CURRICULUM VITAE

Nathan T. Woo, Ph.D.

Assistant Professor Department of Communication Studies California State University, Sacramento Sacramento, CA, United States 95819

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EDUCATION

University of Arizona (2022)

Ph.D. Communication

Advisor: Dr. Kory Floyd

Committee: Drs. Stephen A. Rains, Margaret J. Pitts, and Heidi A. Hamann

Ph.D. Minor Health psychology and behavioral medicine

Advisor: Dr. Heidi A. Hamann

Honors The Honor Society of Phi Kappa Phi

San Diego State University (2017)

M.A. Communication studies

Advisor: Dr. Brian H. Spitzberg

Committee: Drs. Rachael A. Record and Allison A. Vaughn

Honors Scholars Without Borders Honors Society

University of California, Davis (2014)

B.A. Communication

B.A. Psychology

Honors College of Letters and Science Deans' Honors List

CHRONOLOGY OF EMPLOYMENT

Aug. 2022 – Assistant Professor, Department of Communication Studies, California State

Present University, Sacramento

Aug. 2017- Graduate Teaching Associate, Department of Communication, University of

May 2022 Arizona

Mar. 2021- Jul. 2021	Clinical Research Assistant, Mayo Clinic
Aug. 2016– May 2017	Student Athlete Academic Tutor, San Diego State University Athletics, San Diego State University
Aug. 2015– May 2017	Graduate Teaching Associate, School of Communication, San Diego State University
Sep. 2014- Jun. 2015	Intern, Kiva Microfunds, San Francisco, CA
Jun. 2013– Jun. 2014	Research Assistant for Dr. Narine S. Yegiyan, Dynamic Interactions in Cognition and Emotion (D.I.C.E.) Lab, Department of Communication, University of California, Davis
Jun. 2013- Jul. 2013	Course Tutor, Department of Communication, University of California, Davis
Feb. 2012– Aug. <i>2012</i>	Research Assistant for Dr. Ross A. Thompson, Social & Emotional Development Lab, Department of Psychology, University of California, Davis

HONORS AND ACHIEVEMENTS

Research

2023	Top Four Paper Panel, Interpersonal Communication Division, International Communication Association 73rd Annual Conference
2020	Chris Segrin Graduate Dissertation Award, University of Arizona Department of Communication (\$700)
2020	Top Four Paper Panel, Interpersonal Communication Division, National Communication Association 106th Annual Convention
2020	Top Four Paper Panel, Interpersonal Communication Interest Group, Western States Communication Association 91st Annual Convention
2019	Kory Floyd Graduate Fellowship in Interpersonal Relations, University of Arizona Department of Communication (\$500)
2019	Rose B. Johnson Most Outstanding Article Award, Southern Communication Journal

Top Four Paper Panel, Interpersonal Communication Interest Group, Western States Communication Association 89th Annual Convention

Teaching

- 2019 Excellence in Teaching Award, University of Arizona Department of Communication (\$800). The University of Arizona is a federally recognized Hispanic Serving Institution (HSI) and American Indian and Alaska Native-Serving Institution.
- Outstanding Graduate Teaching Associate Award, San Diego State University School of Communication. San Diego State University is a federally recognized HSI, First-gen Forward Advisory Institution, and Asian American, Southeast Asian American, Desi American, Native Hawaiian or Pacific Islander (AANAPISI) Institution.

RESEARCH

Publications

- 11. Floyd, K., Woo, N. T., Maré, J., & Duncan, K. L. (2023). Sampling practices in communication studies: A decade of research in four top journals. *Communication and Linguistic Studies*, 9(2), 27–41. https://doi.org/10.11648/j.cls.20230902.12
- 10. Floyd, K., & Woo, N. T. (2023). Psychophysiological measurement. In E. Ho, C. Bylund, & J. C. van Weert (Eds.). *The international encyclopedia of health communication*. Wiley. https://doi.org/10.1002/9781119678816.iehco603
- 9. Floyd, K., Debrot, A., Horan, S. M., Hesse, C., & Woo, N. T. (2023). Affectionate communication, health, and relationships. *Personal Relationships*, *30*(1), 44–75. https://doi.org/10.1111/pere.12444
- 8. Chapman, C., & Woo, N. T., & Maluf, K. S. (2022). Communication strategies used by physical therapists in chronic pain care: A qualitative systematic review and metasynthesis. *Physical Therapy & Rehabilitation Journal*, 102(9), pzaco81. https://doi.org/10.1093/ptj/pzaco81
- 7. Floyd, K., Woo, N., Custer, B. E., Dinsmore, D. R., Duncan, K., & Maré, J. (2022). Examining the social signaling and person perception functions of loneliness. *OBM Neurobiology*, *6*(2), 25. https://doi.org/10.21926/obm.neurobiol.2202119

- 6. Hesse, C., Floyd, K., Rains, S. A., Mikkelson, A. C., Pauley, P. M., Woo, N. T., Custer, B. E., & Duncan, K. (2021). Affectionate communication and health: A meta-analysis. *Communication Monographs*, 88(2), 194–218. https://doi.org/10.1080/03637751.2020.1805480
- 5. Floyd, K., Woo, N. T., & Custer, B. (2020). The biology of affectionate communication. In K. Floyd & R. Weber (Eds.), *Handbook of Communication Science and Biology* (pp. 308–318). Routledge. https://doi.org/10.4324/9781351235587
- 4. Sias, P. M., Tsetsi, E., Woo, N., & Smith, A. D. (2020). With a little help from my friends: Perceived task interdependence, coworker communication, and workplace friendship. *Communication Studies*, *71*(4), 528–549. https://doi.org/10.1080/10510974.2020.1749863
- 3. Floyd, K. & Woo, N. T. (2020). Loneliness and social monitoring: A replication of Knowles et al. *Personal Relationships*, *27*(1), 209–223. https://doi.org/10.1111/pere.12304
- 2. Floyd, K., Matheny, R., Dinsmore, D. R., Custer, B., & Woo, N. T. (2019). "If you disagree, unfriend me now": Exploring the interpersonal phenomenon of invited unfriending. *American Journal of Applied Psychology, 7*(1), 20–29. https://doi.org/10.12691/ajap-7-1-3
- 1. Floyd, K., Pauley, P. M., Hesse, C., Eden, J.; Veksler, A. E., & Woo, N. T. (2018). Supportive communication is associated with markers of immunocompetence. *Southern Communication Journal*, *8*3(4), 229–244. https://doi.org/10.1080/1041794X.2018.1488270

Competitively Selected Conference Papers and Presentations

- 20. Woo, N. T., & Gim, H. (2024, November 21–24). "I feel like I am the outcast": Examining students' classroom belongingness needs through social identity theory. [Paper presentation]. National Communication Association 110th Annual Convention, Research in Progress Roundtables. New Orleans, LA, United States.
- 19. Woo, N. T., & Floyd, K. (2023, May 25–29). *Testing the effects of an affectionate communication intervention to bolster mental health during the COVID-19 pandemic.* [Paper presentation]. International Communication Association 73rd Annual Conference, Interpersonal Communication Division. Toronto, Canada.

- 18. Floyd, K., Woo, N. T., Maré, J., & Duncan, K. (2022, November 17–20). *Sampling practices in communication studies: A decade of research in four top journals.* [Paper presentation]. National Communication Association 108th Annual Convention, Applied Communication Division. New Orleans, LA, United States.
- 17. Floyd, K., Woo, N. T., Custer, B. E., Dinsmore, D. R., Duncan, K. L, & Maré, J. (2022, February 18–21). *Examining the social signaling and person perception functions of loneliness*. [Paper presentation]. Western States Communication Association 92nd Annual Convention, Interpersonal Communication Interest Group. Portland, OR, United States.
- 16. Hesse, C., Floyd, K., Rains, S. A., Mikkelson, A. C., Pauley, P. M., Woo, N. T., Custer, B. E., & Duncan, K. (2020, November 19–22). *Affectionate communication and health: A meta-analysis*. [Paper presentation]. National Communication Association 106th Annual Convention, Interpersonal Communication Division. Indianapolis, IN, United States.
- 15. Chapman, C. R., Woo, N. T., & Maluf, K. S. (2020, August 4–8). *Communication strategies used by physical therapists in chronic pain care: A qualitative systematic review and meta-synthesis*. [Paper presentation]. International Association for the Study of Pain World Congress on Pain. Amsterdam, Netherlands.
- 14. Floyd, K., & Woo, N. T. (2020, February 22–24). *Loneliness and social monitoring: A replication of Knowles et al.* [Paper presentation]. Western States Communication Association 91st Annual Convention. Denver, CO, United States.
- 13. Woo, N. T., & Kohng, J. H. (2019, November 14–17). *Imagining for (friendship)* survival: Evidence of imagined interactions facilitating long-distance long-term friendship maintenance. [Paper presentation]. National Communication Association 105th Annual Convention, Student Section. Baltimore, MD, United States.
- 12. Sias, P. M., Smith, A. D., Woo, N. T., & Tsetsi, E., (2019, May 24–28). *Task interdependence and workplace friendship: The mediating roles of communication and trust.* [Paper presentation]. International Communication Association 69th Annual Conference, Organizational Communication Division. Washington, D.C., United States
- 11. Floyd, K., Matheny, R., Dinsmore, D. R., Custer, B., & Woo, N. T. (2019, February 23–25). "If you disagree, unfriend me now": Exploring the phenomenon of invited unfriending. [Paper presentation]. Western States Communication Association 90th Annual Convention, Interpersonal Communication Interest Group. Seattle, WA, United States.

- 10. Woo, N. T. & Santiago, J. (2018, November 8–11). Fighting the Freshman 15: Applying inoculation theory and testing motivational threat to strengthen healthy eating attitudes of college freshmen. [Paper presentation]. National Communication Association 104th Annual Convention, Research in Progress Roundtables. Salt Lake City, UT, United States.
- 9. Woo, N. T., Spitzberg, B. H., & Record, R. A. (2018, May 24–28). *Mobilizing friendship: Mitigating perceived feelings of loneliness through social networking applications*. [Paper presentation]. International Communication Association 68th Annual Conference, Interpersonal Communication Division. Prague, Czech Republic.
- 8. Martinez, L. S., Tan, A., Lewis, N., Santiago, J. E., & Woo, N. T. (2018, May 24–28). *A narrative review of information engagement and social networking sites research*. [Paper presentation]. International Communication Association 68th Annual Convention, Information Systems Division. Prague, Czech Republic.
- 7. Floyd, K., Pauley, P. M., Hesse, C., Eden, J., Veksler, A. E., & Woo, N. T. (2018, February 16–19). *Supportive communication is associated with markers of immunocompetence*. [Paper presentation]. Western States Communication Association 89th Annual Convention, Interpersonal Communication Interest Group. Santa Clara, CA, United States.
- 6. Woo, N. T. (2018, February 16–19). From traditional classrooms to virtual learning environments: A review of the literature on classroom climate. [Paper presentation]. Western States Communication Association 89th Annual Convention, Communication and Instruction Interest Group. Santa Clara, CA, United States.
- 5. Woo, N. T. (2017, November 16–19). *A model of long-distance friendship maintenance via social network cell phone applications*. [Paper presentation]. National Communication Association 103rd Annual Convention, Student Section. Dallas, TX, United States.
- 4. Chapman, C. R., & Woo, N. T. (2017, March 3–4). *Communicating pain: How gender identity influences self-disclosure and pain tolerance during the cold pressor test.*[Paper presentation]. San Diego State University Student Research Symposium. San Diego, CA, United States.
- 3. Woo. N. T. (2017, February 18–21). *(Re)Constructing the president-elect victory speech genre*. [Paper presentation]. Western States Communication Association 88th Annual Convention, Rhetorical and Public Address Interest Group. Salt Lake City, UT, United States.

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2. Woo, N. T. (2016, May 13). *Using a coaching metaphor in teaching the basic course.* [Conference session]. Grossmont College Communication Teaching Summit. San Diego, CA, United States.

1. Woo, N. T. (2016, April 22–24). Bulking up or toning down: The performance of yoga and its influence on traditional masculinity, the ideal masculine body, and male participation. [Paper presentation]. Binational Association of Schools of Communication (BINACOM) Conference. San Diego, CA, United States.

TEACHING AND INSTRUCTIONAL ACTIVITIES

California State University, Sacramento, Department of Communication Studies

Graduate Courses Taught

- COMS 219: Conflict Management
- COMS 207: Relational Communication
- COMS 202: Quantitative Research Methods

<u>Undergraduate Courses Taught</u>

- COMS 182: Senior Seminar in Interpersonal Communication
- COMS 119: Conflict Resolution Through Communication
- COMS 115: Nonverbal Communication
- COMS 100C: Intro to Scientific Methods in Communication Research
- COMS 8: Interpersonal Communication Skills

University of Arizona, Department of Communication

- COMM 451: Communication and Emotion
- COMM 415: Nonverbal Communication
- COMM 228: Research Methods in Communication
- COMM 114: Introduction to Interpersonal Communication
- COMM 113: Introduction to Small Group Communication

University of Arizona, School of Information

ESOC 302: Quantitative Methods for the Digital Marketplace

San Diego State University, School of Communication

- COMM 103: Oral Communication

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San Diego State University Athletics

- COMM 495: Communication Capstone: Conceptualizing and Investigating Communication
- COMM 350: Investigating Communication
- COMM 321: Intro to Health Communication
- COMM 300: Conceptualizing Communication
- COMM 245: Interpersonal Communication
- COMM 160: Argumentation

University of California, Davis, Department of Communication

- CMN 136: Organizational Communication
- CMN 101: Communication Theories
- CMN 003: Interpersonal Communication

Invited Guest Lectures and Talks

- Title: *Health Communication: An Overview*. Health Psychology & Behavioral Medicine Research Group, Department of Psychology, University of Arizona.
- Title: *Affectionate Communication in Interpersonal Contexts*. Department of Communication, University of Georgia

Training and Certifications

- 2018 Introduction to Teaching Online, Office of Instruction & Assessment, University of Arizona
- 2016 The Art of Inclusive Communication, National Conflict Resolution Center

ADVISING AND MENTORING

Graduate Students Supervised

- 3. Sol Ricco (M.A. thesis advisor). Expected 2025.
- 2. Declan Hillard (M.A. thesis advisor). Expected 2025.

1. Michelle S. Compo Hemmer (M.A. project advisor). "Communication about divorce and bringing the children into the conversation: An education program." Project defended October 2023.

Graduate Students Supported

- 10. Irene G. Regalado (M.A. thesis committee). Expected 2025.
- 9. Avery Tobiassen (M.A. thesis committee). Expected 2025.
- 8. Michelle T. Guilford (M.A. comprehensive exam committee). Expected 2025.
- 7. Michael Love (M.A. project committee). Expected 2025.
- 6. Ari Duran (M.A. thesis committee). Expected 2025.
- 5. Mariah Maye (M.A. thesis committee). Expected 2025.
- 4. April Oakley (M.A. thesis committee). Expected 2025.
- 3. Sabrina M. Guerra (M.A. comprehensive exam committee). Comprehensive exams defended April 2024.
- 2. Julian G. Stacy (M.A. comprehensive exam committee). Comprehensive exams defended April 2024.
- 1. Logan L. Leal (M.A. thesis committee). "Fusing friendships through academia: Understanding the impacts of friendships and relational maintenance with first-semester college students." Thesis defended April 2024. Graduated with distinction.

SERVICE

Disciplinary Service

- 2025 Convention Reviewer, Western States Communication Association 95th Annual Convention, Interpersonal and Family Division. Albuquerque, NM, United States
- 2025 Convention Reviewer, Western States Communication Association 95th Annual Convention, Health Communication Division. Albuquerque, NM, United States
- 2024 Convention Reviewer, National Communication Association 110th Annual Convention, Health Communication Division. New Orleans, LA, United States

2024	Convention Reviewer, National Communication Association 110th Annual Convention, Interpersonal Communication Division. New Orleans, LA, United States
2024	Convention Reviewer, National Communication Association 110th Annual Convention, Master's Education Section. New Orleans, LA, United States
2023	Ad hoc Reviewer, Journal of Communication
2023	Ad hoc Reviewer, Communication Monographs
2023	Convention Reviewer, International Communication Association 73rd Annual Conference, Health Communication Division. Toronto, Canada
2023	Convention Reviewer, International Communication Association 73rd Annual Conference, Interpersonal Communication Division. Toronto, Canada
2023	Convention Reviewer, Western States Communication Association 93rd Annual Convention, Interpersonal Communication Division. Phoenix, AZ, United States
2022	Convention Reviewer, National Communication Association 108th Annual Convention, Health Communication Division. New Orleans, LA, United States
2021	Proofreader, Journal of Communication Technology
2021	Ad hoc Reviewer, Journal of Adolescent Health
2021	Ad hoc Reviewer, Western Journal of Communication
2021	Convention Panel Chair, International Communication Association 71st Annual Conference, Interpersonal Communication Division. Virtual conference.
2021	Convention Reviewer, National Communication Association 107th Annual Convention, Master's Education Section. Seattle, WA, United States
2020	Ad hoc Reviewer, Cyberpsychology, Behavior, and Social Networking
2020	Ad hoc Reviewer, Journal of Social and Personal Relationships
2020	Convention Reviewer, National Communication Association 106th Annual Convention, Health Communication Division. Indianapolis, IN, United States

2020	Convention Reviewer, National Communication Association 106th Annual Convention, Master's Education Section. Indianapolis, IN, United States
2020	Convention Reviewer, International Communication Association 70th Annual Conference, Interpersonal Communication Division. Virtual conference.
2020	Convention Reviewer, Western States Communication Association 91st Annual Convention, Communication Theory and Research Division. Denver, CO, United States
2020	Paper Reader, Western States Communication Association, Interpersonal Communication Division. Denver, CO, United States
2019	Ad hoc Reviewer, Journal of Social and Personal Relationships
2019	Convention Panel Chair, National Communication Association 105th Annual Convention, Student Section. Baltimore, MD, United States
2019	Convention Reviewer, National Communication Association 105th Annual Convention, Student Section. Baltimore, MD, United States
2019	Convention Volunteer, National Communication Association 105th Annual Convention. Baltimore, MD, United States
2019	Convention Panel Chair, Western States Communication Association 90th Annual Convention, Media Studies Division. Seattle, WA, United States
2019	Convention Reviewer, Western States Communication Association 90th Annual Convention, Communication Theory and Research Division. Seattle, WA, United States
2018	Ad hoc Reviewer, Western Journal of Communication
2018	Convention Volunteer, National Communication Association 104th Annual Convention. Salt Lake City, UT, United States
2018	Conference Volunteer, International Communication Association 68th Annual Conference. Prague, Czech Republic
2017	Ad hoc Reviewer, Western Journal of Communication
2017	Convention Volunteer, National Communication Association 103rd Annual Convention. Dallas, TX, United States

2016	Lead Graduate Student Host and Organizer, Western States Communication
	Association 87th Annual Convention. San Diego, CA, United States
2016	Stanford Graduate School of Business Host, Management Communication Association Conference. Stanford, CA, United States

University Service

2023	Presenter, New Faculty Orientation Faculty Roundtables, California State University, Sacramento
2022- 2023	Member, College of Arts & Letters Data Research Focus College Faculty Learning Community, California State University, Sacramento
2019- 2022	Grant Reviewer, Graduate and Professional Student Council, The University of Arizona
2019	Role Player, The University of Arizona Police Department and the Critical Incident Response Team Active Shooter Exercise, University of Arizona
2019	Workshop Organizer, The University of Arizona Tech Park BESST (Building Experiential Skilled Student Talent) Workshop, University of Arizona
2018	Workshop Leader, The University of Arizona Department of Communication Inaugural COMM Development Day, University of Arizona
2017	Workshop Leader, The University of Arizona Tech Park BESST (Building Experiential Skilled Student Talent) Workshop, University of Arizona
2016	Member, Aztecs for Recovery, San Diego State University
2016	Judge, San Diego State University Student Research Symposium, San Diego State University
2014	Committee Member, UC Davis College of Letters & Science Commencement Speech Committee, University of California, Davis
2014	Volunteer, UC Davis Whole Earth Festival, University of California, Davis
2013	Volunteer, UC Davis Arboretum, University of California, Davis

Departmental Service

2024– Present	California State University, Sacramento
2023– Present	 Member, Graduate Committee, Department of Communication Studies, California State University, Sacramento The graduate program received the Outstanding Master's Degree Program Award from the National Communication Association's Master's Education Section in 2024
2023-	Convener, ComS 100C Work Group, Department of Communication Studies,
2024	California State University, Sacramento
2022-	Director, Wilson Communication Research Award, Department of
2024	Communication Studies, California State University, Sacramento
2022-	Member, Professional Enhancement Committee, Department of
2024	Communication Studies, California State University, Sacramento
2022-	Member, ComS 100C Work Group, Department of Communication Studies,
2024	California State University, Sacramento
2020- 2021	President, Association of Graduate Students in Communication, Department of Communication, University of Arizona
2018- 2020	Treasurer, Association of Graduate Students in Communication, Department of Communication, University of Arizona
2018-	Public Relations Committee Member, Association of Graduate Students in
2020	Communication, Department of Communication, University of Arizona
2017- 2020	Graduate Mentoring Committee Member, Association of Graduate Students in Communication, Department of Communication, University of Arizona
2017-	Faculty Liaison, Association of Graduate Students in Communication,
2018	Department of Communication, University of Arizona
2016-	Treasurer, Society of Communication and Leadership, School of
2017	Communication, San Diego State University
2016-	Fundraising Committee Chair, Society of Communication and Leadership,
2017	School of Communication, San Diego State University

2015– 2016	Leadership, School of Communication, San Diego State University
2015- 2016	Social Events Committee Member, Society of Communication and Leadership, School of Communication, San Diego State University
Profession	onal Service, Community Service, and Media Appearances
2024	Invited paid textbook reviewer for Routledge
2024	Volunteer for Elk Grove Multicultural Festival (14Sep2024). Elk Grove, CA, United States
2023	Invited paid textbook reviewer for Cognella
2023	Invited presenter for A Seat at the Table Books (28Feb2023). Title: <i>Fostering an Appreciation for Affectionate Communication</i> . Elk Grove, CA, United States
2022	Panelist for A Seat at the Table Books' <i>Let's Talk About Santa Diversity</i> panel discussion (3Dec2022). Elk Grove, CA, United States
2022	Invited paid textbook reviewer for Pearson Education
2020	Interviewee on <i>Best Forevers: A Podcast for Kindred Spirits</i> on friendship and unfriending behavior on social media (30Oct2020). Title: <i>Unfriending with Nate Woo</i>
2017	Interviewee on <i>Best Forevers: A Podcast for Kindred Spirits</i> on relational maintenance strategies (29Dec2017). Title: <i>Making Friends is Hard</i>
2015	Co-President of Kiva Microfunds' Toastmasters International Club. San Francisco, CA, United States
2014	Panel moderator for the Lend for America Summit. Berkeley, CA, United States

CLINICAL EXPERIENCE

Clinical Research Assistant, Mayo Clinic

Community Engagement Alliance (CEAL) Against COVID-19 Arizona Taskforce (AC3)

- Program funded by the National Institutes of Health (NIH).

- Interdisciplinary team of medical professionals, behavioral scientists, and researchers from Mayo Clinic, Northern Arizona University, Arizona State University, and the University of Arizona.
- Assisted with health messaging campaigns and interpersonal communication strategies for Arizona community leaders that specifically targeted vaccine hesitant members of historically marginalized and minority populations (e.g., Black, Hispanic, Native, disabled).
- Joined a special Zoom call in July 2021 with the White House COVID-19 Response
 Team (White House Office of Public Engagement) for Arizona faith and community leaders on the COVID-19 vaccination effort.

National Center for Integrated Behavioral Health (NCIBH)

- Center supported by the Health Resources and Services Administration (HRSA).
- Collaborated with NCIBH members to plan, promote, and host webinars.
- Responsible for social media outreach and scheduling.

GRANT EXPERIENCE

Travel Grant. Amount: \$671.47. Funder: Graduate & Professional Student Council, The University of Arizona. Role: PI. Funding received Spring 2022.

Travel Grant. Amount: \$2160. Funder: The Associated Students of the University of Arizona, The University of Arizona. Role: PI. Funding received Fall 2019.

Travel Grant. Amount: \$452. Funder: Graduate & Professional Student Council, The University of Arizona. Role: PI. Funding received Fall 2019.

PROFESSIONAL ASSOCIATION MEMBERSHIPS

Western States Communication Association

National Communication Association

International Communication Association

International Association for Relationship Research

PROFESSIONAL REFERENCES

Kory Floyd, Ph.D.

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Michael Rapp, M.A.

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