

PT 620: PHYSICAL THERAPY INTERVENTIONS I

In Workflow

1. PT Committee Chair (william.garcia@csus.edu)
2. PT Chair (irwin.thompson@csus.edu)
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10. Registrar's Office (k.mcfarland@csus.edu)
11. PeopleSoft (PeopleSoft@csus.edu)

Approval Path

1. Tue, 25 Feb 2025 03:15:53 GMT
William Garcia (william.garcia): Approved for PT Committee Chair
2. Tue, 25 Feb 2025 04:45:19 GMT
Scott Thompson (irwin.thompson): Approved for PT Chair
3. Mon, 10 Mar 2025 16:10:52 GMT
Andrea Becker (andrea.becker): Rollback to PT Chair for HHS College Committee Chair
4. Mon, 17 Mar 2025 15:45:19 GMT
Scott Thompson (irwin.thompson): Approved for PT Chair
5. Wed, 19 Mar 2025 17:49:24 GMT
Andrea Becker (andrea.becker): Rollback to Initiator
6. Thu, 20 Mar 2025 23:11:21 GMT
William Garcia (william.garcia): Approved for PT Committee Chair
7. Thu, 20 Mar 2025 23:27:42 GMT
Scott Thompson (irwin.thompson): Approved for PT Chair
8. Fri, 21 Mar 2025 00:31:40 GMT
Andrea Becker (andrea.becker): Approved for HHS College Committee Chair
9. Fri, 21 Mar 2025 16:22:25 GMT
Robert Pieretti (sac19804): Approved for HHS Dean

Date Submitted: Thu, 20 Mar 2025 22:53:13 GMT

Viewing: PT 620 : Physical Therapy Interventions I

Last edit: Thu, 20 Mar 2025 22:53:11 GMT

Changes proposed by: Scott Thompson (223005614)

Contact(s):

Name (First Last)	Email	Phone 999-999-9999
Scott Thompson	irwin.thompson@csus.edu	916-278-5055

Catalog Title:

Physical Therapy Interventions I

Class Schedule Title:

Physical Ther Interventions I

Academic Group: (College)

HHS - Health & Human Services

Academic Organization: (Department)

Physical Therapy

Will this course be offered through the College of Continuing Education (CCE)?

No

Catalog Year Effective:

Spring 2026 (2026/2027 Catalog)

Subject Area: (prefix)

PT - Physical Therapy

Catalog Number: (course number)

620

Course ID: (For administrative use only.)

160486

Units:

3

Is the ONLY purpose of this change to update the term typically offered or the enforcement of existing requisites at registration?

No

In what term(s) will this course typically be offered?

Fall, Spring

Does this course require a room for its final exam?

Yes, final exam requires a room

This course complies with the credit hour policy:

Yes

Justification for course proposal:

The DPT program has proposed to move PT618 to the 1st year Summer Semester and PT646 to the 2nd year Fall Semester. Consequently, corequisite courses listed in the catalog would no longer be accurate. The program follows a sequential curricular model, and DPT students may only take courses in the sequence listed in the catalog. Moreover, the department approves and enrolls DPT students in their classes each semester. As such, the program has opted to eliminate listed corequisite and prerequisite courses, as students would not be allowed to enroll in any program course without departmental approval.

Course Description: (Not to exceed 90 words and language should conform to catalog copy.)

In this course students learn, practice and demonstrate the clinical application of basic exercise regimes for the prevention of limitations, improvement of functional abilities and the treatment of disorders associated with the neuromuscular, skeletal and cardiopulmonary systems. In addition, the application of motor control principles to exercise and aquatic therapy are addressed.

Are one or more field trips required with this course?

Yes

Fee Course?

No

Is this course designated as Service Learning?

No

Is this course designated as Curricular Community Engaged Learning?

No

Does this course require safety training?

No

Does this course require personal protective equipment (PPE)?

No

Course Note: (Note must be a single sentence; do not include field trip or fee course notations.)

Open to Physical Therapy majors only

Does this course have prerequisites?

No

Does this course have corequisites?

No

Graded:

Letter

Approval required for enrollment?

Department Approval

Course Component(s) and Classification(s):Laboratory
Lecture**Laboratory Classification**

CS#16 - Science Laboratory (K-factor=2 WTU per unit)

Laboratory Units

1

Lecture Classification

CS#02 - Lecture/Discussion (K-factor=1 WTU per unit)

Lecture Units

2

Is this a paired course?

No

Is this course crosslisted?

No

Can this course be repeated for credit?

No

Can the course be taken for credit more than once during the same term?

No

Description of the Expected Learning Outcomes and Assessment Strategies:

List the Expected Learning Outcomes and their accompanying Assessment Strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers). Click the plus sign to add a new row.

	Expected Learning Outcome	Assessment Strategies
1	Compare and contrast normal biological, physiological, and psychological mechanisms of the human body with pathophysiological factors that lead to impaired body functions and structures	Quizzes Written exams Patient case studies Practical exams Practical video assignment
2	Determine the physical therapy needs of any individual seeking services.	Patient case studies Practical exams Practical video assignment
3	Develop a plan of care based on the best available evidence and that considers the patient's personal and environmental factors	Patient case studies Practical exams Practical video assignment
4	Implement the physical therapy plan of care designed to restore and/or maintain optimal function applying selected procedural interventions that demonstrate safe and effective psychomotor and clinical reasoning skills.	Patient case studies Practical exams Practical video assignment
5	Demonstrate effective verbal and written communication skills with patients, families, other health care professionals, and the public, to facilitate interventions and interdisciplinary interactions & cooperation.	Patient case studies Practical exams Practical video assignment

6	Utilize data from selected outcome measures to document intervention effectiveness	Patient case studies Practical exams Practical video assignment
7	Recognize cultural, ethnic, age, economic, and psychosocial differences and apply a humanistic and holistic approach to the delivery of a clinical service.	Patient case studies Practical exams Practical video assignment
8	Communicate effectively for varied audiences and purposes.	Patient case studies Practical exams Practical video assignment

Attach a list of the required/recommended course readings and activities:

PT 620 Syllabus.docx

Is this course required in a degree program (major, minor, graduate degree, certificate?)

Yes

Has a corresponding Program Change been submitted to Workflow?

Yes

Identify the program(s) in which this course is required:

Programs:

Doctor of Physical Therapy

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?

No

Will there be any departments affected by this proposed course?

No

I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.

I/we agree

University Learning Goals

Doctorate Learning Goal(s):

Disciplinary knowledge
Communication
Critical thinking/analysis
Information literacy
Professionalism
Intercultural/Global perspectives
Research

Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

No

Is this a Graduate Writing Intensive (GWI) course?

No

Reviewer Comments:

Andrea Becker (andrea.becker) (Mon, 10 Mar 2025 16:10:52 GMT): Rollback: Rolled back for minor edits. Please see shared committee document for feedback.

Andrea Becker (andrea.becker) (Wed, 19 Mar 2025 17:49:24 GMT): Rollback: Minor Edits

Key: 4075