Mission

The mission of the Vocational Rehabilitation Counseling program at California State University, Sacramento is to train well-qualified counselors to assist individuals with disabilities to achieve self-sufficiency, self-determination and meaningful employment in a diverse and integrated community. Fulfilling this mission recognizes the critical shortage in the nation and in California of well-trained, qualified rehabilitation counselors.

Program Overview

Basic knowledge and skills to succeed in the field of rehabilitation counseling are presented through a core curriculum of courses. In addition, an individual practicum is completed on campus, and an internship is held at a rehabilitation agency serving individuals with disabilities.

SACRAMENTO STATE

VOCATIONAL REHABILITATION

COUNSELING PROGRAM

Contact Information:

For program information, contact Dr. Michelle Mahr (916) 278-3629 michele.mahr@csus.edu

For a program application, contact the department office at (916) 278-6622.

You'll find our website at www.csus.edu/coe > Programs

Certification

The Commission on Rehabilitation Counselors (CORE) certifies rehabilitation counselors nationally. As a graduate, you are eligible to become certified. There is no licensure requirement of rehabilitation counselors in the state of California.

VOCATIONAL Rehabilitation

COUNSELING PROGRAM





Graduate Studies at California State University, Sacramento offers a **Master of Science in Counseling** with an emphasis in Vocational Rehabilitation.

Established in 1968, the program has graduated more than 400 counselors who fill the demand for trained professional and personal rehabilitation counselors in California and the nation.

Careers in vocational rehabilitation counseling include:

- State and Federal rehabilitation agencies
- Comprehensive rehabilitation facilities
- Disability resource centers on college campuses
- Rehabilitation programs specific to deafness, visual impairments, traumatic brain injury, spinal cord injury and head injury
- Veterans with disabilities
- Disability management programs
- Private rehabilitation companies

Curriculum

Candidates in the master's program are required to complete 60 units that include courses in psychological and medical aspects of disabilities, work evaluation, case practices, job placement, counseling theory and practice, appraisal, multicultural counseling and research methods that includes 34 units of didactic coursework in rehabilitation and counseling, 6 units in research and master's project, 3 units in Practicum and 15 units of internship.

Special emphasis is placed on the development of effective counseling skills, vocational development and job-placement skills. As a trained professional, your goal is to empower people with disabilities to take full control of their lives and livelihoods so they can take their rightful place as valued and contributing citizens. It is a rewarding career helping people achieve their goals. Vocational rehabilitation is not so much about disabilities as it is about creating possibilities.

Employment Outlook

Jobs in vocational rehabilitation counseling are projected to grow much faster than average for all occupations. In the State of California, the Department of Rehabilitation alone estimates a need for 430 counselors in the next five years. On a national level, growth of 23 percent through 2016 is expected. It is anticipated that there will be a need for more than 30,000 counselors in the next five years. The outlook for rehabilitation counselors is rated "excellent" according the Occupational Outlook Handbook of the U.S. Department of Labor.



Admission Requirements

A bachelor's degree from an accredited university and evidence of ability to pursue graduate studies along with a grade point average (GPA) of 3.0 for fully classified standing qualifies most students for admission. Students can be accepted on a conditional basis with a GPA of 2.5 to 3.0. No GRE or other national exam is required to apply.

Stipends for Students

The Vocational Rehabilitation Counseling program has been awarded a five-year training grant from Rehabilitation Services Administration of the federal Department of Education to assist qualified students financially.

Diversity

Individuals from diverse backgrounds are encouraged to submit applications. About 40 percent of our graduates are persons with disabilities, and 35 percent represent minority groups.

Accessibility

The physical design of the Sacramento campus easily accommodates students with mobility challenges. The Office of Services to Students with Disabilities (SSWD) and the High Tech Center provide support to students with multiple needs, including specialized adaptive equipment, software to access computers for visual feedback, screen magnification and adaptive writing environment.