



# Restorative Justice Training Workshop



September 14<sup>th</sup> – October 10<sup>th</sup>, 2026  
(Hybrid module)

Facilitators:  
Prof./Dr. Ernest Uwazie  
Prof./Dr. Alexa Sardina

*\*Please note that this outline is subject to change based on instructor program assessment and operational needs.*

## **Introduction**

This 45-hour training provides participants with solid knowledge of the theoretical concept and basic practices of restorative justice. This is a hybrid training workshop, with both virtual (synchronous and asynchronous formats) and in person learning sessions.

The training sessions will cover key theoretical views and practical applications of various restorative justice processes, including victim offender dialogues/mediation (VOD/m), impact panels, circles, and conferencing. The in- person role plays or simulations will focus on key restorative justice practices of victim offender dialogues/mediation and circles.

Although the trainers will draw heavily from their own experiences with restorative justice and lessons from work in prison settings with incarcerated persons and facilitating VODs, trainers will also reference other related restorative justice practices and situations including, but not limited to, schools and colleges, communities, and family dynamics.

In addition to the lecture slides and presentations, there will be assigned readings and video content, online discussion board activities, guest speakers and many role plays. Active, full participation is expected to achieve training objectives and the preparation for effective application of skills in actual, real- life situations. You'll receive as much as you put in!

We'll use the designated Sac State Canvas platform for the training materials, assignments and communication.

The sessions will be recorded via the Zoom platform,

You will receive a Certificate of Completion after your participation at the conclusion of the training.

**Note:** There is no make- up or alternative assignment for any missed in person training sessions! in April. Morning refreshments & lunch provided at the in person trainings.

**Fee:** \$1,950 (USD)/person. Limited space! First come, first serve basis until full.  
<https://commerce.cashnet.com/csusacevent?CNAME=CAPCR>

### **Recommended Reading**

- [“Changing Lenses” by Howard Zehr](#)

### **Training Schedule**

September 14<sup>th</sup> – 6:00 p.m. – 9:00 p.m. (virtual synchronous) 3 hrs

September 16<sup>th</sup> – 6:00 p.m. -9:00 p.m. (virtual synchronous) 3 hrs

September 18<sup>th</sup> – 6:00 p.m. - 9:00 p.m. (virtual synchronous) 3 hrs

September 21<sup>st</sup> – September 25<sup>th</sup> (virtual, asynchronous) - 12 hours

September 26, 2026 – 9:00 a.m. – 5:00 p.m. (in person) 8 hrs

October 3<sup>rd</sup>, 2026 –9:00 a.m. – 5:00 p.m. (In person) 8hrs

October 10<sup>th</sup> – 9:00 am - 5:00 pm (in person) 8hrs

## About the Lead Trainers:

Ernest Uwazie is an emeritus professor and immediate past chair of criminal justice as well as director of the Center for African Peace & Conflict Resolution at California State University, Sacramento. He is a restorative trainer, scholar, practitioner/facilitator, system designer, and project director. He is currently directing (with Dr. Sardina) a restorative justice grant project with the California Department of Corrections & Rehabilitation with emphasis on victim offender dialogue/mediation and prison inmate circles, and he serves as a restorative justice and victim offender dialogue/ mediator facilitator for inmates at the California State Prison-Sacramento.

Dr. Uwazie has over 30 years of experience in restorative justice university teaching in restorative justice and alternative dispute resolution (ADR), with extensive experience in training and research for diverse justice professionals, community/traditional leaders, educators and civil society organizations in Africa and US. He has conducted over 500 training workshops and seminars in the US and Africa, plus many publications and conferences, on peace and conflict resolution theories and practices, including restorative justice, domestic violence, indigenous justice, alternative dispute resolution, mediation, and negotiation, etc. He is also an experienced mediator, including civil, family, and commercial and violent victim offender mediation cases.

Alexa Sardina, PhD is an Associate Professor at California State University, Sacramento in the Division of Criminal Justice. She is also a co-founder of Ampersands Restorative Justice and cohosts the popular podcast Beyond Fear: The Sex Crimes Podcast. Alexa is a 'survivor scholar' and uses her experience as a rape survivor and her scholarly expertise on sexual harm to offer a critical perspective within the broader field of criminology.

Dr. Sardina's scholarship focuses on the consequences of victimization, community mobilization efforts, and how restorative processes can be used to address sexual harm. She has presented her original research on various topics related to sexual harm at over 30 academic conferences across the US and Canada. Dr. Sardina is a sought-after content expert on topics related to the implementation of restorative justice processes for sexual harm and has advised community non-profits, as well as state and federal criminal justice agencies. She has also trained community members, students, and others on how to facilitate restorative processes. Additionally, Dr. Sardina has facilitated restorative processes for survivors and surviving family members of other acts of extreme violence, including murder and attempted murder.

*In addition to the lead trainers, there will be guest presentations on effective communication techniques, trauma healing practices, diversity and inclusion, culture and identity, and mental health.*