



# Sac Metro Teacher Residency

In 1 year, Residents become a Day-one ready, confident, joyful, effective, student-centered education specialist and make a difference in the lives of students with disabilities and their families.

## SMTR Mentors

### ARE LEADERS WHO:

- Have an ed specialist credential, 3 or more years teaching experience, and an inclusive mindset
- Welcome their Resident into their class team, arrange for them to shadow and co-teach, and introduce them to students and families.
- Support their Resident in moving from observing practices, to practicing them with support, to leading them as their co-teacher
- Advocate for their Resident to gain helpful experiences and support within the district
- Make their thinking visible by thinking aloud, modeling, breaking down skills, & reflecting
- Use transformational coaching to develop Resident's skills, teacher identity, and professionalism

### ARE COMMITTING TO:

- Complete the CT Orientation module
- Attend the August SMTR mentor orientation and SMTR luncheon (late July/Early August; 9a-3p)
- Attend two fieldwork orientations
- Attend bimonthly SMTR mentor seminars Wednesday mornings at the Serna Center (Residents can sub while mentors attend)
- Engage in weekly Coaching Conversation meetings with their Resident for 30-60 min to reflect, plan, and practice skills
- Attend 3 Triad meetings each semester with their Resident and University Supervisor
- Connect with the Sac State Supervisor about their Resident's progress

“ Our mentors are more than just guiding new teachers—they are empowering our Residents with the confidence, skills, and support they need to thrive in the classroom.” - Karla Salvo, Washington USD Director of Special Services

### In return, SMTR Mentors benefit from:

a \$2,000 stipend for the year.

a Resident for the full school year to mentor, co-teach with, and grow within your district.

opportunities to learn new skills and knowledge from the Resident and their Sac State credential program

half day seminars with fellow mentors to grow your skills as a transformational coach and inclusive educator

a community of mentor teacher leaders & future teachers across local districts

### Interested?

Join our cafe hours:  
submit an interest survey

<https://tinyurl.com/SMTRmentorInterest>



**8 PARTNER DISTRICTS  
& SAC STATE**

**QUESTIONS?**  
SMTR program coordinator  
Cindy Collado, [cindy.collado@csus.edu](mailto:cindy.collado@csus.edu)



# The Residency Year

## FAQs

Watch an overview video & learn more: <https://tinyurl.com/SMTRFAQs>

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### What is a Resident?

A **full-time student** learning from an expert mentor teacher during fieldwork for the **full school year** (3–4 days in fall, 4–5 days in spring). Teacher Residencies offer a **financial award** (through a grant from the CA Commission on Teacher Credentialing) & a tight **community**.

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### How many cohorts are there?

We have **2 more cohorts** (2026, 2027) of 25 Residents across the 3 Ed Specialist credentials. If you're not accepted into SMTR, you can reapply next year or ask to be considered for the 1-year without SMTR or 2-year pathway.

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### How many partner districts are in SMTR?

SMTR has **8 participating districts** at this time: Twin Rivers USD, California Montessori Project, Davis Joint USD, Elk Grove USD, Sacramento City USD, St. Hope, Washington USD, & Woodland Joint USD.

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### What Ed. Specialist credentials are in SMTR?

SMTR has **3 Ed Specialist credentials at Sacramento State**: Early Childhood Special Education (ECSE), Mild to Moderate Support Needs (MMSN), and Extensive Support Needs (ESN).

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### What is the Resident commitment?

The SMTR Resident commits to be **placed in a partner school district** (preferences accepted but not guaranteed), attend **orientations** and bimonthly **Friday seminars**, and **work for 4 years** (out of 8) in one of the partner districts (in extenuating circumstances may work anywhere in CA).

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### What does "Day 1 Ready" mean?

It means the Resident spends an entire year learning from their expert mentor teacher about how to be an ed specialist and are coached to develop their skills and teacher identity so that they are **ready to teach on the first day of their new teaching job**.

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### When does SMTR begin?

The Residency **begins Summer semester**. The first class begins first week of June and the second class begins first/second week of July through beginning of August. We host the SMTR luncheon on a Friday end of July/early August & Residents start fieldwork on their mentor teachers' first day.

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### Can I work while a Resident in SMTR?

The Residency requires you to be a **full-time student**; however, **you can sub for your mentor teacher and/or work on your non-fieldwork days**. Be sure to schedule time to study and complete coursework and fieldwork assignments.

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### Am I guaranteed a job after I graduate?

Yes, the partner districts guarantee you a job in one of their districts. The goal of a Residency is to train you in the district in which you will work; however, you can apply to teach in any of the 8 partner districts.

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### How do I apply to SMTR?

Apply to one of the ECSE, MMSN, or ESN credential programs at Sac State **through Cal State Apply** and indicate your interest in the 1-year SMTR pathway. Then sign up for the **SMTR interview day**.

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