

## Part-Time Counselor Education Faculty

Dr. Cesar Castaneda, Ed.D, LMFT

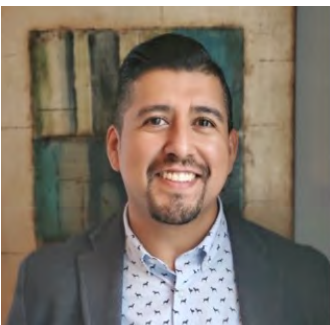
Dr. Castaneda (he/him) holds bachelor's degree in Business Management, a master's degree in Counseling, and a Doctorate in Educational Leadership. He is licensed in the State of California as a Marriage and Family Therapist, and has over 20 years of experience counseling children, adults, couples, families, groups, court-ordered individuals, persons involved in the foster care, educational, and criminal justice systems. He is a faculty member of Glasser Institute for Choice Theory where the past three years he also serves as a board member for the U.S Board of Directors. As an immigrant from Peru, Dr. Castaneda experienced higher education as an English learner and this experience drives his passion for equity, diversity and inclusiveness, as well as the alignment between education and mental health.

Christina Rogers, MS NCC PPS APCC BC-TMH



Christina (she/her) is a School and Career Counselor based in Sacramento, CA. She is currently a Ph.D. candidate in Counselor Education and Supervision at Oregon State University. Her dissertation focus is on increasing school counselor self-efficacy and competency in using post-modern theories through career conversations with K-12 students. Christina received her school counseling PPS in 2015, MS in Counseling degree (career specialization) in 2007, and BA in Social Science in 2001 from Sacramento State. She is a private practice career counselor with extensive experience developing curriculum and providing training for agencies and schools nationally and in Canada. Her most recent school counseling role was as an Educationally Related Mental Health Services Clinician (ERMHS) for K-12 home-schooled students throughout California. Christina teaches school and career counseling graduate courses as an adjunct instructor in California and Oregon. She currently serves as the Sacramento Regional Chapter Chair for the California Career Development Association.

Daniel Cisneros, MS, LPCC, NCC, PPS



I (he/him/el) am a Licensed Professional Clinical Counselor and National Board Certified bilingual, strength based counselor. I serve as the Coordinator of Mental Health at Sacramento County Office of Education where I coordinate mental health services, supervision, and training to clinicians countywide. Prior to this new role, I worked with Sacramento City Unified, as Mental Health Coordinator where I worked directly with a team to provide access to social, emotional, and mental health needs of students' district wide. I have extensive experience working with diverse communities from different ethnicities and socioeconomic backgrounds including youth, families, adults, adolescents and the LGBTQ community. In addition, I am Certified as a Youth Mental Health First Aid instructor and currently pursuing a PhD in Counselor Education & Supervision with research focused on the LGBTQ+ coming out process.

## Part-Time Counselor Education Faculty

Florence Soares-Dabalos, MS, LMFT



Florence (she/her) is a proud Sac State graduate, earning her Bachelor of Arts in Psychology with a minor in Philosophy in 1994 and her Masters of Science in Marriage Family Child Counseling from our own Counselor Ed program in 1997. Florence became a Licensed Marriage Family Therapist in 2003 and has worked in non-profit settings as well as being in private practice. Currently, Florence is the Client Support & Wellness Professional at the UC Davis Veterinary Medical Teaching Hospital where she oversees the Hospital Wellness Service, focusing on pet loss support and veterinary wellness. She also contracts out as a Clinical Supervisor. Florence has been Adjunct Faculty for our program since Fall 2016 and, on occasion, is adjunct faculty in the Psychology Department and the Master's Counseling program at CSU, San Bernardino.

Heidi Hostetler LMFT, CCSOTS, CCTP



Heidi Hostetler (she/her) earned her B.A. in Psychology (1998) and her Master of Counseling Education (2006) from California State University, Sacramento. Heidi holds an active Marriage Family Therapist (MFT) license through the licensing boards of Arizona and California. She has a clinical certification in trauma (CCTP) from the International Association of Trauma Professionals (IATP) and has been practicing in the mental health field as a clinician for over twenty years. Heidi owns and operates her own private practice part-time in Arizona when not working at the Phoenix Children's Hospital where she focuses her clinical work in the area of Autism and trauma. Heidi has mental health experience in hospital, correction, non-profit, and education settings. Heidi has been working as an adjunct faculty member at California State University since 2019 and she has been supervising MFT/CSW trainees and associates since 2012. Heidi practices from an Integrative Developmental Model of Supervision (IDM) which supports the trainee's development and application of their clinical skills, insights, and therapeutic knowledge within the supervision process. She has taught EDC 480, 475, and EDUC 155.

Dr. Jason Sumi, Ed. D, MS, MBA



Dr. Sumi (he/him) has worked in college and university settings for over 14 years and earned a Doctorate in Educational Leadership, a Master of Science in Counseling (Career), and a Master's and Bachelor of Science in Business Administration (Human Resources & Organizational Behavior). Dr. Sumi is a tenured counseling faculty member at Sierra College and holds two academic senate appointments: LGBTIQ+ advocacy committee and educational assessment and effectiveness committee. He has also been a member and conference presenter with various professional organizations including: Asian Pacific Americans in Higher Education, National First-Year Experience Resource Center, California Community Colleges Success Network, National Academic Advising Association, and National Association for Student Personnel Administrators. His professional work and interests include equity and inclusion efforts for college students from disparately and disproportionately impacted backgrounds.

## Part-Time Counselor Education Faculty

Dr. Matthew Michals-Voigt, MS, CRC, PhD



Dr. Michals-Voigt (he/him/his) holds a bachelor's degree in Psychology, a master's degree in Rehabilitation Counseling, and a doctorate in Counselor Education and Supervision. He has worked with both clinical mental health populations as well as vocational rehabilitation for worker's compensation and is a Certified Rehabilitation Counselor. He has been an adjunct instructor for various universities since 2018 with his expertise being in vocational rehabilitation and clinical mental health counseling. His research interests include studying the effect of Transgender specific education to counselors in training in order to see if targeted, specific education has an impact on knowledge, skills, and attitudes when working with the Transgender population. He is also currently the Intake Coordinator at Minnesota Specialty Health Systems where he specializes in treating those with Traumatic/Acquired Brain Injuries, Mental Illness, and Substance Use Disorders.

Monica Preciado, MS, NCC



Monica Preciado (she/her/ella) holds a bachelor's degree in Spanish and a master's degree in Counseling (career counseling) from Sacramento State; and has over 14 years of counseling experience in higher education settings. Monica is a counseling faculty member at American River College (ARC) with counseling experiences associated with the Sacramento Employment and Training Agency (SETA), TRiO/Journey Equity Programs and Pathways, and CalWORKs programs, as well as guidance instruction on college orientation and university transfer. Other experiences include serving as a holistic review reader with UC Davis Undergraduate Admissions; and as an admissions and outreach counselor with Sacramento State. Monica has supervised and mentored career counseling interns and serves as the co-coordinator of the Counseling Internship program at ARC.

Nassiba Cherif, MA, LMFT



Nassiba Cherif (she/her) is a licensed Marriage and Family Therapist, currently working in private practice. She has over 20 years' work experience in educational and non-profit settings. She is a co-founder of Muslim American Society-Social Services Foundation (MAS-SSF), a non-profit that provides mental health services and wellness education to immigrant and refugee families. She is also a co-founder and partner at ANA-Professional Development (ANA-PD), providing multicultural professional learning to meet the needs of diverse students and their families in educational settings. She is Certified as a Youth and Adult Mental Health First Aid Instructor.

## Part-Time Counselor Education Faculty

Olga Prizhbilov, MS



Olga Prizhbilov (she/her) is a Sacramento State alum with a Bachelor of Arts degree in Psychology and Master of Science degree in Counseling (Career Counseling Specialization). Since 2014, Olga has been running a private practice helping community members in areas of job search and career exploration, as well helping businesses create a positive working environment. Olga has over 14 years of experience in the California Community Colleges system. Currently she serves as the Director of Refugee Career Pathways with Los Rios Community College District. Olga is a strong advocate for students, especially those who come from disproportionately impacted backgrounds. Everyone has their own career path and Olga enjoys helping people find that path and develop into change-makers in their community.

Rebecca Mankowski, MS, LMFT



Rebecca Mankowski (she/her) is a Licensed Marriage and Family Therapist, a Clinical Supervisor, an adjunct graduate instructor at CSUS since 2017, and certified in Eye Movement Desensitization and Reprocessing (EMDR). She effectively practices crisis and trauma counseling, assessment, diagnosis, and treatment of most DSM V disorders at her private practice, Mankowski Mental Health Clinic. Rebecca has extensive experience working with clients from various socio-economic and cultural backgrounds. She is comfortable working globally having lived and traveled on three continents and 17 countries.

Dr. Rick A. Ramirez, Ed.D, MS



Dr. Ramírez (he/him) holds bachelor's degree in Psychology from California State University, Northridge, a master's degree in Counseling (specializations in College Counseling and Career Counseling) from San Francisco State University, and a Doctorate in Educational Leadership from the University of California, Davis. He is Counseling faculty at American River College in Sacramento; and has over 25 years of experience counseling community college students, as well as university students, in programs and services to include admissions and outreach, educational opportunity programs, transfer programs, career centers, and mentoring. Dr. Ramirez has services as Transfer Center Director and currently coordinates the Puente Project at American River College and teaches courses guidance courses. His academic interests include college student development, multicultural counseling, identity development, critical race theory, Chicana/Latina representation in higher education. Dr. Ramirez has supervised career counseling interns and is committed to preparing the next generation of college counselors.

## Part-Time Counselor Education Faculty

Valerie Frankel, MA, LMFT



Valerie (she/her) is a Davis native and has a private practice there, specializing in grief and loss, divorce, and co-parenting. Graduating from Cal Poly, San Luis Obispo and then Gallaudet University, she has been in the counseling field since 1994. She is also part of the Sacramento Collaborative Divorce Group where she serves on the board of directors and as a divorce coach. Valerie is passionate about teaching future counselors and has been a part-time faculty member at Sacramento State since 2015.

Vanessa Bovee, MA, LMFT



Vanessa Bovee (she/her) holds a Bachelors degree in Organizational Communications from CSU, Sacramento and a Masters degree in Counseling (emphasis in Marriage, Family, & Child Counseling) from the University of Phoenix. Vanessa is a licensed Marriage and Family Therapist and has been working in the mental health and counseling field for over 10 years. She has had the opportunity to work with diverse communities and socioeconomic backgrounds ranging from adults and their families who are experiencing homelessness, foster and adoptive youth, adults with intellectual disabilities and youth and adults with drug and alcohol dependencies, extensive trauma, and other mental health diagnoses. In addition, Vanessa has provided clinical supervision, training, and management in the counseling field. She is passionate about teaching and strives to inspire growth so every student has the opportunity to achieve their highest potential.

Yvonne Bruins-Scarborough, MS, PPS-SC



Elementary School Counselor at Cirby Elementary School  
Intern Site Supervisor for Department of Counselor Education  
Adjunct Professor at CSUS, Department of Counselor Education  
Counselor Education Advisory Board member

If you are interested in joining our part-time faculty pool, apply **HERE** today!