TABLE OF CONTENTS

President’s Welcome ................................................................. 1
Academic Calendar 2021–2022 .............................................. 2
Parents & Families Program ...................................................... 3
What Makes Up a College Degree ............................................. 4
General Education & Graduation Requirements ...................... 5
Academic Colleges & Majors ..................................................... 6
Academic Advising ................................................................. 7
Grading Policies ................................................................. 8
Course Registration .............................................................. 9
Tutoring Resources .............................................................. 10
Academic Resources ............................................................ 11
Graduation Checklist ............................................................. 12
Registration Fees ................................................................. 13
Financial Resources ............................................................. 14
IRT-Virtual Resources .......................................................... 15
Campus Life ................................................................. 16
Diversity & Support Centers ................................................... 17-18
Campus Resources ............................................................. 19
Student Health & Counseling Services ................................... 20
Campus Safety ................................................................. 21
Family FAQ ................................................................. 22
First Semester Planning .......................................................... 23
Campus Map/Directory ......................................................... 24-25

Welcome Friends and Family,

Today marks the beginning of one of the most exciting journeys in your family’s life. You and your student are now part of the Hornet Family. Your student has made an excellent choice to attend Sacramento State, and I hope that your experience in our orientation will provide you with all of the information you need. We thank you for choosing us and for taking the time to support your student.

We have more than 50 academic programs on campus, nearly 300 clubs and organizations, 3,500 students participating in our recreational sports programs, and numerous community service opportunities. Your family member is joining a vibrant and diverse student body that is full of students who are involved and active on campus and in their community. This campus is large with many unfamiliar faces and new challenges, but encouraging your student to get involved on campus will not only help them to build a network of support here, but will also help them find their place and sense of belonging.

We know that COVID-19 changed the way students and families transition to Sac State, and there are still many unknowns ahead. Some courses and services may not be available in-person until the public health crisis is behind us. However, we hope that you take the opportunity to engage with the campus as much as possible, even if it means taking advantage of virtual tours and advising sessions, or telehealth. Please know that I will be messaging you and the campus community with updates.

Graduating from college is a challenging process, and no student should have to go through that alone. Your involvement in your student’s orientation shows your commitment to their success, and I ask that you continue to encourage them and support them as they experience those challenges. We have many resources on campus to support students academically, culturally, emotionally, and physically. We encourage your student to use Smart Planner to plan their course schedules and to track degree progress on one of our many dashboards. We hope that your student will take advantage of these resources so that together we can help them succeed.

Students are not the only ones going through a time of significant change when they enter college; many of you will too. Please take advantage of our Parents & Families Program (https://www.csus.edu/student-affairs/centers-programs/parents-families) where you can learn more about getting involved on campus, supporting student success, and obtaining information about campus resources. We are a Hornet Family, and that family includes you.

I hope that orientation is both exciting and useful for you. You will receive a lot of information, and it may feel overwhelming. I hope that you will keep this Family Handbook with you as your student begins the semester. Thank you for entrusting us with your student; we are excited to have you as part of the Hornet Family. Together, we can ensure that your student achieves their dreams.

WELCOME TO SACRAMENTO STATE AND STINGERS UP!

Sincerely,

Robert S. Nelsen
President, nelsen@csus.edu
## Important Dates to Remember

### Fall 2021
- **August 30 (Mon)** .................................................. First Day of Classes
- **September 6 (Mon)** .............................................. Labor Day (No Classes)
- **October 1 (Fri)** ................................................. FAFSA & DREAM Act Application Filing Begins
- **October 11 (Mon)** ............................................. Indigenous Peoples Day (Classes in Session)
- **November 11 (Thur)** ....................................... Veterans Day (No Classes)
- **November 25–26 (Thur–Fri)** ....................... Thanksgiving Break (No Classes)
- **December 10 (Fri)** ........................................... Last Day of Classes
- **December 13–17 (Mon–Fri)** .............................. Final Examinations
- **December 24–31 (Thur–Fri)** ............................... Campus Closed

### Winter Intersession 2022
- **January 4 (Tue)** ............................................. First Day of Winter Intersession Classes
- **January 21 (Fri)** ............................................. Last Day of Winter Intersession Classes

### Spring 2022
- **January 24 (Mon)** ............................................. First Day of Classes
- **February 21 (Mon)** ............................................. Presidents’ Day (Classes in Session)
- **March 1 (Tue)** .................................................. FAFSA & DREAM Act Priority Filing Deadline
- **March 21–25 (Mon–Fri)** ..................................... Spring Break (No Classes)
- **March 31 (Thur)** ............................................... Cesar Chavez Holiday (No Classes)
- **May 1 (Sun)** ....................................................... Financial Aid Document Deadline
- **May 13 (Fri)** ....................................................... Last Day of Classes
- **May 16–20 (Mon–Fri)** ........................................ Final Examinations
- **May 20–22 (Fri–Sun)** .......................................... Commencement

### Summer 2022
- **May 31 (Tue)** ...................................................... First Day of Classes (Session 1)
- **July 4 (Mon)** ....................................................... Independence Day Observed (Campus Closed)
- **July 10 (Sun)** ....................................................... Session 1 concludes
- **July 11 (Mon)** ...................................................... First Day of Classes (Session 2)
- **Aug 21 (Sun)** ......................................................... Session 2 concludes

---

### QUICK FACT

Sacramento State operates on a semester system. The calendar is divided into two 16-week semesters. There is a six-week break between semesters and a 12-week break in summer. Many students take advantage of the breaks between semesters to enroll in winter or summer courses.

### MANDATORY SEXUAL VIOLENCE & ALCOHOL EDUCATION PROGRAM

All new students are required to complete two online safety tutorials about sexual violence and alcohol abuse prevention. These tutorials are REQUIRED to be completed by October 17 for students starting in the fall and by March 13 for students starting in the spring. Students can access the tutorials on the Student Health Center website.
Welcome to Sacramento State’s Parents & Families Program!

We are here to help you get connected to Sacramento State. We care about Hornet Families’ college experience, and that goes for parents, families, friends, spouses, partners, grandparents, and siblings, and parenting students and their children.

Our Mission Is You.
The mission of our program is to create and strengthen relationships between college students, their families, and the University. We are here to assist you and your students with navigating campus, finding resources, building community, and making memories. We offer customer service to answer all questions, big and small. Please call or email to let us know how we can assist you. Call our Parent Helpline at (916) 278-4334 and leave a message in your primary language, or email us at parentsfamilies@csus.edu.

We Keep You Informed.
We have the information you need to support your student. We keep you informed with biweekly newsletters about campus updates, important deadlines, and information relevant to the people who care about and support students. We have newsletters for parents in English and Spanish, and a separate newsletter for college students-with-children. Sign up at www.csus.edu/parents.

We also host Town Hall Zooms every other Friday at 11:30 am during the academic year. We send the link out in our newsletter. We record these meetings so you can watch them at your convenience and post them on our website.

If you’re on social media, you can connect with our program and other parents on Facebook @sacstate.parents.

We Keep You Involved.
The Parents & Families Program has family-focused events to build community and welcome families on campus.

Following the pandemic, we will offer some virtual programs and opportunities for you to meet campus leaders. We look forward to Sacramento County Public Health guidelines on when we can resume in-person events. We hope to host Family Weekend in October, but at time of publication, do not have this information. Please check csus.edu/parents and stay in touch for updates.

See our Parent Guide for more family involvement opportunities like athletics and arts events.

We also host events for students-with-children throughout the school year. Most events for parenting students are focused on resources and support, such as support groups and bi-weekly Zoom check ins at 8:30pm. We also host a graduation celebration to acknowledge student-parents who make it to the finish line. At the time of publication, all of these events will be virtual. We will follow Sacramento County Public Health guidelines for when we can host in person events again.

We Listen.
As we enter our ninth year of serving Hornet Families, we have realized sometimes people need someone to talk to during hardships, in order to make the best decision. The Parents & Families Program is happy to serve this role for parents, student-parents, and spouses of current students. Our staff and volunteer Parent Ambassadors are available for situations when you need a different point of view, advice, encouragement, or just need to vent. We care about you and your students! Please reach out and let us know how we can help.

Parent Ambassador Program
Our exemplary parent volunteers are known as Parent Ambassadors, and are parents of current students who want to connect with the campus and help other parents do the same. They also serve as a voice for students’ family members, a sounding board for University leadership, and talk with other parents and family members in the Sac State family.

Join Us!
Are you interested in being a Parent Ambassador? Or do you want to help but have limited time? We have a variety of volunteer opportunities and events throughout the semester.

Email haley.myers@csus.edu or parentsfamilies@csus.edu to discuss what works for you.

Sincerely,

Haley Myers Dillon
Director, Parents & Families Program,
Sacramento State
(916) 278-4353 | Haley.Myers@csus.edu
What Makes Up a College Degree

Distribution of Units *(varies by major)*

**Total Units to Graduate: 120 units**

*General Education (GE)*

48 units of General Education courses are required. At least nine units of General Education must be upper division.

NOTE: Students are eligible to enroll in upper-division General Education when they have completed at least 45 units.

**Major**

Major units required vary on the major and concentration. Students must declare their major by the time they complete 60 units.

**Electives (optional)**

Additional courses (units) needed to meet the total units to graduate. This may include a second major, minor, or courses of interest.

**Minor (optional)**

A pattern of courses similar to the major, but less comprehensive. Most minors require 18-24 units.

**Class Standing by Units:**

**Unit Requirements**

<table>
<thead>
<tr>
<th>Class Year</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Year</td>
<td>0–29</td>
</tr>
<tr>
<td>Sophomores</td>
<td>30–59</td>
</tr>
<tr>
<td>Juniors</td>
<td>60–89</td>
</tr>
<tr>
<td>Seniors</td>
<td>90+</td>
</tr>
</tbody>
</table>

**Transferable College Units**

Students can transfer a maximum of 70 units from a community college. There is no limit on transferable units from four-year institutions.

**Residence Units**

Students must complete at least 30 units at Sac State, with a minimum of 24 of these units being upper division. At least nine of these units must be from General Education courses.

**Course Numbering**

**Lower Division Units:**

Sac State courses numbered 1-99.

**Upper Division Units:**

A minimum of 39 upper division units is required to graduate. Sacramento State upper division courses are numbered 100-199.

---

**PARENT TIP**

“My daughter started college at another university but she struggled with large class sizes, limited opportunities within her major and soon realized the experience was not a good fit for her. When she transferred to Sac State, she changed her major. This had a significant impact on her attitude and excitement for what she was studying. The class sizes were small, interactive and engaging. The volunteer experiences and internships have been amazing and the connections and ability to network have helped her build an impressive resume. She is an independent and strong young lady. Her father and I look forward to her graduating!”

- Sac State Parent
General Education & Graduation Requirements

Sac State students are required to complete 48 units of General Education courses from six** Areas. Students complete these requirements by taking courses at Sac State, transferring college credit from other colleges/universities, or by successfully completing Advanced Placement (AP) or International Baccalaureate (IB) exams. Listed below are the GE Areas and examples of courses offered in these areas. **Sac State is in the process of adding a new requirement: Area F - Ethnic Studies. For the most up-to-date list of GE requirements and courses, refer to the Sac State Catalog.

Area A: Basic Subjects (9 Units)
- A1: Oral Communication (Introduction to Public Speaking)
- A2: Written Communication (Accelerated Academic Literacies, Academic Literacies I and II)
- A3: Critical Thinking (Argumentation, Critical Thinking)

Area B: The Physical Universe and Its Life Forms (12 Units)
- B1: Physical Science (Introduction to Astronomy, General Chemistry, Earth Science, Physical Geography, Physics)
- B2: Life Forms (Physical Anthropology, General Biology, Environmental Science)
- B3: Lab (one lab course from either Area B1 or Area B2)
- B4: Quantitative Reasoning (Statistics, Calculus, Logic)
- B5: Further Studies (Oceanography, Brain/Gender-Related Differences, Ancient Science)

Area C: The Arts and Humanities (12 Units)
- C2: Humanities (French Civilization, Archaeology of Mexico, Ancient Greece, History of Philosophy, Introduction to British Literature, Ethics, Exploring World Religions, Classical Mythology, Elementary Italian)

Area D: The Individual and Society (9 Units)
Minimum of two disciplines (e.g. ANTH, ECON, ETHN, FSHD, GOVT, HIST, RPTA, etc.) must be taken in Area D.
- Area D Courses (Introduction to Archaeology, Cultural Geography, Principles of Sociology, The Modern Middle East, Genocide and Holocaust Studies, Women of Color, The Fall of Communism, Bioethics)
- US Constitution and CA Government (Essentials of Government, American Political Thought, American Governments)

Area E: Understanding Personal Development (3 Units)
- First Year Seminar, Human Development, Nutrition and Wellness, Human Sexuality

Area F: Ethnic Studies (3 units)
Ethnic Studies is a new CSU requirement beginning in Fall 2021. Students should check with an academic advisor for details.

GE Exceptions for Engineering Majors
- A3 – met by major
- B1, B3 & B5 – met by major
- Area C – English 20 or equivalent
- Any Area D – 3 upper-division units met by major
- Exempt from Foreign Language requirement

GE Exceptions for Computer Science Majors
- B1, B3 & B5 – met by major
- Any Area D – 3 units met by major (PHIL 103)
- Exempt from Foreign Language requirement

Graduation Requirements
1. College Composition II
   English 20 (or approved transferable course)
2. Writing Placement for Juniors (WPJ)
   Portfolio submission of essays for review. Occurs after 60 units are completed. This is the pre-requisite to completing Writing Intensive course.
3. Writing Intensive
   (Minimum 5,000-word writing assignment required) Example: The Nature of Culture, Business Ethics & Society, Existentialism, Perspectives on Leisure
4. Race & Ethnicity in American Society
   (Comparing two or more ethnic groups in the US) Example: Multicultural America, Ethnic America, Multicultural Perspectives on American Theater, African-Caribbean Dance
5. Foreign Language
   (Completion of a second semester course) American Sign Language, Chinese, French, German, Italian, Japanese, Korean, Spanish
6. American Institutions
   Requires a US History course as well as a US Constitution and California Government course.
### COLLEGE OF ARTS & LETTERS

**Art (48–75 units)**
- Art Education
- Art Studio
- Art History
- Studio Arts Methods

**Communication Studies (39–48 units)**
- General Communication
- Public Relations

**Dance (48 units)**

**Design Studies (48 units)**

**English (44–47 units)**

**Film (39–45 units)**

**French (36 units)**

**Graphic Design (78 units)**

**History (42–72 units)**
- General Major
- History Pre-Credential

**Humanities & Religious Studies (39 units)**
- Humanities
- Religious Studies

**Interior Architecture (78 units)**

**Journalism (40 units)**

**Music (37–78 units)**
- Instrumental
- Jazz
- Music Education
- Piano (Keyboard)
- Theory-Composition
- Voice

**Philosophy (40–53 units)**
- Ethics, Politics, and Law
- General Major
- Honors
- Logic and Philosophy of Science

**Photography (79 units)**

**Spanish (42 units)**

**Theatre (48 units)**

### COLLEGE OF BUSINESS

**Business Administration (65–71 units)**
- Accountancy
- Business Analytics
- Entrepreneurship
- Finance – General
- Finance – Financial Planning
- Finance – Real Estate
- Finance – Risk Management
- General Management
- Human Res/Organizational Behavior
- International Business
- Management Information Systems
- Marketing
- Supply Chain Management

### COLLEGE OF EDUCATION

**Child Development (47–48 units)**

**Social and Community Contexts**

**Educational Contexts**

**Deaf Studies (41–44 units)**

### COLLEGE OF ENGINEERING & COMPUTER SCIENCE

**Civil Engineering (94 units)**

**Computer Engineering (97 units)**

**Computer Science (81 units)**

**Construction Management (105 units)**

**Electrical Engineering (92 units)**

**Mechanical Engineering (92 units)**

### COLLEGE OF HEALTH & HUMAN SERVICES

**Communication Sciences and Disorders (52-55 units)**

**Criminal Justice (60 units)**

**Exercise Science (60 units)**

**Clinical Exercise and Rehabilitation Specialist**

**Health Fitness/Strength Conditioning**

**Health Science (53-54 units)**

**Hospitality and Tourism Management (57-59 units)**

**Kinesiology (59-60 units)**

**Athletic Administration**

**Athletic Care**

**Athletic Coaching Education**

**Physical Activity and Wellness**

**Physical Education Teacher Education**

**Nursing (61 units)**

**Public Health (58 units)**

**Community Health Education**

**Health Care Administration**

**Occupational Health and Safety**

**Recreation Administration (57-59 units)**

**Nonprofit and Community Engagement**

**Outdoor Recreation**

**Public and Agency Recreation**

**Recreation Therapy (70-71 units)**

**Social Work (48 units)**

### COLLEGE OF NATURAL SCIENCES & MATHEMATICS

**Biological Sciences (63–85 units)**

**Biomedical Sciences**

**Cell & Molecular Biology**

**Clinical Laboratory**

**Ecology, Evolution & Conservation**

**General Biology**

**Microbiology**

**Chemistry (64–85 units)**

**Biochemistry**

**Chemistry**

**Forensic Chemistry**

**Geography (46 units)**

**Geographic Information Systems & Analysis**

**Human Geography**

**Metropolitan Area Planning**

**Physical Geography**

**Geology (51–64 units)**

**Earth Science**

**Geology**

**Hydrogeology**

**Mathematics (48–52 units)**

**Physics & Astronomy (65–81 units)**

**Applied Physics**

**Physics**

**Physics Teacher Preparation**

### COLLEGE OF SOCIAL SCIENCES & INTERDISCIPLINARY STUDIES

**Anthropology (52–53 units)**

**Archaeology and Biological Culture, Language & Society**

**General Anthropology**

**Asian Studies (39 units)**

**Chinese Studies**

**Japanese Studies**

**Korean Studies**

**South and Southeast Asian Studies**

**Economics (42–45 units)**

**Environmental Studies (65–66 units)**

**Ethnic Studies (36 units)**

**Asian American Studies**

**Chicana/o Studies**

**General Major**

**Native American Studies**

**Pan African Studies**

**Family & Consumer Sciences (49 units)**

**Single Subject Program in Family and Consumer Sciences Education**

**Family Studies & Human Development (51 units)**

**Fashion Merchandising and Management (51 units)**

**Gerontology (48 units)**

**International Relations (42 units)**

**Liberal Studies (100–103 units)**

**Nutrition & Food (48–60 units)**

**Dietetics**

**Political Science (39–51 units)**

**General Major**

**Political Science & Journalism**

**Psychology (46–50 units)**

**Social Science (60 units)**

**Sociology (43 units)**

**Women’s and Gender Studies (36 units)**
Advising is a great resource to help students achieve their goals. Students should meet with an academic advisor each semester. Advisors help students stay on the track to graduation by assisting with course selection, answering questions about academic policies and procedures, recommending campus resources, updating their Smart Planner and developing strategies to improve academic performance.

**ACADEMIC ADVISING CENTER**
Lassen Hall, 1013  |  (916) 278-6231  |  @sacstateacademic

Advisors in the Academic Advising Center assist undergraduate students in understanding General Education (GE) and graduation requirements. Advising is offered throughout the year. Students can schedule appointments on the department website.

**Major Advising** - Each major department has faculty and/or advisors to assist students with program expectations and course sequencing. In addition, each College has a Student Success Center dedicated to advising.

**Undeclared Advising** - The Career Center provides individual career counseling and support, workshops, and online resources to engage students in exploring skills, interests and values, identifying career options and challenges to accomplishing their goals. Students must declare a major before they complete 60 units.

**ADDITIONAL ADVISING PROGRAMS**

**Paving, Excellence, Retention, Success in Student Trajectories** (PERSIST)
Lassen Hall, 2006  |  (916) 278-6725  |  csus.edu/saseep/persist

PERSIST is designed to meet the needs of students who are in their second-year of college at California State University, Sacramento. PERSIST provides campus resource support, college level advising, progress to degree workshops, registration assistance, one-on-one advising, wellness, financial aid, and workforce information.

**First-Year Advising**
Lassen Hall, 1013  |  (916) 278-6231

All first-year students are required to meet with an advisor during their first two semesters as advising is critical to academic success and persistence. Academic advisors and peer mentors meet with first-year students each semester to discuss course selection, study tips, resources for students, and academic planning.

**Student-Athlete Resource Center (SARC)**
Lassen Hall, 3002  |  (916) 278-5431  |  @sarc_sacstate

Advisors assist student-athletes with selecting courses and maintaining NCAA compliance and eligibility, and provide additional academic support such as computer labs and tutoring.

**Honors Program**
Academic Information Resource Center (AIRC), 4002  |  (916) 278-2804  |  @sacstatehonors

Honors faculty and staff provide advising to honors students throughout their undergraduate career. Honors students are required to complete a general education pattern specific to the program requirements and expectations. Admission to the Honors Program is offered only to entering first-year students.

**STUDENT SUCCESS CENTERS**
Each College offers Success Centers to help guide students through their academic careers at Sacramento State.

**College of Arts & Letters:** sage@csus.edu
**College of Business:** cba@csus.edu
**College of Education:** coe@csus.edu
**College of Engineering & Computer Science:** ssc@ecs.csus.edu
**College of Health & Human Services:** chhs_success_center@csus.edu
**College of Natural Sciences & Mathematics:** scienceandmathsuccess@csus.edu
**College of Social Sciences & Interdisciplinary Studies:** ssis_studentsuccess@csus.edu
Grading Policies

Grade Point Average (GPA)

**Term GPA:** Based on the grades earned in a specific semester.

**Sac State GPA:** Based on all college courses taken at Sac State.

**Overall GPA:** Based on all college level courses taken, including previous colleges/universities attended.

**Dean’s Honor List:** Compiled each semester and requires 12 units of graded coursework and a minimum 3.0 GPA for freshmen and 3.25 GPA for all other undergraduates.

**Graduating with Honors:** Honors at graduation are awarded based only on Sacramento State coursework grade point average. Cum Laude: 3.50-3.74; Magna Cum Laude: 3.75 – 3.89; Summa Cum Laude: 3.90-4.00.

Academic Status

**Good Standing:** Students with Sac State and cumulative grade point averages (GPA) of 2.00 or above are considered in good academic standing.

**Academic Probation:** Students are placed on academic probation if their cumulative Sac State or overall GPA falls below 2.00.

Grading Policies

**“W” grade:** Issued when a student officially drops a class after the fourth week or withdraws from all courses. It does not affect the GPA. Students are permitted up to 18 units of W grades.

**“WU” grade:** Issued when a student stops attending a class without properly dropping the course. “WU” computes in the GPA as 0 points, like an “F” grade.

**“I” grade:** May be arranged at the end of the semester if a student has coursework remaining to complete a class. Students must work with instructor to arrange completing remaining work. The “I” grade will convert to an “F” if not completed within one year of the terms of the contract.

**Repeating Courses:** Students may not repeat courses in which a grade of “C” or higher was previously earned. If a course is repeated, the original grade will not be calculated in the GPA, but both attempts will remain on the transcript. Courses can be repeated no more than two times. A maximum of 16 units can be repeated for grade forgiveness.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Grade Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>4</td>
</tr>
<tr>
<td>A-</td>
<td>3.7</td>
</tr>
<tr>
<td>B+</td>
<td>3.3</td>
</tr>
<tr>
<td>B</td>
<td>3</td>
</tr>
<tr>
<td>B-</td>
<td>2.7</td>
</tr>
<tr>
<td>C+</td>
<td>2.3</td>
</tr>
<tr>
<td>C</td>
<td>2</td>
</tr>
<tr>
<td>C-</td>
<td>1.7</td>
</tr>
<tr>
<td>D+</td>
<td>1.3</td>
</tr>
<tr>
<td>D</td>
<td>1</td>
</tr>
<tr>
<td>D-</td>
<td>0.7</td>
</tr>
<tr>
<td>F: Failure</td>
<td>0</td>
</tr>
<tr>
<td>WU: Unauthorized Withdrawal</td>
<td>0</td>
</tr>
<tr>
<td>W: Withdrawal</td>
<td>N/A</td>
</tr>
<tr>
<td>I: Incomplete</td>
<td>N/A</td>
</tr>
<tr>
<td>CR: Credit</td>
<td>N/A</td>
</tr>
<tr>
<td>NC: No Credit</td>
<td>N/A</td>
</tr>
</tbody>
</table>

The Family Educational Rights and Privacy Act of 1974 (FERPA)

FERPA is a federal law regarding the privacy of student records and the obligations of the institution, primarily in the areas of release of the records and the access provided to these records. Education records include academic, financial, health and studentconduct records.

This information is protected under FERPA, and parents may not have access unless the student has provided written authorization that specifically identifies what information may be released to the parent(s).

A student’s education records may be released to parents or guardians only if they have been given a written release by the student, in compliance with a subpoena, or by having the parent submit a completed “Certification of Financial Dependency” form along with supporting documentation.
Registration occurs twice for each semester during “general registration” and “late registration.”

Below are the 2021–2022 registration periods:

**FALL REGISTRATION 2021**
8/9 – 8/26 Late Registration
8/27 – 8/29 No Registration (Wait Lists delete - see details below)
8/30 – 9/10 Late Registration and Schedule Adjustment

**WINTER INTERSESSION 2022**
11/1 (tentative) Registration for 2022 Winter Intersession

**SPRING REGISTRATION 2022**
11/24 – 12/19 Registration for Spring 2022 Semester
1/13 – 1/20 Late Registration
1/21 – 1/23 No Registration (Wait Lists delete - see details below)
1/24 – 2/4 Late Registration and Schedule Adjustment

**SUMMER SESSION 2022**
4/11 Registration for 2022 Summer Session

**WAIT LISTS**
A class may be wait listed in the hope that students already enrolled in the course choose to drop it and space becomes available.

Students are allowed to wait list a maximum of 9 units.

**FINISH IN FOUR/THROUGH IN TWO**
There are a variety of ways you can maximize your time and earn your degree. If you want to earn a bachelor’s degree within 2 years (transfer students) or 4 years (first year students) you will need to complete the equivalent of 30 units annually. Save time and money with Finish in Four/Through in Two!

---

**College of Continuing Education**
Napa Hall | (916) 278-4433 | IG: @sacstatecce

In addition to taking courses during the fall and spring semesters, students can enroll during other academic periods. Sac State’s College of Continuing Education oversees the Summer and Winter Sessions.

**SUMMER SESSION**
Sacramento State offers classes over the summer. Students can choose courses offered during two, 6-week sessions or for one 12-week session. Registration takes place in April.

**WINTER INTERSESSION**
During the month of January, Sac State offers a 3-week winter intersession. Courses typically start right after the New Year holiday. Registration takes place in November.

Details regarding session dates, registration and fees can be found on the College of Continuing Education website: cce.csus.edu/summer-and-winter-sessions.

---

**California State University, Sacramento**

---

**Student Benefits:**
- Priority registration for fall semester, spring semester, and summer session classes to stay “on track.”
- Grants of up to $1,000 for summer session courses. *Summer Provost grants are subject to funding.*
- Access to advisors each semester to consult on courses and degree progression.
DEGREES Project
Lassen Hall, 2302 | (916) 278-7017 | IG: @degreesproject
The Dedicated to Educating, Graduating, and Retaining Educational Equity Students (DEGREES) Project is a program designed to promote the retention and graduation of all campus underrepresented students. The overarching goal of the program is to connect students with a variety of campus resources to impact their overall success in college.

Mathematics Tutoring Lab (The Math Lab)
Brighton Hall, 118 | (916) 278-6796
The Math Lab is a tutoring center that assists students enrolled in lower division mathematics and statistics courses. Students may use this facility on a drop-in basis at no cost. Tutors provide assistance with course related problems encountered in homework assignments and in preparation for examinations.

Peer and Academic Resource Center (PARC)
Lassen Hall, 2200 | (916) 278-6010 | IG: @sacstateparc
PARC is a centralized location of support for student success through peer-led services. PARC provides academic support services including one unit supplemental instruction courses for challenging General Education classes (such as Biology, Chemistry, Economics, History, Criminal Justice, Psychology, Computer Science, and Political Science). In addition, Peer Mentors provide academic review and test preparation sessions, advising and individual and group drop-in tutoring sessions.

Reading and Writing Center (RWC)
Calaveras Hall, 126 | (916) 278-6356
The RWC is a place for all students to get help with reading and writing for any course or project. Trained undergraduate and graduate student tutors emphasize nonjudgmental and encouraging feedback, including helping writers generate ideas, identify a focus for a paper, refine organization, cite sources, clarify language, and improve proofreading and editing strategies. The URWC also provides help for students who are preparing to take the Writing Placement for Juniors (WPJ).

PARENT TIP
“Be a source of encouragement. Remind your student that they are there to learn something, not to get an A in everything.”
- Sac State Parent

MAJOR COURSE TUTORING
Students may need additional support with major coursework. The first place to start is for the student to talk to the course instructor. In addition, there may be tutoring and peer mentor resources available through the major department. See the Campus Directory at the back of this Handbook for major department contact information.
Carlsen Center for Innovation and Entrepreneurship
Library, 1520 | (916) 278-6011 | IG: @sacstatecarlsencenter

The Carlsen Center serves as a regional hub and platform for providing approachable and accessible entrepreneurial education, community, and support to enable startup founders of all backgrounds to explore and launch their businesses. We can support you in creating your future as we well enable you to discover, build, and launch your ideas.

Faculty Student Mentor Program (FSMP)
Lassen Hall, 2205 | (916) 278-6183 | www.csus.edu/fsmp

The Faculty Student Mentor Program (FSMP) is an educational equity program designed to offer academic and personal support to students from traditionally low-income communities and selected students who have requested services due to challenges experienced in their education. The Faculty Student Mentor Program’s goals are to increase the retention rates of students by helping them develop the knowledge, skills, and attitudes necessary to complete their academic goals, introduce the students to a discipline, build communities, and promote excellence.

International Programs and Global Engagement
Library, 1001 | (916) 278-4928 | IG: @hornetsabroad

Studying Abroad is a life-changing experience that develops analytical and critical thinking skills, cultural awareness, enhanced language skills, and a better understanding of oneself and the world. It enriches students’ appreciation and understanding of their academic discipline, strengthens resumes, and prepares students to be globally aware citizens.

The International Programs and Global Engagement (IPGE) office offers semester and academic year study abroad opportunities through Sac State and CSU system-wide study abroad programs at universities in a variety of countries. Study abroad opportunities are available for most fields of study. Students pay regular Sac State registration fees. Financial aid and scholarships are available to qualified students to assist in covering costs such as tuition, airfare and living expenses.

Student Research Center
Library, 2026 | (916) 278-6629 | IG: @sacstateresearch

The Student Research Center exists to broaden opportunities for students to collaborate with faculty on authentic research, scholarship, and creative activities. Research and Creative Activities (RCA) are student projects carried out under the supervision of a faculty mentor outside the classrooms with the purpose of contributing new knowledge to their field of study. Every academic year, the Center hosts two campus-wide research dissemination events: The Student Research and Creative Activity Fall Poster Forum and Spring Symposium.

Testing Center
Library, 14 | (916) 278-6296

The Testing Center administers campus-specific exams, CSU system-wide tests and national standardized tests to current and prospective students. Testing accommodations are provided for students with special needs and makeup test services are available upon faculty request.

McNair Scholars Program
River Front Center, 203 | (916) 278-5118 | IG: mcnairsacstate

The Ronald E. McNair Postbaccalaureate Achievement Program is designed to prepare selected first-generation students for study at the graduate level. Students who have earned 60 units or more, have a GPA of 2.8 or higher and are low income and first generation, or students who are ethnically underrepresented can gain research skills, knowledge, and information needed to complete graduate and doctoral degrees in their fields of study.
Finishing the degree and graduating from Sac State is an exciting time for students and their families. Here is a checklist of important steps to be mindful of as your student finishes requirements and graduates.

**APPLYING FOR GRADUATION**

- When students have completed 85 units, your student can submit your graduation application online.
- Students can access their graduation application by logging into their Student Center via the KEYS to Degree Toolbox menu and click on the Application for Graduation icon.
- Graduation applications have deadlines:
  - Students completing their degree in Fall submit their application by February 1.
  - Students completing their degree in Spring/Summer submit application by October 1.

**SEMESTER OF GRADUATION**

- Grad Fest takes place in the spring. This is a good time to purchase your cap and gown, join the Alumni Association, and order graduation announcements.
- All students must RSVP for their Commencement ceremony.
- Students must order tickets for guests who want to attend Commencement. Seating is limited.
- Commencement takes place in May.

**POST GRADUATION**

- Check the Student Center for any outstanding holds or fees (ex: parking tickets, late library books… etc.). All holds and fees must be cleared before their diploma is ordered.
- Your student will receive Sac State email notification that their degree has been confirmed.
- When the degree is confirmed, a diploma will be ordered and mailed to your student. Diplomas are NOT forwarded so it is important that your student has an accurate mailing address on their Student Center.
Students who are not residents of the State of California are subject to additional fees per unit. The CSU makes every effort to keep student costs to a minimum. Fees listed may need to be increased when public funding is inadequate. Therefore, CSU must reserve the right, even after initial fee payments are made, to increase any listed fees, without notice, until the date when instruction for a particular semester has begun.

**DUE DATE: Due dates are based on the student’s registration period.**
- New Fall 2021 students attending Orientation registering between June 14-30: Tuition due July 16, 2021.
- New Fall 2021 students attending Orientation between July 6-August 6: Tuition due August 20, 2021.
- New Spring 2022 students registering in January: Tuition due mid-January.
- Students will see due dates and amounts on their account the day after registering. From the Student Center, under the Finances section, select Account Inquiry.
- If payment is not made by the due date, students may be dropped from their classes. If instruction has begun, students will be responsible for pro-rated fees.

**FINANCIAL AID APPLICANTS:** You may be eligible for a deferment – official permission to pay at a later date.
- Check the Student Center under the Holds section for deferment eligibility.
- Deferments will expire, so read the instructions to maintain eligibility.

**How to Pay Registration Fees**

**By mail or in person**
Personal check, cashier’s check, money order, credit card, convenience check (made payable to Sac State), cash (in person only)

**Online**
Can be made through the Student Center. From the Finances section, click Account Inquiry, then choose the orange button that says “make an online payment.”

**Acceptable online payments include:**

**E-CHECK - NO SERVICE FEE**
eCheck from a standard checking account.

**CREDIT - 2.65% SERVICE FEE**
Visa, MasterCard, Discover, or American Express.

### Installment Payment Plan (IPP)
- IPP helps students pay registration fees in installments over several months.
- The down payment is due by your original due date.
- Due dates and amounts are available on your student account.
- Missed payments (or rejected checks) may result in being dropped from classes.

**To sign up:** From the Student Center, in the Finances section, choose payment plan from the drop-down menu.

**Fall 2021**

<table>
<thead>
<tr>
<th></th>
<th>≤ 6 units</th>
<th>&gt; 6 units</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuition</td>
<td>$2490.00</td>
<td>$3696.00</td>
</tr>
</tbody>
</table>

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>September</td>
<td>$555</td>
<td>$957</td>
</tr>
<tr>
<td>October</td>
<td>$555</td>
<td>$957</td>
</tr>
<tr>
<td>November</td>
<td>$555</td>
<td>$957</td>
</tr>
</tbody>
</table>

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>February</td>
<td>$555</td>
<td>$957</td>
</tr>
<tr>
<td>March</td>
<td>$555</td>
<td>$957</td>
</tr>
<tr>
<td>April</td>
<td>$555</td>
<td>$957</td>
</tr>
</tbody>
</table>
Financial Aid
Lassen Hall, 1000 | (916) 278-1000 | sacstatessc@csus.edu
IG: sacstatefinaid | csus.edu/apply/financial-aid-scholarships/

The Financial Aid office provides essential services to an estimated 75% of Sac State students that rely on financial aid to make college affordable. Staff are responsible for reviewing all documents submitted and determine the award eligibility for the upcoming academic year. Student’s financial aid award will be based on full-time attendance for the school year. All students should monitor their MySacState Student Center frequently. This student portal is how the financial aid office will message students. Financial aid application filing period is October 1 thru March 2. Allow 6-8 weeks to process.

Scholarships
Lassen Hall, 1000 | (916) 278-1000 | scholarshipfaqs@csus.edu
csus.edu/apply/financial-aid-scholarships/

The Financial Aid and Scholarship Office awards nearly $4M dollars in institutional scholarship opportunities each year. By completing a single application, students are matched to available scholarship opportunities offered at Sac State. Scholarship are offered by various colleges, departments and organizations for both undergraduate and graduate students. Scholarships may have specific criteria such as enrollment status, GPA or financial need. Scholarship application cycle is from October to March each year.

Student Service Center
Lassen Hall, 1000 | (916) 278-1000 | csus.edu/ssc | IG: sacstatessc

The Student Service Center is your student’s first stop for services and information. Our team is dedicated to supporting student success by providing accurate and comprehensive information to the Sacramento State Community. Students will find a team of dedicated Student Service Specialists and Counselors trained to assist you with a variety of inquiries and processes related but not limited to the University Registrar, Financial Aid and Scholarships, Bursar and Admissions.

Financial Wellness Program
IG @SacStateFinancialWellness | Twitter @CSUSgreen2gold | csus.edu Search: Financial Wellness
green2gold@csus.edu | (916) 278-4192

Financial Wellness is a peer-to-peer money management program with a mission to provide students with the tools they need to be financially successful. Financial Wellness hosts fun events, such as Drop by for a Donut and Paint a Piggy, as well as presenting workshops on topics such as: budgeting, credit, student loans, and the psychology of money. Peer Coaches are available to meet with students individually for free, unlimited, and confidential discussions of their financial situation. Financial Wellness is changing students’ perception of money for the better.

PARENT TIP
“Money! The best advice is to help set a budget with your student and connect their bank account to yours so you can deposit a set amount money if needed or in case of emergencies.”
- Sac State Administrator
Technology Powering Student Success

Changing the Way Students ‘Tech’
Through COVID-19 and beyond, there is one constant: technology continues to bridge physical distance, and help students stay safe and connected. Whether on-campus, or operating virtually, the Information Resources & Technology Team (IRT) ensures continuity and access to the essential tools and resources students need to collaborate, share, and learn – whether in the classroom, or on the go.

Connect and Collaborate
• One-stop remote learning how to's and resources at csus.edu/remotelearning
• Online tool-specific how to's and resources on topics such as “Prepare for Online Learning,” “Canvas Quickstart,” “Zoom,” and more at csus.edu/OTR/student
• On- and off-campus internet including 1,500+ on campus Wi-Fi hotspots – many boosted to Wi-Fi 6! – and links to free or low-cost industry options at csus.edu/wireless
• Free student accounts for Zoom and Microsoft 365 tools

Tech Resources and Support
During normal operations, IRT’s home in the AIRC building offers four floors of secure, quiet study spaces, computer labs (on-campus and remote access), printing, and hundreds of charging outlets.

• Free laptop and equipment checkout program
• Print/copy/scan on-demand services at PrintSmart™ kiosks throughout campus
• Ongoing phishing education, and required use of two-step verification with Duo to protect student financial accounts and information
• Responsive tech support with the IRT Service Desk Team

HORNET TIP
The free Sac State Mobile App connects students to campus tools and resources on their smart phone and supports safe on-campus visits via the Daily Health Self-Screening.

Information Resources & Technology (IRT) | IRT Service Desk
Academic Information Resource Center (AIRC), 2005 | (916) 278-7337
servicedesk@csus.edu | csus.edu/irt
Associated Students, Inc. (ASI)
University Union, Third Floor | (916) 278-6784 | IG: sacstateasi | www.asi.csus.edu

ASI’s student government serves as the official governing body for Sacramento State students. It is comprised of students elected by the students. The Board meets regularly to discuss issues facing the student body. They lobby the State Legislature on their behalf. In addition, ASI operates a variety of programs and departments on campus and provides valuable resources to the student body including scholarships, free legal aid, student activities and much more.

Community Engagement Center
University Library, 4028 | (916) 278-4610 | csus.edu/cec | IG: @sacstate_cec

The Community Engagement Center serves as a liaison between faculty, students and community-based organizations. CEC connects both campus and community through Service Learning, Community Service, and Academic Internships. Current programs include: Writing Partners @ Sac State, Sac State Alternative Break, Sac State Volunteers, and Constitution and Civic Engagement Program.

Intercollegiate Athletics
Athletic Center | (916) 278-6481 | hornetsports.com | IG: @sacstateathletics

Sacramento State competes at the Division I level of the National Collegiate Athletic Association (NCAA) in the following sports: Baseball, Men’s and Women’s Basketball, Men’s and Women’s Cross Country, Football, Men’s and Women’s Golf, Women’s Gymnastics, Women’s Rowing, Men’s and Women’s Soccer, Softball, Men’s and Women’s Tennis, Men’s and Women’s Indoor and Outdoor Track and Field, Women’s Volleyball and Women’s Beach Volleyball. Sac State students are admitted free of charge to all regular season, on campus, home athletic events. Visit the website to learn more information about your favorite Hornet team!!

Music Performance Ensembles
Capistrano Hall, 107 | (916) 278-5191 | csus.edu/music | IG: @sacstatemusic

Ensemble auditions are open to majors and non-majors. The Sac State Symphony Orchestra brings a heightened cultural experience to the campus and the Sacramento Region. The Symphonic Wind Ensemble has played Carnegie Hall. The choral ensembles have toured Europe. Jazz organizations have received national acclaim. The Marching Band performs at each home football game. Capistrano Hall is always buzzing with Hornet Pride!

Reserve Officers Training Corps (ROTC)
Air Force ROTC, Yosemite Hall, 122 | (916) 278-7315
Army ROTC, Yosemite Hall, 157 | (916) 278-2635 | IG: @sacstatearmyrotc

ROTC is an educational program designed to allow students to pursue a commission in the United States Armed Forces. The college-level leadership course of the U.S. Armed Forces comprises of classes and field training. Graduates of the course become commissioned officers in the Armed Forces, Reserves or National Guard.

Student Alumni Association
Leslie and Anita Harper Alumni Center | (916) 278-6295
SacStateAlumni.com/SAA | IG: @sacstatealum

Current students are encouraged to join the Student Alumni Association (SAA). SAA is a student volunteer group that works on behalf of the Alumni Association to enhance the student experience by connecting students to one another, alumni, and the University. SAA volunteers plan and participate in social, career-oriented, and school unifying events.

Student Organizations & Leadership (SO&L)
University Union, Second Floor | (916) 278-6595 | IG: @sacstatesoal | www.csus.edu/soal

Student Organizations & Leadership (SO&L) provides opportunities for students to get involved in Sac State’s vibrant campus life through a variety of co-curricular programs and events. SO&L offers various leadership programs and can help students get connected to any of our over 300 student-led clubs and organizations, including fraternities and sororities, sport and recreation clubs, religious, political, and cultural clubs, academic and honorary organizations, and service and special interest clubs.

UNIQUE Programs
University Union, Third Floor | (916) 278-3928 | SacStateUNIQUE.com | IG: @sacstateunique

UNIQUE Programs is a student volunteer program that plans, develops, and produces a wide variety of cultural, educational, and entertainment programs for the University and surrounding community. These activities include multicultural programs, performing arts, lectures, a weekly “Nooner” event series, and an array of films, concerts, and comedy showcases.

Parent Tip
“Allow your student to join a club during the first or second semester when they first enter the school. It gives them an opportunity to connect with other students who might be having similar feelings as your student, as well as connecting with someone already experiencing those things. Joining a club might help them manage their new found freedoms and responsibilities.”

- Sac State Parent
Diversity & Support Centers

College Assistance Migrant Program (CAMP)
River Front Center, 1027 | (916) 278-7241 | csus.edu/camp
IG: @sacstatecamp

The College Assistance Migrant Program (CAMP) is a federally funded program designed to serve students from a migrant and seasonal farm working background succeed at Sacramento State. CAMP facilitates the transition from high school to college and offers first-year support services to develop skills necessary to graduate from college in a timely manner. CAMP strives to be “a home away from home” for its students.

Cooper-Woodson College Enhancement Program (CWC)
Amador Hall, 460 | (916) 278-5363 | csus.edu/cooper
IG: @Cwcsacstate | Facebook: @Cooper Woodson
Twitter: @CWC_Enhancement

Cooper-Woodson College Enhancement Program is founded on the guiding principles of Leadership, Scholarship and Service. The program up holds traditions represented in Pan-African culture that is best expressed in relationships between family, community and students. CWC serves between fifty-sixty scholars per year; admission to the program is primarily in the fall. Scholars admitted into the program are mentored by Sac State faculty, staff and local community members. Additionally, CWC provides scholars with a book scholarship each semester that they remain engaged in the program. There are also multiple scholarships offered throughout the semester that are exclusive to CWC scholars. Contact/ follow CWC on social media!

Dreamer Resource Center
Riverfront Center, 1022 | (916) 278-7734 | csus.edu/student-affairs/centers-programs/dreamer-resource-center | IG: @sacstatedrc

The mission of the Dreamer Resource Center is to make the dream of a college degree a reality for undocumented students and students with mixed-status families at Sacramento State. The center help students overcome the unique challenges that get in the way of achieving academic, personal and professional excellence.

Educational Opportunity Program (EOP)
Lassen Hall, 2205 | (916) 278-6183 | csus.edu/eop
email: eop-01@csus.edu | IG: @ sacstate_eop

The Educational Opportunity Program helps provide first-generation college students support to reach their higher education goals. EOP serves students from low-income, educationally disadvantaged communities who may not have had the opportunity to prepare adequately for a college education. EOP students have the true potential to succeed at Sac State, and EOP staff help them do so through student advising, counseling, tutorial services and other support mechanisms.

Full Circle Project (FCP)
Library, 1000A | (916) 278-5172 | csus.edu/center/full-circle-project/
IG: @fcp_sacstate | Facebook: WhereOpportunityComesFullCircle

The Full Circle Project is a comprehensive approach to improve retention and graduation rates of Sacramento State’s Asian American and Pacific Islander (AAPI) and other historically underserved students. The Full Circle Project provides students with academic support and opportunities for community engagement and leadership development throughout their entire college careers, providing opportunities to engage in service both on and off campus to enhance their university experience.

Guardian Scholars Program
Lassen Hall, 2302 | (916) 278-6184 | csus.edu/gsp
IG: @sacstateguardians

The Guardian Scholars Program offers support and services for students who have been in the foster care or kinship care systems. The program provides mentoring, academic and career counseling, advising, financial assistance, experiential learning, volunteer opportunities, and social events throughout the year. Guardian Scholars benefit from priority registration, personalized advising and a community of students with common life experiences.
Diversity & Support Centers

Martin Luther King, Jr. Scholars Program
Lassen Hall, 2205 | (916) 278-2655
csus.edu/student-affairs/centers-programs/mlk-scholars
IG: @sacstatemlkcenter

The program is designed to support and ensure the success of African American students or those with an interest in African American heritage in their quest toward a degree at Sacramento State. Their vision is to foster an ethos of success that permeates the scholarly experience, the community and the world by setting a tone of lifelong improvement that inspires and fulfills the dream of Dr. Martin Luther King, Jr.

The Multi-Cultural Center (MCC)
University Library, 1010 | (916) 278-6101 | csus.edu/mcc | IG: @sacstatemcc

The Multi-Cultural Center supports the needs of diverse campus communities by providing educational programs and a welcoming space that helps students learn about themselves and others. Students can get involved by attending programs or going to the Center where they can study, rest, or mingle with others interested in academic success, diversity, multiculturalism, and social justice.

The PRIDE Center
University Union, First Floor | (916) 278-3940 | csus.edu/student-affairs/centers-programs/pride-center/ | IG: @sacstatepridecenter

The PRIDE Center offers advocacy and outreach services to the LGBTQIA community at Sacramento State. Through classroom panels, Safe Zone Trainings, and other educational and celebratory programs and events, the PRIDE Center advocates for the respect, inclusion, and safety of all members of the campus community.

Project Rebound
Lassen Hall, 2104 | (916) 278-6794
csus.edu/student-affairs/centers-programs/project-rebound
E-mail: projectrebound@csus.edu | Facebook: facebook.com/ProjectReboundatSacState

Project Rebound assists previously incarcerated students to prepare, apply, enroll, and graduate with a degree from Sacramento State. We provide students with wraparound support services, advising, advocacy, internships, employment, and opportunities, while remaining culturally competent to the needs of this unique population of scholars.

The Serna Center
River Front Center, 1 | (916) 278-7241 | csus.edu/sernacenter
IG: @sacstatesernacenter

The mission of the Serna Center is to promote, foster, and enhance LEADERSHIP, EMPOWERMENT, SELF-ADVOCACY and CIVIC ENGAGEMENT among Chicanx/Latinx students, but also, students from other under-represented backgrounds at Sacramento State. Additionally, integrated into all programming are efforts that raise awareness of the social, political, economic, historical and cultural realities of Chicanx/Latinx populations. The center establishes a strong foundation that enriches cultural identity and develops a sense of familia within the campus.

Veterans Success Center (VSC)
Lassen Hall, 3003 | (916) 278-6733 | csus.edu/vets
IG: @sacstateveteran

The Veterans Success Center promotes the success of student veterans and their families. The VSC assists veterans and dependents with VA Education Benefits, a lounge where students may study, socialize, meet other students, or use the computer workstations. The VSC offers opportunities for veterans and dependents to get involved in leadership activities and experience camaraderie of being a Sac State student veteran.

Women’s Resource Center
University Union, Second Floor | (916) 278-7388 | csus.edu/student-affairs/centers-programs/women-resource-center/
IG: @wrc.sacstate

The Women’s Resource Center promotes gender equity through education, advocacy, and programming that increases awareness and understanding of the contributions, opportunities, and barriers facing women in our society. The WRC offers student-centered educational programs that empower others to support, appreciate, and value all women.
Career Center
Lassen Hall, 1013 | (916) 278-6231 | csus.edu/careercenter IG: @sacstatecareer

The Career Center supports the mission of the University to "transform lives by preparing students for leadership, service, and success." Through career development, they engage, educate, and empower Sac State students to thrive and successfully contribute to our community, economy and future workforce. They can help students through a variety of programs including interview/resume assistance, career fairs, career exploration, podcasts and workshops.

University Transportation and Parking Services (UTAPS)
Welcome Center | (916) 278-PARK (7275) | csus.edu/utaps | IG: @sacstateutaps

UTAPS provides customer service to the University's students and visitors in the areas of parking, permit sales, parking enforcement, citation payments, citation appeals, traffic direction and special event parking services. Additionally, UTAPS is a resource for alternative modes of transportation including the Hornet Express Shuttle, Night Shuttle, Sac State Commute Choices Program and commuter passes to ride the Sacramento Regional Transit (RT) light rail and buses.

Crisis Assistance and Resource Education Support (CARES)
University Union, 1260 | (916) 278-5138 | csus.edu/student-affairs/crisis-assistance-resource-education-support/

The Sacramento State CARES office provides support to students who are in crisis or experiencing unique challenges to their education. The CARES office supports students with a variety of issues including but not limited to: transportation barriers, mental health and wellness, and physical health and wellness.

Hornet Bookstore
(916) 278-6446 | bkstr.com/csusacramentostore

The Hornet Bookstore carries required textbooks and course materials used in campus curricula. In addition, the bookstore carries collegiate apparel, school supplies and general books. Students and faculty can purchase computers and software at academic pricing. Snacks, sundries, and gift items are also available. Visit the bookstore for more information.

OneCard
Lassen Hall, 1001 | (916) 278-1000 | email: onecard@csus.edu | csus.edu/onecard

The OneCard is Sacramento State's official photo identification card for students. The OneCard serves as: a library card, a way to make on-campus purchases, access card for campus sporting and social events, public transit card (with valid commuter sleeve), off campus discount card, computer lab print card, and a Wells Fargo ATM/PIN debit card. Visit our website to read more about OneCard's amazing features!

Services to Students with Disabilities
Lassen Hall, 1008 | (916) 278-6955 | IG: @sacstatesswd

Services to Students with Disabilities (SSWD) offers a range of support services and accommodations to ensure disabled students have equal access and opportunity to pursue their educational goals. SSWD serves qualified students with both permanent or temporary disabilities.

University Housing Services
Riverview Hall | (916) 278-6655 | csus.edu/housing | IG: sacstatehousing

Living on-campus is an excellent way to get involved and take advantage of all of the opportunities and programs the University has to offer. It is also a great way to get connected to a community of friends and classmates, while taking advantage of a host of campus programs, clubs and organizations, as well as employment and leadership opportunities. Living on-campus and getting involved is both exciting and contributes to overall success.

University Library
(916) 278-5679 | library.csus.edu | IG: sacstatelibrary

With 1.4 million volumes, 300 computers, 200 databases and over 40,000 journals accessible 24/7 online, students will find the OneSearch system provides more scholarly search results than you’ll find in Google. The Library has a place for your student, whether they prefer the 4th floor Quiet Study or the Group Study areas. The Ask Find Use Desk has course reserve materials and free laptop check-out.

The WELL
(916) 278-9355 | thewellatsacstate.com | IG: @wellsacstate

The WELL is home to both Campus Recreation and Fitness as well as Student Health and Counseling Services. The facility includes 6 volleyball courts, 5 basketball courts, 4 racquetball courts, 3 fitness studios, an indoor track, approximately 15,000 square feet of cardio and free weight equipment, and the climbing and bouldering wall. The WELL also provides a variety of recreation and fitness programs such as free group fitness classes, intramural sports, recreational therapy, personal training, and lap swim in their mission to provide lifetime wellness through collaboration, education, and innovation.
Health Services
Student Health and Counseling Services is located in The WELL and provides a state-of-the-art facility that includes an urgent care center, primary care medical clinic, X-ray services, a vision center, and a pharmacy for prescription, homeopathic and over-the-counter medications. SHCS also offers nutritional counseling and athletic training.

Students who require immediate medical attention or urgent care counseling can be seen on a walk-in basis. An after-hours Nurse Advice Line is available by calling our main line at (916) 278-6461.

Sac State is committed to student health and safety during the COVID-19 pandemic. For details on testing, vaccinations and on-campus requirements, visit: csus.edu/student-affairs/emergency-student-information/

Appointments
Students can make appointments online for most of our services at csus.edu/shcs by logging on to the Patient Portal or calling (916) 278-6461.

Cost and Eligibility
All currently enrolled students who pay health fees are eligible. Most services are covered by SHCS fee, but some services carry an additional fee. Students are able to access all medical and counseling services at no charge. Some fees may apply to specialty services, procedures, labs, vaccines, prescriptions and supplies.

Immunizations and Tuberculosis Screening
The following immunizations are required for continued enrollment at Sacramento State.

- Measles, Mumps, and Rubella (MMR); (2 doses)
- Hepatitis B (Hep B); (3 doses)
- Varicella (Chickenpox); (1 doses)
- Tetanus-Diphtheria-Pertussis (Tdap)
- Meningococcal Disease (Serogroups A, C, YW-135); (2 doses)
- Tuberculosis Screening/Risk Assessment (TB)

Immunization records may be submitted by mail, fax, or online. For more information, visit csus.edu/student-life/health-counseling/health/immunizations-and-vaccines.

Counseling Services
Mental health counseling services are available to help students cope with stress or personal problems that may interfere with their academic performance. SHCS offers individual, partner, and group counseling options. During the pandemic, individual and group counseling appointments are being conducted virtually using Zoom or phone. Urgent care counseling continues to be available in-person at The WELL without an appointment if needed. Students can also speak with the urgent care counselor by calling reception at (916) 278-6461.

WELLNESS EDUCATION
The Health and Wellness Promotion Department provides wellness education and services regarding a variety of common college health topics. Services include:

- Peer nutrition education
- Cooking demonstrations
- Wellness workshops
- Marijuana and alcohol education
- Free safer sex supplies
- Peer Health Educator internship program

For more information, you can reach our office at (916) 278-5422.

Hours
Monday – Friday 8:30 a.m. - 4:00 p.m.
Check our website for Intersession and summer hour.

*Current student identification is required.

PARENT TIP
“Discuss the resources on campus. Both of my daughters experienced challenges with mental and physical health. I would encourage parents to have that conversation with students to utilize the resources on campus, especially the Student Health Center.”

- Sac State Parent
Sacramento State Police Department
Public Safety Building | (916) 278-6000 | csus.edu/police
Twitter: sacstatepolice | Facebook: sacstatepolice

The Sacramento State Police Department is the primary respondent for campus emergencies and reports of criminal activity on campus. Our police officers are fully certified. They are responsible for a wide range of activities, including public safety, documenting crime and accidents, criminal investigation/prosecution, traffic enforcement, opening locked vehicles, providing jumper cables, free bicycle registration, crime prevention information, fire/medical aid, special event security, and many other services.

Notification of Criminal Activity
The Sacramento State Police Department maintains a daily media log that is available for review by the general public. The Department also uses e-mail, voice mail, and distribution of materials when potentially hazardous situations exist that impact the University community.

Hate Crimes and Hate Incidents
A hate crime is any criminal act or attempted criminal act including physical intimidation, physical harassment, physical force or physical violence directed against a person(s), public agency or private institution based on the victim’s actual or perceived race, nationality, religious or political beliefs, sexual orientation, disability or gender. The University and the Sacramento State Police Department will not tolerate hate violence and is dedicated to ensuring all persons are protected.

Emergency Phones
There are 266 blue emergency phones located across campus. When a phone is picked up, users will be immediately connected to a dispatcher at the Sacramento State Police Department.

Night Shuttle/Escort Service
The Night Shuttle Service operates on campus Monday through Thursday, from dusk to 11 p.m. The Night Shuttle can be reached by dialing (916) 278-7260.
In the event of other unsafe situations outside of those hours, University Police are available by dialing 8-6000 from any campus phone or (916) 278-6000.

University Alcohol and Drug Policy
On-campus use of alcohol is limited to certain approved events and locations covered by the guidelines of California State University, Sacramento.
The University recognizes alcohol/drug dependency as an illness and a major health problem. Information, assessment, and referral services for alcohol or drug-related problems are available on campus. Services for students are available at the Student Health and Counseling Services.

Safe Rides
The goal of Safe Rides is to prevent incidents related to drinking and driving that lead to accidents. Due to COVID-19, the Safe Rides operational hours will be temporarily expanded to 24 hours/day while classes are in session. The temporary measure will provide Sac State students an option of safe transportation to go to doctor’s appointment, grocery store, or visiting a family member during the pandemic. Sac State students will be reimbursed up to a total of $20 each semester (while funds last) for rides they have taken. Details on the Cash Back program can be found at www.asi.csus.edu/saferides.

Violence, Sexual Assault and Stalking
Violence and Sexual Assault Support Services is located in Sac State Student Health and Counseling Services at The WELL. This program employs a certified victim advocate on call 24/7 for victims of sexual assault, domestic violence, hate crimes and stalking. To reach the victim advocate, please call (916) 278-5850.

Risk Management
Risk Management Services (RMS) supports the entire campus by identifying and mitigating risks to ensure a safe learning environment. Together, we must identify the various kinds of hazards to help reduce and eliminate all dangerous exposures. Our duty of care is to our fellow students, faculties, staff and all those that enter these grounds from the public.
To report a hazard or any non-life-threatening emergency, contact the RMS Safety Hotline (916) 278-2020.

IF THERE IS AN EMERGENCY AND YOU ARE NEAR ANY CAMPUS PHONE, DIAL 9-1-1
If you are on campus and need to contact campus police for non-emergencies, dial (916) 278-6000. Program this number into your cell phone.
Family FAQ

Now that you have a student at Sacramento State, you will likely have questions about campus programs, opportunities and how you can support them as they pursue their degree. Here are a few common questions and answers along with some advice from our Parent Ambassadors and campus employees who are parents of college students.

PAYING FOR COLLEGE & FINANCIAL WELLNESS

Q: Do students need to fill out the FAFSA every year?
A: Yes, students must fill out a FAFSA and apply for financial aid every year. The FAFSA filing period begins each year on October 1st and ends March 2nd. There are many important deadlines related to financial aid, so it is important that students check My Sac State on a regular basis for any messages from Sac State.

ACADEMICS

Q: How can I find out my student’s grades?
A: Sac State does not mail or email student grades. Students check their grades via My Sac State. Parents should be aware that federal law (the Family Educational Rights and Privacy Act of 1974) limits the student information that the University can share—that means we cannot tell you your student’s grades. Parents and family members are encouraged to talk with students about academic performance, progress and coursework on an ongoing basis.

Q: How can my student get help choosing a major?
A: The Career Center is a great place for students to begin the process of exploring careers and choosing a major. They are also encouraged to speak with professors and staff members who are professionals in their field of interest. Another way for students to explore majors is to read the Sac State Catalog and look at the majors requirements and courses. That may spark some interest.

Q: Where can my student go to get advice related to career opportunities in their major?
A: There are a variety of career related services and events sponsored by the Career Center. Career counselors can assist with interview techniques, writing cover letters and resumes, and job search strategies. Regional and national companies participate in seminars, career fairs and on-campus interviews to recruit students for internships and full-time positions after graduation. In addition, students should check with their major department regarding internship and research opportunities.

CAMPUS JOBS

Q: My student wants to work on campus while attending Sac State. Where should they look?
A: Most campus jobs (including Federal Work Study positions) are listed on Handshake, which can be found on your student’s MySacState. Your student will need to create an account and then they will have access to search the campus jobs.

There are additional campus departments that post student positions on their websites. These departments include: Associated Students, Inc., University Enterprises, Inc., and The Hornet Bookstore.

GETTING INVOLVED

Q: Where can my student get involved and make friends? Where should they start?
A: With over 300 clubs on campus, there are plenty of opportunities for students to meet other students and get involved. Student Organizations & Leadership (SO&L) in the University Union is an excellent place to get a list of clubs and organizations. In addition to SO&L, there are always many activities happening on campus including performance groups, cultural organizations, community service, the student newspaper, and much more.

HEALTH AND EMOTIONAL WELL BEING

Q: My child already has health insurance. Do they still need to pay a health service fee?
A: Yes. Student Health & Counseling Services (SHCS) fee is a mandatory fee that provides services to all enrolled students. SHCS offers convenient, affordable, accessible care without copays or deductibles. SHCS embraces a holistic and collaborative approach to healthcare offering urgent care, primary care, preventive services, wellness education, violence support services mental health and counseling services and is accredited through the Accreditation Association for Ambulatory Health Care Inc. (AAAHC).

Q: Does Sac State offer counseling for students to talk about personal issues?
A: Students can talk with a counselor at no additional cost at the Student Health & Counseling Center (SHCS) through Counseling and Psychological Services (CAPS), located in The WELL. Staff can assist or provide referrals for students struggling with stress or other personal problems.
**Post-Orientation Planning**

**Pay Tuition/Finalize Financial Aid**
- Pay fees (listed on Student Center after registering for classes)
- Finalize any documents required for financial aid

**Class Schedule Adjustments**
Students can modify their class schedule during late registration, which occurs a few weeks prior to the beginning of the semester.

**Purchase or Rent Textbooks**

**Finalize Housing Arrangements**
- On-Campus Housing
- Upper Eastside Lofts

**Organize Commute Plans**
- Purchase Parking Permit
- Check UTAPS website csus.edu/utaps for Hornet Shuttle route
- Pick up commuter sleeve at the Bursar’s Office (Lassen Hall, 1st floor) or UTAPS office (Welcome Center)

**Submit Proof of Immunization to Student Health Services in The WELL**

**First Day of Fall Classes: August 30, 2021**

**First Day of Spring Classes: January 24, 2022**

**Finalize Accommodations with Services to Students with Disabilities**
(if applicable)

**Get involved at Sac State**
- Join Sac State’s Parents & Families Program at csus.edu/student-affairs/centers-programs/parents-families

**Become a Facebook Follower**
- Sacramento State facebook.com/sacstate
- Parents & Families Program facebook.com/sacstate.parents

**Are You a Sac State Alumnus? Join the Alumni Association**
(csus.edu/alum)
<table>
<thead>
<tr>
<th>Services</th>
<th>Location</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academic Advising</td>
<td>LSN 1013</td>
<td><a href="mailto:advising@csus.edu">advising@csus.edu</a></td>
</tr>
<tr>
<td>Admissions</td>
<td>LSN 1102</td>
<td><a href="mailto:admissions@csus.edu">admissions@csus.edu</a></td>
</tr>
<tr>
<td>Alumni Association</td>
<td>Alumni Center</td>
<td><a href="mailto:alumni@csus.edu">alumni@csus.edu</a></td>
</tr>
<tr>
<td>Associated Students, Inc.</td>
<td>UU 3250</td>
<td><a href="mailto:jeannrubysanchez@csus.edu">jeannrubysanchez@csus.edu</a></td>
</tr>
<tr>
<td>Bursar's Office</td>
<td>LSN 1001</td>
<td><a href="mailto:bursar@csus.edu">bursar@csus.edu</a></td>
</tr>
<tr>
<td>CAMP</td>
<td>RFC 1027</td>
<td><a href="mailto:camp@csus.edu">camp@csus.edu</a></td>
</tr>
<tr>
<td>Campus Police</td>
<td>PSB 1</td>
<td><a href="mailto:police@csus.edu">police@csus.edu</a></td>
</tr>
<tr>
<td>Career Center</td>
<td>LSN 1013</td>
<td><a href="mailto:careercenter@csus.edu">careercenter@csus.edu</a></td>
</tr>
<tr>
<td>Children’s Center</td>
<td>CCC</td>
<td><a href="mailto:asichildrencenter@csus.edu">asichildrencenter@csus.edu</a></td>
</tr>
<tr>
<td>College of Continuing Education</td>
<td>Napa Hall</td>
<td><a href="mailto:cceinfo@csus.edu">cceinfo@csus.edu</a></td>
</tr>
<tr>
<td>Dean of Students</td>
<td>2nd Floor UU</td>
<td><a href="mailto:bmacriss@csus.edu">bmacriss@csus.edu</a></td>
</tr>
<tr>
<td>Dreamer Resource Center</td>
<td>RFC 1022</td>
<td><a href="mailto:drc@csus.edu">drc@csus.edu</a></td>
</tr>
<tr>
<td>Educational Opportunity Program-EOP</td>
<td>LSN 2205</td>
<td><a href="mailto:eop-01@csus.edu">eop-01@csus.edu</a></td>
</tr>
<tr>
<td>Full Circle Project</td>
<td>LIB 1000</td>
<td><a href="mailto:fullcircleproject@csus.edu">fullcircleproject@csus.edu</a></td>
</tr>
<tr>
<td>Hornet Bookstore</td>
<td>Bookstore</td>
<td><a href="mailto:ssacstake@bkstr.com">ssacstake@bkstr.com</a></td>
</tr>
<tr>
<td>Intercollegiate Athletics</td>
<td>Athletic Center</td>
<td><a href="mailto:athletic.director@csus.edu">athletic.director@csus.edu</a></td>
</tr>
<tr>
<td>MESA Engineering &amp; Computer Science</td>
<td>SCL 1213</td>
<td><a href="mailto:ecs-mep@csus.edu">ecs-mep@csus.edu</a></td>
</tr>
<tr>
<td>Multi-Cultural Center</td>
<td>LIB 1010</td>
<td><a href="mailto:mcc@csus.edu">mcc@csus.edu</a></td>
</tr>
<tr>
<td>OneCard</td>
<td>LSN 1001</td>
<td><a href="mailto:onecard@csus.edu">onecard@csus.edu</a></td>
</tr>
<tr>
<td>Parents &amp; Families Program</td>
<td>LSN 2205</td>
<td><a href="mailto:parentsfamilies@csus.edu">parentsfamilies@csus.edu</a></td>
</tr>
<tr>
<td>Peer and Academic Resource Center (PARC)</td>
<td>LSN 2200</td>
<td><a href="mailto:parc-01@csus.edu">parc-01@csus.edu</a></td>
</tr>
<tr>
<td>Pride Center</td>
<td>1st Floor UU</td>
<td><a href="mailto:pride@csus.edu">pride@csus.edu</a></td>
</tr>
<tr>
<td>Services to Students w/Disabilities</td>
<td>LSN 1008</td>
<td><a href="mailto:sswd@csus.edu">sswd@csus.edu</a></td>
</tr>
<tr>
<td>Student Affairs</td>
<td>LSN 3008</td>
<td><a href="mailto:sa-vp@csus.edu">sa-vp@csus.edu</a></td>
</tr>
<tr>
<td>Student Health and Counseling Services</td>
<td>The WELL</td>
<td><a href="mailto:shcs@csus.edu">shcs@csus.edu</a></td>
</tr>
<tr>
<td>Testing Center</td>
<td>Library 14</td>
<td><a href="mailto:testingcenter@csus.edu">testingcenter@csus.edu</a></td>
</tr>
<tr>
<td>Transportation &amp; Parking Services</td>
<td>Welcome Center</td>
<td><a href="mailto:parking@csus.edu">parking@csus.edu</a></td>
</tr>
<tr>
<td>University Housing Services</td>
<td>Riverview Hall</td>
<td><a href="mailto:housing@csus.edu">housing@csus.edu</a></td>
</tr>
<tr>
<td>Veterans Success Center</td>
<td>LSN 3003</td>
<td><a href="mailto:vets@csus.edu">vets@csus.edu</a></td>
</tr>
<tr>
<td>Women's Resource Center</td>
<td>UU 2250</td>
<td><a href="mailto:wrc@csus.edu">wrc@csus.edu</a></td>
</tr>
</tbody>
</table>