

1989 Behavioral Risk Factor Questionnaire

Jan 1, 1980 6:49:07

Jan 1, 1980 17:51:15

Job

PLEASE SELECT THE DESIRED OPTION BELOW

@

7m 0m 1. Request the '7mNEXT0m' Sample Number

7m 0m 2. ENTER Sample Number of 7mPARTIAL0m callbox

7m 0m 9. Automatic LOG-OUT

@/1 =0e/2 =+1/9 =999y/

@@0c *0 *

Press return to enter PARTIAL callbox I.D.

OR- hit minus (-) to backup

3

3/\$ =0d/

@@0d *3 *

3

3/\$ =+1/

@e *1 *

DID YOU GET THE APPROPRIATE TELEPHONE NUMBER?

If YES, enter one of the following option codes:

7m 1. 0m Want to DIAL this Number

7m 2. 0m Residence verified- RESPONDENT NOT PREVIOUSLY SELECTED

7m 3. 0m Want to contact PREVIOUSLY SELECTED RESPONDENT

7m 4. 0m Want to finish PARTIAL INTERVIEW

If NO, enter the following option code:

7. DO NOT want to DIAL this number

9. Callbox Not Found message

3/1 =+3/2 =+3/3 =+3/4 =+2/7 =999p/9 =0b/

@of

1;5mRESPONDENT SELECTION STEP HASN'T BEEN DONE0m

PRESS RETURN TO CONTINUE

3/\$ =0m/

@0g@

!-----!
! ENTER THE QUESTION NUMBER THAT YOU WOULD !
! LIKE TO BEGIN WITH OR !
! PRESS RETURN TO START AT THE BEGINNING !

3/\$ =+1/

3

Dial 7m{:B}0m

7m

0m

- 7m 0m 1. Answered by SOMEONE OTHER
- 7m 0m THAN TELEPHONE OPERATOR
- 7m 0m 2. PERSON HUNG UP before the
- 7m 0m complete introduction
- 7m 0m -----
- 7m 0m 3. Any OTHER RESULT

@/1 =+1/2 =999p/3 =999p/
 @@0i

Hello I'm (:I)
 calling for the State Department of Health.

Is this 7m(:B)0m ?

7m 0m

- @
- 7m 0m
 - 7m 0m 1. Yes
 - 7m 0m 2. No
 - 7m 0m -----
 - 7m 0m 3. Yes, but person hung up before
 - 7m 0m I could introduce myself
 - 7m 0m 9. REFUSED to VERIFY number

@/1 =0k/2 =+1/3 =999p/9 =999p/
 @@0je

What NUMBER did I get?

@/1 =0h/
 @@0k *7 *
 @
 @/# =0e/1 =+1/2 =0m/3 =*/4 =*/
 !0n)
 @/\$r=+1/1_9=0v/> =0f/
 @@0i

Is this a RESIDENTIAL number?

- @
- 7m 0m
 - 7m 0m
 - 7m 0m 1. Yes: Residential ONLY
 - 7m 0m 2. Yes: ALSO Non-Residential
 - 7m 0m -----
 - 7m 0m 3. No : Non-Residential
 - 7m 0m 7. Don't Know
 - 7m 0m 9. Refused

?/1 =+1/2 =+1/3 =999p/7 =999p/9 =999p/
 ?@0m

!-----!
 ! We are doing a study of the health practices of CALIFORNIA !
 ! residents. Your number has been chosen randomly by the !
 ! DEPARTMENT OF HEALTH to be included in the study, !
 ! and we would like to ask some questions about things !
 ! people do which may affect their health. !
 !-----!

7m Om 1. 5;7mperson attentive, continue0m

7m Om 2. 1mperson not interested, hung up0m

@/1 =+1/2 =999a/

@@0n

Our study requires that we interview only one person who lives in your household. How many members of your household, including yourself, are 7m18 years of age or older0m?

7m

Om

7m Om

7m Om 0. None 5. Five

7m Om 1. One 6. Six

7m Om 2. Two 7. Seven

7m Om 3. Three 8. Eight

7m Om 4. Four 9. nine or more

7m Om r. refused (person hung up)

NUMADULT

}/0 =999p/1 =+1/2 =+3/3 =+3/4 =+3/5 =+3/6 =+3/7 =+3/8 =+3/9 =+3/r =999a/
}@0p

!-----!
!Are you the adult?!
!-----!

7m Om

7m Om 1. Yes

7m Om 2. No

}/1 =0z/2 =+1/

@0q

!-----!
! May I speak with him/her?!
!-----!

7m Om

7m Om

7m Om 1. Yes

7m Om 2. No, Not Available

7m Om

7m Om 9. Refused

:/1 =0x/2 =0y/9 =0y/

@0r

I need to know how many are men and how many are women.

First, how many are 7mMEN0m?

1. PR NUMBER OF MEN (18 OR OLDER)

7m

Om

7m Om

7m Om 0. None 5. Five

7m Om 1. One 6. Six

NUMMEN

7m 0m 2. Two 7. Seven
 7m 0m 3. Three 8. Eight
 7m 0m 4. Four 9. nine or more
 7m 0m r. refused

@/J =590 /1 =590 /2 =590 /3 =590 /4 =590 /5 =590 /6 =590 /7 =590 /8 =590 /9 -5
 @@0s

And how many are 7mWOMEN0m?

ENTER NUMBER OF WOMEN (18 OR OLDER)

NUMWOMEN

@ 7m 0m ---0m
 7m 0m
 7m 0m 0. None 5. Five
 7m 0m 1. One 6. Six
 7m 0m 2. Two 7. Seven
 7m 0m 3. Three 8. Eight
 7m 0m 4. Four 9. nine or more
 7m 0m r. refused

3/0 =600 /1 =600 /2 =600 /3 =600 /4 =600 /5 =600 /6 =600 /7 =600 /8 =600 /9 =60
 3@0t *41 *

NOTE: LIST ALL MEN FIRST, OLDEST TO YOUNGEST
 THEN LIST ALL WOMEN, OLDEST TO YOUNGEST

Ask who is the OLDEST man (woman)?
 Who is the NEXT OLDEST man (woman)?

;7m(0n) Adults, (0r) Male(s), (0s) Female(s)0m

Number NAME
 1 [

1/\$_ =700 /0 =699 /z =700 /# =0 /
 1@0u *44 *

WHAT IS THE STATUS OF THE SELECTED RESPONDENT?

1. PERSON who 7mANSWERED PHONE0m is SELECTED and 7mREADY0m to START interview
2. PERSON who 7mANSWERED PHONE0m is SELECTED, but 7mNOT READY0m to START interview
3. Selected 7mRESPONDENT COMES to PHONE0m
4. Selected 7mRESPONDENT is NOT AVAILABLE0m at this time
9. Person who answered phone or selected respondent 7mREFUSED0m

:/1 =0z/2 =0y/3 =0x/4 =0y/9 =999p/# =811 /# =812 /# =813 /# =814 /# =815 /# =816
 :@0v

May I speak with *** 7m(CBX:D)0m?
 (NAME / ID At Top of Screen)?

(ENTER THE APPROPRIATE OPTION CODE BELOW)

@

1. PERSON who answered phone is READY to START interview
Selected RESPONDENT COMES to PHONE
3. Selected RESPONDENT is NOT AVAILABLE at this time
9. Selected respondent REFUSED

@/1 =+1/2 =+1/3 =0y/9 =999p/
 @@0w *4 *

Hello I'm (:I)

calling again for the State Department of Health.

We're doing a study of CALIFORNIA residents regarding their health practices and day-to-day habits. You have been randomly chosen to be included in the study from among the adult members in your household.

I would like at this time to continue with the interview.

7m 0m 1. 5;7mperson attentive, continue0m

7m 0m 2. 1mperson not interested, hung up0m

1/1 =0z/2 =999a/# =0g/

0x *4 *

ello I'm (:I)

calling for the State Department of Health.

I'm a member of a special research team. We are doing a study of CALIFORNIA residents regarding their health practices and day-to-day habits. You have been randomly chosen to be included in the study from among the adult members in your household.

7m 0m 1. 5;7mperson attentive, continue0m

7m 0m 2. 1mperson not interested, hung up0m

1/1 =+2/2 =+1/# =0g/

1@0y

IF NECESSARY, ASK . . .

7mWhom should we ask for when we call again0m?

SAY THANK YOU, GOODBYE...5;7mDon't forget to get callback time0m

name entered earlier: 1m(811){812}{813}{814}{815}{816}{817}{818}{819}{CBX:D}0m
 (if blank, then name has not been entered)

ENTER person's name BELOW! ...

1/\$ =999p/

1@0z

The interview will take only a short time, and all the information

obtained in this study will be confidential.

First, I'd like to begin by asking you about using seatbelts ...

7m 0m 1. 5;7mperson attentive, continue0m

7m 0m 2. 1mperson not interested, hung up0m

@/1 =+1/2 =999a/

@@1

!-----!
 ! How often do you 7mUSE SEATBELTS0m when you drive or ride in a car ? !
 ! Would you say always, nearly always, sometimes, seldom, or never? !
 !-----!

3

- 7m 0m
- 7m 0m 1. Always
 - 7m 0m 2. Nearly Always
 - 7m 0m 3. Sometimes
 - 7m 0m 4. Seldom
 - 7m 0m 5. Never
 - 7m 0m -----
 - 7m 0m 8. Never drive or ride in a car
 - 7m 0m 7. Don't Know / Not Sure
 - 7m 0m 9. Not Ascertained / Refused

SEATBELT

1/1 =+1/2 =+1/3 =+1/4 =+1/5 =+1/8 =+1/7 =+1/9 =+1/

@2

!-----!
 ! These next few questions are about 7mHYPERTENSION0m or High Blood Pressure. !
 ! Have you ever been told by a doctor, nurse, or other health !
 ! professional that you have high blood pressure? !
 !-----!

(PROBE FOR DOCTOR, NURSE, OR OTHER HEALTH PROFESSIONAL)

- 7m 0m
- 7m 0m 1. No
 - 7m 0m 2. Yes, by a Doctor
 - 7m 0m 3. Yes, by a Nurse
 - 7m 0m 4. Yes, by other Health Professional
 - 7m 0m -----
 - 7m 0m 7. Don't Know / Not Sure
 - 7m 0m 9. Not Ascertained / Refused

BPHIGH

/1 =7 /2 =+1/3 =+1/4 =+1/7 =7 /9 =7 /

@3

!-----!
 ! Have you been told on more than one occasion that your blood !
 ! pressure was high, or have you been told this only once? !
 !-----!

7m 0m

- 7m 0m 1. More than once
- 7m 0m 2. Only once
- 7m 0m -----
- 7m 0m 7. Don't Know / Not Sure

HIGHGT1

7m 0m 9. Not Ascertained / Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
@@4

-----!
! Is any medicine currently prescribed for your high blood pressure? !
-----!

7m 0m

- 7m 0m 1. Yes
- 7m 0m 2. No
- 7m 0m -----
- 7m 0m 7. Don't Know / Not Sure
- 7m 0m 9. Not Ascertained / Refused

BPTREAT

@/1 =+1/2 =+2/7 =+2/9 =+2/
@@5

-----!
! Are you currently taking medicine for your high blood pressure? !
-----!

(PROBE FOR 'ALL OR MOST OF THE TIME' OR 'ONLY OCCASIONALLY' IF NECESSARY. IF ANSWER IS 'YES' USE 'YES, ALL OR MOST OF THE TIME')

- 7m 0m 1. Yes, all or most of the time
- 7m 0m 2. Yes, only occasionally
- 7m 0m 3. No
- 7m 0m -----
- 7m 0m 7. Don't Know / Not Sure
- 7m 0m 9. Not Ascertained / Refused

USETREAT

1/1 =+1/2 =+1/3 =+1/7 =+1/9 =+1/
@@6

-----!
! As far as you know, is your blood pressure presently normal or under control -- or is it still high? !
-----!

(NOTE: Normal or Under Control includes 'returned to normal' and 'no longer have high blood pressure')

7m 0m

- 7m 0m 1. Normal
- 7m 0m 2. Under Control
- 7m 0m 3. Still High
- 7m 0m -----
- 0m 7. Don't Know / Not Sure
- 0m 9. Not Ascertained / Refused

BPUPNOW

1/1 =+1/2 =+1/3 =+1/7 =+1/9 =+1/
@@7

-----!
! The next few questions are about exercise, recreation, or physical !
-----!

: activities OTHER THAN your REGULAR JOB duties. -
 ! During the past MONTH, did you participate in any 7mPHYSICAL0m
 ! 7mACTIVITIES or EXERCISE0m such as running, calisthenics, golf,
 ! gardening or walking for exercise?
 !-----!

@

7m
 7m 0m 1. Yes
 7m 0m 2. No
 7m 0m -----
 7m 0m 7. Don't Know / Not Sure
 7m 0m 9. Not Ascertained / Refused

EXERANY

@/1 =+1/2 =17 /7 =17 /9 =17 /

@@8

!-----!
 ! What type of physical activity or exercise did you spend the !
 ! most time doing during the past MONTH?
 !-----!

3

7m
 7m 0m 1. Jog 6. Aerobics
 7m 0m 2. Run 7. Bicycling
 7m 0m 3. Swim 8. Gardening
 7m 0m 4. Walk 9. Golfing
 7m 0m 5. 7mOther (specify)_____0m
 7m 0m
 7m 0m r. Refused

EXERACT 1

3/1 =+1/2 =+1/3 =+1/4 =+1/5\$=+1/6 =+4/7 =+4/8 =+4/9 =+4/r =+8/

3@8a . *7 *

3/\$ =*/# =8 /> =*/

!1|2|3|4|5 ? jogging|5 ? running|5 ? swimming|5 ? walking|5 ?

3/\$r=+1/0 =+3/1_8=+1/9 =-1/> =+3/

3@9

!-----!
 ! 7mHow far0m did you usually 7m(8a|1|JOG|2|RUN|3|SWIM|4|WALK|5|JOG\
 ! 6|RUN|7|SWIM|8|WALK)0m?
 !-----!

EXAMPLE: one half mile is coded as 0.5
 1 mile is coded as 1.0

3

7m
 7m 0m _____ Enter distance
 7m 0m
 7m 0m 0. to enter < 1 mile
 7m 0m -----
 7m 0m d. Don't Know/ Not Sure
 7m 0m r. Refused

EXERDIS 1

3 =+2/0\$=+2/1_8=+2/9_20=+1/d =+2/r =+2/

3@9a

1m(8a|1|JOG|2|RUN|3|SWIM|4|WALK|5|JOG|6|RUN|7|SWIM|8|WALK)S (9) miles0m,
 1mInterviewer0m: 7mIs that CORRECT0m?

@

c. Correct
- need to reenter

@/c =+1/

@@10

INTERVIEWER: (7m(8)0m), if '5 ?' is shown and activity is NOT present, please GO BACK and RE-ENTER activity

!-----!
! How many times per WEEK-or per MONTH did you take part in this !
! activity during the past month ? !
!-----!

WEEKLY range,- 101-121 = 1 to 21 times a week OR
MONTHLY range,- 201-263 = 1 to 63 times a month

7m Om
7m Om 1xx = enter #times a week
7m Om 2xx = enter #times a month
7m Om -----
7m Om 7. Don't Know / Not Sure
7m Om 9. Not Ascertained / Refused

EXEROFT1

'\$r=+1/101_107=+2/108_121=+1/201_220=+2/221_263=+1/7 =+2/9 =+2/

7a

INTERVIEWER:
(10)0m, 7mis this CORRECT0m?

39a@

@11

!-----!
! And when you took part in this activity, for how many !
! minutes or hours did you usually keep at it? !
!-----!

EXAMPLE: for 30 MINUTES ENTER 30
for AN HOUR AND 30 MINUTES ENTER 130)

EXERHMM1

7m Om
7m Om _____ ENTER HOURS/MINUTES OR MINUTES ONLY
7m Om -----
7m Om d. Don't Know / Not Sure
7m Om r. Refused

]/\$r=+2/d =+2/r =+2/1_59=+2/100_530=+2/531_959=+1/

@11a

1mINTERVIEWER:0m
J' '11)0m, 7mis this correct0m?

19-

!-----!
! Was there another physical activity or exercise that you !
! participated in during the last month? !
!-----!

EXEROTH2

@
7m Om 1. Yes
7m Om 2. No
7m Om -----
7m Om 7. Don't Know / Not Sure
7m Om 9. Not Ascertained / Refused

@/1 =+1/2 =17 /7 =17 /9 =17 /
@@13

!-----!
! What other type of physical activity gave you the next most !
! exercise during the past MONTH? !
!-----!

@8 @
@@13a *7 *

EXERACT2

@/\$ =*/# =13 /> =*/
|1|2|3|4|5 ? jogging|5 ? running|5 ? swimming|5 ? walking|5 ?
@/Sr=+1/0 =+3/1_8=+1/9 =-1/> =+3/
@14

!-----!
! 7mHow far0m did you usually 7m(13a|1|JOG|2|RUN|3|SWIM|4|WALK|5|JOG\
|6|RUN|7|SWIM|8|WALK)0m?!

!-----!
EXAMPLE: one half mile is coded as 0.5
1 mile is coded as 1.0

EXERDIS2

@
@14a
1m(13a|1|JOG|2|RUN|3|SWIM|4|WALK|5|JOG|6|RUN|7|SWIM|8|WALK)S (14) miles0m,
1mInterviewer0m: 7mIs that CORRECT0m?

@9a@
@15
INTERVIEWER: '7m(13)0m', if '5 ?' is shown and 7mactivity0m
7mis NOT present0m, please GO BACK and RE-ENTER activity

!-----!
! How many times per WEEK or per MONTH did you take !
! part in this activity ? !
!-----!

WEEKLY range,- 101-121 = 1 to 21 times a week OR
MONTHLY range,- 201-263 = 1 to 63 times a month

@10 @
@15a
1mINTERVIEWER:0m
1m(15)0m, 7mis this CORRECT0m?

EXERDFT2

@9a@
@16
!-----!
! nd when you took part in this activity, for how many !
! minutes or hours did you usually keep at it? !
!-----!

EXAMPLE: for 30 MINUTES ENTER 30
for AN HOUR AND A HALF ENTER 130)

EXERHMM2

@11 @
^@16a

1mINTERVIEWER:0m
1m(16) hours and minutes0m, 7mis this correct0m?

@9a@
@@17

!-----!
! Now I would like to ask you about some of the things !
! you may be currently doing to try to lose weight, or !
! keep from gaining weight. !
!-----!
! Are you now TRYING to 7mLOSE WEIGHT0m? !

@

- 7m 0m 1. Yes
- 7m 0m 2. No
- 7m 0m 3. No, trying to gain weight
- 7m 0m -----
- 7m 0m 7. Don't Know/Not Sure
- 7m 0m 9. Refused

LOSEWT89

3/1 =+1/2 =21 /3 =28 /7 =21 /9 =21 /
3@18

!-----!
! About how long ago did you begin your current !
! attempt to lose weight ? !
!-----!

LOSE WHEN

- DAYS AGO - 101-107 = 1 to 7 day ago
- WEEKS AGO - 201-252 = 1 to 52 weeks ago
- MONTHS AGO - 301-324 = 1 to 24 months ago OR
- YEARS AGO - 401-470 = 1 to 70 years ago

- 7m 0m 1xx. Enter number of days
- 7m 0m 2xx. Enter number of weeks
- 7m 0m 3xx. Enter number of months
- 7m 0m 4xx. Enter number of years
- 7m 0m -----
- 7m 0m 5. Always trying to lose weight
- 7m 0m 7. Don't Know / Not Sure
- 7m 0m 9. Not ascertained / Refused

)/\$r=+1/101_107=+1/201_252=+1/301_324=+1/401_470=+1/5 =+1/7 =+1/9 =+1/
@19

!-----!
! About how much did you weigh when you began your !
! current attempt to lose weight ? !
!-----!

LOSE STRT

(ROUND UP IF NECESSARY WHEN ENTERING NUMBER OF POUNDS)

- 7m 0m _____ ENTER WEIGHT IN WHOLE POUNDS
- 7m 0m
- 7m 0m

7m 0m -----
7m 0m 7. Don't Know
7m 0m 9. Refused

\/\$r=+1/7 =+2/9 =+2/80_349=+2/350_600=+1/
e@19a

1mINTERVIEWER:0m
1mPerson weighed {19} POUNDS0m, 7mis this correct0m?

@9ae
@@20

!-----!
! How much would you like to weigh ? !
!-----!

LIKEWT

(ROUND UP IF NECESSARY WHEN ENTERING NUMBER OF POUNDS)

@
7m 0m ----- 0m
7m 0m ENTER WEIGHT IN WHOLE POUNDS
7m 0m -----
7m 0m
7m 0m 7. Don't Know
7m 0m 9. Refused

@/\$r=+1/7 =+2/9 =+2/80_400=+2/
@@21

!-----!
! Are you now trying to maintain your current weight,
! that is, to keep from gaining weight ? !
!-----!

KEEPWT

@
7m 0m ----- 0m
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know / Not Sure
7m 0m 9. Not Ascertained / Refused

@/1 =+1/2 =27 /7 =27 /9 =27 /
@@22

!-----!
! Are you eating fewer calories to lose weight, or to
! keep from gaining weight ? !
!-----!

FEWCAL89

@
7m 0m ----- 0m
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know / Not Sure
7m 0m 9. Not Ascertained / Refused

? =+1/2 =25 /7 =25 /9 =25 /
@@23

!-----!
! Some people count calories. If you are counting calories, about !
! how many calories are you eating per day ? !
!-----!

-----!

a
7m 0m _____ (1mRecord number of calories0m)
7m 0m _____
7m 0m _____
7m 0m 7. Don't count calories
7m 0m 9. Refused

CALORIES

@/\$r=+1/7 =+2/9 =+2/50_9999=+1/
@@24

!-----!
! About how long have you been eating this !
! many calories per day ? !
!-----!

a
7m 0m _____ 0m
7m 0m 1xx. Enter number of days
7m 0m 2xx. Enter number of weeks
7m 0m 3xx. Enter number of months
7m 0m 4xx. Enter number of years
7m 0m _____
7m 0m 7. Don't Know / Not Sure
7m 0m 9. Not ascertained / Refused

FEWCALHL

3/\$r=+1/101_107=+1/201_252=+1/301_324=+1/401_470=+1/7 =+1/9 =+1/
'5

!-----!
! Are you using physical activity or exercise !
! to lose weight or to keep from gaining weight ? !
!-----!

PHYACT89

7m 0m _____ 0m
7m 0m 1. Yes
7m 0m 2. No
7m 0m _____
7m 0m 7. Don't Know / Not Sure
7m 0m 9. Refused

!/1 =+1/2 =+1/7 =+1/9 =+1/
!@26a

!-----!
! Are you now doing any of the following to lose !
! weight or to keep from gaining weight ? !
!-----!
! ... Taking diet pills to decrease your appetite ? !
!-----!

DIETPILL

!25 @
!@26b

!-----!
! Doing the following to lose weight !
! or to keep from gaining weight ?... !
!-----!

! ... taking special products such as canned or !
! powdered supplements ? !
!-----!

TAKESUP

@25 @
@@26c

!-----!
! Doing the following to lose weight or to keep!
! from gaining weight ?... !

!-----!
! ... fasting for 24 hours or longer as part of your diet ? !

FAST

@25 @
@@26d

!-----!
! Doing the following to lose weight or to keep!
! from gaining weight ?... !

!-----!
! ... participating in an organized weight control program?
! (such as Weight Watchers, TOPS, or Nutri-Systems) !

WTPROG

@25 @
@@26e

!-----!
! Doing the following to lose weight
! or to keep from gaining weight ?... !

!-----!
! ... causing yourself to vomit after you eat ? !

VOMIT

@
7

!-----!
! Have you been advised by a doctor or other health
! professional to reduce your weight ? !

TOLDLOSE

- | | | | | | | | | | | |
|----|----|----|---------------------------------------|--|--|--|--|--|--|----|
| 7m | | | | | | | | | | Om |
| 7m | Om | 1. | Yes, by a Doctor | | | | | | | |
| 7m | Om | 2. | Yes, by a Nurse/Physician's Assistant | | | | | | | |
| 7m | Om | 3. | Yes, by a Nutritionist/Dietitian | | | | | | | |
| 7m | Om | 4. | Yes, other health professional | | | | | | | |
| 7m | Om | 5. | No | | | | | | | |
| 7m | Om | | ----- | | | | | | | |
| 7m | Om | 7. | Don't Know / Not Sure | | | | | | | |
| 7m | Om | 9. | Refused | | | | | | | |

! /1 =+1/2 =+1/3 =+1/4 =+1/5 =+1/7 =+1/9 =+1/
!@28

!-----!
! Do you consider yourself to be overweight,
! underweight, or about average ? !

THINKWT

- | | | | | | | | | | | |
|----|----|-----|---------------|--|--|--|--|--|--|----|
| m | | | | | | | | | | Om |
| 7m | Om | 1.. | Overweight | | | | | | | |
| 7m | Om | 2. | Underweight | | | | | | | |
| 7m | Om | 3. | About Average | | | | | | | |
| 7m | Om | | ----- | | | | | | | |

7m 0m 4. Don't Know / Not Sure
7m 0m 9. Refused

/1 =+1/2 =+1/3 =+1/7 =+1/9 =+1/
9

!-----!
! Now I'd like to ask you a few questions !
! about Cigarette Smoking... !
! Have you smoked at least 100 cigarettes in !
! your entire life ? !
!-----!

SMOKE100

@

7m 0m
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know / Not Sure
7m 0m 9. Refused

@/1 =+1/2 =33 /7 =33 /9 =33 /
@30

!-----!
! Do you smoke cigarettes NOW? !
!-----!

SMOKE NOW

@

7m 0m
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 9. Refused

@/1 =+1/2 =33 /9 =33 /
@31

!-----!
! On the AVERAGE, about how many cigarettes a DAY do you now smoke? !
!-----!

EXAMPLE: FOR 1 PACK OF CIGARETTES -ENTER 20)

SMOKENUM

7m 0m
7m 0m _____ ENTER NUMBER OF CIGARETTES
7m 0m -----
7m 0m 87. Don't Smoke Regularly
7m 0m 99. Refused

@/1 =+3/1_86 =+1/87 =+1/99 =+1/
@32

!-----!
! Have you stopped smoking for a week or more sometime during !
! the past YEAR? !
!-----!

SMOKQUIT

7m 0m
7m 0m 1. Yes
7m 0m 2. No

7m Om -----
7m Om 9. Refused

@/1 =+1/2 =+1/9 =+1/
33

-----!
! These next few questions are about the use of beer, wine, !
! wine coolers, or liquor, such as vodka, gin, rum, or whiskey +
! --all kinds of alcoholic beverages that people drink at !
! meals, special occasions, or when just relaxing. !
-----!
! Have you had any beer, wine, wine coolers, cocktails, or !
! liquor during the past MONTH, that is since (GIVE DATE)? !
-----!

@ -----
7m Om 1. Yes
7m Om 2. No
7m Om -----
7m Om 9. Refused

DRINKANY

@/1 =+1/2 =38 /9 =38 /-
@@34

-----!
! During the past MONTH, how many days per WEEK or per MONTH !
! did you drink any alcoholic beverages, on the average ? !
-----!
Weekly range,- 101-107 = 1 to 7 days a week OR
Monthly range,- 201-231 = 1 to 31 days a month

@ -----
7m Om 1xx to enter days per week
7m Om 2xx to enter days per month
7m Om -----
7m Om 7. Don't Know / Not Sure
7m Om 9. Not Ascertained / Refused

DRKALC

3/\$r=+1/101_107=+2/201_230=+2/231=+1/7 =+4/9 =+4/
@34a

1mINTERVIEWER:Om
1m(34)Om, 7mis this CORRECTOm?

19a@
@35

-----!
! A drink is 1 can or bottle of beer, 1 glass of wine, 1 can !
! or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. !
! On the days when you drink, about how many drinks do you !
! drink ON THE AVERAGE ? !
-----!

3 -----
7m Om
m Om ENTER NUMBER OF DRINKS
7m Om -----
7m Om
7m Om d. Don't Know
7m Om r. Refused

NALCOCC

@/\$r=+1/1_24=+2/25_99=+1/d =+2/r =+2/
@@35a

1mINTERVIEWER:0m
(1{35} DRINKS0m, 7mIs this correct0m?

@9a@
@@36

!-----!
! Considering all types of alcoholic beverages, that is !
! beer, wine, wine coolers, cocktails, and liquor as !
! drinks, how many times during the past MONTH did you !
! have 7m5 or more drinks0m on an occasion? !
!-----!

@
7m 0m _____
7m 0m ENTER NUMBER OF TIMES
7m 0m _____
7m 0m 0. None
7m 0m 77. Don't Know
7m 0m 99. Refused

DRINKGE5

@/\$r=+1/0_12=+2/13_60=+1/77=+2/99=+2/
@@36a

1mINTERVIEWER:0m
1m{36} TIMES0m, 7mIs this correct0m?

@
@.7

!-----!
! And during the past MONTH, how many times have you driven !
! when you've 7mhad0m PERHAPS 7mtoo much to drink0m ? !
!-----!

DRINKDRI

@36 @
@37a
1mINTERVIEWER:0m
1m{37} TIMES0m, 7mis this correct0m?

@9a@
@@38

!-----!
! Some people visit a doctor for a routine checkup, even though they !
! are feeling well and have not been sick. !
! About how long has it been since you last 7mvisited a doctor0m !
! 7mfor a ROUTINE CHECKUP0m? Was it within the past year ? the !
! past two years, the past 5 years or more than 5 years ago? !
!-----!

7m 0m _____ Om
7 0m 1. Within the past year ... (0 - 12 mos)
7 0m 2. " the past 2 years... (13 -24 mos)
7 0m 3. " the past 5 years... (25 -60 mos)
7m 0m 4. > 5 years ago ... (61 + mos)
7m 0m _____
7m 0m 8. Never
7m 0m 7. Don't Know / Not Sure

CHECKUP

7m 0m 9. Not Ascertained / Refused

@/1 =+1/2 =+1/3 =+1/4 =+1/8 =+2/7 =+2/9 =+2/
@@39

-----!
! What type of doctor did you see for your last
! ROUTINE CHECKUP ? Was it a general practitioner,
! an Internist, a Specialist such as heart, lung, or,
! stomach specialist or some other doctor ?
! 1mWOMEN ONLY0m: or an Obstetrician/gynecologist ?
!-----!

@

- 7m 0m 1. Family or General Practitioner
- 7m 0m 2. Internist
- 7m 0m 3. Specialist
- 7m 0m 4. Obstetrician/Gynecologist
- 7m 0m 5. Other
- 7m 0m -----
- 7m 0m 7. Don't Know / Not Sure
- 7m 0m 9. Not Ascertained / Refused

WHOCHECK

@/1 =+1/2 =+1/3 =+1/4 =+1/5 =+1/7 =+1/9 =+1/
@@40

-----!
! These next questions are about 7mBLOOD CHOLESTEROL0m --which is !
! a fatty substance found in the blood.
! Have you ever had your blood cholesterol checked ?
!-----!

@

- 7m 0m 1. Yes
- 7m 0m 2. No
- 7m 0m -----
- 7m 0m 7. Don't know/Not sure
- 7m 0m 9. Refused

BLOODCHO

@/1 =+1/2 =47 /7 =47 /9 =47 /
@@41

-----!
! ABOUT how long has it been since you last had your blood !
! cholesterol checked? Was it within the past year,
! within the past 2 years, within the past 5 years or
! more than 5 years ago?
!-----!

@

- 7m 0m 1. Within the past year...(0 - 12 mos)
- 7m 0m 2. " the past 2 years...(13 -24 mos)
- 7m 0m 3. " the past 5 years...(25 -60 mos)
- 7m 0m 4. > 5 years ago ... (61 + mos)
- 7m 0m -----
- 7m 0m 7. Don't Know/Not Sure
- 7m 0m 9.- Refused

CHOLCHK

?/1 =+1/2 =+1/3 =+1/4 =+1/7 =+1/9 =+1/
@@42

! Have you ever been told your blood cholesterol level, in numbers? !

- 7m Om
- 7m Om 1. Yes
- 7m Om 2. No
- 7m Om -----
- 7m Om 7. Don't know/Not sure
- 7m Om 9. Refused

TOLDLEV

3/1 =+1/2 =+2/7 =+2/9 =+2/
3@43

! What is your blood cholesterol level ?!

LEVEL

- 7m Om
- 7m Om record the number Om
- 7m Om
- 7m Om d. Don't Know/Not Sure
- 7m Om r. Refused

3/\$r=+1/50_700=+1/d =+1/r =+1/
3@44

! Have you ever been told by a doctor or other health professional !
! that your blood cholesterol is high ? !

- 7m Om
- 7m Om 1. Yes
- 7m Om 2. No
- 7m Om -----
- 7m Om 7. Don't know/Not sure
- 7m Om 9. Refused

Om

TOLDHI

3/1 =+1/2 =+1/7 =+1/9 =+1/
3@45

! Are you now under the advice of a doctor to reduce your !
! 7mcholesterolOm? or 7mblood fat levelOm ? !

REBCHOL

- 7m Om
- 7m Om 1. Yes
- 7m Om 2. No
- 7m Om -----
- 7m Om 7. Don't know/Not sure
- 7m Om 9. Refused

=+1/2 =47 /7 =47 /9 =47 /

346a

! Did the doctor 7mprescribe a medicationOm to lower your !
! blood cholesterol ? !

CHOLMED

@

7m				Om
7m	Om	1.	Yes	
7m	Om	2.	No	
7m	Om	-----		
7m	Om	7.	Don't know/Not sure	
7m	Om	9.	Refused	

@/1 =+1/2 =+1/7 =+1/9 =+1/
 @@46b

!-----!
 ! Did the doctor. . . ? !
 ! 7mprovide0m you a LOW FAT or LOW CHOLESTEROL 7mdiet0m ? !
 !-----!

CHOLDIET

@46a@
 @@46c

!-----!
 ! Did the doctor. . . ? !
 ! 7mrefer you to a dietitian0m, nutritionist, or nurse !
 ! to help you reduce the fat or cholesterol in your diet ? !
 !-----!

! CHOLHELP.

@46a@
 @@47

!-----!
 ! Next, I'd like to ask you about diabetes, sometimes !
 ! called sugar diabetes... !
 ! Have you ever been told by a doctor that you have !
 ! 7mdiabetes0m ? !
 !-----!

~~DIABETES~~
 DIABSCORE

@46a@
 @@48

!-----!
 ! These next few questions ask for a little more !
 ! information about yourself. !
 ! How OLD were you on your last birthday? !
 !-----!

AGE

@

7m				Om
7m	Om			
7m	Om	___	CODE 7mCURRENT AGE0m IN YEARS	
7m	Om	-----		
7m	Om	7.	Don't Know	
7m	Om	9.	Refused	

@/\$r=+1/7 =+1/9 =+1/18_99=+1/
 @@49

!-----!
 ! What is your 1mRACE ?0m !
 ! Would you say White, Black, Asian or Pacific Islander, or !
 ! Aleutian, Eskimo or American Indian? !
 !-----!

ORACE

- 7m Om
- 7m Om 1. White
 - 7m Om 2. Black
 - 7m Om 3. Asian or Pacific Islander
 - 7m Om 4. Aleutian, Eskimo or American Indian
 - 7m Om -----
 - 7m Om 5. Other
 - 7m Om 7. Don't Know / Not Sure
 - 7m Om 9. Not Ascertained / Refused

@/1 =+1/2 =+1/3 =+1/4 =+1/5 =+1/7 =+1/9 =+1/
 @@50

!-----!
 ! Are you of 7mHISPANIC ORGINOm such as Mexican American, !
 ! Latin American, Puerto Rican or Cuban? !
 !-----!

HISPANIC

@46a@
 @@51

!-----!
 ! What is the 7mHIGHEST GRADE OR YEAR OF SCHOOLOm you completed? !
 !-----!

EDUCA

a

- 7m Om
- 7m Om 1. Eighth Grade or Less
 - 7m Om 2. Some High School
 - 7m Om 3. High School Grad or GED Certificate
 - 7m Om 4. Some Technical School
 - 7m Om 5. Technical School Graduate
 - 7m Om 6. Some College
 - 7m Om 7. College Graduate
 - 7m Om 8. Post Grad or Professional Degree
 - 7m Om -----
 - 7m Om 9. Don't Know / Refused

@/1 =+1/2 =+1/3 =+1/4 =+1/5 =+1/6 =+1/7 =+1/8 =+1/9 =+1/
 @52

!-----!
 ! Are you CURRENTLY employed for wages, self-employed, out of !
 ! work for more than 1 year, out of work for less than 1 year, !
 ! homemaker, student, or retired? !
 !-----!

EMPLOY

b

- 7m Om
- 7m Om 1. Employed for Wages
 - 7m Om 2. Self-Employed
 - 7m Om 3. Out of Work for MORE than 1 Year
 - 7m Om 4. Out of Work for LESS than 1 Year
 - 7m Om 5. Homemaker
 - 7m Om 6. Student
 - 7m Om 7. Retired
 - 7m Om -----
 - 7m Om 9. Don't Know / Refused

?/1 =+1/2 =+1/3 =+1/4 =+1/5 =+1/6 =+1/7 =+1/9 =+1/
 @53

!-----!
 ! And are you married, divorced, widowed, separated, never !

MARITAL

! been married, or a member of an unmarried couple? !
!-----!

- @
- 7m 0m 1. Married
 - 7m 0m 2. Divorced
 - 7m 0m 3. Widowed
 - 7m 0m 4. Separated
 - 7m 0m 5. Never Been Married
 - 7m 0m 6. Member of an Unmarried Couple
 - 7m 0m -----
 - 7m 0m 9. Not Ascertained / Refused

@/1 =+1/2 =+1/3 =+1/4 =+1/5 =+1/6 =+1/9 =+1/
@@54

!-----!
! Which of the following categories best describes your annual !
! 7mHOUSEHOLD INCOME0m from all sources: less than \$10,000, 10 to !
! \$15,000, 15 to \$20,000, 20 to \$25,000, 25 to \$35,000, !
! 35 to \$50,000 or over \$50,000? !
!-----!

INCOME

- 3
- 7m 0m 1. Less than \$10,000
 - 7m 0m 2. \$10,000 to \$14,999
 - 7m 0m 3. \$15,000 to \$19,999
 - 7m 0m 4. \$20,000 to \$24,999
 - 7m 0m 5. \$25,000 to \$34,999
 - 7m 0m 6. \$35,000 to \$50,000
 - 7m 0m 8. Over \$50,000
 - 7m 0m -----
 - 7m 0m 7. Don't Know / Not Sure
 - 7m 0m 9. Not Ascertained / Refused

3/1 =+1/2 =+1/3 =+1/4 =+1/5 =+1/6 =+1/7 =+1/8 =+1/9 =+1/
!@55

!-----!
! About how much do you 7mWEIGH0m without shoes? !
!-----!

WEIGHT

(ROUND UP IF NECESSARY WHEN ENTERING NUMBER OF POUNDS)

- !)
- 7m 0m
 - 7m 0m _____ ENTER WEIGHT IN WHOLE POUNDS
 - 7m 0m
 - 7m 0m -----
 - 7m 0m 7. Don't Know
 - 7m 0m 9. Refused

!/\$r=+1/7 =+2/9 =+2/50_79=+1/80_300=+2/301_349=+2/350_600=+1/
!@55a

INTERVIEWER:0m

1mPerson weighs {55} POUNDS0m, 7mis this correct0m?

:9a@
!@56

!-----!
! About 7mHOW TALL0m are you without shoes? !
!-----!

HEIGHT

(EXAMPLE: 5 FEET 11 INCHES --ENTER 511)

@

7m 0m _____ ENTER NUMBER OF FEET AND INCHES
7m 0m _____
7m 0m _____
7m 0m 7. Don't Know / Not Sure
7m 0m 9. Refused

@/\$r=+2/205_311=+1/400_411=+2/500_511=+2/600_608=+2/609_611=+1/700_805=+1/7 =+2/
@@56a

1mINTERVIEWER:0m

1mPerson's HEIGHT is {56}0m, 7mis that correct0m?

9a@

9@57

!-----!
! 1mINDICATE SEX OF RESPONDENT0m !
!-----!

SEX

7m 0m 1. Male

7m 0m 2. Female

9/1 =65 /2 =+1/

9@58

!-----!
! These next questions are about MAMMOGRAM, which are x-ray !
! tests of the breasts to look for cancer. !
! Have you ever had a 7mMAMMOGRAM0m ? !
!-----!

! HADMAM

7m 0m _____
7m 0m 1. Yes
7m 0m 2. No
7m 0m _____
7m 0m 7. Don't Know / Not Sure
7m 0m 9. Not Ascertained / Refused

9/1 =+1/2 =+3/7 =62a/9 =62a/

959

!-----!
! About how long has it been since you had your last !
! mammogram ? ..Was it within the past year, the past 2 !
! years, the past 5 years, OR more than 5 years ago ? !
!-----!

HOWLONG

7m 0m _____
7m 0m 1. Within the past year
7m 0m 2. Within the past 2 years
7m 0m 3. Within the past 5 years

- 7m Om 4. More than 5 years ago
- 7m Om -----
- 7m Om 7. Don't Know / Not Sure
- 7m Om 9. Not Ascertained / Refused

@/1 =+3/2 =+1/3 =+1/4 =+1/7 =+1/9 =+1/
 @@60a

!-----!
 ! What is the MOST IMPORTANT REASON that you did not !
 ! have a MAMMOGRAM in the last year ? !
 !-----!

WHYNOT

@

- 7m Om
- 7m Om 1. Not recommended by doctor
- 7m Om /never said it was needed
- 7m Om 2. Not needed/Not necessary
- 7m Om 3. Never heard of mammogram
- 7m Om 4. Cost
- 7m Om 5. No insurance to pay for it
- 7m Om 6. Other
- 7m Om -----
- 7m Om 7. Don't Know / Not Sure
- 7m Om 9. Not Ascertained / Refused

@/1 =+2/2 =+2/3 =+2/4 =+2/5 =+2/6 =+2/7 =+2/9 =+2/
 @@60b

!-----!
 ! What is the MOST IMPORTANT REASON that you !
 ! never had a MAMMOGRAM ? !
 !-----!

WHYNEVER

@

- 7m Om
- 7m Om 1. Not recommended by doctor
- 7m Om /never said it was needed
- 7m Om 2. Not needed/Not necessary
- 7m Om 3. Never heard of mammogram
- 7m Om 4. Cost
- 7m Om 5. No insurance to pay for it
- 7m Om 6. Other
- 7m Om -----
- 7m Om 7. Don't Know / Not Sure
- 7m Om 9. Not Ascertained / Refused

@/1 =+3/2 =+3/3 =+3/4 =+3/5 =+3/6 =+3/7 =+3/9 =+3/
 @@61

!-----!
 ! Was your last MAMMOGRAM done as part of a !
 ! routine checkup, because of a breast problem, !
 ! or because you've already had breast cancer ? !
 !-----!

WHYDONE
~~WHYNEVER~~

@

- 7m Om
- 7m Om 1. Routine Checkup
- 7m Om 2. Breast problem
- 7m Om 3. Had breast cancer
- 7m Om -----
- 7m Om 7. Don't Know / Not Sure

7m 0m 9. Not Ascertained / Refused

@/1 =+1/2 =+1/3 =+1/7 =+1/9 =+1/
a@62

-----!
: Whose IDEA was it for you to have this last !
! MAMMOGRAM -was it Your Idea, Your Doctor's !
! Idea, OR Someone's Else's Idea ? !
!-----!

WHOSIDEA

(PROBE FOR THE MOST INFLUENTIAL)

@
7m 0m
7m 0m 1. Respondent's idea
7m 0m 2. Doctor's idea
7m 0m 3. Someone else's idea
7m 0m -----
7m 0m 7. Don't Know / Not Sure
7m 0m 9. Not Ascertained / Refused

@/1 =+1/2 =+1/3 =+1/7 =+1/9 =+1/
@@62a *7 *

@
@/\$r=+1/18_45=+1/> =65 /# =48 /
@63

-----!
! To your knowledge, are you now 7mPREGNANT? !
!-----!

PREGNANT

7m 0m
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't know/Not sure
7m 0m 9. Refused

?/1 =+1/2 =+2/7 =+2/9 =+2/
?@64

-----!
! During what month is your 1mBABY due ?0m!
!-----!

MONTHDUE

7m 0m
7m 0m 1. January 7. July
7m 0m 2. February 8. August
7m 0m 3. March 9. September
7m 0m 4. April 10. October
7m 0m 5. May 11. November
7m 0m 6. June 12. December
7m 0m -----
7m 0m 77. Don't Know / Not Sure
7m 0m 99. Refused

? =+1/1_12=+1/77=+1/99=+1/
@65

-----!
! 7mHow many telephone numbers0m will reach this household !
! INCLUDING the number I used today? !

NUMPHONS

!-----!
(DIFFERENTIATE BETWEEN TELEPHONE NUMBERS AND
TELEPHONE SETS IF NECESSARY.)

- 7m 0m 1. only one
7m 0m 2. two different numbers
7m 0m 3. three different numbers
7m 0m 4. four different numbers
7m 0m 5. five different numbers
7m 0m
7m 0m 9. refused to verify

@/1 =65b/2 =65b/3 =65b/4 =+1/5 =+1/6 =+1/9 =65b/
@@65a

1mINTERVIEWER:0m

1m(65) DIFFERENT telephone numbers0m, 7mis that correct0m?

@

c. Correct
- need to reenter

@/c =65b/
@@65b

!-----!
' What COUNTY do you live in ? !
!-----!

COUNTY

- 3
7m 0m _____ Enter NAME BELOW
7m 0m _____
7m 0m _____
7m 0m d. Don't Know / Not Sure
7m 0m r. Not Ascertained / Refused

3/\$ =+2/d =+2/r =+2/
3@66

The respondent lives in 5m(65b)0m COUNTY.

INTERVIEWER: Please refer to the COUNTY CODE SHEET
to re-code this response.

d = 777 / r = 999

If you cannot enter a code, please flag this question
for your Supervisor (question 999c)!

- 3
7m 0m _____ Enter COUNTY CODE BELOW
1 0m _____
/m 0m _____
7m 0m 777. Don't Know / Not Sure
7m 0m 999. Not Ascertained / Refused
3/\$r=+1/1_776=999c/777=999c/999=999c/> =999c/

@@70a *7 *

@

@/# =57 /1 =75 /2 =+1/> =75 /

@71

-----!
: Have you ever heard of a 7mPAP SMEAR TEST0m ? !
!-----!

PAP

@

7m 0m
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/1 =+1/2 =75 /7 =75 /9 =75 /

@@72

-----!
! Have you ever had a PAP SMEAR ?!
!-----!

HAD PAP

@

7m 0m
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

... =+1/2 =75 /7 =75 /9 =75 /

@73

-----!
! When did you have your last PAP SMEAR ?
! Was it within the past year, within the past 2 years,
! within the past 5 years or more than 5 years ago ?
!-----!

WHEN PAP

@

7m 0m
7m 0m 1. Within the past year...(0 - 12 mos)
7m 0m 2. " the past 2 years ...(13 -24 mos)
7m 0m 3. " the past 5 years ...(25 -60 mos)
7m 0m 4. > 5 years ago ...(61 + mos)
7m 0m -----
7m 0m 7. Don't Know / Not Sure
7m 0m 9. Not Ascertained / Refused

:/1 =+1/2 =+1/3 =+1/4 =+1/7 =+1/9 =+1/

@73a *7 *

:/# =63 /1 =75 /> =+1/

@74

-----!
! Have you had a 7mHYSTERECTOMY0m ? !
!-----!

HYSTER

IF PERSON ASK "WHAT IS A ...", ask ...

"1mHad a operation to take out the uterus ?0m"

/m Um
7m Om 1. Yes
7m Om 2. No
7m Om -----
7m Om 7. Don't Know/Not Sure
7m Om 9. Refused

@/1 =75 /2 =75 /7 =75 /9 =75 /
@@75

!-----!
! These next questions are about 7mDIGITAL RECTAL EXAMS0m, !
! that is when a doctor inserts his finger in the !
! rectum to check for problems. !
! Have you ever HEARD of a Digital Rectal Exam ? !
!-----!

DRE

@

7m Om
7m Om
7m Om 1. Yes
7m Om 2. No
7m Om -----
7m Om 7. Don't Know/Not Sure
7m Om 9. Refused

@/1 =+1/2 =78 /7 =78 /9 =78 /
@76

!-----!
! Have you ever HAD a Digital Rectal Exam ? !
!-----!

HADDRE

@75 @
@77

!-----!
! When did you have your last Digital Rectal Exam ? !
! Was it within the past year, within the past 2 years, !
! within the past 5 years, or more than 5 years ago ? !
!-----!

WHENDRE

7m Om
7m Om
7m Om 1. Within the past year...(0 - 12 mos)
7m Om 2. " the past 2 years...(13 - 24 mos)
7m Om 3. " the past 5 years...(25 - 60 mos)
7m Om 4. > 5 years ago.....(61 + mos)
7m Om -----
7m Om 7. Don't Know/Not Sure
7m Om 9. Refused

@/1 =+1/2 =+1/3 =+1/4 =+1/7 =+1/9 =+1/
@78

!-----!
! A 7mBLOOD STOOL TEST0m is when the stool is examined !
! to determine whether it contains blood. !
! ave you ever HEARD of a Blood Stool Test ? !
!-----!

STOOL

7m

Om

7m 0m
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/1 =+1/2 =81 /7 =81 /9 =81 /
@@79

!-----!
! Have you ever HAD a Blood Stool Test ? !
!-----!

HADSTOOL

@78 @
@@80

!-----!
! When did you have your last Blood Stool Test ? !
! Was it within the past year, within the past 2 years, !
! within the past 5 years, or more than 5 years ago ? !
!-----!

WHENSTO

@77 @
@@81

!-----!
! A 7mPROCTOSCOPIC EXAM0m is when a tube is inserted !
! in the Rectum to check for problems. !
! Have you ever HEARD of a Proctoscopic Exam ? !
!-----!

- PROCTO

7m 0m
7m 0m
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/1 =+1/2 =99a/7 =99a/9 =99a/
@82

!-----!
! Have you ever HAD a Proctoscopic Exam ? !
!-----!

HAD PROC

@81 @
@83

!-----!
! When did you have your last Proctoscopic Exam ? !
! Was it within the past year, within the past 2 years, !
! within the past 5 years, or more than five years ago ? !
!-----!

WHEN PROC

7m 0m
7m 0m
7m 0m 1. Within the past year...(0 - 12 mos)
7m 0m 2. " the past 2 years...(13 - 24 mos)
7m 0m 3. " the past 5 years...(25 - 60 mos)
7m 0m 4. > 5 years ago.....(61 + mos)
7m 0m -----

7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/1 =99a/2 =99a/3 =99a/4 =99a/7 =99a/9 =99a/
99a *7 *

@/# =57 /1 =103a/2 =+1/
@@100

!-----!
! WE'D LIKE TO ASK A FEW MORE QUESTIONS ABOUT CANCER !
! DETECTION TESTS. !
! Do you know how to examine your own breast for LUMPS ? !
!-----!

LUMPS

@

7m 0m
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/1 =+1/2 =+2/7 =+2/9 =+2/
@@101

!-----!
! ABOUT how often do you examine your breast for LUMPS ? !
!-----!
(101-102 = times per day 301-331 = times per month
201-207 = times per week 401-412 = times per year)

LUMPOFT

@

7m 0m
7m 0m 1xx to enter times per day
7m 0m 2xx to enter times per week
7m 0m 3xx to enter times per month
7m 0m 4xx to enter times per year
7m 0m -----
7m 0m 6. NEVER
7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/\$r=+1/101_499=+1/6 =+1/7 =+1/9 =+1/
@@102

!-----!
! Within the last two years, has a doctor advised you to !
! examine your breasts for lumps on a monthly basis ? !
!-----!

LUMPTOLD

@

7m 0m
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
?@102a *7 *

?

@/# =71 /1 =+1/2 =+2/7 =+2/9 =+2/

@@103

! Within the last two years, has a doctor advised you to have a PAP smear ?

PAPTOLD

- @
- 7m 0m 1. Yes
- 7m 0m 2. No
- 7m 0m -----
- 7m 0m 7. Don't Know/Not Sure
- 7m 0m 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/

@@103a *7 *

@

@/\$r=+2/50_99=* /> =+2/# =48 /

{81}

@/1 =+1/2 =+2/7 =+2/9 =+2/

@@104

! Within the last five years, has a doctor advised you to have a proctoscopic examination ?

PROCTOLD

- 1
- 7m 0m 1. Yes
- 7m 0m 2. No
- 7m 0m -----
- 7m 0m 7. Don't Know/Not Sure
- 7m 0m 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/

@@105

! Next, I have a couple of questions which ask about your HEALTH STATUS. all in all, would you say that your health is Excellent, Good, Fair or Poor ?

HLTHGOOD

- 2
- 7m 0m 1. Excellent
- 7m 0m 2. Good
- 7m 0m 3. Fair
- 7m 0m 4. Poor
- 7m 0m -----
- 7m 0m 7. Don't Know/Not Sure
- 7m 0m 9. Refused

@/1 =+1/2 =+1/3 =+1/4 =+1/7 =+1/9 =+1/

@@106

! I'm going to read you a list of MEDICAL CONDITIONS and PHYSICAL AILMENTS that usually last some time. As I read each one, please tell me if you have ever!

! experienced this problem or been told by a Medical !
! Doctor that you have this problem ? !
!-----! !

! (Experienced or told you have/had ... !
! HEART TROUBLE ? !
!-----! !

HEART

@

7m Om
7m Om 1. Yes
7m Om 2. No
7m Om -----
7m Om 7. Don't Know/Not Sure
7m Om 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
@@107

! (Experienced or told you had a . . . ?) !
! STROKE ? !
!-----! !

STROKE

@

7m Om
7m Om 1. Yes
7m Om 2. No
7m Om -----
7m Om 7. Don't Know/Not Sure
7m Om 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
@@108

! (Experienced or told you have/had ... !
! ARTHRITIS ? !
!-----! !

ARTHRIT

@

7m Om
7m Om 1. Yes
7m Om 2. No
7m Om -----
7m Om 7. Don't Know/Not Sure
7m Om 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
@@109

! (Experienced or told you have/had ... !
! CHRONIC BRONCHITIS OR EMPHYSEMA ? !
!-----! !

BRONCH

@

7m Om
7m Om 1. Yes
7m Om 2. No
7m Om -----

7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

(1 =+1/2 =+1/7 =+1/9 =+1/
_10

! (Experienced or told you have/had ...
! ASTHMA ?
!

ASTHMA

@
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
@@111

! (Experienced or told you have/had ...
! KIDNEY OR BLADDER TROUBLE ?
!

KIDNEY

@
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
@@112

! (Experienced or told you have/had ...
! LIVER TROUBLE ?
!

LIVER

@
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
@@113

! (Experienced or told you have/had ...
! CANCER ?
!

CANCER

@
7m 0m 1. Yes
7m 0m 2. No
7m 0m ---

7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
114

!-----!
! (Experienced or told you have/had ... !
! FREQUENT HEADACHES ? !
!-----!

HEADACHE

@

7m 0m
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
@@115

!-----!
! (Experienced or told you have/had ... !
! FREQUENT BACK TROUBLE ? !
!-----!

BACK

@

7m 0m
-7m 0m 1. Yes
-7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
@@116

!-----!
! Have any of your parents, brothers, sisters, or children !
! ever had cancer, other than skin cancer ? !
!-----!

FAMCANC

@

7m 0m
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
@@117

!-----!
! Now I'd like to ask you a few questions about your HEALTH !
! CARE COVERAGE, which you use when paying hospital bills, !
! doctor bills or clinic bills. We are interested in the !
! relationship between different kinds of health care coverage !
! and use of preventive services. !
! Are you covered by any of the following kinds of HEALTH !
! CARE PLANS ? !
!-----!

!-----!
 ! ARE YOU COVERED BY...
 ! MEDICARE ? (available to adults over the age of 62 or on social
 ! security retirement)
 !-----!

@
 7m Om MEDICARE
 7m Om 1. Yes
 7m Om 2. No
 7m Om -----
 7m Om 7. Don't Know/Not Sure
 7m Om 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
 @@118

!-----!
 ! ARE YOU COVERED BY...
 ! MEDI-CAL ? (available to low-income Californians, those on
 ! SSI, AFDC)
 !-----!

@
 7m Om MEDICAL
 7m Om 1. Yes
 7m Om 2. No
 7m Om -----
 7m Om 7. Don't Know/Not Sure
 7m Om 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
 @@119

!-----!
 ! ARE YOU COVERED BY...
 ! MAJOR MEDICAL INSURANCE, which pays for hospital stays?
 !-----!

!
 7m Om MAJORMED
 7m Om 1. Yes
 7m Om 2. No
 7m Om -----
 7m Om 7. Don't Know/Not Sure
 7m Om 9. Refused

!/1 =+1/2 =+1/7 =+1/9 =+1/
 !@120

!-----!
 ! ARE YOU COVERED BY...
 ! A HEALTH MAINTENANCE ORGANIZATION or HMO, for example,
 ! Kaiser, Health Net, or Foundation, which allows you to
 ! see doctors for no fee or a small fee at each visit ?
 !-----!

!
 7m Om
 7m Om 1. Yes
 7m Om 2. No
 7m Om -----

7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
121

!-----!
! ARE YOU COVERED BY...!
! A HEALTH INSURANCE PLAN, such as Blue Cross or Aetna,
! which pays a percentage of each doctor bill for routine
! care while you are responsible for the rest ?
!-----!

HIP

@

7m 0m
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
@@122

!-----!
! ARE YOU COVERED BY...!
! ANY OTHER TYPE OF PLAN, for example, the military or
! student health ?
!-----!

OTHER PLAN

@

7m 0m
7m 0m 1. Yes
7m 0m 2. No
7m 0m -----
7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/

@@122a *7 *

@
@/# =120 /1 =123 /2 =*/7 =*/9 =*/
{121}

@/1 =123 /2 =*/7 =*/9 =*/
{122}

@/1 =+1/2 =+2/7 =+2/9 =+2/
@@123

!-----!
! What is the name of your health plan?
! (if more than one plan, most often used plan)
!-----!

HLTHSTR (text)
HLTHNAME (code)

@

7m 0m
7m 0m ENTER NAME OF PLAN
7m 0m -----
7m 0m -----
7m 0m 7. Don't Know/Not Sure
7m 0m 9. Refused

@/\$ =+1/7 =+1/9 =+1/
@@123a *7 *

@
@/# =117 /1 =125 /2 =+1/7 =+1/9 =+1/
@@123b *7 *

! =118 /1 =125 /2 =+1/7 =+1/9 =+1/
@@123c *7 *

@
@/# =120 /1 =125 /2 =+1/7 =+1/9 =+1/
@@123d *7 *

@
@/# =121 /1 =125 /2 =+1/7 =+1/9 =+1/
@@123e *7 *

@
@/# =122 /1 =125 /2 =+1/7 =+1/9 =+1/
@@124

!-----!
! Does this mean you pay all the costs each time !
! you see a doctor for routine office care ? !
!-----!

PAYSELF

@
7m Om 1. Yes
7m Om 2. No
7m Om -----
7m Om 7. Don't Know/Not Sure
7m Om 9. Refused

=+1/2 =+1/7 =+1/9 =+1/
@@125

!-----!
! Is there ONE doctor you usually go to who knows !
! your medical history ? !
!-----!

ONEDOC

@
7m Om
7m Om 1. YES, ONE particular doctor
7m Om (include here people who see
7m Om TWO OR MORE USUAL doctors,
7m Om depending on what is wrong)
7m Om 2. NO (see anyone available;
7m Om rarely see a doctor)
7m Om -----
7m Om 7. Don't Know/Not Sure
7m Om 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
@@125a *7 *
@
@/# =38 /1 =+2/2 =+2/3 =+1/4 =+1/7 =+1/8 =+1/9 =+1/
@@126

!-----!
! What is the most important reason why you haven't !
! had a routine checkup in the last two years ? !
!-----!

CHECKNOT

7m Om
7m Om 1. Not needed/not necessary

- 7m 0m 2. Cost
- 7m 0m 3. Don't know where to go/don't have a doctor/recently moved
- 7m 0m 4. I forget/I'm lazy
- 7m 0m 5. Other _____
- 7m 0m _____
- 7m 0m 7. Don't Know/Not Sure
- 7m 0m 9. Refused

@/1 =+1/2 =+1/3 =+1/4 =+1/5\$=+1/7 =+1/9 =+1/

@@126a *7 *

@

@/# =52 /1 =+1/2 =+1/3 =130 /4 =130 /5 =130 /6 =130 /7 =130 /9 =130 /

@@127

!-----!
 ! Which of the following best describes the policy !
 ! about smoking at your workplace ? !
 !-----!

WORK SMOK

@

- 7m 0m 1. No smoking allowed inside
- 7m 0m 2. Smoking restricted to a few designated areas
- 7m 0m 3. Smoking allowed in most places except where posted
- 7m 0m 4. No specific work site, work at home
- 7m 0m _____
- 7m 0m 7. Don't Know/Not Sure
- 7m 0m 9. Refused

@/1 =+1/2 =+1/3 =+1/4 =130 /7 =+1/9 =+1/

28

!-----!
 ! Does your workplace offer employees health promotion !
 ! programs for stress management, weight control, !
 ! physical fitness or to stop smoking ? !
 !-----!

WORKHPP

@

- 7m 0m 1. Yes
- 7m 0m 2. No
- 7m 0m _____
- 7m 0m 7. Don't Know/Not Sure
- 7m 0m 9. Refused

@/1 =+1/2 =+2/7 =+2/9 =+2/

@@129

!-----!
 ! In the past year, have you participated in !
 ! such a program at your workplace ? !
 !-----!

GOTOHPP

@

- 7m 0m 1. Yes
- 7m 0m 2. No
- 7m 0m _____
- 7m 0m 7. Don't Know/Not Sure
- 7m 0m 9. Refused

@/1 =+1/2 =+1/7 =+1/9 =+1/
@@130

!-----!
! Now I am going to ask you about the fruits and
! vegetables you ate YESTERDAY. Please answer as
! accurately as you can about what you ate YESTERDAY.
!-----!

! In these questions, A SERVING means a half-cup of
! cooked vegetables, a cup of raw vegetables or salad,
! or a medium-sized piece of fruit..
!-----!

!-----!
! How many servings of fruit or fruit juice did you
! have yesterday ?
!-----!

FRUIT

- a
- | | | | | |
|----|----|----|---------------------|----|
| 7m | - | | | Om |
| 7m | Om | 1. | None | |
| 7m | Om | 2. | One | |
| 7m | Om | 3. | Two | |
| 7m | Om | 4. | Three or more | |
| 7m | Om | | ----- | |
| 7m | Om | 7. | Don't Know/Not Sure | |
| 7m | Om | 9. | Refused | |

1/1 =+1/2 =+1/7 =+1/9 =+1/
31

!-----!
! Did you have a serving of strawberries, oranges,
! grapefruits or citrus juice yesterday ?
!-----!

CITRUS

- | | | | | |
|----|----|----|---------------------|----|
| 7m | - | | | Om |
| 7m | Om | 1. | Yes | |
| 7m | Om | 2. | No | |
| 7m | Om | | ----- | |
| 7m | Om | 7. | Don't Know/Not Sure | |
| 7m | Om | 9. | Refused | |

1/1 =+1/2 =+1/7 =+1/9 =+1/
@132

!-----!
! Did you have a serving of apples, pears, or
! dried fruit yesterday ?
!-----!

APPLES

- | | | | | |
|----|----|----|---------------------|----|
| 7m | - | | | Om |
| 7m | Om | 1. | Yes | |
| 7m | Om | 2. | No | |
| 7m | Om | | ----- | |
| 7m | Om | 7. | Don't Know/Not Sure | |
| 7m | Om | 9. | Refused | |

1/1 =+1/2 =+1/7 =+1/9 =+1/
@133

!-----!

! How many servings of vegetables or green !
! salads did you have yesterday ? !
!-----!

VEG

7m Om
7m Om 1. None
7m Om 2. One
7m Om 3. Two
7m Om 4. Three or more
7m Om -----
7m Om 7. Don't Know/Not Sure
7m Om 9. Refused

@/1 =200 /2 =+1/3 =+1/4 =+1/7 =+1/9 =+1/
@@134 ---

!-----!
! Did you have a serving of broccoli, cauliflower, !
! cabbage, brussel sprouts or bok choy yesterday ? !
!-----!

CRUCIFER

a
7m Om
7m Om 1. Yes
7m Om 2. No
7m Om -----
7m Om 7. Don't Know/Not Sure
7m Om 9. Refused

@ =+1/2 =+1/7 =+1/9 =+1/
@ .35

!-----!
! Did you have a serving of spinach, dark greens !
! (kale, beet greens, turnip greens, swiss chard), !
! carrots or winter squash yesterday ? !
!-----!

GREENS

b
7m Om
7m Om 1. Yes
7m Om 2. No
7m Om -----
7m Om 7. Don't Know/Not Sure
7m Om 9. Refused

1/1 =+1/2 =+1/7 =+1/9 =+1/
1@200

!-----!
! That's my last question. !
! !
! Let me emphasize that your answers cannot be identified !
! with your name. Everyone's answers will be combined to !
! give us information about the health practices of people !
! in this state. !
! THANK YOU very much for your time and cooperation. !
!-----!

AY THANK YOU, GOODBYE...
(PRESS RETURN TO CONTINUE)

3
E/n =66 /