

California State University, Sacramento Department of Communication Sciences and Disorders

GRADUATE SYLLABUS & COURSE OUTLINE

| Semester/Year: | Course: | Section: | |
|----------------------------|---|----------------------------|--|
| Fall/2022 | CSAD 642- Industrial audiology and hearing | 01 | |
| | conservation | | |
| Meeting Days: M, W | Meeting Times: 9:00 AM-10:15 AM | Location: Folsom Hall 2604 | |
| Instructor: | Email: | Phone: | |
| Hamid Motallebzadeh, Ph.D. | h.motallebzadeh@csus.edu | 916-278-3589 | |
| Office Location: | Office Hours/Appointments: | | |
| 2404E | Monday 3:00pm -4:00pm and Wednesday 4:00-5:00 pm by appointment | | |

REQUIRED TEXTS

Le Prell, C.G., Henderson, D., Fay, R.R., & Popper, A.N. (2012). *Noise-induced hearing loss: Scientific advances*. Springer.

Rawool, V.W. (2011). Hearing conservation in occupational, recreational, educational, and home settings. Thieme.

OPTIONAL TEXTS

COURSE WEBSITE

Canvas platform will be used as the learning management site for dissemination of course readings, handouts, slides, assignments, announcements, and tests/quizzes. The course materials will be posted on Canvas at least 48 hours before class.

Instructor Communication and Response Time

Faculty strive to have open communication with students both within and outside of the classroom. Students are encouraged to contact faculty to discuss questions about the course. Responses to telephone or e-mail messages will usually be transmitted within 48 hours during regular working hours. If you do not have a response within this time period, please check your contact methods and resend the message. Faculty will generally respond to student questions received during evenings and weekends once they are back in the office during regular business hours.

*Please be aware that all content for this course is the property of the course faculty who have created it and can only be used for this course. Those wishing to use the materials outside of this course must receive written permission from the author/creator.

GENERAL COURSE INFORMATION

PRE-REQUISITES

Admission to Doctor of Audiology program; CSAD611, CSAD612, CSAD613, CSAD614, CSAD621, CSAD622, CSAD622L, CSAD623, CSAD624, CSAD631, CSAD632

COURSE DESCRIPTION

Overview

This course provides content in the areas of hearing conservation, industrial audiology, and noise control. Students will learn the procedures for measuring noise, implementing hearing conservation programs, and making recommendations for the management and prevention of noise-induced hearing loss. Through the course, students will also develop a hearing conservation program that includes use of hearing protection. Students will also be introduced to the effects of pharmaceutical and chemical agents on the auditory system, legal aspects of noise-induced hearing loss, and the regulations pertaining to national standards and worker's compensation.

Approved Course Description (from CSUS Course Catalog)

Study of the effects of noise on the auditory system and measurement of noise levels. Theories and resources for the implementation of hearing conservation programs for recreational/leisure noise exposure, industrial settings, and schools.

WHY IS THIS COURSE IMPORTANT?

This course is important because it introduces concepts necessary for understanding the effects of noise on the auditory system, speech understanding, and communication. Students will also learn about ways to measure noise, select appropriate hearing protective devices, implement hearing conservation, and recommend strategies for noise control in future clinical practice.

UNIVERSITY LEARNING GOALS

| | 1 Disciplinary knowledge | 2 Communication | 3 Critical thinking/analysis | 4 Information literacy | 5 Professionalism | 6 Intercultural/global perspectives | 7 Research |
|--------------------------------|--------------------------------|--------------------|------------------------------------|------------------------------|----------------------|---|---------------|
| Addressed by this course | X | X | Х | Х | х | | Х |

GRADUATE LEARNER OUTCOMES

Upon completion of this course, students will be able to:

- 1. State the historical milestones in the efforts for hearing conservation
- 2. Describe the impact of noise on the peripheral and central auditory systems and speech understanding
- 3. Describe mechanism of noise-induced damages to the auditory system
- 4. Evaluate environments for noise measurement
- 5. Measure noise levels

- 6. Calculate noise dosages based on environments and level measurements
- 7. State national regulations for the monitoring of noise levels
- 8. State criteria for evaluating hearing sensitivity for employees in vocational/occupational settings
- 9. Describe characteristics, risks, and management of various types of noise exposure
- 10. Explain the synergistic effects of noise exposure and various pharmaceuticals and industrial solvents
- 11. Develop a hearing conservation program that includes measures of its effectiveness
- 12. Differentiate between types of hearing protection
- 13. Outline key components of hearing conservation programs, including those used for occupational settings and in the schools
- 14. Evaluate a case study for auditory fitness for duty

| Graduate Learner Outcome | Component Indicating Competence | Grade(s) Received |
|--------------------------------|--|-------------------|
| 1-3,6-10,12- 14 | Exam (100%) | |
| 4-6 | Noise measurement activity (100%) | |
| 9,11,13,14 | Hearing conservation project and presentation (100%) | |

COURSE/CLASS POLICIES

Course Format

Lecture

Class Preparation:

All required readings are for the date listed in the course schedule, not the following class period. Students are responsible for all assigned readings, whether discussed in class or not.

Class Participation:

Students are expected to actively participate in class discussions and are required to have read the assigned material prior to class meetings.

Class Attendance:

Classroom attendance is necessary for this course. No more than three unexcused absences are allowed. Students are expected to arrive on time as class begins at 9:00 am.

Class Assignments

Course grades are based on a noise measurement activity, hearing conservation project and presentation, and three exams.

Noise Measurement Activity

Students will work in pairs to measure noise levels using a sound level meter and smartphone application at various locations on campus.

Hearing Conservation Project and Presentation

Students will be assigned a case with varying backgrounds, needs, and outcomes for people at risk for noise-induced hearing loss. Plans will be presented to the class at the end of the semester.

Exams

• **Exam absences**: No make-up examinations will be given unless there is a documented emergency for which you have written proof. Any approved make-up exams will be scheduled at the end of the semester (during finals week) and may be administered in a different format from the original exam.

• Exam procedures:

Test arrival/start

Test duration and completion

Commitment to Integrity

As a student in this course (and at this university) you are expected to maintain high degrees of professionalism, commitment to active learning and participation in this class and also integrity in your behavior in and out of the classroom.

Sac State's Academic Honesty Policy & Procedures

"The principles of truth and honesty are recognized as fundamental to a community of scholars and teachers. California State University, Sacramento expects that both faculty and students will honor these principles, and in so doing, will protect the integrity of academic work and student grades." Read more about Sac State's Academic Honesty Policy & Procedures at the following website: http://www.csus.edu/umanual/AcademicHonestyPolicyandProcedures.htm

Definitions: At Sac State, "cheating is the act of obtaining or attempting to obtain credit for academic work through the use of any dishonest, deceptive, or fraudulent means." "Plagiarism is a form of cheating. At Sac State, "plagiarism is the use of distinctive ideas or works belonging to another person without providing adequate acknowledgement of that person's contribution." Source: Sacramento State University Library Note: Any form of academic dishonesty, including cheating and plagiarism, shall be reported to the office of student affairs.

Understand When You May Drop This Course

It is the student's responsibility to understand when he/she need to consider disenrolling from a course. Refer to the Sac State Course Schedule for dates and deadlines for registration. After this period, a serious and compelling reason is required to drop from the course. Serious and compelling reasons include: (a) documented and significant change in work hours, leaving student unable to attend class, or (b) documented and severe physical/mental illness/injury to the student or student's family. Under emergency/special circumstances, students may petition for an incomplete grade. An incomplete will only be assigned if there is a compelling extenuating circumstance. All incomplete course assignments must be completed in accordance with the department's policy.

Accommodations

Inform your instructor of any accommodations needed. If you have a documented disability and verification from the Office of Services to Students with Disabilities (SSWD), and wish to discuss academic accommodations, please contact your instructor as soon as possible. It is the student's responsibility to provide documentation of disability to SSWD and meet with a SSWD counselor to request special accommodation before classes start. SSWD is located in Lassen Hall 1008 and can be contacted by phone at (916) 278-6955 (Voice) or (916) 278-7239 (TDD only) or via email at sswd@csus.edu

Course Requirement Grading

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| Activity | Points Available |
|------------------------------|------------------|
| Noise measurement activity | 100 |
| Hearing conservation project | 150 |
| Hearing conservation project | 150 |
| presentation | |
| Exam 1 | 200 |
| Exam 2 | 200 |
| Exam 3 | 200 |
| TOTAL COURSE POINTS | 1000 |
| AVAILABLE | |

Overall Percentage Needed

Note: A grade of "B" or higher is required to count toward the minimum number of units needed to advance to candidacy.

| Grade | Percentage |
|-------|------------|
| Α | 93-100% |
| A- | 90-92% |
| B+ | 87-89% |
| В | 83-86% |
| B- | 80-82% |
| C+ | 77-79% |
| С | 73-76% |
| C- | 70-72% |
| D+ | 67-69% |
| D | 63-66% |
| D- | 60-62% |
| F | < 60% |

COURSE SCHEDULE OF LECTURE TOPICS AND EXAMS

| Date | | Readings/ Assignment |
|------|--|--|
| | Topic and Activity or Quiz and Exam | |
| 8/29 | Overview of course and basics of acoustics | |
| 8/31 | History of hearing conservation | Le Prell, Henderson, Fay, and Popper- pp. 13-25 |
| | | Thurston, F.E. (2013). The worker's ear: A history of noise-induced hearing loss. <i>American Journal of Industrial Medicine</i> , <i>56</i> (3), 367-377. |
| 9/7 | Occupational health and safety | Verbeek, J.H., Kateman, E., Morata, T.C., Dreschler, W.A., & Mischke, C. (2014). Interventions to prevent occupational noise-induced hearing loss: A Cochrane systematic |

| | | and the state of the state of |
|-------|--|---|
| | | review. International |
| | | Journal of Audiology, |
| 9/12 | Noise induced bearing loss | 53(2), S84-S96. Le Prell, Henderson, Fay, |
| 9/12 | Noise-induced hearing loss Peripheral and central auditory system damage | |
| | Peripheral and central additory system damage | and Popper- pp. 57-86, 87-135, 179-203 |
| | | Kujawa, S., & Liberman, |
| | | M.C. (2009). Adding insult |
| | | to injury: Cochlear nerve |
| | | degeneration after |
| | | "temporary" noise-induced |
| | | hearing loss. Journal of |
| | | Neuroscience, 29(45), |
| | | 14077-14085. |
| 9/14 | Noise exposure and age-related hearing loss | Le Prell, Henderson, Fay, |
| | Tinnitus | and Popper- pp. 151-175, 205-221 |
| | | Rosenhall, U. (2003). The |
| | | influence of ageing on |
| | | noise-induced hearing |
| | | loss. Noise and Health, |
| | | <i>5</i> (20), 47-53. |
| 9/19 | Decibels and measuring noise | Rawool- Ch. 2 |
| | Sound level meters | |
| | | Fava, G., Oliveira, G., |
| | | Baglione, M., Pimpinella, |
| | | M., & Spitzer, J.B. (2016). |
| | | The use of sound level |
| | | meter apps in the clinical setting. <i>American Journal</i> |
| | | of Speech-Language |
| | | Pathology, 25(1), 14-28. |
| 9/21 | Instrumentation | Johnson, P.T. (n.d.). Noise |
| 0, | OSHA and NIOSH regulations | exposure: Explanation of |
| | | OSHA and NIOSH safe- |
| | | exposure limits and the |
| | | importance of noise |
| | | dosimetry. Etymotic |
| 9/26 | Review for Exam 1 | Research. |
| 9/28 | Exam 1 | |
| 10/3 | Hearing loss prevention programs | Rawool- Ch. 8 |
| 10/5 | Efficacy of hearing loss prevention programs | Rawool- Ch. 8 |
| 10/10 | Noise control | Rawool- Ch. 3 |
| 10/12 | Occupational noise sources | Donoghue, A.M., Frisch, |
| | | N., Dixon-Ernst, C., |
| | | Chesson, B.J., & Cullen, |
| | | M.R. (2016). Hearing |
| | | conservation in the primary |
| | | aluminum industry. |

| | | Occupational Medicine, |
|-------|--|--|
| | | 66(3), 208-214. |
| 10/17 | Recreational noise | Rawool- Ch. 11 |
| | | Ivory, R., Kane, R., & Diaz, R.C. (2014). Noise-induced hearing loss: A recreational noise |
| | | perspective. Current Opinions in Otolaryngology-Head and Neck Surgery, 22(5), 394- |
| 10/19 | Music-induced hearing loss | 398. Rawool- Ch. 9 |
| | | Jin, S.H., Nelson, P.B., Schlaluch, R.S., & Carney, E. (2013). Hearing conservation program for marching band members: A risk for noise-induced hearing loss? <i>American Journal of Audiology</i> , 22(1), 26-39. |
| | | Halevi-Katz, D.N., Yaakobi, E., & Putter-Katz, H. (2015). Exposure to music and noise-induced hearing loss (NIHL) among professional pop/rock/jazz musicians. <i>Noise and</i> <i>Health</i> , <i>17</i> (76), 158-164. |
| 10/24 | Military, blast-related ear injuries | Le Prell, Henderson, Fay, and Popper- pp. 27-38 Yong, J.S., & Wang, D. (2015). Impact of noise on hearing in the military. Military Medical Research, 2, 6. |
| 10/26 | Noise exposure and increased susceptibility Solvents and chemical agents, genetics | Le Prell, Henderson, Fay, and Popper- pp. 223-254 |
| 10/31 | Review for Exam 2 | |
| 11/2 | Exam 2 | |
| 11/7 | Auditory fitness for duty | Tufts, J.B., Vasil, K.A., & Briggs, S. (2009). Auditory fitness for duty: A review. <i>Journal of the American Academy of Audiology</i> , 20(9), 539-557. |
| 11/9 | Medico-legal diagnosis and estimation of NIHL | Rawool- Ch. 4-5 |
| 11/14 | Hearing standards | Rawool- Ch. 4-5 |

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| | Evaluating hearing | Le Prell, Henderson, Fay, and Popper- pp. 137-150 |
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| 11/16 | Hearing protection | Rawool- Ch. 6 |
| 11/21 | Therapeutic agents | Le Prell, Henderson, Fay, and Popper- pp. 285-338 |
| 11/23 | Intervention aimed at children and teens | Rawool- Ch. 13 |
| | | Griest, S.E., Folmer, R.L., & Martin, W.H. (2007). Effectiveness of "Dangerous Decibels," a school-based hearing loss prevention program. <i>American Journal of Audiology</i> , 16(2), S165-S181. |
| | | Dell, S.M., & Holmes, A.E. (2012). The effect of a hearing conservation program on adolescents' attitudes toward noise. <i>Noise and Health</i> , <i>14</i> (56), 39-44. |
| 11/28 | Hearing conservation programs | Rawool- Ch. 7 |
| | | Morata, T.C., & Meinke, D. (2016). Uncovering effective strategies for hearing loss prevention. <i>Acoustics Australia</i> , <i>44</i> (1), 67-75. |
| 11/30 | Preventing NIHL | Rawool- Ch. 12 |
| 12/5 | Hearing conservation project presentations | |
| 12/7 | Review for final exam | |
| 12/12 | Final exam | |

Please note that dates, topics, and assignments are subject to change. In the event of a change, you will be given ample notification of the change.