and culturally sensitive.	RESPECTFUL Paper Midterm Evaluation
4	Students will analyze counselor characteristics and behaviors that influence helping processes and apply these skills using essential interviewing and counseling skills.	Midterm Evaluation Session Video and Transcript
5	Students will apply strategies using wellness interventions, theories, and techniques in practice.	Midterm Evaluation Session Video and Transcript Counseling Skills Quiz Final Evaluation
6	Students will analyze client presentation through selection of appropriate theoretical models and applying these counseling theoretical interventions.	Final Evaluation Session Video and Transcript Counseling Skills Quiz

7	Students will analyze their own values and personal beliefs/ assumptions about people and gain insight into the relationships between personal beliefs, theory, and practice in counseling.	RESPECTFUL Paper Midterm Evaluation Session Video and Transcript
8	Students will analyze, practice, and apply counseling techniques through role-play and sharing personal thoughts within their dyad/triad, and giving/receiving feedback through their dyads and supervision.	Midterm Evaluation Session Video and Transcript Final Evaluation

Attach a list of the required/recommended course readings and activities:

EDC 280 Syllabus (4).docx

Is this course required in a degree program (major, minor, graduate degree, certificate?)

Yes

Has a corresponding Program Change been submitted to Workflow?

No

Identify the program(s) in which this course is required:

Programs:

- MS in Counseling
- MS in Counseling (Career Counseling)
- MS in Counseling (Marriage, Couple, and Family Counseling)
- MS in Counseling (Rehabilitation Counseling)
- MS in Counseling (School Counseling with Embedded PPS Credential)

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?

No

Will there be any departments affected by this proposed course?

No

I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.

I/we agree

University Learning Goals

Graduate (Masters) Learning Goals:

- Communication
- Disciplinary knowledge
- Intercultural/Global perspectives
- Professionalism

Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

Yes

For the Council for the Preparation of School Personnel (to be filled out with assistance of your department chair):

Does this course change impact your department's currently written Program Standards Document?

No

Common Standards: In what way does this course or program change impact the currently written Common Standards document? Please include any suggested language changes:

none

Is this change in response to program or unit assessment activities?

No

Will this course introduce any new or changes to program assessments?

No

Is this a Graduate Writing Intensive (GWI) course?

No

Key: 1291