

Faculty Wind Quintet

Cathie Apple, flute
Cindy Behmer, oboe
Sandra McPherson, clarinet
Jennie Blomster, horn
David A. Wells, bassoon

WEDNESDAY, 7:00 P.M.
APRIL 12, 2023
CAPISTRANO HALL 151

Fireflies, Op. 15 No. 4 (1892) Amy Beach (1867–1944)
arr. by John Gibson

Ouvrage de Dame (1937) Elsa Barraine (1910–1999)

- I. Angélique
- II. Berthe
- III. Irène
- IV. Barbe (Fugato burlesque)
- V. Sarah
- VI. Isabeau
- VII. Léocadie (Sentimental old maid of olden times)
- VIII. Finale

Seen (2021) Nathalie Joachim

- I. Mysterious Flowers
- II. This Old House
- III. Sleeping Baby
- IV. Tiny Golden Bells
- V. Empty Space

Back of the Bus (2020, rev. 2023) Shuying Li (b. 1989)

UPCOMING AT THE SCHOOL OF MUSIC

Thursday, April 20

New Millennium Series: Miró Quartet

Mozart's "Dissonance" Quartet

Brahms' Quartet in C Minor, Opus 51 No. 1

7:00 pm – Capistrano Concert Hall

\$30 general, \$25 senior, \$10 student

Friday-Saturday, April 21-22

Opera Theatre

Pauline Viardot's "Cendrillon"

This comic take on the Cinderella story will be

Accompanied by orchestra and performed in English

7:00 pm – Capistrano Concert Hall

\$15 general, \$10 senior, \$5 student

Wednesday, April 26

Faculty Recital: Jordan Shippy, percussion

7:00 pm – Capistrano Hall 151

\$15 general, \$10 senior, \$5 student

Thursday, April 27

Jazz Ensembles

7:00 pm – Capistrano Concert Hall

\$15 general, \$10 senior, \$5 student

For tickets:

csus.edu/music

Dr. Cathie Apple is one of the founders of Citywater new music ensemble. She is a regular performer at the Music at Noon concert series, and performs with Sinfonia Spirituosa baroque orchestra, the Sacramento Baroque Soloists, and Celtic group Cahersiveen.

An avid supporter of new music, Cathie has commissioned and/or premiered many works for flute and various chamber ensembles, has collaborated with composers such as Clare Shore, Nicholas Deyoe, Brent Chancellor, Nell Shaw Cohen, and Sunny Knable, and regularly performs on the Festival of New American Music at Sac State.

Along with her specialization in modern music, Dr. Apple performs regularly on traverso, with Sinfonia Spirituosa and the Sacramento Baroque Soloists. Her traverso is made by Martin Wenner and is modeled after a mid-18th century flute designed by Italian flute-maker Carlo Palanca.

Cathie maintains a private teaching studio in Sacramento and for over a decade was the flute instructor at the Pacific Institute of Music in Folsom. Previous appointments include second flutist with the Las Vegas Philharmonic and adjunct faculty at the University of Nevada, Las Vegas and Southern Utah University. While in Las Vegas, Cathie founded NEXTET new music ensemble, and performed with them at the Edinburgh Fringe Festival.

Cathie earned her Doctorate from the University of Michigan, where she studied with Amy Porter. While in Michigan, Cathie also taught at Interlochen Arts Camp and was the yoga instructor for Amy Porter's Anatomy of Sound workshop.

In addition to maintaining a busy teaching and performing schedule, Cathie is a fitness instructor, personal trainer, owner of Pulse Revolution Heart Zones Cycling Studio, and enjoys doing CrossFit, triathlons, obstacle races, and going on long backpacking trips to recharge her batteries.

Dr. Cindy Behmer is a prominent freelance oboist and educator based in Sacramento, California. Since relocating to Sacramento in 2013, Dr.

Behmer has performed with Reno Philharmonic, Sacramento Philharmonic and Opera, Sacramento Choral Society and Orchestra, Stockton Symphony, Chamber Music Society of Sacramento, the Fresno Grand Opera, Fresno Philharmonic, Townsend and Stockton Operas, the Music in the Mountains Festival Orchestra, Merced Symphony, Schola Cantorum, Camerata Capistrano, and the Zion Chamber Orchestra.

Dr. Behmer teaches private oboe lessons and is also an oboe instructor with the Bocal Majority and Operation Oboe NorCal camp held at Sacramento State. Dr. Behmer is available for online instruction. Cindy served as oboist and English hornist with the Tucson Symphony Orchestra for several years while completing her Doctor of Musical Arts degree (2011) at the University of Arizona under the tutelage of Dr. Neil Tatman. She held positions with the Tucson Chamber Artists Orchestra, the Tucson Pops Orchestra, Tucson Masterworks Chorale, St. Andrew's Bach Society and concertized on several different chamber music series including St. Philip's Friends of Music. Dr. Behmer concertized with her Tucson-based reed trio, Zephyrus Reed Trio and double-reed duo, Kontra-Cor Duo. Dr. Behmer has also pursued additional study with Thomas Stacy, Carolyn Hove, Dr. Lindabeth Binkley, and Paula Engerer.

Dr. Behmer maintains a large private oboe studio ranging in levels from beginner, through the young-advanced, to adult-amateur. Her students have held recurring positions with Regional and All-State honor bands and orchestra, have served as members of the Sacramento Youth Symphony, Tucson Philharmonia Youth Orchestra, and have gone on to study oboe at the Curtis Institute of Music and other 4-year universities.

Sandra Moats McPherson is in wide demand as a clarinetist and educator. She performs frequently as principal clarinetist and bass clarinetist in numerous Northern California orchestras, including the Sacramento Philharmonic, Opera, and Choral Society Orchestras, the Fresno Philharmonic, the Modesto Symphony, the Stockton Symphony, and the Music in the Mountains Festival Orchestra. Her

extensive chamber music experience includes numerous performances with the trio TriMusica, as well as performances in Eisenstadt and Vienna, Austria as part of the annual Classical Music Festival.

Ms. McPherson acts as rehearsal coach and chamber music instructor for the Sacramento Youth Symphony's Chamber Music Workshops and the CalCap Chamber Music Workshop. She maintains an active private teaching studio, is on the faculties of California State University, Sacramento and Cosumnes River College, and has previously served as clarinet and chamber music instructor at U.C. Davis and American River College.

Ms. McPherson received degrees from California State University, Fresno and the University of California, Santa Barbara in music education, clarinet performance, and musicology, and has published articles on early-American clarinet literature.

Jennie Blomster holds the Bachelor of Music degree from the Lamont School of Music at the University of Denver and a Master of Arts degree with an emphasis in historic horn performance from California State University, Fresno. Her teachers include Thomas Hiebert, David Krehbiel, David Kappy, John Keene, and David Kaslow.

Ms. Blomster currently performs regularly with the Merced Symphony Orchestra, Moment Musical Chamber Ensemble, Winds of the San Joaquin, Fresno Brass Quintet, Fresno Philharmonic Orchestra, Fresno Grand Opera, and Stockton Opera. She has held teaching positions at Fresno Pacific University and California State University, Stanislaus, and she is also currently the French Horn instructor at the University of the Pacific (since 2005).

Bassoonist **Dr. David A. Wells** has extremely wide-ranging musical tastes, abilities, and experiences. Currently, he is mostly engaged in historically-informed performances on period bassoons ranging from the 17th to the early 20th centuries with groups including the Carmel Bach Festival, American Bach Soloists, Sinfonia Spirituosa, Sacramento

Baroque Soloists, Aston Magna Festival, and Santa Cruz Baroque Festival. He is also an adept performer on the modern bassoon and contrabassoon, equally at home with standard orchestral/chamber/solo repertoire and demanding modern works involving extended techniques and/or electronics. In addition, Wells has a predilection for taking the bassoon to unexpected places, most notably having played for nine years with the Django Reinhardt-inspired swing sextet Hot Club Faux Gitane.

Wells serves as Co-Executive Director of Meg Quigley, an organization focused on diversity, equity, and inclusion within the bassoon world. He is also active as a music scholar, having presented papers at the conferences of the American Musicological Society, the Society for American Music, and the International Double Reed Society. At Sacramento State, Wells teaches bassoon, music history, and general education music classes. He holds both a D.M.A. in Bassoon Performance and an M.A. in Musicology from the University of Wisconsin-Madison, and also studied at Florida State University and Arizona State University. When not playing or teaching, he can be found open-water swimming, photographing nature, collecting records, and trying to keep up with his super-librarian/yogi wife, Veronica.