



# Rooted in Palestine Held in Care

## FREE COUNSELING GROUP AT SAC STATE

For Palestinian American young adults (ages 18–25)  
A safe and welcoming space to share openly and feel heard. Explore identity, stress, grief, and the emotional impact of ongoing violence.

MONDAYS 6:45 PM - 8:15 PM

Scan the QR code to sign up:

فلسطين  
طاب ثوبها



If you have any questions, contact:  
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