

KINS 78: INTERMEDIATE PICKLEBALL

In Workflow

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Approval Path

1. Sat, 02 Sep 2023 17:30:34 GMT
Andrea Becker (andrea.becker): Rollback to Initiator
2. Wed, 06 Sep 2023 15:35:38 GMT
Andrea Becker (andrea.becker): Rollback to Initiator
3. Fri, 15 Sep 2023 14:14:13 GMT
Andrea Becker (andrea.becker): Approved for KHS Committee Chair
4. Fri, 06 Oct 2023 02:00:47 GMT
Michael Wright (wrightm): Approved for KHS Chair
5. Wed, 18 Oct 2023 05:38:24 GMT
Heather Thompson (heather.thompson): Approved for HHS College Committee Chair
6. Wed, 18 Oct 2023 16:20:02 GMT
Robert Pieretti (sac19804): Approved for HHS Dean
7. Wed, 01 Nov 2023 23:22:40 GMT
Katie Hawke (katiedickson): Approved for Academic Services

New Course Proposal

Date Submitted: Wed, 06 Sep 2023 15:48:33 GMT

Viewing: KINS 78 : Intermediate Pickleball

Last edit: Wed, 06 Sep 2023 15:48:31 GMT

Changes proposed by: Julie Kuehl-Kitchen (101050192)

Contact(s):

Name (First Last)	Email	Phone 999-999-9999
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Catalog Title:

Intermediate Pickleball

Class Schedule Title:

Intermediate Pickleball

Academic Group: (College)

HHS - Health & Human Services

Academic Organization: (Department)

Kinesiology

Will this course be offered through the College of Continuing Education (CCE)?

No

Catalog Year Effective:

Spring 2024 (2023/2024 Catalog)

Subject Area: (prefix)

KINS - Kinesiology

Catalog Number: (course number)

78

Course ID: (For administrative use only.)

TBD

Units:

1

Is the only purpose of this change to update the term typically offered or the enforcement of existing prerequisites at registration?

No

In what term(s) will this course typically be offered?

Fall, Spring, Summer

Does this course require a room for its final exam?

No, final exam does not require a room

Does this course replace an existing experimental course?

No

This course complies with the credit hour policy:

Yes

Justification for course proposal:

Pickleball now has 4.8 million participants nationwide (Forbes Health, 2023), and pickleball participation has grown an average of 159% over the last 3 years according to the Sports & Fitness Industry Association (SFIA). This sport combining badminton, tennis and ping-pong has quickly become appealing to a widespread population from children to their grandparents, with the largest demographic ages 18-34 (33.5% - SFIA). With so many new players, the U.S. is hustling to keep up with the demand for courts. As a result, many homeowner associations, hotels, malls and Tennis & Racquet clubs are building or converting courts from tennis to pickleball. In the Greater-Sacramento Area, two sets of 16 courts, including championships courts so that nationally sanctioned tournaments may be held there, are being built in Rocklin and Roseville. Lifetime Fitness in Folsom converted all of their tennis courts to pickleball courts, and many tennis facilities have converted to pickleball completely or have added lines to existing courts. It is time for CSUS to get involved in preparing individuals for participation in this health enhancing, lifetime activity that is here to stay!

Course Description: (Not to exceed 80 words and language should conform to catalog copy.)

This course focuses on improving and refining the physical and mental skills and techniques of pickleball. This course will review fundamentals, techniques, rules and social etiquette of pickleball. Particular attention is given to strategic development of the player, while refining the paddles skills that set up and finish points. Developing patterns, dink placement, and tactical court positioning are further developed. This course emphasizes skill development beyond that of a beginning player, as well as intermediate strategies for singles and doubles.

Are one or more field trips required with this course?

No

Fee Course?

No

Is this course designated as Service Learning?

No

Is this course designated as Curricular Community Engaged Learning?

No

Does this course require safety training?

No

Does this course require personal protective equipment (PPE)?

No

Does this course have prerequisites?

No

Does this course have corequisites?

No

Graded:

Letter

Approval required for enrollment?

No Approval Required

Course Component(s) and Classification(s):

Activity

Activity Classification

CS#11 - Kinesiology and Recreation Activity (K-factor=1.3 WTU per unit)

Activity Units

1

Is this a paired course?

No

Is this course crosslisted?

No

Can this course be repeated for credit?

Yes

How many times can the course be taken (including first time passed)?

3

Total credits allowed (including first time passed)

3

Can the course be taken for credit more than once during the same term?

No

Description of the Expected Learning Outcomes and Assessment Strategies:

List the Expected Learning Outcomes and their accompanying Assessment Strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers). Click the plus sign to add a new row.

	Expected Learning Outcome	Assessment Strategies
1	a) Identify, implement and demonstrate competency in pickleball skills and tactics at an intermediate level. b) Attain an intermediate level of pickleball fitness needed to complete through a variety of conditioning drills designed to improve the specific physical skills needed for successful intermediate players. c) Demonstrate and apply mental strategies to effectively compete at an intermediate ability level. d) Identify the pros and cons associated with various intermediate offensive and defensive skills and strategies. e) Demonstrate the appropriate gameplay calls used within a regulation pickleball game. f) Demonstrate proper etiquette and expectations of sportsmanship while competing in competitive matches.	55% Participation (ELO: a, b, c, e, f) 20% Technique, Skills Performance and Fitness Tests (ELO: a, b) 15% Quizzes and Exams (ELO: a, d) 10% Pickleball Skill and Fitness Goal Setting and Reflection Assignments (ELO: b, c)

Attach a list of the required/recommended course readings and activities:

KINS 78 Intermediate Pickleball.docx

For whom is this course being developed?

Majors in the Dept
 Majors of other Depts

Minors in the Dept
General Education
Other

Is this course required in a degree program (major, minor, graduate degree, certificate?)

No

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?

No

Will there be any departments affected by this proposed course?

No

I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.

I/we agree

University Learning Goals

Undergraduate Learning Goals:

Competence in the disciplines
Knowledge of human cultures and the physical and natural world
Intellectual and practical skills
Personal and social responsibility
Integrative learning

Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

No

GE Course and GE Goal(s)

Is this a General Education (GE) course or is it being considered for GE?

No

Reviewer Comments:

Andrea Becker (andrea.becker) (Sat, 02 Sep 2023 17:30:34 GMT): Rollback: Consider course numbers. KINS 77 and KINS 78 don't appear to be used.

Andrea Becker (andrea.becker) (Wed, 06 Sep 2023 15:35:38 GMT): Rollback: The course description for KINS 78 is cut off (more than 80 words). Please use less than 80 words in workflow and syllabus.

Key: 14975