

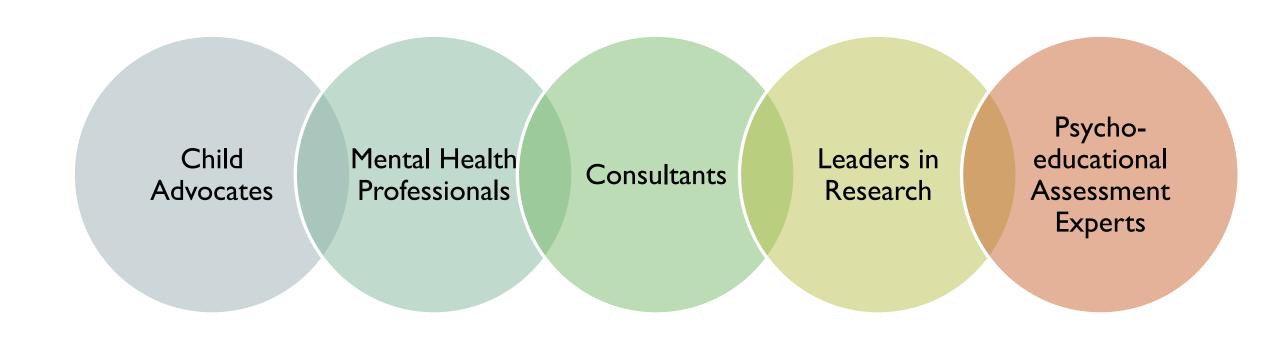
By: School Psychology Association

California State University, Sacramento



• The mission of the California State University, Sacramento (CSUS), School Psychology Program is to promote school psychology practices that lead to positive learning and life outcomes for children and adolescents. To that end the program engages in research, the dissemination of knowledge, the promotion of culturally competent practice, and professional and community services that advance school psychology practices in Sacramento, California, the United States, and internationally.

### WHO ARE SCHOOL PSYCHOLOGISTS?



## ARE YOU INTERESTED IN A CAREER THAT GIVES YOU THE OPPORTUNITY TO:

Make a positive difference in children and adolescent lives.

Provide mental health support to students.

Collaborate with educators, parents, community members, and mental health professionals

Rely on research-based evidence to inform decisions

Assess students' behavioral and learning needs to determine the best ways to help them

### CHILD ADVOCATES

### **Underlying Principles:**

- All children can learn and be successful
- Decisions should be based on the best interests of the children
- Decisions should be based on proven best practices

## MENTAL HEALTH PROFESSIONALS

### **Mental Health Services:**

- Administer social-emotional assessments
- Implement group and individual counseling services
- Provide professional development and education to staff and other educators
- Serve as a mental health advocate for students
- Provide education for parents
- Child Advocates

### PSYCHO-EDUCATIONAL ASSESSMENT EXPERTS

### Meeting students needs:

- Administer cognitive and psychoeducational assessments
- Interpret assessments and data to inform decisions as an IEP team member
- Consult and collaborate with school staff, district personnel, community members, mental health professionals, parents, and students.

### CONSULTANTS

## Provide recommendations and interpretations regarding:

- Instructional, behavioral, and mental health interventions and accommodations
- Best practices for school and district policies
- Special education eligibility criteria, codes, laws, and regulations

# LEADERS IN RESEARCH

School psychologists conduct research, write publications, and participate as members of professional communities, including:

- National Association of School Psychology (NASP)
- California Association of School Psychology (CASP)
- International School Psychology Association (ISPA)

### WHAT IS THE DIFFERENCE BETWEEN....

### **School Counselor**

- At least 2 years of graduate school
- Trained in education and counseling
- Responsibilities include individual and group counseling, career planning, and course scheduling
- Employed in public schools and university advisement centers

### **School Psychologist**

- At least 3 years of graduate school
- Trained in education and psychology
- Responsibilities include assessment, consultation, behavioral and academic intervention, individual/group counseling, and program evaluation
- Employed in public and private schools, private practice, mental health centers, and universities.

### WHERE DO SCHOOL PSYCHOLOGISTS WORK?

Public Schools (85.13%)

Colleges and universities (7.59%)

Private school (3.95%)

**Private practice (4.70%)** 

Faith-based schools (2.5%)

Hospitals (1.06%)

State departments of education (0.30%)

Other settings (5.92%)







# WHO ARE TODAY'S SCHOOL PSYCHOLOGISTS?

- 73% are women
- The average age is 44 years old

### **Sac State Students**

First Generation	Yes	No
	39%	61%

Underrepresented Minorities	Yes	No
	44%	56%

## EDUCATION LEVEL OF SCHOOL PSYCHOLOGISTS

29.4% have a Masters degree

\*53.9% have a Specialist degree (Ed.S) I6.7%
have a
Doctorate
Degree

\* Most Sac State School Psychology students get **both** a Master's degree and an Education Specialist degree

# WHAT IS THE JOB OUTLOOK?

- Excellent both at present and long-term!
- Not enough graduates to meet demand.
- One of the groups with the best job prospects will be those with a specialist (Ed.S) or doctoral degree in psychology.
- The Bureau of Labor Statistics projects 10.4%
   employment growth between 2020 and 2030 for school psychologists.
- School Psychology was named:
  - One of the <u>100 Best Jobs</u> in 2022
  - #5 in <u>Best Social Service</u> Jobs in 2022

### SALARY INFORMATION

75<sup>th</sup> Percentile: \$104,860

Median: \$79,820

25<sup>th</sup> Percentile: \$60,750

NASP: Mean salaries of School Psychologists:

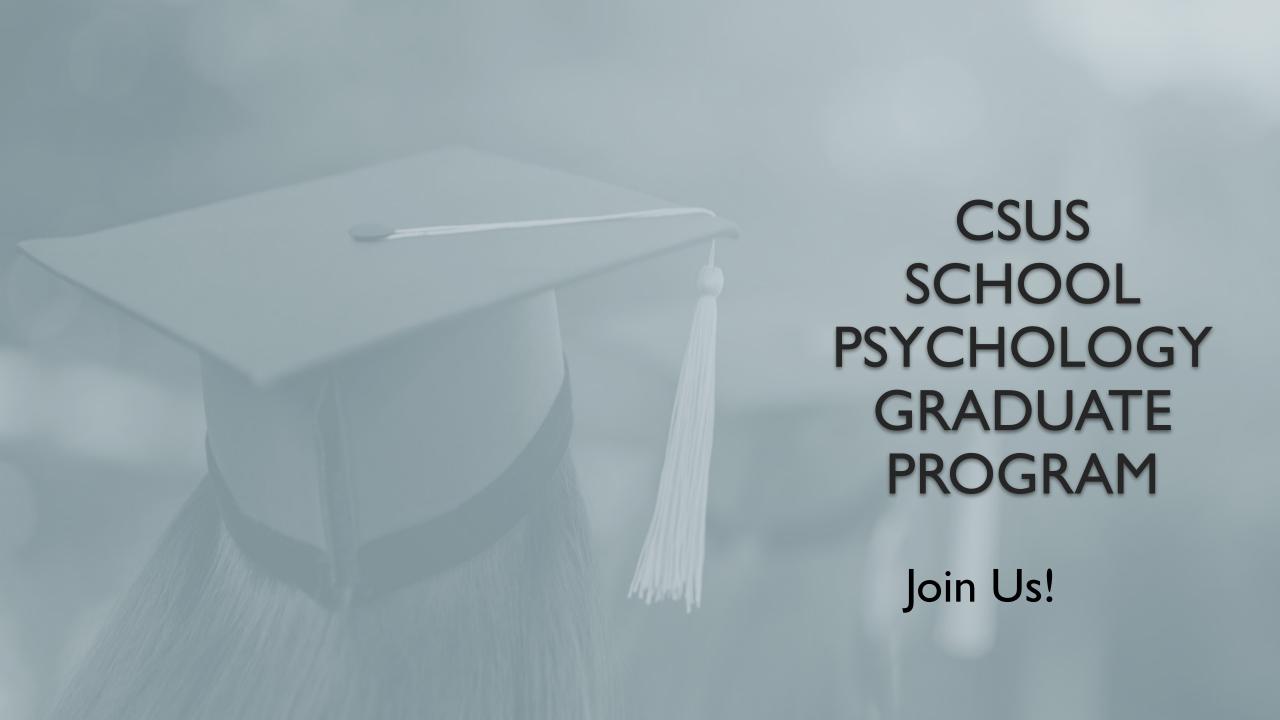
Practitioner (200 Days contract): \$71,320

University Faculty: \$77,801

Administration: \$93,258

State Department: \$75,000

Salaries for school psychologists vary by district, state, and region.



## WHY CHOOSE **CSUS SCHOOL PSYCHOLOGY** GRADUATE PROGRAM?

NASP approved

Accredited training program – CA Commission on Teacher Credentialing (CCTC)

In 3 years (6 semesters) earn your Master's and Education Specialist degree (Ed.S.) in School Psychology, and Pupil Personnel Services Credential (PPS)

Optional –Licensed Professional Clinical Counselor (LPCC) with additional coursework and supervised hours which allows you to practice independent clinical counseling.

Optional – Licensed Educational Psychologist (LEP) with additional supervised hours, allows you to provide psychoeducational services in an independent private practice.

### **EXCELLENT TEACHING**

- Dr. Melissa Holland, Professor and Program Coordinator, and Fieldwork-Internship Coordinator
  - Expertise: Private Counseling, Clinical Psychologist,Mindfulness and Cognitive Therapy
- **Dr. Meagan O'Malley**, Professor, Clinic Coordinator
  - Expertise: Data, Psychoeducational Assessments, School
     Mental Health
- **Dr. Tiara Bland,** Assistant Professor
  - Expertise: Co-Founder of The Black School Psychologists
     Network Inc, Recruitment and Retention of Black School Psychologists
- Dr. Sruthi Swami, Assistant Professor
  - Expertise: Asian & Asian Pacific Islander co-chair for NASP,
     Ethnic and racial disparities in schools
- **Dr. Stephen Brock,** Professor
  - Expertise: Crisis & Suicide Prevention, ADHD, FormerNASP president







## IST YEAR, YOU WILL....

- Take courses in group and individual counseling, psycho-educational assessment, child development, and research methods.
- Begin individual counseling and psycho-educational assessment (GATE testing) with direct supervision, instruction, and guidance from highly qualified, practicing school psychologists and clinical psychologists



## 2ND YEAR, YOU WILL....

- Take courses in psycho-educational assessment, behavioral assessment and intervention, academic interventions, and much more.
- Work in the field with supervision by practicing school psychologists and participate in IEP and SST meetings, observe in classrooms, and run individual and group counseling sessions.
- Conduct psycho-educational assessments (Diagnostics) in the CSUS Center for Counseling and Diagnostics Services (CCDS) with direct supervision, instruction, and guidance
- Finish your 4th (full-time) semester with a Master's in Education, School Psychology.



### 3RD YEAR, YOU WILL....

- Work as an Intern (usually paid) in a local school district with guidance and supervision from practicing school psychologists and your professors.
- Work on your Ed.S thesis or project
- Complete units and coursework to further prepare you for your future career
- Graduate with an Education Specialist Degree in School Psychology (Ed.S.) and your Pupil Personnel Services Credential (PPS)





### THE POWER OF THE COHORT



### **ADMISSION REQUIREMENTS**

A baccalaureate degree from an accredited institution

A minimum of 3.0-grade point average and previous transcripts

Graduate Record Exam (GRE) scores (no minimum score required; however, strong GRE scores will counterbalance a low GPA)

CBEST Procedure: Fill out this link: <a href="https://csus.col.qualtrics.com/jfe/form/SV\_cMlf6GJIXo7nZFl">https://csus.col.qualtrics.com/jfe/form/SV\_cMlf6GJIXo7nZFl</a> to see if Basic Skills Requirment has been met. A COE advisor will reach out and help

Experience working with diverse learners in a K-12 school setting (30 hours minimum, which includes work with special needs students)

### PREREQUISITE REQUIREMENTS

- 1. A basic understanding of abnormal psychology (e.g., PSY 168)
- 2. Knowledge of special education and the education of exceptional leaners (e.g., EDUC 100A)
- 3. Experience with exceptional learners in a special education setting (e.g., EDUC 100B)
- 4. Knowledge of descriptive statistics (e.g., STAT 1)
- 5. An introduction to counseling profession (e.g., EDUC 155)
- 6. Instruction regarding issues of diversity (e.g., EDUC 156)
- 7. Instruction and/or experiences teaching school aged youth (e.g., EDUC 125A and EDUC 125B)

\* Similar coursework covering topics from the above courses may be used with department approval. Provide evidence that the coursework taken meets the requirements of the courses listed and discuss with your advisor/program coordinator once you have been admitted to the program.

### **APPLICATION & INTERVIEW TIPS**

#### Demonstrate :

- High performance in demanding programs or employment (GPA, strong references from professors and employers)
- Progress toward prerequisites (enroll for upcoming semesters)
- Your knowledge of what school psychologists do
- Prepare questions to ask your interviewers
- o Interview concludes with a spontaneous writing sample.
- Show your excitement!

Applications due February 1, 2024

### **ACCEPTANCE AND GRADUATION RATES**

25% acceptance rate

3-year graduate rate: 90%

Employment rate after graduation: 100%!

### CONTACT INFORMATION

- For any general admission questions please contact the Graduate Student Assistant at: schoolpsychologyinformation@csus.edu
- Taylor Torres: taylormtorres@csus.edu
- Ruha Heydari: ruhaheydari@csus.edu
- Itzel Pineda Torres: ipinedatorres@csus.edu
- Sophie Stroh: sophiestroh@csus.edu
- April Martos: amartos@csus.edu
- Wana Karzai: wakarzai@csus.edu

•Please feel free to contact us with any additional questions you have about the application process, the program, or the field from a student's perspective.

### STAY CONNECTED



CSUS School Psychology Association Page

https://sacstateschoolpsych.weebly.com/



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National Association of School Psychologists <a href="https://www.nasponline.org/">https://www.nasponline.org/</a>



School Psychology Association of Sac State



California Association of School Psychologists <a href="https://casponline.org/">https://casponline.org/</a>

# QUESTIONS?