

COLLEGE OF
HEALTH AND HUMAN SERVICES

ENHANCING WELL-BEING



*Emeritus
Luncheon*

WEDNESDAY, NOVEMBER 12, 2025



SACRAMENTO STATE
COLLEGE OF HEALTH & HUMAN SERVICES



EVENT PROGRAM



11:00 AM - 11:20 AM
CHECK IN AND APPETIZERS

11:20 AM - 11:25 AM
WELCOME & OPENING REMARKS

11:25 AM - 11:45 AM
LUNCH

11:45 AM - 12:30 PM
PROGRAM & SPEAKERS

12:30 PM - 1:00 PM
QUESTION AND ANSWER
AND SOCIALIZING



HHS IMPORTANT DATES

DECEMBER 4, 2025 3:00-5:00

SOLANO HALL 5002

HHS WINTER RECEPTION

MARCH 7, 2026 9:30-12:30

FOLSOM HALL

CHPPR DISTINGUISHED SPEAKER

JEFF HOLDEN

MYOCARDIAL BRIDGES: MYTH OR MAYHEM

WWW.CSUS.EDU/HHS/IMPERFECTHEART





COMMUNICATION SCIENCES & DISORDERS



- CONTINUING TO ENHANCE THE ACCLAIMED M.S. SPEECH-LANGUAGE PATHOLOGY PROGRAM TO MEET THE NEEDS OF OUR NORTHERN CALIFORNIA COMMUNITY.
- SERVING 900 CLIENTS EACH YEAR IN THE MARYJANE REES LANGUAGE, SPEECH, AND HEARING CENTER CLINICS
- THE DOCTOR OF AUDIOLOGY (AUD) PROGRAM IS NOW ACCREDITED BY BOTH THE ACCREDITATION COMMISSION FOR AUDIOLOGY EDUCATION (ACAE) AND THE COUNCIL ON ACADEMIC ACCREDITATION IN AUDIOLOGY AND SPEECH-LANGUAGE PATHOLOGY (CAA).
- EXPANDING AUD ENROLLMENT TO MEET THE NEED FOR AUDIOLOGISTS IN NORTHERN CALIFORNIA.

COMMUNICATION SCIENCES & DISORDERS





CRIMINAL JUSTICE



- REMOVED IMPACTION FOR MAJOR AND MINOR STARTING IN FALL 2025
- INCREASED NUMBER OF ENROLLED STUDENTS TO OVER 1,500 IN FALL 2025
- GRADUATED 488 STUDENTS IN 2024-25
- AWARDED OVER \$20,000 IN SCHOLARSHIPS, INCLUDING \$10,000 AWARDED FROM COMMUNITY PARTNER NCPOA
- ATTENDED 20 OUTREACH EVENTS FOR PROSPECTIVE STUDENTS COORDINATED BY ADVISING STAFF
- ASSOCIATE PROFESSOR DANIELLE SLAKOFF WAS FEATURED IN THE HULU DOCUSERIES “MURDER HAS TWO FACES” ON MEDIA COVERAGE OF CRIMES
- STUDENT ADVISING STAFF ATTENDED 20

CRIMINAL JUSTICE



HEALTH SCIENCE



- IN SPRING 2025, THE BS IN HEALTH SCIENCE AND THE BS IN RECREATION THERAPY WERE FORMALLY MOVED INTO THE NEWLY ESTABLISHED DEPARTMENT OF ALLIED HEALTH SCIENCES (AHS). THE PHOTOGRAPH CAPTURES OUR FIRST DEPARTMENT GATHERING ON SEPTEMBER 8, 2025, MARKING THE LAUNCH OF THIS NEW EXCITING ACADEMIC UNIT. DR. ANDREA BECKER IS SERVING AS INTERIM CHAIR.
 - THE DEPARTMENT OF ALLIED HEALTH SCIENCES CURRENTLY HOUSES THREE TENURE-TRACK FACULTY, ONE FULL-TIME LECTURER, AND 11 PART-TIME LECTURERS
 - THE DEPARTMENT PROUDLY SERVES 3,237 STUDENTS, MAKING IT ONE OF THE LARGEST ACADEMIC UNITS ON THE SACRAMENTO STATE CAMPUS
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HEALTH SCIENCE





KINESIOLOGY

- DR. LESLIE LARSEN BEGAN SERVING AS CHAIR IN AUGUST
 - RECREATION ADMINISTRATION HAS JOINED THE DEPARTMENT OF KINESIOLOGY, AND A BA IN SPORT AND RECREATION MANAGEMENT IS PLANNED FOR FALL 2026
 - THE DEPARTMENT DEVELOPED COLLABORATIVE OPPORTUNITIES IN RESEARCH AND ENGAGEMENT (CORE) TO FACILITATE AND SUPPORT RESEARCH ACTIVITY AND COMMUNITY ENGAGEMENT WITHIN THE DEPARTMENT AND COLLEGE
 - THE NEW KINESIOLOGY ATHLETIC CARE LAB WILL OPEN IN WINTER 2025
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KINESIOLOGY





NURSING

- HIRED TWO TENURE-TRACK FACULTY: WELCOME ALI GRANDJEAN AND DR. DORIA THIELE!
 - SUBMITTED OUR ACCREDITATION AND LICENSING INTERIM REPORTS
 - ENHANCED PROCESSES FOR OUR ACTIVE PARTICIPATION IN HEALTH HIVE, THE HHS MOBILE HEALTHCARE INITIATIVE
 - TWO OF OUR CLINICAL TENURE TRACK FACULTY WILL START DOCTORAL PROGRAMS IN THE FALL: CONGRATULATIONS STEPHANIE LANDERS AND VARCI HANSEN!
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NURSING





PHYSICAL THERAPY



- BILL GARCIA, PT, DPT RECEIVED THE OUTSTANDING FACULTY AWARD FOR COMMUNITY SERVICE
 - THE REGIONAL, EQUITABLE, ACCESSIBLE, COMMUNITY HEALTH (REACH) CLINIC CONDUCTED OVER 400 PATIENT VISITS LAST YEAR, SAVING THE COMMUNITY MORE THAN \$20,000 IN HEALTHCARE COSTS. THIS IS A STUDENT-RUN CLINIC WHICH OFFERS PRO-BONO PHYSICAL THERAPY CARE TO UNINSURED AND UNDERINSURED MEMBERS OF THE COMMUNITY.
 - KONRAD DIAS, PT, PHD RECEIVED THE PUBLICATION AWARD BY THE CALIFORNIA PHYSICAL THERAPY ASSOCIATION
 - BRYAN COLEMAN-SALGADO, PT, DPT RECEIVED THE EDUCATION INFLUENCER AWARD FOR OUTSTANDING PLATFORM PRESENTATION FROM THE PHYSICAL THERAPY LEARNING INSTITUTE
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PHYSICAL THERAPY





PUBLIC HEALTH

- DR. ALETA BALDWIN BEGAN SERVING AS CHAIR IN AUGUST
 - OUR OCCUPATIONAL SAFETY AND HEALTH PROGRAM OFFERS ONE OF THE ONLY 4-YEAR OSH DEGREE PROGRAMS IN CA AND IS APPROVED AS A QUALIFIED ACADEMIC PROGRAM BY THE BOARD OF CERTIFIED SAFETY PROFESSIONALS
 - OUR MPH STUDENT TEAM TOOK FIRST PLACE IN THE CALIFORNIA ASSOCIATION OF HEALTHCARE LEADERS' 2024 HEALTHCARE CASE STUDY COMPETITION (BEATING BERKELEY'S MPH STUDENT TEAM)
 - IN EARLY 2025, WE SUBMITTED OUR SELF-STUDY FOR ACCREDITATION TO THE COUNCIL FOR EDUCATION IN PUBLIC HEALTH (CEPH) AND RECEIVED POSITIVE FEEDBACK. WE SUBMIT THE FINAL SELF-STUDY DOCUMENT LATER THIS MONTH AND ANTICIPATE EARNING CEPH ACCREDITATION FOR OUR MPH PROGRAM THIS SEPTEMBER.
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PUBLIC HEALTH





SOCIAL WORK



- DR SUSAN EGGMAN BEGAN SERVING AS INTERIM CHAIR IN AUGUST
- THE SCHOOL OF SOCIAL WORK WAS ABLE TO SUPPORT 38 SOCIAL WORK STUDENTS' PARTICIPATION IN THE 2025 NASW LOBBY DAYS
- THE ANNUAL FIELD PRACTICUM MEET AND GREET IS HOSTED BY THE SCHOOL OF SOCIAL WORK TO PROVIDE STUDENTS AND FIELD AGENCIES THE OPPORTUNITY TO MEET AND FIND MORE OUT ABOUT EACH OTHER
- SERENA VU RECENTLY ACHIEVED A SIGNIFICANT MILESTONE BY GRADUATING WITH HONORS WITH A BACHELOR OF SCIENCE IN BUSINESS ANALYTICS IN WINTER 2024

SOCIAL WORK





CURRENT RESEARCH PRESENTATIONS

EVALUATION OF A PHYSICAL THERAPY AND
NURSING SAFE PATIENT HANDLING
INTERPROFESSIONAL CLASSROOM ACTIVITY

DR. KONRAD J. DIAS, DEPARTMENT OF
PHYSICAL THERAPY

SHARED HOMES, STRONGER FUTURES:
TURNING RESEARCH INTO ACTION ON AGING
AND HOMELESSNESS PREVENTION

DR. SUSANNA CURRY, SCHOOL OF SOCIAL WORK

STUDYING NON-PHARMACOLOGICAL DISEASE-
MODIFYING STRATEGIES TO IMPROVE QUALITY OF LIFE
AND OUTCOMES IN PEOPLE WITH PARKINSON'S DISEASE:
A WHOLE BODY TO MOLECULE APPROACH

DR. GWENAELLE BEGUE

DR. MATT BROWN

KYLER NEU, BS

YESSENIA MARQUEZ VILLARREAL, BS
DEPARTMENT OF KINESIOLOGY



Today's Speakers



DR. GWENAELLE BEGUE

Dr. Begue, Associate Professor of Exercise Physiology at Sacramento State, holds a PhD in Exercise Biology from Montpellier University (France) and completed postdoctoral training in muscle aging at Ball State University (IN, USA). Her research examines how exercise impacts muscle and brain health to improve disease outcomes and quality of life. She leads studies using exercise as a therapeutic intervention in chronic kidney disease and, with Dr. Matt Brown, in Parkinson's disease.



DR. MATT BROWN

I completed my BS, MS (WLU) and PhD (UW) degrees in Kinesiology followed by a post-doc at the Krembil Brain Institute in Canada. My research program focuses on understanding neurophysiological and behavioral changes that result from neurological disorders (i.e., Parkinson's disease), and develop novel and alternative therapeutic techniques to induce neuroplasticity, including non-invasive brain stimulation, exercise and acute intermittent hypoxia, that can be used for neuroprotection/neurorestoration in people living with neurological disorders.



DR. SUSANNA CURRY

Dr. Susanna Curry is an Associate Professor in the School of Social Work. Her work bridges teaching, research, and community engagement to address homelessness and housing instability across the lifespan. Her work focuses on evaluating interventions and shaping policy to create actionable solutions for vulnerable populations. She earned her MSW and PhD at UCLA and completed postdoctoral training at the University of Chicago.

Today's Speakers



DR. KONRAD J. DIAS

Dr Konrad Dias is Professor within the Department of Physical Therapy since 2023. His career in teaching PT students has evolved over the past 24 years. As a current Board Certified Cardiovascular and Pulmonary Clinical Specialist with Emeritus status, Dr Dias has maintained an advanced record of teaching, scholarship, service and professional development.

He is actively involved in collaborating with the Department of Nursing in developing interprofessional activities and simulation experiences to enhance student learning.



KYLER NEU, BS

My name is Kyler Neu, a graduate student at Sacramento State University focusing on the neuroscience of exercise. My specific area of study is in Parkinson's disease and investigating how exercise helps to slow the progression. I also work full time as a lead research coordinator in ophthalmology leading clinical trials on a variety of eye related diseases. In my free time you can find me rock climbing, painting, or exercising in some type of way.



YESSENIA MARQUEZ VILLARREAL, BS

Yessenia Marquez Villarreal is an M.S. student in Kinesiology focused on exercise physiology and neuroscience. Her research explores how exercise and the endocannabinoid system may benefit those with neurodegenerative diseases like Parkinson's. As a clinical research assistant and community health advocate, she also mentors underrepresented students in STEM. Yessenia is organizing a Cannabis in Health and Performance Symposium to advance inclusive scientific research and is deciding between pursuing Ph.D. or N.D.

THANK
YOU!



SACRAMENTO
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