EDC 219: GROUP PROCESSES IN COUNSELING

In Workflow

1. GPSE Chair (gcowan@csus.edu)
2. ED College Committee Chair (corinne.lardy@csus.edu)
3. ED Dean (mae.chaplin@csus.edu)
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10. Registrar's Office (k.mcfarland@csus.edu)
11. PeopleSoft (PeopleSoft@csus.edu)

Approval Path

1. 2026-08-17T16:00:14Z
   Geni Cowan (gcowan): Approved for GPSE Chair
2. 2026-09-17T16:00:05Z
   Corinne Lardy (corinne.lardy): Rollback to GPSE Chair for ED College Committee Chair
3. 2026-10-08T19:36:08Z
   Geni Cowan (gcowan): Approved for GPSE Chair
4. 2026-10-23T20:56:32Z
   Corinne Lardy (corinne.lardy): Approved for ED College Committee Chair
5. 2026-10-23T23:39:28Z
   Mae Chaplin (mae.chaplin): Approved for ED Dean

History

1. May 5, 2020 by Janett Torset (torsetj)
2. Jun 21, 2022 by Bita Rivas (b.rivas)
3. Jun 27, 2024 by Bita Rivas (b.rivas)

Date Submitted: 2026-08-14T00:52:20Z

Viewing: EDC 219 : Group Processes in Counseling
Last approved: Thu, 27 Jun 2024 14:01:10 GMT
Last edit: 2026-10-23T20:55:31Z

Changes proposed by: Bita Rivas (223000752)

Contact(s):

Name (First Last)	Email	Phone 999-999-9999
Bita Rivas	b.rivas@csus.edu	916-278-5950
Kelly King	kelly.king@csus.edu	916-278-5399

Catalog Title:
Group Processes in Counseling

Class Schedule Title:
Group Processes Counseling

Academic Group: (College)
ED - Education

Academic Organization: (Department)
Graduate Professional Studies in Education

Will this course be offered through the College of Continuing Education (CCE)?
No

Catalog Year Effective:
Fall 2027 (2027/2028 Catalog)

Subject Area: (prefix)
EDC - Education - Counselor Education

Catalog Number: (course number)
219

Course ID: (For administrative use only.)
116421

Units:
3

Is the ONLY purpose of this change to update the term typically offered or the enforcement of existing requisites at registration?
No

In what term(s) will this course typically be offered?
Fall, Spring

Does this course require a room for its final exam?
Yes, final exam requires a room

This course complies with the credit hour policy:
Yes

Justification for course proposal:
As part of our CACREP 2024 processes to meet new accreditation standards, we are moving this course from letter grade to Credit/No Credit to align with the other key laboratory and skills courses.

Course Description: (Not to exceed 90 words and language should conform to catalog copy.)
Group Processes in Counseling is a course that introduces students to group process and theory, including group counseling skills and facilitation. Participation in a group experience is required as well as leading a group under supervision. The experience and material in this course are aimed at helping students develop group counseling skills necessary for effectively leading counseling and psychoeducational groups while integrating theory into practice.

Are one or more field trips required with this course?
No

Fee Course?
No

Is this course designated as Service Learning?
No

Is this course designated as Curricular Community Engaged Learning?
No

Does this course require safety training?
No

Does this course require personal protective equipment (PPE)?
No

Does this course have prerequisites?
Yes

Prerequisite:
EDC 216 and EDC 280, classified student in the Counselor Education Program.

Prerequisites Enforced at Registration?
No

Does this course have corequisites?
No

Graded:
Credit / No Credit

Approval required for enrollment?
No Approval Required

Course Component(s) and Classification(s):
Laboratory

Laboratory Classification
S1/CS#48 - Independent Study/Studio Instruction/Supervised Activity (S-factor=.250 WTU per student enrolled)

Laboratory Units
3

Is this a paired course?
No

Is this course crosslisted?
No

Can this course be repeated for credit?
No

Can the course be taken for credit more than once during the same term?
No

Description of the Expected Learning Outcomes and Assessment Strategies:

List the Expected Learning Outcomes and their accompanying Assessment Strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers). Click the plus sign to add a new row.

	Expected Learning Outcome	Assessment Strategies
1	Students will apply the theoretical foundational skills of group counseling and group work, including application of theory.	-Group Theory Presentation & Outline -Co-Facilitation of Small Group -Final Exam
2	Students will apply group counseling skills and analyze dynamics associated with group process and development.	-Group Theory Presentation & Outline -Co-Facilitation of Small Group -Midterm & Final Exam -Midterm Evaluation of Skills -Final Evaluation of Skills
3	Students will apply therapeutic factors and practice its contribution to group effectiveness.	-Group Theory Presentation & Outline -Co-Facilitation of Small Group -Final Exam
4	Students will apply skills to demonstrate both characteristics and functions of effective group leaders.	-Midterm Evaluation of Skills -Final Evaluation of Skills -Final Exam
5	Students will implement group formation inclusive of recruiting, screening, and selecting members.	-Group Theory Presentation & Outline -Co-Facilitation of Small Group -Final Exam -Group Theory Presentation & Outline
6	Students will apply knowledge of the types of groups and other considerations that affect conducting groups in varied settings.	-Group Theory Presentation & Outline -Final Exam
7	Students will apply ethical and culturally relevant strategies for designing and facilitating groups.	-Group Theory Presentation & Outline -Final Exam -Facilitation and Co-Facilitation of Small Group
8	Students will apply group leadership skills, practice techniques, share personal thoughts and ideas as a group member, and increase self-understanding of group processes.	-Facilitation and Co-Facilitation of Small Group -Midterm Evaluation of Skills -Final Evaluation of Skills

Attach a list of the required/recommended course readings and activities:

EDC 219 Group Processes in Counseling (13) (1).docx

Is this course required in a degree program (major, minor, graduate degree, certificate?)

Yes

Has a corresponding Program Change been submitted to Workflow?

No

Identify the program(s) in which this course is required:

Programs:
MS in Counseling
MS in Counseling (Career Counseling)
MS in Counseling (Marriage, Couple, and Family Counseling)
MS in Counseling (Rehabilitation Counseling)
MS in Counseling (School Counseling with Embedded PPS Credential)

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?

No

Will there be any departments affected by this proposed course?

No

I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.

I/we agree

University Learning Goals

Graduate (Masters) Learning Goals:

Disciplinary knowledge
Communication
Professionalism
Intercultural/Global perspectives

Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

Yes

For the Council for the Preparation of School Personnel (to be filled out with assistance of your department chair):

Does this course change impact your department's currently written Program Standards Document?

No

Common Standards: In what way does this course or program change impact the currently written Common Standards document? Please include any suggested language changes:

N/A

Is this change in response to program or unit assessment activities?

No

Will this course introduce any new or changes to program assessments?

No

Is this a Graduate Writing Intensive (GWI) course?

No

Reviewer Comments:

Corinne Lardy (corinne.lardy) (Thu, 17 Sep 2026 16:00:05 GMT): Rollback: Needs to be officially approved by GPSE before CATTE can review

Key: 1266