BS IN KINESIOLOGY (ATHLETIC ADMINISTRATION)

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Approval Path

1. 2026-10-13T19:52:38Z
   Leah Joyner (leah.joyner): Approved for KHS Committee Chair
2. 2026-10-14T00:01:33Z
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3. 2026-10-20T23:04:31Z
   Scott Thompson (irwin.thompson): Approved for HHS College Committee Chair
4. 2026-10-21T07:37:20Z
   Aishah Patterson (patterson): Approved for HHS Dean

History

1. Apr 23, 2020 by Andrea Becker (andrea.becker)
2. Apr 20, 2021 by 220267334
3. Apr 29, 2021 by Janett Torset (torsetj)
4. Aug 8, 2022 by 301127606
5. Aug 8, 2022 by 301127606
6. Aug 10, 2022 by 302822325
7. Oct 18, 2022 by Katie Dickson (katiedickson)
8. Oct 6, 2023 by Katie Dickson (katiedickson)

Program Discontinuation Proposal

Date Submitted: 2026-09-29T20:59:32Z

Viewing: BS in Kinesiology (Athletic Administration)

Last approved: Fri, 06 Oct 2023 21:07:35 GMT

Last edit: 2026-09-29T20:59:30Z

Changes proposed by: Leslie Larsen (219704941)

Final Catalog

2027-2028 Catalog

Provide reasons for the program suspension.

Following the merger with the Recreation Administration academic unit, the Department of Kinesiology transitioned from the Bachelor of Science in Athletic Administration to the Bachelor of Arts in Sport and Recreation Management to better reflect the evolving scope of the field and the career opportunities available to graduates. The new degree emphasizes sport, recreation, leadership, administration, marketing, communication, finance, and community engagement, preparing students for employment in collegiate and professional athletics, parks and recreation, nonprofit organizations, fitness and wellness, event management, and sport-related businesses.

Indicate any programmatic or fiscal impact suspension of the program will have on other academic units' programs.

Discontinuing this program will not have a significant programmatic or fiscal impact on other academic units. It will slightly decrease enrollment in BIO 25 and BIO 26, which is often a bottleneck for other concentrations. It is hoped that removing the need for BIO 25 and BIO 26 from students interested in Sport and Recreation Management, that seats will become more available for students who need this for future career endeavors. Additionally, COMS 103, 179, and 119, HROB 155, and MRKT 101 and 140 were electives in the major, but the decrease in enrollment for these courses will be marginal, as most students were using KINS and RPTA courses as their electives.

Describe the consultation that has occurred with affected units.

Because BIO 25 and BIO 26 are in the Kinesiology core, this change would have the largest impact on Biology. In email consultation, Biology had no problem with the discontinuation of the concentration, "since there has been a backlog of students" in the BIO 25/26 series. The Human Resources, Communication Studies, and Marketing Departments were also consulted on this discontinuation.

Explain provisions to ensure currently enrollment students have a reasonable opportunity to complete the program.

None of the courses required in the Athletic Administration concentration are being discontinued or suspended, so students will still be able to take the courses required to complete the program.

Indicate what resources will be freed up or shifted to other programs as the result of the program suspension.

More seats in BIO 25 and 26 will be available for students in other programs in NSM and HHS.

Suspend: enrollment is suspended for up to three years and program remains in the catalog with a note. Discontinue: enrollment is permanently ended and program is removed from the catalog.

Academic Group: (College)
Health & Human Services

Academic Organization: (Department)
Kinesiology

Catalog Year Effective:
2027-2028 Catalog

Program Snapshot

Type of Program:
Concentration

Title of the Program:
BS in Kinesiology (Athletic Administration)

Delivery Mode:
Fully Face to Face

Please see the CSU/CIP Code Crosswalk: https://www.csus.edu/academic-affairs/curriculum-workflow/_internal/_documents/csu_codes_to_cip.pdf

Is this a pilot program?
No

University Learning Goals

Undergraduate Learning Goals:

Competence in the disciplines
Knowledge of human cultures and the physical and natural world
Intellectual and practical skills
Personal and social responsibility
Integrative learning

Will this program be required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

No

Curriculum Alignment and Assessment

Program Learning Outcomes

Provide measurable, program-specific learning outcomes that reflect the most important competencies students will demonstrate upon completion of the program. Programs are expected to assess and use PLOs for continuous improvement.

Program Learning Outcomes

Learning Outcome
1. Demonstrate knowledge of the human biological systems and the physiological, biomechanical, psychological, sociocultural, historical, and behavioral factors that impact human movement.
2. Obtain, assess, and articulate relevant scholarly sources to support evidence-based professional practice. 2.1 Obtain, assess, and reference valid and relevant scholarly sources. 2.2 Demonstrate quantitative reasoning using graphs, tables, and/or figures. 2.3 Produce an evidence-based papers that demonstrate application of kinesiology research and quality writing. 2.4 Synthesize and orally articulate kinesiology research and professional practice knowledge. 2.5 Analyze ways humans learn to move and integrate theoretical knowledge with practical skills to facilitate learning and development in human movement settings.
3. Identify and discuss shared values and standards of professional conduct, engage in ethical reasoning, and provide equitable solutions for dilemmas in human movement settings.
4. Work collaboratively to critically assess and develop potential solutions to barriers to human movement.

Learning Outcomes Display

Course Code	PLO 1	PLO 2	PLO 3	PLO 4
BIO 25				
BIO 26				
KINS 101				
KINS 134				
KINS 137				
KINS 138				
KINS 150				
KINS 151D				
KINS 158				
KINS 160				
Warning! Unable to parse program body. Data Invalid: Area header row cannot be followed by indented row.				

Catalog Description (catalog copy):

Units required for Major: 60
Total units required for BS: 120

Program Description

The Bachelor of Science degree in Kinesiology provides students with a multi-disciplinary approach to the study of human movement, a strong foundation in the natural and social sciences, and the knowledge and skills necessary to prepare students for careers in fields such as physical education, athletic coaching, athletic administration, corporate or commercial wellness, older adult fitness, athletic training, and other physical activity related professions.

The BS in Kinesiology offers five concentrations designed to meet students' specific academic needs and career interests in the areas of Physical Education Teacher Education, Athletic Coaching Education, Athletic Administration, Physical Activity and Wellness, and Athletic Care.

The **Athletic Administration Concentration** helps prepare students for future careers in the business of sports at the amateur, collegiate, and professional levels. The curriculum provides students with knowledge in the multiple sub-disciplines of Kinesiology as well as foundational business skills and hands-on experience in one or more areas of sport management including leadership, marketing, law, finance, and event planning. Students will also develop stronger communication, critical thinking, and problem-solving skills.

Note: Additional units may be required to meet the Sacramento State foreign language requirement.

Admission and Continuation Requirements (catalog copy): minimum GPA and prerequisites (if applicable), required coursework or preparation, portfolio, test scores, and/or letters of recommendation. For graduate programs: expectations for a relevant bachelor's degree (required or preferred disciplines, prerequisite knowledge, or equivalent experience), include evidence that program requirements conform to the minimum requirements for the culminating experience, as specified in Title 5 Section 40510 The Master's Degree and Section 40511 The Doctoral Degree.

Minimum Grade Requirement

All courses listed must be completed with a grade of "C" or better.

Program Requirements (catalog copy):

Program Requirements

Code	Title	Units
Required Lower Division (8 Units)		
BIO 25	Human Anatomy and Physiology I	4
BIO 26	Human Anatomy and Physiology II	4
Required Upper Division (23 Units)		
KINS 101	Kinesiology: Research and Practice	2
KINS 134	History and Philosophy of Physical Education and Sport	3
KINS 137	Sociology of Sport and Recreation	3
KINS 138	Sport Pedagogy	3
KINS 150	Exercise and Sport Physiology	3
KINS 151D	Applied Kinesiology and Biomechanics	3
KINS 158	Motor Learning and Control	3
KINS 160	Sport and Exercise Psychology	3
Concentration Requirements (28-29 Units)		
Select one of the following five areas of concentration:		28 - 29
Athletic Care		
Athletic Coaching Education		
Physical Activity and Wellness		
Physical Education Teacher Education		
Sport Management		
Total Units		**59-60**

Concentration in Athletic Administration (29 Units)

Code	Title	Units
Required Concentration Courses (11 Units)		
KINS 139	Leadership and Team Building in Sport and Recreation	3
KINS 161	Course KINS 161 Not Found	3
KINS 165	Theory of Coaching	3
KINS 194D	Assigned Field Experience in Coaching [1]	2
Electives (18 Units)		
Select six from the following:		18
Courses in Leadership and Communication		

COMS 103	Presentational Speaking in the Organization
COMS 179	Media, Sports, and Society
COMS 119	Conflict Resolution Through Communication
or HROB 155	Conflict Management and Negotiation
KINS 121	Peak Performance Through Psychological Skills
KINS 166	Equity and Inclusion in Sport and Recreation Leadership
RPTA 32	Course RPTA 32 Not Found
Courses in Development, Budgeting and Fundraising	
RPTA 60	Course RPTA 60 Not Found
RPTA 163	Course RPTA 163 Not Found
RPTA 164	Course RPTA 164 Not Found
RPTA 166	Course RPTA 166 Not Found
Courses in Marketing	
MKTG 101	Principles Of Marketing
MKTG 140	Sports Marketing
RPTA 183	Course RPTA 183 Not Found
Courses in Event Planning and Programming	
RPTA 105	Course RPTA 105 Not Found
RPTA 106	Introduction to Inclusive Recreation and Recreation Therapy
RPTA 130	Course RPTA 130 Not Found
RPTA 132	Course RPTA 132 Not Found
RPTA 136	Course RPTA 136 Not Found
RPTA 139	Course RPTA 139 Not Found
RPTA 165	Course RPTA 165 Not Found
Total Units	**29**

[1] Students will receive 2 units of credit for KINS 194D.

General Education Requirements [1]

Code	Title	Units
Area A: Basic Subjects (9 Units)		
A1 - Oral Communication		3
A2 - Written Communication		3
A3 - Critical Thinking		3
Area B: Physical Universe and Its Life Forms (9 Units)		
B1 - Physical Science		3
B2 - Life Forms		3
B3 - Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5) [2]		0
B4 - Math Concepts		3
B5 - Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements. [2]		0
Area C: Arts and Humanities (12 Units)		
C1 - Arts		3
C2 - Humanities		3
C1/C2 - Area C Course		3
C1/C2 - Area C Course - Take upper-division course to complete Area & upper division requirements.		3
Area D: The Individual and Society (9 Units)		
Area D Course		3
Area D Course		3
Area D Course - Take upper-division course to complete Area & upper division requirements.		3
Area E: Understanding Personal Development (3 Units)		
Area E Course		3
Area F: Ethnic Studies (3 Units)		
Area F Course		3
Total Units		**45**

1 To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (https://catalog.csus.edu/colleges/academic-affairs/general-education/).
Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (http://www.csus.edu/acad), by phone (916) 278-1000, or email (advising@csus.edu).
2 Required in Major; also satisfies GE.

Graduation Requirements [1]

Code	Title	Units
Graduation Requirements (required by CSU) (6 Units)		
American Institutions: U.S. History		3
American Institutions: U.S. Constitution & CA Government		3
Writing Intensive (WI) [2]		0
Graduation Requirements (required by Sacramento State) (12 Units)		
English Composition II		3
Race and Ethnicity in American Society (RE)		3
Foreign Language Proficiency Requirement [2]		6

1 To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (https://catalog.csus.edu/colleges/academic-affairs/general-education/).
Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (http://www.csus.edu/acad), by phone (916) 278-1000, or email (advising@csus.edu).
2 Required in Major; also satisfies Graduation Requirement.
3 If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here:https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html

Key: 450