## THE SCIENCE & PRACTICE OF POSTTRAUMATIC GROWTH

CENTER FOR HEALTH PRACTICE, POLICY & RESEARCH CONFERENCE



**CHARLES CLARK** 

DR. JOYCE MIKAL-FLYNN

Speaker

Speaker

APRIL 29 2023 8:30 AM - 4:00 PM HARPER ALUMNI CENTER

Join Metahab originator Dr. Joyce Mikal-Flynn, & motivational speaker, mindset expert, & world-class athlete Charles Clark, with a panel of experts to acquire tools to transform adversity & trauma into strength through the development of resilience, compassion, & posttraumatic growth (PTG).

Students, academic & nonacademic staff & faculty, community professional & nonprofessional attendees are welcome