Program Proposal
Form B

Academic Group (College): Health & Human Services
Date of Submission to College Dean: February 15, 2007

Academic Organization (Department): Kinesiology & Health Science
Requested Effective: Fall X, Spring__, 2007

Department Chair: Fred Baldini
Contact if not Department Chair: Melinda J. Seid

Title of the Program: Health Science

Type of Program Proposal:

   ____ XX Modification in Existing Program:
   __ XX Substantive Change
   ___ Non-Substantive Change
   ___ Deletion of Existing Program

   ____ New Programs
   ___ Initiation (Projection) of New Program on to Master Plan
   ___ New Degree Programs
      ___ Regular Process
      ___ Fast Track Process
      ___ Pilot Process
   ___ New Minor, Concentration, Option, Specialization, Emphasis
   ___ New Certificate Program

PLEASE NOTE: Form B is to be used only as a Cover Form. Additional information is requested for each of the above as noted in the corresponding procedure in the Policies and Procedures for Initiation, Modification, Review and Approval of Courses and Academic Programs found at http://www.csus.edu/acaf/univmanual/index.htm

Briefly describe the program proposal (new or change) and provide a justification.

Please see attached documents.

Approvals:

Department Chair: [Signature] Date: 4-17-07

College Dean: [Signature] Date: 4-20-07

University Committee: [Signature] Date: 5/18/07

Associate Vice President and Dean for Academic Affairs: [Signature] Date: 5/19/07
California State University, Sacramento  
Kinesiology and Health Science  
Health Science Program  

HLSC 98 Health Science ProSeminar Course Syllabus  

Course Description  

In this course, potential and beginning Health Science students become oriented to the Health Science major. They will acquire and develop the knowledge and understanding and sample skill base needed to fulfill the Health Science major learning outcomes. Students will develop their individual learning plans designed to provide a roadmap for timely completion of the Health Science major, General Education, and University graduation requirements. No pre-requisites. 3 units  

Course Objectives  

Upon completion of this course the student shall be able to:  

1. Discuss the main principles of the health science discipline.  
2. Critically evaluate health science journal articles.  
3. Write a health science research paper.  
4. Develop an academic roadmap for the Health Science degree.  
5. Orally present the results of the health science research paper.  
6. Use American Psychological Association (APA) format in all assignments.  
7. Describe the health science professional organizations and the requirements for professional certifications within health science related fields.  

Course Design  

1. This course is a seminar. The emphasis is on discussion and on the exchange of ideas and information.  
2. Each class will require reading from the assigned handouts or from other assigned readings.  
3. Students will also engage in discussion and exchange with a number of health science or health science-related faculty and/or health science practitioners and report to the class the outcome of their inquiries.  
4. Guest speakers from health science local, state and/or national government agencies; not-for-profit organizations, and non-governmental organizations will be invited.  
5. Students will also be required to utilize WebCT for assignments.  

Required Reading  

1. Course specific handouts.
Grading Requirements

1. **Class participation.** Students are expected to attend each class and fully participate in class activities and discussions. Absences and tardiness shall detract from the final grade.

2. **Research paper.** Select a health science related topic. Papers must be typed double-spaced and be no more than 20 pages in length (1.5x1x1x1” margins, 12 pt. Times New Roman font). They must conform in style to the requirements of the APA standard style manual (version 5). The final typed copy of the paper must use proper documentation of research sources; and include a title page, table of contents, page numbers, bibliography of primary sources, secondary books and articles, and an appendix (if applicable), all presented in proper form. The paper must be submitted by ____________. No late papers accepted. The evaluation criteria for the research paper are described in the Guide to Grading Papers handout.

3. **Research paper presentation.** Students will give an oral presentation of the findings of their research to the class. Class members will provide a peer evaluation of the oral presentation.

4. **Critical review of a journal article.** Each student shall select a peer reviewed journal article from a recognized professional journal on a public health topic of interest. See Journal Article Analysis Assignment handout. The paper must be submitted by ____________.

5. **Possible Selves Lesson Plan.** Each student will complete a *Possible Self Action Plan* and an academic roadmap. See handout for instructions.

6. **Grading.** The overall grade for the course will be based on class participation, attendance, submission of completed written assignments, and presentation of research paper. At the end of the semester, the numerical grades earned for each item of review will be added together and translated into a letter grade using the following formula:

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<th>Grade</th>
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Grades C or above reflect satisfactory completion of course requirements. Any grade C- or below indicates deficient performance and is not acceptable in the Health Science Program.