**Program Learning Outcomes for Kinesiology for Concentrations in Coaching Education, Physical Activity and Wellness, and Athletic Care**

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| *ILO* | *PLO* | *Course* | *Assessment Method* |
| * Competence in the Disciplines * Knowledge of human cultures and the physical and nature world * Intellectual and Practical Skills * Personal and Social Responsibility * Integrative Learning | PLO 1: Competency in ability to explain and apply movement concepts and principles in a variety of movement settings; e.g. fitness club and/or organization, high school athletics, in the role of leadership in coaching, physical conditioning, and/or administration. | KINS 99  KINS 120  KINS 132  KINS 136  KINS 155A  KINS 155B  KINS 157  KINS 160  KINS 161 | Combination of Written Exams, Oral Presentations, and Written Assignments |
| * Competence in the Disciplines * Knowledge of human cultures and the physical and nature world * Intellectual and Practical Skills * Personal and Social Responsibility * Integrative Learning | PLO 2: An understanding of the aesthetics of movement and human performance and demonstrate, lead, and express the meaningfulness of physical activity in lifelong learning. | KINS 99  KINS 101  KINS 120  KINS 121  KINS 134  KINS 137  KINS 149  KINS 150  KINS 151d  KINS 160  KINS 165 | Combination of Written Exams, Oral Presentations, Written Assignments, and Laboratory Write Ups. |
| * Competence in the Disciplines * Knowledge of human cultures and the physical and nature world * Intellectual and Practical Skills * Personal and Social Responsibility * Personal and Social Responsibility | PLO 3: Competency in the foundational studies of Kinesiology (Exercise Physiology, Biomechanics, Anatomical Kinesiology, Motor Learning, Development, and Control, Sport Psychology and Social Analysis of Sport) and demonstrate, create, relate, and interpret physical activity, exercise, and/or sport for application to numerous physical activity leadership roles outside the physical education classroom. | KINS 101  KINS 121  KINS 134  KINS 136  KINS 137  KINS 138  KINS 139  KINS 150  KINS 151D  KINS 155A  KINS 155B  KINS 156  KINS 157  KINS 158  KINS 160  KINS 165 | Combination of Written Exams, Oral Presentations, Written Assignments, and Laboratory Write Ups. |
| * Competence in the Disciplines * Knowledge of human cultures and the physical and nature world * Intellectual and Practical Skills * Integrative Learning | PLO 4: Competency in the foundational studies of Kinesiology required by the leading national exercise, coaching, athletic training, and sports certification governing bodies (e.g. American College of Sports Medicine, National Strength and Conditioning Association, and National Academy of Sports Medicine). | KINS 101  KINS 120  KINS 121  KINS 136  KINS 137  KINS 150  KINS 151D  KINS 155A  KINS 155B  KINS 156  KINS 157  KINS 158  KINS 160  KINS 165  KINS 166 | Combination of Written Exams, Oral Presentations, Written Assignments, and Laboratory Write Ups. |
| * Competence in the Disciplines * Knowledge of human cultures and the physical and nature world * Intellectual and Practical Skills * Personal and Social Responsibility * Personal and Social Responsibility | PLO 5: Competency in the leadership qualities required to lead physical activity in populations ranging from children through the aging population, outside of the physical education classroom, lead competitive personalities in sports performance, lead exercise and conditioning programs appropriate to the developing and/or competitive setting, and to lead in an athletics administrative role. | KIINS 99  KINS 101  KINS 121  KINS 134  KINS 136  KINS 139  KINS 149  KINS 150  KINS 151d  KINS 160  KINS 165  KINS 166 | Combination of Written Exams, Oral Presentations, Written Assignments, and Laboratory Write Ups. |
| * Competence in the Disciplines * Knowledge of human cultures and the physical and nature world * Intellectual and Practical Skills * Personal and Social Responsibility * Integrative Learning | PLO 6: Competency in the historical and philosophical factors that provide quality physical activity, exercise, and sport performance leadership relating to application to individual fitness and wellness for lifelong activity and learning in an environment of equity and diversity. | KINS 101  KINS 121  KINS 132  KINS 134  KINS 137  KINS 139  KINS 150  KINS 151D  KINS 160  KINS 165  KINS 166 | Combination of Written Exams, Oral Presentations, Written Assignments, and Laboratory Write Ups. |

**Program Learning Outcomes for Kinesiology (Physical Education Teacher Education): Accredited through California Commission on Teacher Credentialing (CCTC)**

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| *ILO* | *PLO* | | *Course* | | *Assessment Method* | |
| * Competence in the Disciplines * Intellectual and Practical Skills * Integrative Learning | PLO 1: Competency in ability to prepare lessons and teach developmentally appropriate Physical Education in public schools. | | KINS 130  KINS 138  KINS 141  KINS 142  KINS 145  KINS 146  KINS 148  KINS 149 | | Combination of Written Exams, Oral Presentations, and Written Assignments. | |
| * Competence in the Disciplines * Intellectual and Practical Skills * Integrative Learning | PLO 2: Competency in interpretation of subject matter content and apply creative pedagogy for teaching K-12 in the state of California. | | KINS 130  KINS 138  KINS 141  KINS 142  KINS 145  KINS 146  KINS 148  KINS 149 | | Combination of Written Exams, Oral Presentations, and Written Assignments. | |
| * Competence in the Disciplines * Intellectual and Practical Skills | PLO 3:  Competency in subject matter required for teacher licensure programs. | | KINS 130  KINS 137  KINS 138  KINS 141  KINS 142  KINS 145  KINS 146  KINS 148  KINS 149  KINS 150  KINS 151D  KINS 160 | | Combination of Written Exams, Oral Presentations, Written Assignments, and Laboratory Write Ups. | |
| * Competence in the Disciplines * Intellectual and Practical Skills * Integrative Learning | PLO 4: The ability to develop and model a high quality of teaching that exemplifies professional standards as elucidated in ‘California Teaching Performance Expectations.’ | | KINS 130  KINS 138  KINS 141  KINS 142  KINS 145  KINS 146  KINS 148  KINS 149  KINS 160 | | Combination of Written Exams, Oral Presentations, and Written Assignments. | | |
| * Competence in the Disciplines * Intellectual and Practical Skills * Personal and Social Responsibility | PLO 5: Experiences of collaboration and develop relationships with public schools, school districts, and community agencies associated with teaching and learning in the public sector. | | KINS 130  KINS 138  KINS 141  KINS 142  KINS 145  KINS 146  KINS 148  KINS 149  KINS 150  KINS 160 | | Combination of Written Exams, Oral Presentations, Written Assignments, and Laboratory Write Ups. | | |
| * Competence in the Disciplines * Knowledge of human cultures and the physical and nature world * Intellectual and Practical Skills * Personal and Social Responsibility * Integrative Learning | | PLO 6: An understanding of the aesthetics of movement and human performance and the meaningfulness of physical activity in lifelong learning. | | KINS 130  KINS 137  KINS 138  KINS 141  KINS 142  KINS 145  KINS 146  KINS 148  KINS 149  KINS 151d  KINS 160 | | Combination of Written Exams, Oral Presentations,Written Assignments, and Laboratory Write Ups. |
| * Competence in the Disciplines * Knowledge of human cultures and the physical and nature world * Intellectual and Practical Skills * Personal and Social Responsibility * Integrative Learning | | PLO 7: Competency in the historical and philosophical factors that provide quality physical activity, exercise, and sport performance leadership relating to application to individual fitness and wellness for lifelong activity and learning in an environment of equity and diversity. | | KINS 130  KINS 137  KINS 138  KINS 145  KINS 146  KINS 148  KINS 149  KINS 150  KINS 151d  KINS 160 | | Combination of Written Exams, Oral Presentations, Written Assignments, and Laboratory Write Ups. |