Content Warning Recommendations
'Building Justice' Podcast

- **Description: What are content warnings?**
  - Content warnings are verbal or written notices that precede potentially sensitive content. These notices flag the sensitive contents of the material that follows.

- **Purpose: What purpose do content warnings serve?**
  - Content warnings help build trust with listeners, giving them the tools to make effective decisions about when and how they expose themselves to sensitive topics which may impact them.

- **What topics are often covered in content warnings?**
  - Sexual assault; Abuse; Child abuse/pedophilia/incest; Animal cruelty or animal death; Self-harm and suicide; Eating disorders, body hatred, and fat phobia; Violence; Pornographic content; Kidnapping and abduction; Death or dying; Pregnancy/childbirth; Miscarriages/abortion; Blood; Mental illness and ableism; Racism and racial slurs; Sexism and misogyny; Classism; Hateful language direct at religious groups (e.g., Islamophobia, anti-Semitism); Transphobia and trans misogyny; Homophobia and heterosexism

- **Can you provide a sample content warning statement?**
  - "Please note that this episode contains depictions of (ex: violence, physical violence, race-based discrimination, etc.) that some people may find disturbing."

- **Are there other best practices I should know about?**
  - Placement: Place the content warning in the introductory part of the episode.

  - Specificity: Make sure your content warning is as specific as possible; specificity helps our listeners figure out if the content will likely impact them. If the content that is disturbing occurs during a certain timeframe, it can also be helpful to say "if you want to avoid this topic please skip to the second half of the episode.