



Wellness Program on Domestic Violence Prevention and Education

Keynote Speaker: Dr. Rola Tomori

Panelists: Dr. Gebaynesh Gashaw-Gant and Dr. Allen Lipscomb

DATE: October 28, 2021 **TIME:** 4:30 – 6:30

LOCATION: Virtual / Zoom

Register here: <https://csus.zoom.us/j/8122222222>

➤ Upon registration, you'll receive
confirmation and the zoom link for event

Contact Us: CAPCR@csus.edu

- What do you do when you witness or experience intimate/family violence?
- What are key Afrocentric lessons and practices for domestic violence services?
- COVID-19 has kept us home resulting in the increase in domestic violence.
- Join us to learn about the warning signs, triggers, prevention and early intervention of domestic violence.

Be informed, be empowered!
Towards building violence-free families, communities and beyond.

❖ A restorative justice model and Afrocentric cultural framework

csus.edu |    

With grant from the University Foundation at Sacramento State

In support of the Domestic Violence Awareness Month.



SACRAMENTO STATE
Redefine the Possible

Dr. Rola Tomori

Rola Tomori, Psy.D. is in independent practice as a psychotherapist and Medical Consultant with the Social Security Administration (SSA). Dr Tomori's clinical experience includes psychological services to general population and mentally ill offenders in the California and Georgia prison systems, as well as trauma work with individuals and families of color impacted by domestic violence. She received her doctoral degree from the California School of Professional Psychology, Fresno, CA in 2004. Her dissertation assessed the neuropsychological functioning of adults with Sickle Cell Disease, in collaboration with the Division of Internal Medicine University of California, Davis Medical Center, Sacramento, CA.

Dr. Tomori is an inspirational speaker who has presented at conferences, and featured on radio shows in Nigeria and the US. Her community work includes psychological first-aid and grief support for a school shooting, advocacy for African immigrant women and disaster mental health care through the American Red Cross. Through her YouTube channel *Balancing Life with Dr. Rola*, Dr. Tomori addresses a range of topics related to Mental Health and Well-being. Dr Rola's social media handle is askdrrola on Facebook, Instagram and twitter.

Gebaynesh Gashaw-Gant

Dr. Gebaynesh Gashaw-Gant, is an independent mental health consultant who serves the greater San Diego area. She received her Doctor of Psychology from California School of Professional Psychology with an emphasis in Culture and Human Behavior.

From 2000 to 2006, Dr. Gashaw-Gant developed and managed a successful grant-funded program called Project ESSEA. The purpose of the grant was to develop and provide comprehensive mental and behavioral services to refugees and immigrants from Eritrea, Ethiopia, Sudan, and Somalia located in the San Diego area.

In addition, she provided trainings and consultations on mental and behavioral aspects of culture to professionals in different government organizations such as San Diego Juvenile Court, San Diego County Probation, San Diego Police Department, San Diego County Social Work, and mental health clinicians.

In 2011, Dr. Gashaw-Gant was chosen by the United Nation's International Office of Migration's brain drain program to repatriate and serve as a visiting professor in her native country of Ethiopia, where she worked as a curriculum developer to launch the multifaceted mental health and behavioral Ph.D. program at Addis Ababa University. She also taught the newly developed upper-division clinical psychology program at the University of Gonder, Ethiopia, and served as an external evaluator for the university's thesis and dissertation committees.

Dr. Allen Lipscomb

Allen E. Lipscomb, PsyD, LCSW is an Associate Professor and Director of Online and Offsite MSW Programs as well as Director of Minority Male Mentoring (M3) and Student Success Allies (SSA) program at California State University Northridge in the Department of Social Work. Dr. Lipscomb is a clinical psychologist by highest degree earned and a Licensed Clinical Social Worker in the State of California. Dr. Lipscomb received his doctorate in Psychology (Psy.D.) with a clinical emphasis in marriage, family and child psychotherapy from Ryokan College and his master of social work (MSW) from the University of Southern California.

Dr. Lipscomb specializes in providing anti-oppressive and inclusive mental health services to individuals, children, youth, and families of color. His areas of research are centered on the psychiatric epidemiology among racialized and marginalized individuals who have experienced trauma (i.e. complex trauma, traumatic-grief and race-based trauma). Specifically, Dr. Lipscomb has conducted numerous qualitative research studies on racialized Black identified men across the Black/African Diaspora exploring their grief, loss and complex-trauma experiences.