

## **Faculty Wind Quintet**

Cathie Apple, flute  
Cindy Behmer, oboe  
Sandra McPherson, clarinet  
Jennie Blomster, horn  
David A. Wells, bassoon

TUESDAY, 7:00 P.M.  
NOVEMBER 2, 2021  
CAPISTRANO CONCERT HALL

Umoja Valerie Coleman (b. 1970)

La Cheminée de Roi René Darius Milhaud (1892-1974)  
 I. Cortège  
 II. Aubade  
 III. Jongleurs  
 IV. La Maousinglade  
 V. Joutes sur l'Arc  
 VI. Chasse a Valabre  
 VII. Madrigal-Nocturne

Oblivion Astor Piazzolla (1921-1992)  
 arr. by Jeff Scott (b. 1967)

Pastorale Amy Beach (1867-1944)

Quintet in E-flat Major, Op. 88 No. 2 Anton Reicha (1770-1836)  
 I. Lento–Allegro Moderato  
 II. Scherzo  
 III. Andante grazioso  
 IV. Finale: Allegro molto

## UPCOMING AT THE SCHOOL OF MUSIC

**Thursday, November 18 – 7:00 p.m.**

**Chamber Music Groups**

various student chamber groups perform Classical music

**Friday, Nov. 19 – 7:00 p.m. / Sat., Nov. 20 – 7:00 p.m.**

**Opera Theatre**

**Wednesday, December 1 – 7:00 p.m.**

**Concert Band**

featuring music by William Grant Still, Alex Shapiro, Carl Strommen, Julie Giroux, James Barnes, and Percy Grainger

**Thursday, December 2 – 7:00 p.m.**

**Jazz Ensembles**

**Friday, December 3 – 7:00 p.m.**

**Vocal Jazz Ensembles**

**Sunday, December 5 – 4:00 p.m.**

**University Chorale, University Singers, and Choral Union**

At St. John's Lutheran Church, 1701 L Street

**Tuesday, December 7 – 7:00 p.m.**

**Symphony Orchestra**

*All concerts \$10 general, \$7 senior, \$5 student*

Visit [csus.edu/music](https://csus.edu/music) for tickets

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Newly-appointed flute professor at Sacramento State's School of Music, **Dr. Cathie Apple** is one of the founders of Citywater new music ensemble. She is a regular performer at the Music at Noon concert series, and performs with Sinfonia Spirituosa baroque orchestra, the Sacramento Baroque Soloists, and Celtic group Cahersiveen.

An avid supporter of new music, Cathie has commissioned and/or premiered many works for flute and various chamber ensembles, has collaborated with composers such as Clare Shore, Nicholas Deyoe, Brent Chancellor, Nell Shaw Cohen, and Sunny Knable, and regularly performs on the Festival of New American Music in Sacramento.

Along with her specialization in modern music, Dr. Apple performs regularly on traverso, with baroque ensembles Sinfonia Spirituosa and the Sacramento Baroque Soloists. Her traverso is made by Martin Wenner and is modeled after a mid-18th century flute designed by Italian flute-maker Carlo Palanca.

Cathie maintains a private teaching studio in Sacramento and for over a decade was the flute instructor at the Pacific Institute of Music in Folsom. Previous appointments include second flutist with the Las Vegas Philharmonic and adjunct faculty at the University of Nevada, Las Vegas and Southern Utah University. While in Las Vegas, Cathie founded NEXTET new music ensemble, and performed with them at the Edinburgh Fringe Festival.

Cathie earned her Doctorate from the University of Michigan, where she studied with Amy Porter. While in Michigan, Cathie also taught at Interlochen Arts Camp and was the yoga instructor for Amy Porter's Anatomy of Sound workshop.

In addition to maintaining a busy teaching and performing schedule, Cathie is a fitness instructor, personal trainer, owner of Pulse Revolution Heart Zones Cycling Studio, and enjoys doing CrossFit, triathlons, obstacle races, and going on long backpacking trips to recharge her batteries.

**Dr. Cindy Behmer** is a prominent freelance oboist and educator based in Sacramento, California. Since relocating to Sacramento in 2013, Dr.

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Behmer has performed with Reno Philharmonic, Sacramento Philharmonic and Opera, Sacramento Choral Society and Orchestra, Stockton Symphony, Chamber Music Society of Sacramento, the Fresno Grand Opera, Fresno Philharmonic, Townsend and Stockton Operas, the Music in the Mountains Festival Orchestra, Merced Symphony, Schola Cantorum, Camerata Capistrano, and the Zion Chamber Orchestra.

Dr. Behmer teaches private oboe lessons and is also an oboe instructor with the Bocal Majority and Operation Oboe NorCal camp held at CSU, Sacramento. Dr. Behmer is available for online instruction. Cindy served as oboist and English hornist with the Tucson Symphony Orchestra for several years while completing her Doctor of Musical Arts degree (2011) at the University of Arizona under the tutelage of Dr. Neil Tatman. She held positions with the Tucson Chamber Artists Orchestra, the Tucson Pops Orchestra, Tucson Masterworks Chorale, St. Andrew's Bach Society and concertized on several different chamber music series including St. Philip's Friends of Music. Dr. Behmer concertized with her Tucson-based reed trio, Zephyrus Reed Trio and double-reed duo, Kontra-Cor Duo. Dr. Behmer has also pursued additional study with Thomas Stacy, Carolyn Hove, Dr. Lindabeth Binkley, and Paula Engerer.

Dr. Behmer maintains a large private oboe studio ranging in levels from beginner, through the young-advanced, to adult-amateur. Her students have held recurring positions with Regional and All-State honor bands and orchestra, have served as members of the Sacramento Youth Symphony, Tucson Philharmonia Youth Orchestra, and have gone on to study oboe at the Curtis Institute of Music and other 4-year universities.

**Sandra McPherson** graduated with a Bachelor in Music from CSU, Fresno and a Master's Degree in Clarinet Performance/Musicology from UC Santa Barbara, where she studied clarinet with James Kanter. She performs frequently as principal clarinetist and bass clarinetist in numerous Northern California orchestras, including the Sacramento Philharmonic, Opera, and Choral Society Orchestras. She also has extensive experience as a chamber music performer and coach.

As a member of the Sacramento Philharmonic's woodwind quintet, she performs educational concerts throughout the region. She has performed with numerous other chamber music ensembles at the Crocker Art Museum Sunday Series, Sacramento State's Festival of New American Music, Chamber Music Alive!, and the Capital Chamber Players Series.

Ms. McPherson is conductor of clarinet ensembles, rehearsal coach, and chamber music instructor for the Sacramento Youth Symphony's orchestras and Chamber Music Workshops. She maintains an active private teaching studio, is also on the faculty at American River College, and has previously served as clarinet and chamber music instructor at U.C. Davis. Ms. McPherson is also a published author of articles on early-American clarinet literature.

**Jennie Blomster** holds the Bachelor of Music degree from the Lamont School of Music at the University of Denver and a Master of Arts degree with an emphasis in historic horn performance from California State University, Fresno. Her teachers include Thomas Hiebert, David Krehbiel, David Kappy, John Keene, and David Kaslow.

Ms. Blomster currently performs regularly with the Merced Symphony Orchestra, Moment Musical Chamber Ensemble, Winds of the San Joaquin, Fresno Brass Quintet, Fresno Philharmonic Orchestra, Fresno Grand Opera, and Stockton Opera. She has held teaching positions at Fresno Pacific University and California State University, Stanislaus, and she is also currently the French Horn instructor at the University of the Pacific (since 2005).

**Dr. David A. Wells** joined Sacramento State's faculty in 2011, and teaches bassoon, music history, and general education music classes. As a performer, he plays in a wide variety of ensembles and styles. On Baroque, Classical, and Romantic-era bassoons, he has performed in the past few years with the Carmel Bach Festival, American Bach Soloists, Sacramento Baroque Soloists, Capella Antiqua, Santa Cruz Baroque Festival, Pacific Baroque Orchestra, Musica Redemptor Orchestra, and is a founding member of Sinfonia Spirituosa. On

modern bassoon, he freelances with orchestras throughout Northern California, collaborates with colleagues in chamber groups, and until recently played with the swing sextet Hot Club Faux Gitane.

Wells serves as Co-Executive Director of Meg Quigley, an organization focused on diversity, equity, and inclusion within the bassoon world. He is also active as a music scholar, having presented papers at the conferences of the American Musicological Society, the Society for American Music, and the International Double Reed Society, on topics including the history of the bassoon in jazz, rediscovering the bassoonist who first played the Rite of Spring solo, the effects of World War I on American orchestras, and cross-gender casting in the operas of Lully and Rameau.

Wells holds both a D.M.A. in Bassoon Performance and an M.A. in Musicology from the University of Wisconsin-Madison, and previously studied at Florida State University and Arizona State University. His principal teachers include Jeffrey Lyman, Jeff Keesecker, and Marc Vallon. When not playing or teaching, he can be found swimming, taking photographs, collecting records, and trying to keep up with his super-librarian/uber-yogi wife, Veronica.

