

COMMUNITY ENGAGEMENT SHOWCASE

CEC's Community Service Internship ID 195

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Program or Project Description

Through this 1-unit Interdisciplinary Studies Internship course, students from a wide variety of disciplines/ majors complete:

- 45 hours of service with a community partner
- reflections and analysis of their experience
- discussions with their peers

Community Partners:

- River City Food Bank
- ACC Senior Services
- NorCal Arts
- Happy Tails Pet Sanctuary
- League of Women Voters
- Sacramento Loaves & Fishes



Course Structure

Participating Student Objectives:

- Describe the community agency's mission, funding sources, and programs.
- Outline the population served by the community agency.
- Analyze one of the issues the community agency and/or population is dealing with.
- Articulate how community service contributes to both the volunteer's personal/professional development and the agency's goals.

Students Enrolled:

- Fall 2025: 16
- Spring 2026: 13

Experiential Learning for Career Readiness & Civic Impact

Building Relational Skills:

All students were required to share at the beginning of the internship what relational skills they would like to build during their 13 weeks of volunteering, then reflected at the end.

The enhanced relational skills listed below were self reported by the Fall 2025 cohort of Community Service Interns:

- Communication
- Self Management
- Patience
- Leadership
- Teamwork
- Compassion
- Analytical Thinking
- Time management
- Resilience
- Empathy
- Flexibility
- Active Listening

Fall semester survey results:

9/16 students responded that as a result of the internship, they have an:

- *Increased awareness of social issues facing Sacramento County*
- *Enhanced interest in knowing and working with people from diverse backgrounds*
- *Made a positive contribution to the agency and community members*

Community Impact

Community Service Interns volunteered a total of **698** hours in the Fall 2025 semester.

"We could not have made such a huge impact this year without the support of the volunteers"

- ACC Senior Services

"We adore our Sac State volunteers; we are so grateful"

- Mustard Seed School



Campus Community Impact

Student Quotes:

"This experience has strengthened my desire to work with and serve my community in whatever career path I pursue."

"I felt like this was a great opportunity for my personal development."

"My internship has been one of the most meaningful experiences I've had. I felt appreciated, supported, trusted, and I learned a lot about patience, teamwork, and compassion."

