

# FOOD 4 THOUGHT

Fuel your stomach and your mind!  
Have a **FREE MEAL** on us for you and a  
CBA faculty or staff member!

Food4Thought is **highly encouraged if any of the below** apply to you:

- You want to discuss a class topic with your professor further
- You're seeking study tips or skills to be successful
- You'd like advice on potential career possibilities
- You're exploring concentration options
- A faculty member is teaching a class you are considering for the future
- You want to expand your network and networking skills
- **You like free food**

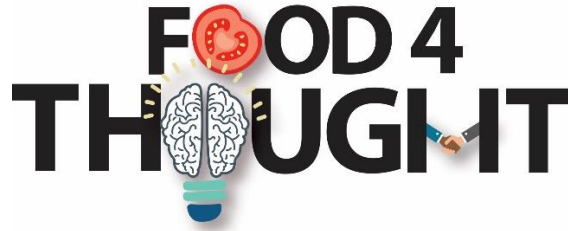
For full program information & sign-ups visit the CBA Undergraduate website!



SACRAMENTO STATE  
COLLEGE OF BUSINESS ADMINISTRATION

COLLEGE OF BUSINESS ADMINISTRATION

# OFFICE OF STUDENT ENGAGEMENT



Food 4 Thought enables students and faculty/staff to have a meeting of the minds over a meal on the College of Business Administration!

### ***Students Eligibility:***

To be eligible, students must be a College of Business Administration declared major or an Expressed Interest student with a 3.0+ GPA.

Students may request a set of meal vouchers once per semester (fall and spring) whether dining alone with a faculty/staff member or as part of a group. Please note: If a student attends a meal as a guest but is not the original requestor of the voucher, that meal still counts as your one-time use for the semester.

### ***Faculty/Staff Eligibility:***

This is open to both Full Time and Part Time faculty, administrators and staff within the College of Business Administration on the Sac State campus.

### ***How to Prepare for Food 4 Thought:***

1. Identify all student participants interested (up to 3)
2. Invite a faculty/staff member to participate in the F4T program with you and decide on a mutually convenient time and location
3. Submit the [F4T Request Form](#) at least one week in advance
4. Once you receive the approval email, the requesting student must pick up vouchers from the Office of Student Engagement (OSE) in Tahoe Hall 1030
5. After your scheduled meal, submit all receipts to the OSE and complete the follow-up survey emailed from our office

### ***Where can I use the meal voucher?***

You may use the meal cards at any Sac State dining facility. Please see the Campus Eateries website: <http://www.dining.csus.edu/campus-eateries/> for dining locations and hours

### ***What do the meal vouchers cover?***

Each voucher may be used to purchase up to \$12 in food/beverage including any tip

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***Can it be used for any meal?***

You may choose to have breakfast, lunch or dinner with the faculty/staff member dependent on dining facility hours

***When can I request and use a meal voucher?***

Vouchers may be requested once per semester per student. The request form should be submitted at least one week in advance of the requested date. Vouchers may only be requested while classes are being held during the fall and spring semesters, not during a break. They also cannot be requested for use during finals week.

***Can more than one student participate in the same meal?***

Yes, a student group of no more than three students including yourself may invite a faculty/staff member to lunch. Students may participate in this program once per semester (once Fall Semester and once Spring Semester) whether dining alone with a faculty member or as part of a group. All students in the group must be eligible (see eligibility above) in order to be included. Information for all students will be required on the request form. This includes:

- Full name
- Student ID
- Sac State email address

Please note: The student who completes the online application will be responsible for picking up the meal vouchers for all approved members of the group.

***Are there any Restrictions?***

- No alcohol is permitted during the meal
- Should tip be included it must not exceed 20%
- It is not recommended to take a professor whose class you are currently enrolled. However, it is up to the faculty/staff's discretion.

For additional questions contact the Coordinator of Student Programs and Program Impact Nicole Zauner at [nicole.zauner@csus.edu](mailto:nicole.zauner@csus.edu).

