

MINOR IN NUTRITION AND FOOD



SACRAMENTO STATE
Redefine the Possible

In Workflow

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Approval Path

1. Wed, 15 Mar 2023 16:24:24 GMT
Mical Shilts (shiltsm): Approved for FACS Committee Chair
2. Wed, 15 Mar 2023 19:16:10 GMT
Lynn Hanna (lhanna): Approved for FACS Chair
3. Sat, 06 May 2023 17:08:25 GMT
Emily Wickelgren (wickelgr): Approved for SSIS College Committee Chair
4. Tue, 16 May 2023 16:58:49 GMT
Marya Endriga (mendriga): Approved for SSIS Dean

History

1. Mar 25, 2021 by Mical Shilts (shiltsm)
2. Aug 4, 2022 by 301127606

Date Submitted: Tue, 14 Mar 2023 15:12:02 GMT

Viewing: Minor in Nutrition and Food

Last approved: Thu, 04 Aug 2022 19:07:28 GMT

Last edit: Sat, 06 May 2023 17:07:56 GMT

Changes proposed by: Seunghee Wie (101022892)

Academic Group: (College)

Social Sciences & Interdisciplinary Studies

Academic Organization: (Department)

Family and Consumer Sciences

Catalog Year Effective:

2023-2024 Catalog

Individual(s) primarily responsible for drafting the proposed degree major program:

Name (First Last)	Email	Phone 999-999-9999
Seunghee Wie	wie@csus.edu	9162787108
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Type of Program Proposal:

Minor

Program Change Type:

Non-Substantive

Is this a pilot program?

No

Title of the Program:

Minor in Nutrition and Food

Designation: (degree terminology)

Minor

Briefly describe the program proposal (new or change) and provide a justification:

We are proposing changes to our Minor in Nutrition and Food elective options.

We want to add two new elective options (NUFD 111 and 122).

NUFD 122 (Social Media for Nutrition Communication) and NUFD 111 (Grocery Procurement & Merchandising) are new courses that have already undergone curriculum approval and are in the schedule for the 23/24 academic year so the next step is to add them to the elective options in the minor. These courses will be offered alternatively with other NUFD electives so they won't have fiscal or programmatic impact. Both of these electives offer students more choices that are pertinent to their minor and future career prospects, such as NUFD 122, which focuses on the utilization of social media in nutrition education, and NUFD 111, which provide insight into the various career opportunities available in the food retail industry.

One update to the GE Requirements section has been made to align with NUFD 114 (area C) with a footnote 1 "Courses also satisfy the General Education (GE) requirements." This is not a new GE course but has not been updated in this table.

University Learning Goals

Undergraduate Learning Goals:

Competence in the disciplines
Knowledge of human cultures and the physical and natural world
Integrative learning
Personal and social responsibility
Intellectual and practical skills

Program Learning Outcomes

Program Learning Outcomes

Learning Outcome

PLO 1: Demonstrate knowledge of fundamental skills, values, resources, current trends, theories, and issues in Nutrition and Food
PLO 2: Demonstrate effective communication skills: a) as individuals and collaborators, b) in written and verbal forms, c) in delivery and receipt directions, d) including the use of current technology in food and nutrition.
PLO 3: Analyze and critique information for effective problem solving in food and nutrition
PLO 4: Apply key values as individuals and describe how ethics and values are applied in the field of nutrition and food
PLO 5: Demonstrate cultural and global awareness/sensitivity including understanding, respect and support of multiple perspectives from other disciplines, societies, individuals, groups and cultures.

Will this program be required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

No

Catalog Description:

Units required for Minor: 21, all of which must be taken in Nutrition and Food.

Program Description

The minor in Nutrition and Food gives students an understanding of the role food and nutrition play in health and disease prevention through coursework in food safety, cultural foods, nutrition & wellness, and metabolism and elective options in life-cycle nutrition, sports nutrition, and current nutrition controversies. The minor could be a relevant addition to any major and is particularly well-

suiting towards students pursuing careers in public health, gerontology, psychology, human development, health science, education, medicine, nursing, and other healthcare professions.

Admission Requirements: Course prerequisites and other criteria for admission of students to the degree major program, and for their continuation in it.


Minimum Grade Requirement

A minimum grade of "C-" is required for all prerequisite courses within and outside the Department.

As defined by policy <http://www.csus.edu/umannual/acadaff/fsm00010.htm>, a change in units constitutes a substantive change to the program. If your changes constitute a substantive change, please refer back to the "Program Change Type" field above to ensure that "Substantive" is selected.

Program Requirements: (If new courses are being created as part of a new program, it will be useful to propose courses first.)

Program Requirements

Code	Title	Units
NUFD 9	Food Safety and Sanitation	3
NUFD 10	Nutrition And Wellness ¹	3
NUFD 107	Nutrition Education, Communication, and Counseling	3
NUFD 113	Nutrition And Metabolism ¹	3
NUFD 114	Cultural and Social Aspects of Food ¹	3
<i>Select two from the following:</i>		6
NUFD 100	Research: Methods and Application in Nutrition and Food	
NUFD 111	Grocery Procurement & Merchandising	
NUFD 112	Current Topics in Nutritional Sciences 	
NUFD 115	Nutrition: Pre-conception Through Childhood	
NUFD 119	Nutrition: Adolescence Through Older Adulthood	
NUFD 120	Practical Application in Sports Nutrition	
NUFD 121	Nutrition Assessment, Methods and Support	
NUFD 122	Social Media for Nutrition Communication	
Total Units		21

¹ Courses also satisfy the General Education (GE) requirements.

Fiscal Impact to Change an Existing Program

Indicate programmatic or fiscal impact which this change will have on other academic units' programs, and describe the consultation that has occurred with affected units:

No fiscal or programmatic impact is anticipated. Electives will be offered in alternating semesters so that new options will not increase cost of schedule.

Provide a fiscal analysis of the proposed changes:

N/A

How will the above changes be accommodated within the department/College existing fiscal resources?

N/A

Will the proposed changes require additional resources?

No

What additional space, equipment, operating expenses, library, computer, or media resources, clerical/technical support, or other resources will be needed?

None

Key: 480