



## **Cathie Apple, flute**

Danza de la Mariposa (2011) Valerie Coleman

Shawn Okpebholo On a poem by Miho Nonaka: Harvard Square (2016)

Like a Storm for two flutes (2011) **Flutronix** 

Intuition (2021) Samuel Zyman

with special guest flutist Dr. Britt Trotter

Crane Songs (2013) **Brent Chancellor** 

- I. Mysterious
- II. Furiously
- III. Wisping
- IV. Death Song

Charanga (1993) Michael Colquhoun



**Dr. Brittany Trotter** leads a diverse career as an educator, soloist, and collaborator. She is the Assistant Professor of Practice in Flute at the University of the Pacific's Conservatory of Music. Trotter has been awarded first prize in several competitions including semi-finalist in the 2017 Fischoff National Chamber Music Competition. She regularly performs, teaches, and serves as a guest lecturer throughout the United States and performed at numerous music festivals including the National Flute Association Convention where she was a featured soloist in the 2020 virtual summer series celebration concert series. Trotter is the recipient of the NFA's 2020 Graduate Research Competition for her dissertation entitled, Examining Music Hybridity and Cultural Influences in Valerie Coleman's Wish Sonatine and Fanmi Imen. A native of Laurel, Mississippi, Trotter has received degrees from the University of Southern Mississippi (B.M., B.M.E.), University of Wyoming (M.M.), and West Virginia University (D.M.A., Certificate of University Teaching).

As a performer who enjoys challenging what is expected, one of the proudest moments thus far of **Dr. Cathie Apple**'s performing career was when an enthusiastic audience member shouted at the conclusion of a particularly demanding piece, "You devil! We thought we knew what the flute sounded like!" An avid supporter of new music, Cathie has collaborated on commissions with composers such as Clare Shore, Brent Chancellor, and Nicholas Deyoe, who likewise find artistic expression in the unexpected. She is also a founding member of Citywater new music ensemble, having been fortunate enough to have found like-minded lovers of performing genre-bending music that lifts the listener out of their comfort zone. Along with her specialization in modern music, Cathie performs regularly on Traverso with Baroque historical performance ensembles Sinfonia Spirituosa and the Sacramento Baroque Soloists, thoroughly enjoying the bookends of Western music history. Dr. Apple is the Flute Instructor at Sacramento State's School of Music, where she delights in challenging her students to push the limits of what they think they are capable of. In addition to maintaining a busy performing and teaching schedule, Cathie is a fitness instructor, personal trainer, owner of Pulse Revolution Heart Zones Cycling Studio, and enjoys doing CrossFit, swimming in cold lakes, and going on long backpacking trips to recharge her batteries.