

BS IN FAMILY STUDIES AND HUMAN DEVELOPMENT



SACRAMENTO STATE

In Workflow

1. FACS Committee Chair (oertling@csus.edu)
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3. SSIS College Committee Chair (lo@csus.edu,mummawh@skymail.csus.edu)
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Approval Path

1. 2025-10-10T03:42:25Z
Emily Oertling (oertling): Approved for FACS Committee Chair
2. 2025-10-10T03:43:14Z
Lynn Hanna (lhanna): Approved for FACS Chair
3. 2025-10-21T19:09:20Z
Bao Lo (lo): Rollback to FACS Chair for SSIS College Committee Chair
4. 2025-10-21T21:21:23Z
Lynn Hanna (lhanna): Approved for FACS Chair
5. 2025-10-21T21:24:04Z
Bao Lo (lo): Rollback to Initiator
6. 2025-10-21T23:15:01Z
Emily Oertling (oertling): Approved for FACS Committee Chair
7. 2025-10-21T23:15:56Z
Lynn Hanna (lhanna): Approved for FACS Chair
8. 2025-10-22T20:23:12Z
Bao Lo (lo): Approved for SSIS College Committee Chair
9. 2025-10-23T02:25:40Z
Emily Wickelgren (wickelgr): Approved for SSIS Dean

History

1. Apr 23, 2020 by 212408496
2. Apr 28, 2020 by 220267334
3. Apr 23, 2021 by Katie Dickson (katiedickson)
4. Aug 8, 2022 by 301127606
5. Aug 8, 2022 by 302822325
6. Jul 2, 2025 by Katie Dickson (katiedickson)

Date Submitted: 2025-10-21T23:13:09Z

Viewing: BS in Family Studies and Human Development

Last approved: Wed, 02 Jul 2025 15:25:55 GMT

Last edit: 2025-10-22T20:22:21Z

Changes proposed by: Lynn Hanna (211893605)

Academic Group: (College)

Social Sciences & Interdisciplinary Studies

Academic Organization: (Department)

Family and Consumer Sciences

Catalog Year Effective:

2026-2027 Catalog

Individual(s) primarily responsible for drafting the proposed degree major program:

Name (First Last)	Email	Phone 999-999-9999
Ann Moylan	moylan@csus.edu	530-848-8777

Type of Program:

Major

Program Change Type:

Non-Substantive

Is this a pilot program?

No

Delivery Format:

Fully Face to Face

Title of the Program:

BS in Family Studies and Human Development

Designation: (degree terminology)

Bachelor of Science

Briefly describe the program proposal (new or change) and provide a justification:

Non-substantive Program Changes for the BS in Family Studies and Human Development major

The faculty in Family Studies and Human Development (FSHD) propose a revised curriculum that will not change the number of units required (51).

Justification: These three revisions are necessary in order to a) incorporate a proposed new course, FSHD 51, Intimate Relationships, a course that meets the needs of all of our majors, and particularly those who have a career goal that includes working with couples and families; and b) provide additional options to our students in order to expedite their progress toward a timely graduation.

Proposed Changes are as follows:

- 1) A new course, FSHD 51, Intimate Relationships, upon approval will replace the current requirement of either Soc 8 or Stat 1. This moves 3 units that are currently outside the major to 3 units inside the major.
- 2) Where we currently require all majors to take FACS 168, Senior Seminar, we propose to now have three options: FACS 168, Senior Seminar, OR FACS 195C, Internship, OR FSHD 195F, Practicum in Family Life Education. This change is in response to student need and also in response to the President's Strategic Priorities which include increasing the number of students who complete an internship prior to graduation. Currently, students who select to complete an internship or practicum do so IN ADDITION to all major requirements. This change will allow the internship or practicum to count in place of a required course in the major.
- 3) We require 3 units of electives from an approved list (or with advisor approval). Without increasing the number of units required in electives, we propose adjusting the list to remove two of the current options (FASH 137 and NUFD 114) as they have been determined to be less relevant to our overall program objectives, and adding several more relevant options to the approved list of elective courses.

The current list of approved elective courses is as follows:

CHAD 157 Infant and Toddler: Development and Care (3)
 FASH 137 Clothing, Society, and Culture (3) (GE 4A)
 FSHD 156 Child Life and Family-Centered Care (3) (Spring only)
 NUFD 114 Cultural and Social Aspects of Food (3) (GE 3B+)
 FACS 195C Internship (3)* [IF NOT SELECTED ABOVE in lieu of FACS 168]
 FSHD 195F Practicum in Family Life Education (3) [*IF NOT SELECTED ABOVE in lieu of FACS 168]

The following courses are proposed as ADDITIONS to the list of approved electives -- (all of those listed above except for FASH 137 and NUFD 114)

CHAD 139. Educational Play: Theory and Practice (3)
 CHAD 146. Fostering Healthy Youth Development. (3)
 EDUC 155. Introduction to Counseling. (3)
 EDUC 156. Power, Privilege and Self Identity in Counseling. (3)
 EDUC 157. Child and Family Psychopathology. (3)
 GERO 102. Social Policy for an Aging Society. (3)
 GERO 124. Perspectives on Death and Dying. (3) (Cross-listed with PSYC 151)
 KINS 115. Youth Development in Recreation, Parks & Tourism. (3)
 KINS 128. The Science of Play. (3)
 PSYC 108. Organizational Psychology. (3)
 PSYC 137. Stress Management. (3)
 PSYC 151. Psychological Aspects of Death and Dying. (3) (Cross-listed with GERO 124)
 SOC 144. Sociology of Health and Illness. (3)

University Learning Goals

Undergraduate Learning Goals:

Competence in the disciplines
 Knowledge of human cultures and the physical and natural world
 Intellectual and practical skills
 Personal and social responsibility
 Integrative learning

Program Learning Outcomes

Program Learning Outcomes

Learning Outcome

1. Apply fundamental skills, theories, resources in FSHD to current trends and issues in the FSHD field
2. Demonstrate effective communication skills in a team and individually; in written and spoken forms; in delivery and receipt of messages; including the use of current technology.
3. Demonstrate critical thinking that involves analytical thinking and effective problem solving as related to the FSHD field
4. Demonstrate understanding of relevant ethical codes and discipline values and apply those in relation to the FSHD field.
5. Demonstrate understanding, respect and support of multiple perspectives from other disciplines, societies, individuals, groups, and cultures.

Learning Outcomes Display

Course Code	PLO 1
Warning! Unable to parse program body. Data Invalid: Area header row cannot be followed by indented row.	

Will this program be required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

No

Do these changes impact the degree roadmap?

Yes

Please attach the updated roadmap:

FSHD Roadmap.pdf

Briefly describe the change:

FSHD 51, Intimate Relationships, (a new course) will replace in the roadmap the Soc 8/Stat 1 course requirement.

FACS 195C, Internship, and FSHD 195F, Practicum in Family Life Education, will now be options along with FACS 168.

Additional approved electives have been included to expedite student's degree progress.

Career Options have been updated/revised/edited.

Catalog Description:

Units required for Major: 51

Total units required for BS: 120

Program Description

The Family Studies and Human Development major prepares students for rewarding careers in various human service fields. The program emphasizes an asset-based approach to understanding lifespan human development, family systems, and family diversity in cultural context. The major is approved by the National Council on Family Relations (NCFR) for academic programs in Family Life Education. (Also see certificate program in Family Life Education.)

Career Possibilities

Child Life Specialist · Community-Based Social Service Provider · Community Educator · Consumer and Family Resource Specialist · Early Childhood Educator · Family Life Educator · Family Planning Provider · Family Support Services Provider · Relationship Education and Enrichment Provider · Parent Educator · Preschool and Adult Day Care Provider · Resource and Referral Services Specialist · Sexuality Educator · Youth Advisor · Military Family Support Specialist

Admission Requirements: Course prerequisites and other criteria for admission of students to the degree major program, and for their continuation in it.

As defined by policy <http://www.csus.edu/umannual/acadaff/fsm00010.htm>, a change in units constitutes a substantive change to the program. If your changes constitute a substantive change, please refer back to the "Program Change Type" field above to ensure that "Substantive" is selected.

Program Requirements: (If new courses are being created as part of a new program, it will be useful to propose courses first.)

Program Requirements

Code	Title	Units
REQUIRED LOWER DIVISION COURSES (12 Units)		
NUFD 10	Introduction to Nutrition ¹	3
FSHD 50	The Family and Social Issues  ²	3
FSHD 51	Course FSHD 51 Not Found (PROPOSED/NEW)	3
FSHD 52	The Child In The Family	3
REQUIRED UPPER DIVISION COURSES (36 Units)		
FACS 100	Research Methods	3
FSHD 108	Family Communication	3
PUBH 134	Understanding Human Sexuality	3
or NURS 160	Human Sexuality	
or PSYC 134	Psychology of Human Sexuality	
FACS 140	Family Resource Management	3
FACS 141	Family Finance	3
FSHD 150	Family Stress and Coping: Multicultural Focus  	3
FSHD 152	Adolescent Development	3
FSHD 154	Issues in Parenting	3
FSHD 155	Family Life Education	3
FSHD 159	Adulthood and Aging in Human Development	3
FSHD 162	Family Support Services	3
FACS 168	Senior Seminar	3
or FACS 195C	Internship	
or FSHD 195F	Practicum in Family Life Education	
Elective (3 units) to be selected from the following OR other elective with advisor approval		3
CHAD 157	Infant and Toddler: Development and Care	
or CHAD 139	Educational Play: Theory and Practice	
or CHAD 146	Fostering Healthy Youth Development	
or EDUC 155	Introduction to Counseling	
or EDUC 156	Power, Privilege and Self Identity in Counseling	
or EDUC 157	Child and Family Psychopathology	
or FSHD 156	Child Life and Family-Centered Care	
or FACS 195C	Internship	

or FSHD 195F	Practicum in Family Life Education
or GERO 102	Social Policy for an Aging Society
or GERO 124	Perspectives on Death and Dying
or KINS 115	Youth Development in Recreation, Parks & Tourism
or KINS 128	The Science of Play
or PSYC 108	Organizational Psychology
or PSYC 137	Stress Management
or PSYC 151	Psychological Aspects of Death and Dying
or SOC 144	Sociology of Health and Illness

Total Units **51**

¹ Child, Family, and Society will be accepted as an alternative to comply with the CSU Lower Division Transfer Pattern.

² Course also satisfies General Education (GE)/Graduation Requirement.

General Education Requirements ¹

Code	Title	Units
GE Area 1: English Communication (9 Units)		9
		lower division
1A - English Composition	C- or better required	3
1B - Critical Thinking	C- or better required	3
1C - Oral Communication	C- or better required	3
GE Area 2: Mathematical Concepts and Quantitative Reasoning (3 Units)		3
2. Mathematics/Quantitative Reasoning	C- or better required	3
GE Area 3 : Arts and Humanities (6 Units)		3
		lower division
3A - Arts		3
3B - Humanities	May also satisfy Foreign Language Graduation Requirement)	3
GE Area 4: Social and Behavioral Sciences (6 Units)		6
All Area 4 courses must be taken in 2 separate disciplines. Up to 3 units may also satisfy CSU American institutions Grad Requirements in US History, US Constitution, & CA Gov't		
Any Area 4 Course		3
Any Area 4 Course		3
GE Area 5. Physical and Biological Sciences (7 Units)		
5A - Physical Science		3
5B -Biological Science		3
5C - Lab (NOTE: May be embedded in 5A or 5B course, as long as 7 units met for lower division Subject Area 5)		1
GE Area 6: Ethnic Studies (3 Units)		3
		lower division
Any Area 6 Course		3
Upper Division GE (9 Units)		
Area 3. Any Upper Division Area 3 course		3
Area 4. Any Upper Division Area 4 course		3
Area 2 or 5. Any Upper Division Area 2 or 5 course		3
Total Units		52-67

¹ To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email (advising@csus.edu).

² Required in Major; also satisfies GE.

Graduation Requirements ¹

Code	Title	Units
Minimum 2.0 GPA required for GE		
Graduation Requirements (required by CSU) (9 Units)		

American Institutions: U.S. History	3
American Institutions: U.S. Constitution & CA Government	3
Writing Intensive (WI) ²	3
Graduation Requirements (required by CSU, Sacramento) (6-14 Units)	
Second Semester Composition ^{C- or better required}	3
Race and Ethnicity in American Society (RE) ²	3
Foreign Language Graduation Requirement (FLGR) ³	0 - 8

¹ To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email (advising@csus.edu).

² Required in Major; also satisfies Graduation Requirement.

³ If not satisfied before entering CSUS, 4-5 units toward the FLGR may also satisfy a GE Area 3B Requirement. (C- or better required). The FLGR is described here: <https://www.csus.edu/college/arts-letters/world-language-literatures/foreign-language-requirement.html>.

Fiscal Impact to Change an Existing Program

Indicate programmatic or fiscal impact which this change will have on other academic units' programs, and describe the consultation that has occurred with affected units:

1. Elimination of Soc 8 or Stat 1 as a degree requirement: Consultation attached. Neither Sociology nor Mathematics & Statistics is dependent upon FSHD student enrollment to sustain these courses. Consultation has been submitted via email.

2. Elimination of FASH 137 and NUFD 114 as approved electives: Neither Fashion Merchandising and Management (FASH) nor Nutrition, Foods & Dietetics (NUFD) is dependent upon FSHD student enrollment to sustain their courses. Consultation has been submitted via email.

3. Additional approved electives: While there may be increased demand for some courses, the small number of FSHD major and the extensive number of approved elective courses ensures that the impact on other departments will be minimal. Consultation has been submitted via email.

Attach a copy of correspondence with these units:

Consultations for BS FSHD Major REV.pdf

Provide a fiscal analysis of the proposed changes:

We are not changing the number of units in the major. We anticipate NO fiscal impact.

How will the above changes be accommodated within the department/College existing fiscal resources?

We anticipate NO fiscal impact.

Will the proposed changes require additional resources?

No

What additional space, equipment, operating expenses, library, computer, or media resources, clerical/technical support, or other resources will be needed?

NONE

Estimate the cost and indicate how these resource needs will be accommodated:

NO COST.

Please attach any additional files not requested above:

FSHD SLO Curriculum Map 2025.docx

Reviewer Comments:

Bao Lo (lo) (Tue, 21 Oct 2025 19:09:20 GMT): Rollback: Please see email.

Bao Lo (lo) (Tue, 21 Oct 2025 21:24:04 GMT): Rollback: Please edit according to committee's feedback in the email, thank you.

Key: 408