

MINOR IN GERONTOLOGY



SACRAMENTO STATE

In Workflow

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Approval Path

1. 2025-10-08T15:55:05Z
Catheryn Koss (koss): Approved for GERO Committee Chair
2. 2025-10-08T21:16:12Z
Donna Jensen (donna.jensen): Approved for GERO Chair
3. 2025-10-17T22:21:39Z
Bao Lo (lo): Rollback to GERO Chair for SSIS College Committee Chair
4. 2025-10-17T23:45:01Z
Catheryn Koss (koss): Approved for GERO Chair
5. 2025-10-22T20:12:41Z
Bao Lo (lo): Approved for SSIS College Committee Chair
6. 2025-10-23T02:24:48Z
Emily Wickelgren (wickelgr): Approved for SSIS Dean

History

1. May 3, 2018 by clmig-jwehrheim

Date Submitted: 2025-10-08T15:54:10Z

Viewing: Minor in Gerontology

Last approved: Thu, 03 May 2018 19:28:31 GMT

Last edit: 2025-10-17T23:43:26Z

Changes proposed by: Catheryn Koss (219696738)

Academic Group: (College)

Social Sciences & Interdisciplinary Studies

Academic Organization: (Department)

Gerontology

Catalog Year Effective:

2026-2027 Catalog

Individual(s) primarily responsible for drafting the proposed degree major program:

Name (First Last)	Email	Phone 999-999-9999
Catheryn Koss	koss@csus.edu	916-278-4341

Type of Program:

Minor

Program Change Type:

Substantive

Delivery Format:

Hybrid

Title of the Program:

Minor in Gerontology

Designation: (degree terminology)

Minor

Briefly describe the program proposal (new or change) and provide a justification:

We are changing the Gerontology minor to provide more flexibility to students. We are also making the one-semester practicum optional rather than required. Unfortunately, the Department does not have the capacity to support all minors in internships. We have also observed that the practicum requirement can lead interested students to not pursue the minor, so we hope this change will encourage more students to minor in Gerontology. As we make these changes, we are updating course listings that have changed (GERO 100 is now GERO 10, GERO 101 is now GERO 11, FACS 159 is now FSHD 159).

The proposed changes would reduce the total units from 21 to 18. Gerontology is not a well-known field of study. Students frequently discover Gerontology by taking a GERO course to fulfill a GE requirement or as an elective in their major. With a 21 unit minor, it will take a student who has taken just one Gerontology course two more semesters to complete the minor (18 units left if they happened to take a course that fulfills the minor, otherwise 21). By reducing the total units to 18 and expanding the list of Gerontology courses that count towards the minor, a student who starts the minor after taking any Gerontology course could complete the minor in one semester (15 units left). We anticipate this will make the Gerontology minor more accessible and increase the number of Gerontology minors.

The proposed changes would allow minors to select five or six courses from among 10 courses offered by the Gerontology Department. Minors will be able to choose to satisfy three units of the minor with one of the following aging-related courses offered outside of the Department: KINS 136: Sport & Aging, PUBH 150 Aging and Health, PSYC 150: Psychological Aspects of Aging, FSHD 159: Adulthood & Aging in Human Development, or ETHN 133: Cross Cultural Aging in America.

Below is a summary of what is currently required for the minor and how this proposal would change these requirements:

- currently all of the following courses are required for the minor: GERO 10 (was GERO 100), GERO 11 (was GERO 101), GERO 102, GERO 103, ETHN 133, GERO 131. Under the proposed minor change, these courses would still fulfill the minor but would not be required.

-currently, minors must take one of the following three courses: GERO 121, GERO 122, or FSHD 159. Under the proposed minor change, these courses could still be used to fulfill the minor but would not be required.

-Other Gerontology courses currently cannot be used to satisfy the minor. This proposed minor change would allow students to take GERO 123, GERO 124, and/or GERO 125 to satisfy the minor.

-Non GERO courses (except for ETHN 133 and FSHD 159) currently cannot be used to satisfy the minor. This proposed minor change would allow minors to take one of the following to satisfy three units of the minor: KINS 136, PUBH 150, PSYC 150, FSHD 159, ETHN 133.

University Learning Goals**Undergraduate Learning Goals:**

Competence in the disciplines
Intellectual and practical skills
Integrative learning

Program Learning Outcomes

Program Learning Outcomes

Learning Outcome

Apply gerontological and interdisciplinary knowledge, theories, and skills to improve the lives of older adults and their families.

Analyze and respond to opportunities and challenges of an aging society.

Learning Outcomes Display

Course Code	PLO 1	PLO 2
Warning! Unable to parse program body. Data Invalid: Area header row cannot be followed by indented row.		

Will this program be required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

No

Please attach a Comprehensive Program Assessment Plan

Program Assessment Plan NA.docx

Please attach a Curriculum Map Matrix

GERO Minor Curriculum Map Matrix.docx

Please attach a five-year budget projection

Gerontology Minor Budget Projections.docx

Catalog Description:

Units required for Minor: 18

Program Description

The Gerontology Program provides an applied interdisciplinary approach to studying the human aging process and the challenges encountered by older adults and their families as they interact in contemporary society. The curriculum is anchored in life course and humanistic theory, and concentrates on the needs of both healthy and chronically ill elders.

Admission Requirements: Course prerequisites and other criteria for admission of students to the degree major program, and for their continuation in it.

Minimum Grade Requirement

Students must receive a "C" or better in all Gerontology Minor courses.

As defined by policy <http://www.csus.edu/umannual/acadaff/fsm00010.htm>, a change in units constitutes a substantive change to the program. If your changes constitute a substantive change, please refer back to the "Program Change Type" field above to ensure that "Substantive" is selected.

Program Requirements: (If new courses are being created as part of a new program, it will be useful to propose courses first.)

Program Requirements

Code	Title	Units
Select 6 (18 units)		18
GERO 10	Aging Issues in Contemporary Society	
GERO 11	Older Adult Services and Strategies	
GERO 102/PPA 100	Social Policy for an Aging Society	
GERO 103	Applied Care Management in Gerontological Practice	
GERO 121	Strategies for Optimal Aging	
GERO 122	Interprofessional Approaches to Health Care in Older Adults	
GERO 123	Research on Aging & the Life Course	
GERO 124/PSYC 151	Perspectives on Death and Dying	
GERO 125	Moving Toward Equity in California Aging Policy and Practice	
GERO 131	Gerontology Capstone Practicum	
<i>No more than one of the following:</i>		
ETHN 133	Crosscultural Aging in America 🌐	
FSHD 159	Adulthood and Aging in Human Development	

KINS 136	Sport And Aging
PSYC 150	Psychological Aspects of Aging
PUBH 150	Aging and Health

Fiscal Impact to Change an Existing Program

Indicate programmatic or fiscal impact which this change will have on other academic units' programs, and describe the consultation that has occurred with affected units:

No significant impact on other academic units' programs is anticipated. There may be slightly fewer students taking ETHN 133 since this will be an elective rather than required. There may be a few more students taking the interdisciplinary courses we have added as options for the minor. We reached out by email to the chairs of Ethnic Studies, Kinesiology, Psychology, and Public Health to describe the proposed changes and solicit feedback. See attached email correspondence.

Attach a copy of correspondence with these units:

PSYC Consultation.pdf
ETHN Consultation.pdf
PUBH Consultation.pdf
KINS Consultation.pdf

Provide a fiscal analysis of the proposed changes:

The proposed changes will not have any fiscal impact. All of these courses are already offered. There is sufficient capacity in existing sections.

How will the above changes be accommodated within the department/College existing fiscal resources?

NA

Will the proposed changes require additional resources?

No

What additional space, equipment, operating expenses, library, computer, or media resources, clerical/technical support, or other resources will be needed?

None

Estimate the cost and indicate how these resource needs will be accommodated:

No cost

Reviewer Comments:

Bao Lo (lo) (Fri, 17 Oct 2025 22:21:39 GMT): Rollback: See notes.

Key: 252