

Welcome to Communication Sciences and Disorders

Fall 2022
Junior Orientation and
Bachelor of Science Group Advising

A Land Acknowledgement

We are mindful in acknowledging that the land we stand on today, was and continues to be occupied by the Indigenous people of this area, the Maidu, Miwok, and Nisenan. Recognizing their culture that is rich in spiritual ties to the land and water with which their traditions resonate. We are humbled and take this opportunity to thank the Indigenous people of this area.





Dr. Heather Thompson,Ph.D. CCC-SLP

Acting Department Chair

CSAD2B Coordinator

SLPA Program Coordinator

Associate Professor

Heather.thompson@csus.edu

Vision for the Department

Our Mission

The Department of Communication Sciences and Disorders trains highly competent professionals in the fields of speech-language pathology and audiology by providing a rigorous scientific background and diverse clinical experiences while fostering a dedication to lifelong learning and community service.

Our Vision

The Department of Communication Sciences and Disorders will be widely recognized as a leader in the innovative education of speech-language pathologists and audiologists.



Who are we?

- Part of the largest college on the CSUS campus
- Diverse! 68%
- 93% female
- We have the highest 4-year graduation rate in the college (2021 = 72%)



Administration



College of Health and Human Services (CHHS)

The Department of Communication Sciences and Disorders is one of 9 departments housed in the College of Health and Human Services.

Academic Departments in CHHS

- Communication Sciences and Disorders
- Division of Criminal Justice
- Kinesiology
- Health Science
- School of Nursing
- Physical Therapy
- Public Health
- Recreation, Parks and Tourism Administration
- Division of Social Work



CHHS Administration & Staff

- Dr. Mary Maguire, Dean
- Dr. Greg Shaw, Associate Dean Operations: Budget & Planning
- Dr. Robert Pieretti, Interim Associate Dean Student & Personnel
- Andrew Stiffler, Information Technology Consultant
- Carl Kelley, Information Technology Consultant
- Heather Crummett, Budget and Personnel Analyst
- Christine Kellermann, Administrative Analyst/Specialist
- Raquel Quirarte, Student Success Center Coordinator
- Keturah Kirk, Student Success Center Administrative Support Assistant-II
- Jisel Aguirre Noriega, Administrative Support Assistant-II

Location: Solano Hall 5002

Phone: (916) 278-7255



Department of Communication Sciences and Disorders

(916) 278-4867

Mailing Address:
California State University,
Sacramento
6000 J Street MS 6071
Sacramento, California 95819

Physical Address 7667 Folsom Boulevard #2316 Sacramento, CA 95826

Maryjane Rees Language, Speech and Hearing Center

(916) 278-6601

Mailing Address:
California State University,
Sacramento
6000 J Street MS 6071
Sacramento, California 95819

Physical Address
7667 Folsom Boulevard #2201
Sacramento, CA 95826

Folsom Hall Commute

Please Note:

- Folsom Hall is located on Folsom Boulevard near Highway 50.
- The registration system indicates a 30 minute commute to Folsom Hall from the main campus. Please plan accordingly.



Fall 2022 Communication Sciences and Disorders Faculty & Staff

Full-Time Faculty

Dr. Heather Thompson, Ph.D., Acting Department Chair

Dr. Kathleen Abendroth, Ph.D., CCC-SLP

Dr. Lisa D'Angelo, Ph.D., CCC-SLP

Dr. Tonia Davis, Ph.D., CCC-SLP

Dr. Laura Gaeta, Ph.D.

Dr. Darla Hagge, Ph.D., CCC-SLP

Dr. Hamid Motallebzadeh, Ph.D.

Dr. Aishah Patterson, Ph.D., CCC-SLP

Dr. Celeste Roseberry-McKibbin, Ph.D., CCC-SLP

Dr. Soumya Venkitakrishnan, AuD., PhD



Part-Time Faculty

Joseph Arata, M.S. CCC-SLP

Dr. Elizabeth Barragan, Au.D.

Dr. Rachel Bellotti, Au.D.

Joanna Bodas, M.S. CCC-SLP

Alix Bowen, M.S. CCC-SLP

Jennifer Brickley, M.S. CCC-SLP

Shauna Brown, M.S. CCC-SLP

Dr. Stephanie Cate, Au.D.

Marissa Cmaylo, M.S. CCC-SLP

Shawn Cullen, M.S. CCC-SLP

Autumn Dalton, M.S. CCC-SLP

Dr. Belinda Daughrity, PhD CCC-SLP

Dr. Danielle Davis, AuD

Kelly Dodge, M.S. CCC-SLP

Karen Faherty, M.S. CCC-SLP

Renee Garner, M.S. CCC-SLP

Shannon Gaylord, M.S. CCC-SLP

Sean Green, M.S. CCC-SLP

Keith Haberstock, M.S. CCC-SLP

Debra Harms, M.A. CCC-SLP

Jane Johnson, M.S. CCC-SLP

Yvonne Katsuyama, M.S. CCC-SLP

Sandra Kaul, M.S. CCC-SLP

Dr. Meghann Keehner, Au.D.

Dr. Rachael Krager, Au.D. CCC-A

Donna Lee, M.S. CCC-SLP

Lisa Lennox, M.S. CCC-SLP

Myisha Liu, M.S. CCC-SLP

Kelly Louney, M.S. CCC-SLP

Dr. Allen Lue, MD

Dr. James McCartney, Ph.D. CCC-A

Dr. Samantha McKinney, Au.D.

Dr. Betty McNamara, Au.D.

Marcella Mojibi, M.S. CCC-SLP

Karen Oakley, M.S. CCC-SLP

Dr. Alaine O'Campo, Ph.D CCC-SLP

Dr. Sarita Patel, AuD

Elizabeth Posner, M.S. CCC-SLP

Dr. Charles Sanders, Au.D. CCC-A

Dr. Kimberly Smith, Au.D. CCC-A

Wyme Speight, M.S. CCC-SLP

Tracy Stage, M.S. CCC-SLP

Mary Lo Thomas, Pharm. D

Ragna Thordardottir, M.S. CCC-SLP

Dr. Amy Vargo-Kite, AuD

Kathryn Vigil, M.S. CCC-SLP

Dr. Christine Vong, AuD

Dr. Roselynn Young, AuD

Razi Zarchy, M.S. CCC-SLP



Staff

<u>Department of Communication Sciences and Disorders</u>

- David Gleason, B.I.S., Administrative Support Coordinator
- TBD, Administrative Support Assistant II



Staff

Maryjane Rees Language, Speech and Hearing Center

Speech Clinic

- Dr. Kathleen Abendroth, Ph.D. CCC-SLP, Clinic Coordinator
- Mable Boban, B.A., Administrative Support Coordinator II

Audiology Clinic

- Dr. Laura Gaeta, Ph.D.
- Hilarie McNeil, Administrative Support Assistant II





Kathleen Abendroth Ph.D., CCC-SLP

Maryjane Rees Language, Speech and Hearing Center

Clinic Coordinator

Internship Coordinator

abendroth@csus.edu

Maryjane Rees Language, Speech and Hearing Center



Circle of Golden Hearts

Maryjane Rees Language, Speech and Hearing Center

Speech Clinic

https://vimeo.com/261220133



Clinical Services Offered

Assessment and therapy are available for children, teens, and adults with communication challenges associated with the following areas:

Accent Modification

Alaryngeal Speech

Aphasia

Apraxia

Auditory Processing

Cleft Palate

Cognition

Dysarthria

Expressive Language

Hearing Loss

Reading Disorders

Receptive Language

Social Pragmatic Language

Speech Sound Disorders

Stuttering

Transgender Voice Therapy

Traumatic Brain Injury

Voice Disorders





Aishah Patterson, Ph.D.. CCC-SLP

Assistant Professor

patterson@csus.edu

Department of Communication Sciences and Disorders

Advising



Advising Resources

View the CSAD Major Orientation Presentation and other advising resources at:

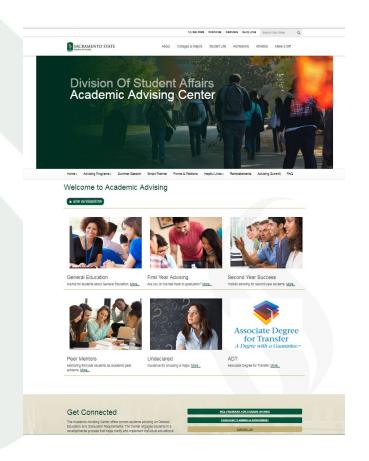
https://www.csus.edu/college/health-humanservices/communication-sciencesdisorders/student-advising.html



General Education Advising

ACADEMIC ADVISING CENTER

https://www.csus.edu/studen t-life/academic-advising/





CHHS Student Success Center



The purpose of the Student Success Center is to provide holistic support services to aid in a student's university experience.

If you are in need of guidance in selecting a major? Facing challenges and barriers within your major? Having questions pertaining to programs within the College of Health and Human Services? The Center is here to address all these question, and provide the following services:

- Academic Planning
- Basic Career Exploration
- Faculty Mentoring
- Major Program Exploration
- •Referrals to Campus Resources

For more information, visit their website:

https://www.csus.edu/college/health-human-services/studentsuccess/



CSAD Major Advising: Group Advising

- The Department conducts group advising and major orientation for students interested in changing their major, who would like to know more about our programs, or who just want a refresher on general major advising.
- Sessions are held throughout the academic semester on a drop-in basis (in person, zoom or hybrid)
- No appointment is necessary.
- Please visit the department website for upcoming session information.
- https://www.csus.edu/college/health-human-services/communication-sciences-disorders/student-advising.html



CSAD Major Advising: Career Path Advising

The Department conducts group career path advising sessions a few times a year for:

- Audiology (Audiology Career Path & Au.D.)
- Speech-Language Pathology Assistant (SLPA)
- Master of Science in Communication Sciences and Disorders (Speech-Language Pathologist Path)

These sessions are on a drop-in basis.

No appointment is necessary.

Visit the Department website for current dates.

https://www.csus.edu/college/health-human-services/communication-sciences-disorders/student-advising.html



CSAD Major Advising: One-on-One Appointments*

One-on-One Advising Appointments may be scheduled with:

Undergraduate advising

Available full-time faculty members - mail faculty directly

Graduate Program Advising - Dr. Darla Hagge, Graduate Coordinator

Audiology Advising - Dr. Laura Gaeta, Au.D. Program Director

Clinic Advising - Dr. Katie Abendroth, Maryjane Rees Language, Speech and Hearing Center Clinic Coordinator

SLPA Fieldwork Extension Coursework Advising - Dr. Heather Thompson, CSAD Acting Department Chair

*Additional Advising information may be found on the department website.





Lisa D'Angelo, Ph.D. CCC-SLP

Associate Professor

dangelo@csus.edu

Who are Speech-Language Pathologists?



Speech-Language Pathologists are professionals who provide services to Prevent, Diagnose, Evaluate and Treat communication, swallowing, and other related, disorders

Speech-language pathologists (SLP) and speech-language pathology assistants (SLPAs) work with a wide variety of people, including:

- Infants through elderly
- Diverse ethnic, cultural and linguistic backgrounds
- Individuals with a variety of disorders

Speech-Language Pathologists (SLPs) and Speech-Language Pathology Assistants (SLPAs) work with a wide variety of challenges and other services, including:

- Accent modification
- Autism
- Feeding
- Fluency (e.g., stuttering)
- Hearing
- Language-based reading challenges
- Neurological disorders (due to stroke, traumatic brain injury, progressive medical conditions, etc.)
- Persons with cochlear implants
- Speech and language disorders
- Swallowing
- Voice (including voice challenges related to cleft palate, diagnosed vocal nodules, etc.)

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SLPs work in a variety of environments, including:

- Schools
 - Communication Disabled (CD) classroom teacher
 - Itinerant SLP
- Medical Facilities
 - Hospitals
 - rehabilitation centers
 - home health
 - skilled nursing facilities
- Private Practices
- Telepractice
- Universities (as educators and researchers)

CALIFORNIA STATE UNIVERSITY, SACRAMENTO



Laura Gaeta, Ph.D., F-AAA

Assistant Professor

Au.D. Program Director &

Graduate Coordinator

Faculty Liaison – CSUS Chapter of Student Audiology Association

l.gaeta@csus.edu

Who are Audiologists?



Maryjane Rees Language, Speech and Hearing Center

Audiology Clinic

20211013 Comm Sciences Disorders MRLSHC OPEN CAPTIONED 20220720.mp



Audiologists are health care professionals who diagnose, manage, and treat hearing, balance, or ear problems.

Audiologists and audiology assistants (or ototechs):

- Work with newborns through the elderly
- Perform hearing assessments, fit hearing aids, assist in cochlear implant programs, monitor the auditory system during surgery, design hearing conservation programs, implement newborn hearing programs, participate in interprofessional teams for hearing and/or balance problems, and provide rehabilitation for children and adults with hearing loss
- Work in K-12 schools, hospitals, universities, hearing clinics, physicians' offices, private practices, the military, and research hospitals

CALIFORNIA STATE UNIVERSITY, SACRAMENTO

Education Requirements to Become an Audiologist

- Bachelor's degree from an accredited institution
- Doctor of Audiology (Au.D.)
 - Four-year clinical doctorate
 - Three years of coursework and clinical practica, one year of full-time clinical externship
 - Prepares graduates for clinical practice and audiology licensure



Interested in Audiology?

- See Laura Gaeta, Ph.D. for advising
- Attend information sessions for students interested in pursuing a career in audiology or applying to an Au.D. program
 - Dates and times of information sessions can be found on the Department website





Soumya Venkitakrishnan, Au.D., Ph.D.

Assistant Professor

s.venkitakrishnan@csus.edu

Career Options



Career options with a Bachelor of Science in Communication Sciences and Disorders

- Speech-Language Pathology Assistant (SLPA) licensed by the state
- Audiology: Technician
- Entry Level Administrative Positions
 - Health Insurance Industry
 - Public Health Administration
 - Department of Education Administration



In fact, many graduates with the Bachelor's Degree go on to work and study in other related fields, including:

- Audiology
- Special Education
- Deaf Education
- School Psychology
- Rehabilitation Counseling
- Nursing
- Physical Therapy
- Occupational Therapy
- Social Work
- Disability Law

- Rehabilitation
 Administration
- Medical sales / publications
- Behavior Analysis (BCBA)
- Professional Meeting
 Planning & Special Events
- Linguistics
- Public Health



Advanced Education Options for Communication Sciences and Disorders Majors



Graduate School Master's Degrees and Beyond

- Communication Sciences and Disorders/Communicative Disorders/Speech Pathology (M.S., SLP.D., or Ph.D.)
- Audiology (Au.D. and/or Ph.D.)
- Special Education
- Counseling
- Rehabilitative, School Psychology
- Nursing
- Law School



Careers and Degrees in Health Professions: Campus Resources

Pre-Health

https://www.csus.edu/college/natural-sciences-mathematics/center-science-math-success/pre-health-professional-information.html

Career Center

http://www.csus.edu/careercenter/index.html





Heather Thompson, Ph.D., CCC-SLP

Acting Department Chair

CSAD2B Coordinator

SLPA Program Coordinator

Associate Professor

heather.thompson@csus.edu

Degrees offered through the Department of Communication Sciences and Disorders



- Bachelor of Science in Communication Sciences and Disorders
- Second Bachelor of Science in Communication Sciences and Disorders (College of Continuing Education)
- Speech-Language Pathology Assistant (SLPA)
- Master of Science in Communication Sciences and Disorders
- Doctorate of Audiology (Au.D.)

Undergraduate Degree in Communication Sciences and Disorders



Major Prerequisites

ALL major prerequisites <u>MUST</u> be completed <u>PRIOR</u> to beginning any major courses.

- Human Development throughout the lifespan
 Must cover the lifespan (birth to death) and can be one single course or a combination of courses.
- Introductory course in Statistics
- Introduction to Psychology
- One course in sign language



Sacramento State Courses that fulfill Major Prerequisites

- Human Development throughout the lifespan = CHAD 30. Human Development.
- Introductory Statistics = STAT 1. Introduction to Statistics
- Introduction to Psychology = PSYC 2. Introductory Psychology
- Sign language= DEAF 51. American Sign Language 1



Non-Sacramento State Courses or Exams that Fulfill Major Prerequisites

Equivalent coursework may also be taken, in a face-to-face classroom setting or online, through an accredited institution of higher education (Community College or University).

You should email the Sacramento State CSAD Department Chair (heather.thompson@csus.edu) if you wish to confirm that a course you are considering taking is equivalent.

Credit may also be given for AP coursework and certain College Level Examination Program (CLEP) examinations (Human Growth and Development, or Introductory Psychology.) Contact the Department Chair to determine if passed AP coursework (Scores of 3, 4, or 5) on your transcript or CLEP examinations (scaled score of 50 or higher) that you are considering taking are equivalent.

<u>Note</u>: Straighterline and SOPHIA coursework does <u>NOT</u> satisfy general education coursework and, thus, does not satisfy coursework requirements.



Prerequisites not taken at Sacramento State

Once you have completed the course **and** submitted transcripts to California State University, Sacramento, please submit a Transfer Course Equivalencies Form through OnBase, ATTN: Dr. Thompson.

https://onbase.csus.edu/unity/forms/default.aspx







Do I Need to Have Taken Physics or Chemistry?

- It is **strongly recommended** that students have completed a course in **physics and/or chemistry** as they will be **required** later on when applying to a Master's program in CSAD and/or when applying for ASHA Certification.
- Per ASHA's recently Revised Certification Standards (please see https://www.asha.org/certification/course-content-areas-for-slp-standards/), all individuals applying for the ASHA Certificate of Clinical Competence (CCC) after December 31, 2019 will be required to complete a college-level course in physics or chemistry.



Physics

What is Basic Physics? Broad survey of physics principles to enable students to appreciate the role of physics in everyday experiences in today's society and technology. The science that deals with matter, energy, motion, and force.

The following is a list of possible content areas:

Basic physical principles for non-majors

Basic principles of mechanics

Basic principles of sound

Basic principles of thermodynamics

Basic principles of optics

Basic principles of electricity and magnetism



Chemistry

What is Basic Chemistry? Selected concepts and topics designed to give students an appreciation for how chemistry impacts everyday life, especially energy and the environment. The study of substances.

The following is a list of possible content areas:

Atomic structure

Chemical bonding

Radioactivity

Behavior of gases and solutions

Behavior of acid and bases

Hydrocarbons

Functional groups and important biological molecules

Chemical principles in human or animal physiology



The order of courses makes sense.

Courses in one semester are prerequisites for courses in subsequent semesters.

Course Sequence



Junior Level Major Course Sequence

Semester 1, Fall (10 units)

<u>Units</u>	Class	<u>Description</u>
4	CSAD 110	Physics of Sound and Phonetics. (Fall only)
3	CSAD 111	Anatomy and Physiology of the Speech Mechanism (Fall only)
3	CSAD 112	Language Science and Development (Fall only)



Junior Level Major Course Sequence

Semester 2, Spring (13 units)				
<u>Units</u>	Class	Description		
3	CSAD 125	Developmental and Acquired Neurogenic Language Disorders Across the Lifespan (Spring only)		
3	CSAD 126	Speech Sound Development and Disorders in Children: Aspects of Articulation and Phonology (Spring only)		
3	CSAD 130	Introduction to Audiology (Spring only)		
1	CSAD 145	Supervised Observations (Spring only)		
3	CSAD 148	Research in Speech Language Pathology and Audiology (Spring only)		



Senior Level Major Coursework

Semester 3, Fall (11-14 units)

<u>Units</u>	Class	Description
3	CSAD 123	Voice and Fluency (Fall only)
2	CSAD 142	Topics in Autism Spectrum Disorders (Fall only)
3	CSAD 147	Assessment Procedures (Fall only)
3	CSAD 146	Introduction to Clinical Issues and Methods * Elective (either Fall OR Spring)



Senior Level Major Coursework

Semester 4, Spring (12 units)

<u>Units</u>	<u>Class</u>	Description
3	CSAD 133	Introduction to Aural Rehabilitation (Spring only)
3	CSAD 127	Introduction to Medical Speech Pathology (Spring only)
3	CSAD 143	Communication Disorders in Multicultural Populations (Spring only)
3	CSAD 146	Introduction to Clinical Issues and Methods * Elective (either Fall OR Spring)



*CSAD 146 Introduction to Clinical Issues and Methods

Required for students who plan to apply to Sacramento State Master's Degree Program in Speech-Language Pathology.

Recommended for students who plan to apply to graduate programs at other universities.

Optional for students who do not plan to attend graduate school.

Not required for students who wish to apply to the CSUS SLPA Summer Extension Coursework or the CSUS Doctorate of Audiology program.

Prior to enrolling in CSAD 146, students must fulfill the following requirements:

- 3.2 GPA within the major (CSAD)
- NO CSAD courses below a grade of "C"
- Must meet medical requirements including vaccinations, Basic Life Saving & CPR for healthcare providers, and proof of health insurance
- Completion of a <u>department approved</u> Level 1 criminal background screening



Speech-Language Pathology Assistant (SLPA) Summer Coursework



SLPA Prerequisites

- A bachelor's degree or equivalent in Communication Sciences and Disorders (Speech Pathology) no older than 5 years from California State University,
 Sacramento and meet University and Department standards.
- Must meet medical requirements including vaccinations, Basic Life Saving & CPR for healthcare providers, and proof of health insurance
- Completion of a <u>department approved</u> Level 1 criminal background screening



SLPA Program Goals

- Meet California registration/licensing requirements of 100 fieldwork hours
- Build knowledge, fieldwork experience, and core technical skills needed to practice within the field of Speech-Language Pathology Assistant
- Fulfill educational requirements for registration and licensing provisions in the State of California for Speech-Language Pathology Assistants
- Promote and support professional standards of the individual to meet the requirements of the State of California and the American Speech-Language-Hearing Association Code of Ethics





Darla K. Hagge Ph.D., CCC-SLP

Associate Professor

Graduate Coordinator

Chair, CSUS Institutional Review Board

Founder/Director, NeuroService Alliance Aphasia Groups

Co-Director, Interprofessional Education Center for Innovative Teaching and Learning

Co-Faculty Advisor, Student Interprofessional Education (SIPE) Organization

hagge@csus.edu

Preparing for Applying to Graduate Programs in Communications Sciences and Disorders



Do I Need to Have Taken Physics or Chemistry?

- Yes. The Sacramento State Master of Science in Communication Sciences and Disorders degree program requires applicants to have successfully completed or be currently enrolled in a university-level physics or chemistry class at the time of application. (If currently enrolled at time of application, coursework must be successfully completed in order to begin program if admitted.)
- ASHA Standard IV-A
- The applicant must have demonstrated knowledge of statistics as well as the biological, physical, and social/behavioral sciences.
- Implementation: Stand alone coursework in (a) biological sciences, (b) chemistry or physics, (c) social/behavioral sciences, and (d) statistics that fulfill non-communication-sciences-and-disorders-specific university requirements.
- Please see: https://www.asha.org/certification/2020-slp-certification-standards/



Do I Need to Have Taken Physics or Chemistry?

Types of coursework/exams that the Sacramento State Master of Science in Communication Sciences and Disorders degree program has defined as fulfilling the Physics/Chemistry requirement.

- Courses must be taken from an accredited institution (Community College, University).
- Courses do not need to include a lab unless required by the course/university.
- Courses may be taken Credit/No Credit or for a grade.
- The best college/university coursework option is a course that is recognized as fulfilling the General Education (GE) requirements for the Sac State Bachelors degree.
- The Chemistry CLEP exam is an acceptable alternative to coursework. Passage of the exam with a score of 50 or higher is required. Official proof of passage will need to be submitted to the department.
- Completed Advanced Placement (AP) coursework in Physics or Chemistry with scores of 3 or higher is an acceptable alternative to college/university coursework.
 Official proof of passage will need to be submitted to the department.



Students that meet the minimum qualifications for the program are ranked for graduate admission based on the following:

- GPA in Communication Sciences and Disorders, Speech Pathology or Communicative Disorders coursework
- Letters of Recommendation (n=3)
- Amount of related work, volunteer, and leadership experience
- Quality of Oral and Written Essay Response
- Amount of coursework completed in Communication Sciences and Disorders, Speech Pathology or Communicative Disorders consistent with coursework completed by students with a BS in Speech Pathology and Audiology from Sacramento State
- Clinical Potential (determined by applicant's reported work and volunteer experiences, professional and collaborative behaviors, teachableness (non-defensive), flexibility, reliability, dedication to the field, etc.)



Grades

Overall GPA is important, however more important for applying to the Speech Pathology MS program at Sacramento State is GPA in the major coursework

Students must have an **overall GPA of 2.75** and a **3.00 in the major**



Work/Volunteer/Leadership Experience

Teaching, tutoring, school aides, SLPA, speech aide, research, social work, counseling, daycare, work with the elderly, work in nursing homes, work with individuals with disabilities, etc.

A prolonged pattern of involvement directly related to our field and/or populations relevant to the field and/or evidence of leadership in the workplace, university, or other setting.



Essay & Writing Prompts

- Define **advocacy** from your perspective and discuss three (3) ways you would advocate for the wide variety of populations across the lifespan that the field of communication sciences and disorders serves.
- Using your own words, define collaboration and teamwork. Discuss your prior experiences with collaboration and teamwork; how will you apply this knowledge and your experiences with collaboration and teamwork during your graduate program at Sac State?
- Social justice is an important value to Sac State and our department. Using your own words, define social justice and what this means to you. Provide personal examples of how you have demonstrated this value, and how do you anticipate demonstrating this value during graduate school?
- In our clinics, we provide services to individuals across the lifespan, from a variety of backgrounds and cultures, languages, socioeconomic status, gender identities, sexual orientations, religions, exceptionalities, and cognitive and physical abilities. **Describe your experiences, trainings, and/or preparation(s) related to interacting with individuals from diverse backgrounds.** Be sure to indicate if you are bilingual, trilingual, or multilingual and in which languages. Please describe in terms of spoken language, reading, and writing skills.



Writing Skills and Clinical Potential

Start refining your writing, interpersonal, and presentation skills *now*. Applications include an essay and video presentation. Take advantage of campus writing labs

- Peer and Academic Resource Center (PARC) http://www.csus.edu/parc/
- Writing Center http://www.csus.edu/writingcenter/
- Career Center
 http://www.csus.edu/careercenter/index.html



Letters of Recommendation

Start making yourself visible to the faculty now. In the fall of your senior year you will need to request letters of recommendation.

Applicants must submit three letters of recommendation:

- Two of these must come from Professors in Speech-Language Pathology or Communication Disorders.
- One letter may come from a Professor in Speech-Language Pathology or Communication Disorders, an ASHA certified speech-language pathologist, or an employed professional in a related field.



For additional information, please visit:

 https://www.csus.edu/college/health-humanservices/communication-sciencesdisorders/master-science-csad.html





Hamid Motallebzadeh, Ph.D

Assistant Professor

h.motallebzadeh@csus.edu

Research Opportunities

- There are research opportunities in the department
 - Volunteer Research Opportunities
 - Elective 199 courses
 - Graduate Assistantships
 - MS thesis projects
 - AuD projects



Research Opportunities

 Reach out to individual faculty to learn about available opportunities



Experiential Learning and Service Learning Opportunities



CSAD Experiential Learning and Service Learning Opportunities

- Cognitive Communication Connection (CogComCon) Dr. Lisa D'Angelo
- Appreciation for Diversity in CSAD (ADCSAD)- Dr. Heather Thompson
- Love, Talk, Read- Dr. Roseberry-McKibbin
- NeuroService Alliance (NeuroSA)- Dr. Darla Hagge
- Speech Pathology Research, Outcomes and Treatment (SPROuT)- Dr. Heather Thompson
- S.P.I.T. Lab: Physiological Stress Response Research Dr. Aishah Patterson





Celeste Roseberry-McKibbin, Ph.D., CCC-SLP

Professor

celeste@csus.edu

How to Succeed in the Undergraduate Program in Communication Science and Disorders



Extreme Self-Car

CRAMENTO STATE

Extreme Self Care: is the practice of fully committing to a nurturing lifestyle.

Photo by Pink Sherbet Photography

W HAIKU DECI



Examples of Extreme Self Care

- 1. Drink water
- 2. Eat well
- 3. Laugh a lot!
- 4. Body exercise
- 5. Journal
- 6. Positive Attitude
- 7. Smile every day! ©
- 8. Sleep
- 9. Prayer, reflection, meditation, gratitude
- 10.Fun!!!
- 11. Stay connected with your family and friends
- •REMEMBER: Treat Yourself Well Everyday (TYWE)!!!



Professional Behavior: Start Now!

Competence
Honesty
Compassion
Respect for others
Professional Responsibility



All coursework is important....

- Focus on: Grades
- Study Skills
 - Time
 - Method
 - Repetition, repetition, repetition
 - Multi-tasking is a MYTH



Study Tips Checklist Courtesy Of Dr. Roseberry-McKibbin

- Review each day's lecture notes later that same day to aid retention.
- Review a lot!
- Be sure to read the readings at least several times
- Visualize what you are reading.
- Study with other people
- Recite and write
- Study a little every day
- Every course unit = 3 hours of studying outside of class a week. 3-unit class
 = 9 hours studying/homework
- DO THE READINGS BEFORE CLASS
- Make flashcards for key terms. Carry these flashcards everywhere you go and review them whenever you have a minute. Do not rewrite the definition in your own words!



Wellness

Student Health and Counseling Services, Division of Student Affairs

https://www.csus.edu/student-life/health-counseling/healthy-campus.html

Care for Coronavirus Anxiety

https://www.virusanxiety.com/

How to Handle Coronavirus Anxiety - Crisis Text line

https://www.crisistextline.org/topics/get-help-coronavirus/#dealing-with-coronavirus-1

Health and Counseling Updates: What if I feel sick?

https://www.csus.edu/student-affairs/emergency-student-information/health-counseling-updates.html

The Virtual Calming Room: https://www.csus.edu/administration-business-affairs/emergency-employee-information/virtual-calming-room.html

- Mindfulness and Anxiety
- Student Health and Counseling
- Workouts
- Creativity
- Connecting with Friends, Family, and Peers
- Virtual Vacation
- Live Animal Cameras
- Support
- Apps and Resources



Additional Resources

- Want to start or continue a meditation practice? The following apps and websites offer free guided meditations.
 - <u>Liberate</u>. Their mission is to empower Black, Indigenous, and People of Color on their path of finding inner peace.
 - Sanvello. On-demand help for stress, anxiety, and depression. Sanvello is offering free premium access during the COVID-19 crisis.
 - Headspace. Headspace offers a free 10-session beginner's series as well as several short meditations to help with virus anxiety.
 - The <u>UCLA Mindful Awareness Research Center</u> offers several free guided meditations, of various length, in both English and Spanish.
 - Insight Timer. Insight Timer offers over 30,000 free guided meditations.

Free Fitness Classes

- Lululemon offers free yoga and workout videos on YouTube.
- MindBodyGreen offers free daily wellness classes.
- Helpful Websites, Articles, and Other Resources
 - OnwardCA is a website for people impacted by job loss during the pandemic, with resources for basic needs, job retraining, and employment opportunities.
 - <u>Each Mind Matters' blog</u> features an entry on maintaining connection in times of physical distancing. The blog also includes links to other mental health resources.





David Gleason, B.I.S.

Administration Support Coordinator

dgleason@csus.edu

Student Employment



On-Campus Employment for Students

- There are different student employment positions available at CSUS
- Check the website for updates regarding current on-campus positions:
 - https://www.csus.edu/administration-business-affairs/human-resources/studentemployment.html
- We recommend keeping your work to about 10-20 hours per week if you have to work while you are enrolled in school full time.



Registration Assistance



Registration Questions

If you have any questions about Campus Registration procedures, please contact the University Registrar staff at registrar@csus.edu

If you have any questions about CSAD Registration procedures, please contact the CSAD staff at csad-registration-assistance@csus.edu

Registration Assistance Form

https://csus.co1.qualtrics.com/jfe/form/SV_bE0sbusBtgNGVrU

For registration assistance with CSAD classes, the Department of Communication Sciences and Disorders uses a web based Qualtrics registration assistance form (no paper). The link to the registration assistance form is posted on the department webpage.

Department Communication and Resources



Emails

- All course, campus and department emails will be sent to your <u>campus</u> email address.
- Make it a habit to check it daily
- Emails are a better form of contact than phone calls.



Additional Online Resources

Department Website:

https://www.csus.edu/college/health-humanservices/communication-sciences-disorders/

Department Facebook: <u>Department of</u>
 <u>Communication Sciences and Disorders at Sac</u>

 <u>State</u>



Canvas and Zoom



Find Canvas Link

Welcome Sign Out





- https://library.csus.edu/
- https://library.csus.edu/covid-19-update
- Duo



Sac State Zoom Login

SACRAMENTO STATE SIGN IN JOIN A MEETING Video Conferencing



Process for Reporting Bias

- There is a CSUS process for reporting bias:
 - https://cm.maxient.com/reportingform.php?CSUS acramento&layout id=6





Tonia Davis, Ph.D., CCC-SLP

Assistant Professor

Faculty Advisor - NSSLHA

tonia.davis@csus.edu

Student Organizations



National Student Speech Language Hearing Association (NSSLHA)

https://www.csusnsslha.com/

https://www.youtube.com/watch?v=X3cby896l4o

"The NSSLHA chapter at Sac State strives to encourage professional interest, promote student involvement in our community, and provide information regarding speech, language, and hearing disorders to Sacramento State students and community members."

R.A.I.N.B.O.W. Organization

https://www.rainboworg.com/

"R.A.I.N.B.O.W Organization is a student organization created to provide an open and safe environment to speak freely on topics about equality and intersectionality in the field of speech pathology and audiology"

Student Academy of Audiology

https://www.youtube.com/watch?v=C3MArQarbXU

On Instagram: @saacsus

SAA provides opportunities, resources, and information for students pursuing careers in audiology

Student Interprofessional Education Organization (SIPE)

https://sipecsus.wixsite.com/website

https://youtu.be/8mzvlgD-Fxk

Bringing students from different health professions together to learn from, and with, each other.

CALIFORNIA STATE UNIVERSITY, SACRAMENTO



Dr. Heather Thompson

Ph.D. CCC-SLP

Acting Department Chair

CSAD2B Coordinator

SLPA Program Coordinator

Associate Professor

Heather.thompson@csus.edu

Q & A





Lisa D'Angelo, Ph.D. CCC-SLP

Associate Professor

dangelo@csus.edu



Tonia Davis, Ph.D., CCC-SLP

Assistant Professor

Faculty Advisor - NSSLHA

tonia.davis@csus.edu



Laura Gaeta, Ph.D., F-AAA

Assistant Professor

Au.D. Program Director

l.gaeta@csus.edu



David Gleason, B.I.S.

Administration Support Coordinator

dgleason@csus.edu



Darla K. Hagge Ph.D., CCC-SLP

Associate Professor

Graduate Coordinator

Chair, CSUS Institutional Review Board

Founder/Director, NeuroService Alliance Aphasia Groups, A Collection of Life Participation Approach Programs

Co-Director, Interprofessional Education Center for Innovative Teaching and Learning

Co-Faculty Advisor, Student Interprofessional Education (SIPE) Organization

hagge@csus.edu



Kathleen Abendroth Ph.D., CCC-SLP

Maryjane Rees Language, Speech and Hearing Center

Clinic Coordinator

Internship Coordinator

abendroth@csus.edu



Aishah Patterson, Ph.D.. CCC-SLP

Assistant Professor

patterson@csus.edu



Celeste Roseberry-McKibbin, Ph.D., CCC-SLP

Professor

celeste@csus.edu



Heather Thompson, Ph.D., CCC-SLP

Acting Department Chair

CSAD2B Coordinator

SLPA Program Coordinator

Associate Professor

heather.thompson@csus.edu



Soumya Venkitakrishnan, Ph.D Au.D.

Assistant Professor

s.venkitakrishnan@csus.edu



Hamid Motallebzadeh, Ph.D

Assistant Professor

h.motallebzadeh@csus.edu



Hilarie McNeil

Maryjane Rees Language, Speech, and Hearing Center

Administration Support Assistant



Mable Boban, B.A.

Maryjane Rees Language, Speech, and Hearing Center

Administration Support Assistant



Hilarie McNeil

Maryjane Rees Language, Speech, and Hearing Center

Administration Support Assistant

Hilarie.mcneil@csus.edu