

MS IN COUNSELING (CAREER COUNSELING)



SACRAMENTO STATE

In Workflow

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Approval Path

1. 2025-09-24T00:30:04Z
Geni Cowan (gcowan): Approved for GPSE Chair
2. 2025-10-20T00:32:43Z
Bita Rivas (b.rivas): Approved for ED College Committee Chair
3. 2025-10-20T17:26:58Z
Sarah Jouganatos (sarah.jouganatos): Approved for ED Dean

History

1. Mar 24, 2021 by Bita Rivas (b.rivas)
2. Apr 29, 2021 by Janett Torset (torsetj)
3. Feb 20, 2023 by Bita Rivas (b.rivas)
4. Apr 3, 2023 by Janett Torset (torsetj)

Date Submitted: 2025-09-23T21:13:10Z

Viewing: MS in Counseling (Career Counseling)

Last approved: Mon, 03 Apr 2023 21:19:36 GMT

Last edit: 2025-09-23T21:13:09Z

Changes proposed by: Bita Rivas (223000752)

Academic Group: (College)

Education

Academic Organization: (Department)

Graduate Professional Studies in Education

Catalog Year Effective:

2026-2027 Catalog

Individual(s) primarily responsible for drafting the proposed degree major program:

Name (First Last)	Email	Phone 999-999-9999
Bita Rivas	b.rivas@csus.edu	916-278-5950

Type of Program:

Concentration

Program Change Type:

Non-Substantive

Is this a pilot program?

No

Delivery Format:

Fully Face to Face

Title of the Program:

MS in Counseling (Career Counseling)

Designation: (degree terminology)

Master of Science

Briefly describe the program proposal (new or change) and provide a justification:

Updating program outcomes to better align with new CACREP accreditation standards and corresponding assessment standards and practices. Updating changes to admission and program catalog that reflects current changes made within our program.

University Learning Goals**Graduate (Masters) Learning Goals:**

Disciplinary knowledge
 Communication
 Critical thinking/analysis
 Information literacy
 Professionalism
 Intercultural/Global perspectives
 Research (optional)

Program Learning Outcomes**Program Learning Outcomes****Learning Outcome**

Students will evaluate and apply knowledge of ethical standards of professional counseling organizations and credentialing bodies, applications of ethical and legal considerations in professional counseling, and differentiation of professional roles in various counseling settings.

Students will analyze how heritage, race, gender, ethnicity, beliefs, attitudes, and values impact individuals and families and demonstrate skills to provide appropriate services to diverse populations with the use of theories, techniques, and models.

Students will analyze and evaluate the theories of individual and family development across the lifespan, theories of normal and abnormal personality development, and will demonstrate strategies, assessments, and interventions using developmental theories and developmentally appropriate treatment and intervention skills.

Students will evaluate use of theories, models, and approaches for conceptualizing the interrelationships among and between work, mental well-being, relationships, and other life roles and factors.

Students will apply theories and demonstrate essential interviewing skills, use of counseling skills and counseling theories, for case conceptualization and intervention.

Students will evaluate dynamics associated with group process and development and apply theoretical foundations and skills of group counseling and group work.

Students will analyze and use ethical and culturally relevant strategies for selecting, administering, and interpreting assessment and test results and will demonstrate use of assessment results to diagnose developmental, behavioral, and mental disorders.

Students will demonstrate a knowledge of qualitative, quantitative, and mixed research methods, and program evaluation.

Students will evaluate career development theories, models, assessments, and processes, and apply administration of career counseling programs and services.

Learning Outcomes Display

Course Code	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8	PLO 9
EDC 210		10							

EDC 214			1✓						
EDC 216				2	2	2	2	2	2
EDC 218									
EDC 219									
EDC 231									
EDC 233									
EDC 244									
EDC 250									
EDC 252									
EDC 260									
EDC 280									
EDC 475	2✓	2✓	2✓	2✓	2✓	2✓	2✓	2✓	2✓
EDC 480	3✓	3✓	3✓	3✓	3✓	3✓	3✓	3✓	3✓
EDC 254									
EDC 262									
EDC 264									
EDC 266									
EDC 268									

Will this program be required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

No

Catalog Description:

Total units required for MS: 60

Program Description

The 60-unit Master of Science in Counseling prepares professional counselors for employment in a variety of settings such as public and private agencies, universities and colleges, schools and private practice. This degree meets the educational requirements for becoming a Licensed Professional Clinical Counselor (LPCC) in the State of California.

The programs are clinically oriented, with didactic and experiential courses, a 100-hour clinical practicum, and 600 hours of internship experience. The program is a full time three-year program and students will take between 9-12 units each fall and spring to complete within the three years. Students are admitted into a cohort and will follow the course sequence designated by their program concentration. The cohort model allows students to advance together throughout their education while building support and connections within their peer group. Students are encouraged to advance their advocacy and professional experiences through such activities as participation in professional organizations, research, and presentations at the state, regional, and national level; (https://www.csus.edu/college/education/engagement/mce_conference/) our Counselor Education Symposium; and/or involvement Chi Sigma Sigma chapter of Chi Sigma [lota locally and nationally](#). Both leadership and research opportunities are supported through faculty mentorship. The curricular experience is organized around core foundation courses, an intensive on-campus practicum training clinic experience, interpersonal growth experiences, advanced theory and practice courses, and a culminating internship placement.

Career Counseling Concentration

- The Career Counseling Concentration provides students with the knowledge, theory, and skills to work as effective counselors/ career development specialists, and consultants in a variety of settings: community-based agencies, schools (K-12), colleges and universities, private practice, business, industry, and government. Students are trained to facilitate a holistic career development/

career decision-making/planning process with groups and individuals that integrates personal, social, and career needs. Students develop the skills to address current issues in the 21st century, such as career self-reliance, work/family/life balance, multiculturalism, diversity, and lifelong learning.

Note: Only students who are already enrolled in the School Counseling specialization at California State University, Sacramento may apply to the Pupil Personnel Services School Counseling Internship Credential Program (<https://catalog.csus.edu/colleges/education/graduate-professional-studies-education/pupil-personnel-services-school-counseling-internship-credential/>).

The Career Counseling; Marriage, Couple, and Family Counseling; Rehabilitation Counseling; and School Counseling concentrations at Sacramento State are nationally accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP).

Note: For additional information on credentials, see the "College of Education" section of this catalog. Program requirements are subject to change in order to maintain compliance with relevant state and national certification, licensure, and/or accreditation requirements. Interested parties should refer to the current student handbook for up to date program information.

Special Features

- An on-campus Counseling Clinic in the Center for Counseling and Diagnostic Services brings clients from the Sacramento and California community to be counseled by students in the program and provides opportunity for video and audio feedback.
- Internship trainees provide off-campus counseling in local agencies; community college and university settings; governmental, state, and county entities; and non-profit organizations.
- Faculty actively support diversity and focus on multicultural counseling skills throughout the curriculum.
- Classes are offered during the day, late afternoon, and evening.

Admission Requirements: Course prerequisites and other criteria for admission of students to the degree major program, and for their continuation in it.

Admission Requirements

Admission as a classified graduate student in the Master of Science in Counseling program requires:

- A baccalaureate degree;
- Good academic standing at the last college attended;
- A grade point average of at least 3.0 (on a 4.0 scale) in the last 60 semester (or 90 quarter units);
- Completion of the University application materials;
- Completion and submission of all Departmental application materials which include:
 - Application form;
 - Written statements delineated in application, including a Personal Statement and Writing Sample;
 - Copies of transcripts (from all universities and colleges attended);
 - Recommendation Forms;
 - Relevant work experience via a Resume/CV.
- Participation in an In-Person Admission Evaluation, which may include (but is not limited to) interviews, experiential activities, and writing samples.

Selected applicants, based on paper screening of completed applications, will be invited for an In-Person Admission Evaluation. Decisions for admission into the Master of Science in Counseling program are made based on a comprehensive assessment of **all application materials** and performance in the In-Person Admission Evaluation.

Admission Procedure

The M.S. in Counseling accepts applications each fall for admission the following year. The program does not offer spring admissions. Applicants must complete a university application and program supplemental application by the posted application deadline date for the term applying.

For more admissions information and application deadlines, please visit the Office of Graduate Studies website (<https://www.csus.edu/graduate-studies/>).

Prospective applicants, including Sacramento State graduates, must submit one set of official transcripts from all colleges and universities attended, other than Sacramento State, to the Office of Graduate Studies either electronically to gradtranscripts@csus.edu or physical transcripts for those institutions that do not send official transcripts electronically can be addressed to:

Office of Graduate Studies
California State University, Sacramento
Riverfront Center, Room 215, MS 6112
6000 J St.
Sacramento, CA 95819

Admission is competitive with a limited number of students admitted each year. At the end of the application and screening period, a program recommendation will be submitted to the Office of Graduate Studies for further review. Decisions regarding admission are then emailed to each applicant. Following admission, students are assigned to a faculty advisor who assists with academic advising.

The Master of Science in Counseling and the Pupil Personnel Services credentials are subject to general University and requirements. These requirements are explained in the "Graduate Degree Requirements" and the "Counselor Education" sections of this catalog. Students may be disqualified when not meeting program standards (see Counselor Education Student Handbook).

Minimum Units and Grade Requirement for the Degree

Units required for the MS: 60

Minimum Cumulative GPA: 3.0

Advancement to Candidacy

Each student working toward a Master's degree must file an application for Advancement to Candidacy for the Master's degree. The purpose of this application is to provide certification to the Office of Graduate Studies that the student will complete or has completed the necessary requirements and acceptable electives for the Master's degree with a minimum 3.0 GPA. The Advancement to Candidacy application should be filed upon completion of 30 units in the program but typically our students complete this in their final year of our program.

Note: Students must meet the Graduation Writing Assessment Requirement (GWAR) before advancing to candidacy. Our EDC 250 serves as our Graduate Writing Intensive (GWI) course to advance to candidacy.

The Advancement to Candidacy form is submitted online. Students should complete the relevant form electronically in consultation with their assigned academic advisor. Once the form is endorsed by the student and the advisor, it will be verified by the Department's Graduate Coordinator and then forwarded to the Office of Graduate Studies for final approval. An Advancement to Candidacy must be on file prior to submitting a Petition to Graduate to the Office of Graduate Studies.

For Counselor Education information please visit the College of Education: Master's Programs Website (<https://www.csus.edu/college/education/masters-programs/>) where you will find the Counselor Education webpage (<https://www.csus.edu/college/education/masters-programs/counselor-education.html>) and under the "Current Students" link, the Forms and Handbooks (<https://www.csus.edu/college/education/masters-programs/current-students.html>) page where you can obtain the Student Handbook. It is highly recommended that students read the Student Handbook.

As defined by policy <http://www.csus.edu/umannual/acadaff/fsm00010.htm>, a change in units constitutes a substantive change to the program. If your changes constitute a substantive change, please refer back to the "Program Change Type" field above to ensure that "Substantive" is selected.

Program Requirements: (If new courses are being created as part of a new program, it will be useful to propose courses first.)

Program Requirements^{1,2}

Code	Title	Units
Required Courses for All Concentrations (44 Units)		
EDC 210	Advocacy, Social Justice, and Cultural Foundations in Counseling	3
EDC 214	Dynamics of Human Development	3
EDC 216	Counseling Theory	3
EDC 218	Assessment In Counseling	3
EDC 219	Group Processes in Counseling	3
EDC 231	Diagnosis and Treatment Planning	3
EDC 233	Substance Use and Addiction Counseling	3
EDC 244	Trauma and Crisis Counseling	3
EDC 250	Education Research 	3
EDC 252	Legal and Ethical Issues in Professional Counseling	3
EDC 260	Career Development	3
EDC 280	Counseling Skills Lab	2
EDC 475	Counseling Practicum	3
EDC 480	Counseling Internship	6
Taken twice, 3 units each, over two separate semesters, in order to meet accreditation requirements.		
Total Units		44

¹ Minimum GPA: 3.0

² *Academic Residence:* A minimum of 42 approved semester units in 100-, 200-, and 500-series offerings must be earned in residence at California State University, Sacramento.

Concentration Requirements

Career Counseling (15 units)

Code	Title	Units
EDC 254	Counseling and Psychotropic Medicine	3
EDC 262	Career Counseling Process	3
EDC 264	Seminar in Counseling: Career Systems Development	3
EDC 266	Seminar in Counseling: Career Program Development	3

EDC 268	Career and Job Search	3
Total Units		15

Culminating Requirement (1 Unit)

All students in the M.S. in Counseling program must enroll in EDC 500¹ during their final semester in the program and complete the Counselor Preparation Comprehensive Examination (CPCE).

In order to pass this multiple choice examination, a student must meet the minimum criterion score set by the Counselor Education Program. Categories covered include:

- Human Growth and Development
- Social and Cultural Foundations
- Helping Relationships
- Group Work
- Career and Lifestyle Development
- Appraisal
- Research and Program Evaluation
- Professional Orientation and Ethics

¹ Department petition required the semester prior to enrollment.

For graduate programs, the number of declared undergraduate major and the degree production over the preceding years of the corresponding baccalaureate program:

There is no corresponding baccalaureate program.

Fiscal Impact to Change an Existing Program

Indicate programmatic or fiscal impact which this change will have on other academic units' programs, and describe the consultation that has occurred with affected units:

none

Provide a fiscal analysis of the proposed changes:

none

How will the above changes be accommodated within the department/College existing fiscal resources?

n/a

Will the proposed changes require additional resources?

No

What additional space, equipment, operating expenses, library, computer, or media resources, clerical/technical support, or other resources will be needed?

none

Estimate the cost and indicate how these resource needs will be accommodated:

n/a

Key: 493