

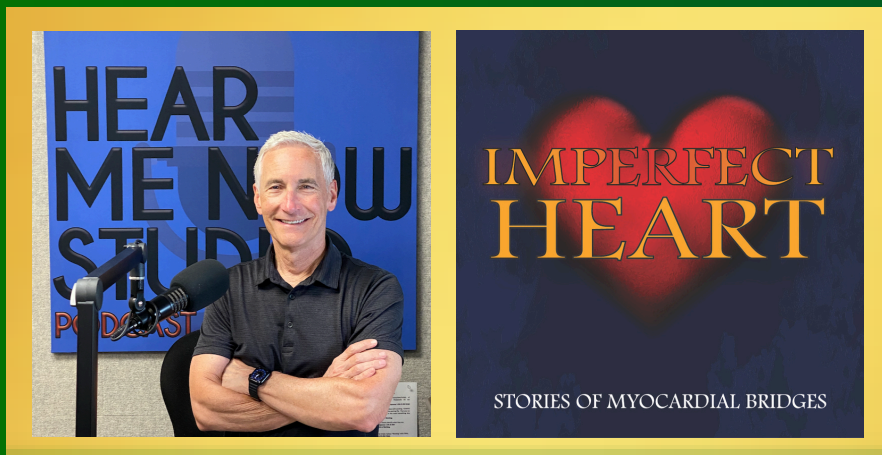
CENTER FOR HEALTH PRACTICE,  
POLICY, AND RESEARCH (CHPPR)  
DISTINGUISHED SPEAKER\*



MYOCARDIAL BRIDGES:  
MYTH OR MAYHEM?

Saturday, February 28  
9:30 AM - 12:30 PM

Folsom Hall  
7667 Folsom Boulevard  
Sacramento, CA 95826



Join Jeff Holden—creator, podcast host, and author of *Imperfect Heart: Stories of Myocardial Bridges*—for an interactive conversation exploring an often-dismissed or misdiagnosed congenital heart condition. Through compelling storytelling, patient perspectives, and physician interviews, Jeff highlights how evolving research is reshaping diagnosis and treatment. Attendees will gain practical insights for patients, families, and clinicians, while discovering how greater awareness can change outcomes and help prevent sudden cardiac death linked to this condition.

\*This event is complimentary to students, staff, faculty, & community members, and is made possible by the generous contributions of our supporters.

A HEALTHCARE RESOURCE FAIR WILL FOLLOW THE EVENT.



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HEALTHCARE RESOURCE FAIR TABLE

[www.csus.edu/hhs/imperfectheart](http://www.csus.edu/hhs/imperfectheart)