

California State University, Sacramento Department of Communication Sciences and Disorders

GRADUATE (AuD) SYLLABUS

Table 1: Class Information

Semester/Year:	Course:	Section:	
Spring/2023	CSAD 622: Amplification I	01	
Meeting Days:	Meeting Times:	Location:	
Monday, Wednesday	9- 10:15 am	Folsom 2604	
Instructor:	Email:	Phone:	
Soumya Venkitakrishnan,	s.venkitakrishnan@csus.edu	916-278-4899	
Au.D., Ph.D.			
Office Location:	Office Hours/Appointments:		
2404G, Folsom Hall	Mondays: 10.30 am- 12.30 pm, Wednesdays: 10.15 to 11.15 am (Make		
	appointment)		

Catalogue Course Description:

https://catalog.csus.edu/courses-a-z/csad/csad.pdf

Prerequisite(s): Admission to doctorate program in audiology; CSAD 611, CSAD 612, CSAD 613, CSAD 614 **Corequisite(s):** CSAD 622L

Term typically offered: Spring only

Description: This course is designed to provide first-year Doctor of Audiology students with an understanding of the theoretical basis for the clinical use of hearing aids. The classes will progress through the various stages of hearing aid selection, evaluation, and validation. The cross-listed laboratory course will provide students with handson experiences for the concepts presented in class.

Table 2: Sacramento State Graduate Learning Goals for the 21st Century (GLG)

This methods course is important as third-year Au.D. students prepare to take the Praxis and leave for the externship. This course will be a grands-round style course in which students will discuss cases with each other and faculty.

Sacramento State Graduate Learning Goals (GLG)	Addressed by this
	course (Y/N)
Disciplinary knowledge: Master, integrate, and apply disciplinary knowledge and skills to	Y
current, practical, and important contexts and situations.	

Communication: Communicate key knowledge with clarity and purpose both within the discipline	Y
and in broader contexts.	
Critical thinking/analysis: Demonstrate the ability to be creative, analytical, and critical	Y
thinkers.	
Information literacy: Demonstrate the ability to obtain, assess, and analyze information from a	Y
myriad of sources.	
Professionalism: Demonstrate an understanding of professional integrity.	Y
Intercultural/Global Perspectives: Demonstrate relevant knowledge and application of	Y
intercultural and/or global perspectives.	
Research: Conduct independent research resulting in an original contribution to knowledge in the	Y
focused areas of their graduate program	

Course Learning Outcomes:

GRADUATE LEARNING OUTCOMES

Mastery of each student-learning outcome listed below is indicated by a grade of B or better on each component of the corresponding measures listed in the table. Students are required to track their progress towards meeting each learning outcome and must make an appointment with the instructor for any grade equal to or less than a B. The instructor will suggest strategies to help you establish competence and knowledge in these areas.

You should track your progress towards meeting each learning outcome by listing your grades on the table below over the course of the semester.

CSAD 622 SPECIFIC STUDENT LEARNING OUTCOMES:

Upon completion of this course, students will be able to:

- 1. Describe the development of hearing aids and hearing aid technology from a historical perspective
- 2. Explain circuitry and signal-processing strategies used in hearing aids.
- 3. State operational features used by major manufacturers of hearing aids.
- 4. Apply standardized methods of electroacoustic analysis to hearing aids.
- 5. Describe current clinical procedures used to determine hearing aid candidacy for amplification in children and adults.
- 6. Describe how earmolds can be modified for the patient and how these modifications affect the electroacoustic characteristics of the hearing aid.
- 7. Explain troubleshooting procedures used in clinical settings to repair and/or modify hearing aids.

Table 2: Course Learning Outcomes, Components, and Grades Received

Course Learning Outcome	Components Indicating Competence	Grades Received
1-7	Check-ins, quizzes, mid-term, and final exam.	

Textbooks and Materials:

Required textbook:

Ricketts, T.A., Bentler, R. & Mueller, G.H. (2019). Essentials of modern hearing aids: Selection, fitting and verification. Plural Publishing.

(Get a student discount of 15% using the code ST15- if purchased from Plural Publishing)

Publication Manual of the American Psychological Association: 7th Edition, 2020; ISBN-13: 978-1433832178, ISBN-10: 1433832178

Other articles on Canvas.

Online Resources:

Canvas site

Course Requirements/Components:

Course Format

Lecture

Class Preparation:

All required readings are for the date listed in the course schedule, not the following class period. Students are responsible for all assigned readings, whether discussed in class or not.

Class Participation:

Students are expected to actively participate in class discussions and are required to have read the assigned material prior to class meetings.

Class Attendance:

Classroom attendance is necessary for this course. Students are expected to arrive on time as class begins at 4:00 pm. Students must email the instructor if they are not able to attend the class and are responsible to learn the material that was covered during their absence. **Greater than two absences will cause the initiation of an academic performance improvement plan (APIP).**

Student travel policy: https://www.csus.edu/college/health-human-services/communication-sciences-disorders/ internal/ documents/policy/csad-student-travel-policy.pdf

If you are sick, stay home and do not attend class. Notify your instructor. Please self-diagnose if you are experiencing any COVID- like symptoms (fever, cough, sore throat, muscle aches, loss of smell or taste, nausea, diarrhea, or headache) or have had exposure to someone who has tested positive for COVID contact Student

Health & Counseling Services (SHCS) at 916-278-6461 to receive guidance and/or medical care. The CDC provides a good source of information regarding COVID-19 and a way to self-check symptoms: https://www.cdc.gov/coronavirus/2019-ncov/index.html

Students must adhere to COVID-19 policies regarding mask wearing and vaccinations as described on the CSUS website. Please see https://www.csus.edu/compliance/risk-management/coronavirus.html and https://www.csus.edu/return-to-campus/return-to-campus-faq.html for more information and updates.

Exams/Quizzes

Exam/Quizzes absences: No make-up examinations will be given unless there is a documented emergency for which you have written proof. Although emergencies are unforeseen, I must be notified before the exam takes place. Any approved make-up exams may be administered in a different format from the original exam.

Class Assignments

Course grades will be based on the different assignments:

Classroom participation includes asking/ answering questions and engaging in discussion during case presentation and other discussions throughout the semester. **Professionality** will include timely arrival in class, timely and professional response to emails (within 48 hours), engaging in the class, timely submission of assignments, no mobile phone use in the class except for emergencies, use of professional language in class, etc.

Check-ins: Check-ins are questions about the curriculum that you will post in the Discussion section. The check-in can be about anything in the curriculum you have a question about. We will discuss check-ins either in the class or I will answer to your question in the discussion section, depending on the question.

Quizzes: Short quizzes will be conducted periodically to test you on material covered in class.

Midterm: Mid-term exam will test everything covered in the class before the mid-term. This will be closed-book format and will be at around the mid-point of the semester.

Final exam: This will cover the entire curriculum and will also be a closed-book exam.

For more information on the assignments/ exam, please refer to Canvas.

Commitment to Integrity

As a student in this course (and at this university) you are expected to maintain high degrees of professionalism, commitment to active learning and participation in this class and also integrity in your behavior in and out of the classroom.

Late work/ regrading:

All assignments must be submitted by the scheduled deadline. In the case that life events or other reasons prevent the student from submitting the assignment on time, contact the instructor to request for an extension. This request should be made one week in advance, or as early as possible. This extension will not be provided more than twice during the semester and will not be provided for the final assignment. Late submission will result in reduction in 10% points per day of delay in submission. Late submission of final assignment may result in failure in the course.

Grades will not be changed under any circumstances to elevate a grade level (e.g. B to B+) and no emails regarding the same will be entertained.

Grading Policy:

Table 3: Course Requirements and Grade Distribution

Source	% of Grade
Classroom participation + professionality	5%
Check-ins (x 6)	20%
Quizzes (x 5)	20%
Mid-term	20%
Final Exam	35%
Total	100%

Letter grades are assigned according to the following scores:

Table 4: Points, Percentages and Letter Grades

%	Letter
93-100%	A
90-92.99%	A-
87-89.99%	B+
83-86.99%	В
80-82.99%	B-
77-79.99%	C+
73-76.99%	С
70-72.99%	C-
67-69.99%	D+
63-66.99%	D
60-62.99%	D-
< 60%	F

Course Policies/Procedures:

Academic conduct

Students enrolled in the Au.D. program must adhere to the Department and University policies on academic misconduct. Please see the department's policy on academic misconduct ("Policy on Student Academic and Clinical Conduct"). The following are expectations for professional behavior in the classroom:

- Ethics: Students must uphold the ethical standards set forth by professional bodies in the field (see Appendices C and D).
- Respect: Students should demonstrate respect to their peers, instructors, and staff.
- Feedback: Students are expected to self-reflect and modify their work in response to feedback, while displaying non-defensive behavior to suggestions.
- Health: Students should maintain their personal wellness and health, attending to any needs in a timely fashion in order to support their academic and professional growth.
- Attire: Students should dress appropriately for class. Classes may be held in clinic space, so students are expected to observe the clinic dress code.
- Accountability: Students are expected to be accountable, honest, and professional for their activities and communications. The general principles of ethical behavior should be applied to their coursework, evaluations, and examinations.
- Language: Students should demonstrate professional oral and written communication, including emails. Discretion and professional language should be used in all modalities, emphasizing constructive rather than reactive use.
- Scholarship: Students should take an active role in their learning, recognizing their deficiencies and seeking to correct them, as part of their commitment to lifelong learning.
- Effort: Students should collaborate and work to complete tasks and assignments on time or by the set deadline. Students are expected to follow through on all activities while maintaining professionalism and intellectual curiosity.

Attendance

Students are expected to arrive in class on time, prepared to participate and engage in classroom activities for both in-person and synchronous/virtual interactions. Students are responsible for class content, lecture materials, assignments, announcements, and must be aware of changes in the class schedule. Students are advised that instructional faculty may include an attendance policy in courses, which may require attendance as part of the student's course grade. These policies will be set in the syllabus.

Given the full-time, intensive nature this doctoral program, it is important that students contact instructors if they are absent or are anticipating absence, especially over an extended period of time. In the case of the latter, the Au.D. Program Director must also be notified. Attendance for clinical practica is outlined in the clinic handbook.

Email

Students in the Au.D. program are required to maintain an active CSUS email address, which is linked to the student ID number. Official emails will be sent through CSUS email. Students are expected to regularly check their CSUS emails.

TENTATIVE Course Schedule/Outline:

Date		Topic/Class Content	Reading	Assignment
01/23	Mon	Course overview/ Expectations		
01/25	Wed	History and laws in Audiology	Chapter 2: Ricketts, Bentler & Mueller	
01/30	Mon	History and laws in Audiology, Understanding the hearing aid candidate	Chapter 3: Ricketts, Bentler & Mueller	
02/01	Wed	Understanding the hearing aid candidate	Chapter 3: Ricketts, Bentler & Mueller	Quiz #1
02/06	Mon	Speech acoustics	Chapter 4: Ricketts, Bentler & Mueller	Check-in #1
02/08	Wed	Speech acoustics	Chapter 4: Ricketts, Bentler & Mueller	
02/13	Mon	Pre-fitting tests using frequency- specific measures	Chapter 5: Ricketts, Bentler & Mueller	Quiz #2
02/15	Wed	Pre-fitting tests using frequency- specific measures	Chapter 5: Ricketts, Bentler & Mueller	
02/20	Mon	Pre-fitting tests using frequency- specific measures	Chapter 5: Ricketts, Bentler & Mueller	Check-in #2
02/22	Wed	Pre-fitting testing using speech material	Chapter 6: Ricketts, Bentler & Mueller	
02/27	Mon	Pre-fitting testing using speech material	Chapter 6: Ricketts, Bentler & Mueller	
03/01	Wed	Hearing aid styles and fitting applications: Special designs	Chapter 8: Ricketts, Bentler & Mueller	Quiz # 3
03/06	Mon	Hearing aid styles and fitting applications: Special designs	Chapter 8: Ricketts, Bentler & Mueller	Check-in #3
03/08	Wed	Review for mid-term		
03/13	Mon	MID-TERM		
03/15	Wed	Ear impressions, earmolds, and associated plumbing	Chapter 9: Ricketts, Bentler & Mueller	
03/20	Mon	Spring break: No class		
03/22	Wed	Spring break: No class		
03/27	Mon	Ear impressions, earmolds, and associated plumbing	Chapter 9: Ricketts, Bentler & Mueller	
03/29	Wed	Ear impressions, earmolds, and associated plumbing	Chapter 9: Ricketts, Bentler & Mueller	Check in #4
04/03	Mon	Hearing aid hardware and software basics	Chapter 10: Ricketts, Bentler & Mueller	Quiz # 4
04/05	Wed	Hearing aid hardware and software basics	Chapter 10: Ricketts, Bentler & Mueller	
04/10	Mon	Hearing aid hardware and software basics	Chapter 10: Ricketts, Bentler & Mueller	Check-in #5
04/12	Wed	Electroacoustic and other quality control techniques	Chapter 13: Ricketts, Bentler & Mueller	
04/17	Mon	Electroacoustic and other quality control techniques	Chapter 13: Ricketts, Bentler & Mueller	
04/19	Wed	AAA: Audiology online: The Basics of Electroacoustic Analysis: Course: #35817		

04/24	Mon	Electroacoustic and other quality	Chapter 13: Ricketts, Bentler &	Quiz #5
		control techniques	Mueller	
04/26	Wed	Behavioral assessment during	Chapter 15: Ricketts, Bentler &	
		clinical fittings	Mueller	
05/01	Mon	Behavioral assessment during	Chapter 15: Ricketts, Bentler &	
		clinical fittings	Mueller	
05/03	Wed	Behavioral assessment during	Chapter 15: Ricketts, Bentler &	Check-in #6
		clinical fittings	Mueller	
05/08	Mon	Catch-up		
05/10	Wed	Final review		

^{**} Course schedule is subject to change as required to accommodate student learning or guest lecture/ material availability.

For additional information, please review the CSAD Handbooks website:

https://www.csus.edu/college/health-human-services/communication-sciences-disorders/csad-handbooks.html

Zoom/ Online Instruction privacy and relevant rights and responsibilities:

Any time that a class session is recorded during the COVID-19-related Remote Instruction Period, students will be notified. If students do not want their likeness during class participation included in the recorded class session, they may elect to not participate via video recordings. Recordings will be available for viewing during the Remote Instruction Period subject to the following:

Only students enrolled in the subject class during the Remote Instruction Period may view the recording.

- Students may not post or use the recordings in any other setting (e.g., social media) for any purpose. Students who violate this will be subject to student discipline, up to and including expulsion.
- Federal and California law as well as University policies protecting intellectual property rights and use of
 instructional materials (including any recordings of class sessions) remain in effect during the Remote
 Instruction Period.
- If faculty have any plan to use the recording for a different class in the future, the faculty member will need written FERPA consent from those students in the current class who are identifiable in any of the recordings. A FERPA consent form signed by all students in the course will also be needed if the recordings are made available to others beyond the classroom on a nonsecure digital platform.

Important Tips for Success as an Online Learner

There are some basic technical skills and requirements that you will need to have to be successful in this online course. If you have difficulties using Canvas, please go to this website: https://www.csus.edu/information-resources-technology/canvas/canvas-for-students.html

- **Begin planning now for private, uninterrupted time in your schedule** to complete the assignments preferably in at least one-hour blocks and at least three times a week. It can be easy to fall behind!
- Check your email account regularly for updated information. We will be using your Saclink email account for communication. Use Saclink e-mail for private messages to the instructor and other students.
- Read directions carefully.
- For online communication, conventions of on-line etiquette ("netiquette"), which include a courtesy to all users, will be observed.

Attitudes & Technical Skills Required

You will find that the following attitude will significantly contribute to your success in this online class:

- A positive attitude towards technology
- An open mind towards online education
- Willingness to share your experiences with others
- Strong analytical and critical thinking skills for when you "get stuck"
- Resourcefulness don't be afraid to click on links and explore and ask questions
- Time management

Online learning requires only basic technical skills:

- Be competent with file management (for example, creating a folder on your desktop, moving files from one location to another, finding a saved file)
- Possess internet navigation skills
- Update your Internet browser
- Send and receive email
- Create and save documents (Word, PowerPoint, Excel or HTML)
- Toggle between two open software applications on your computer
- Copy text from a word processing program and paste them into another program

Technical Assistance

Seek help when you can't access Canvas or class materials.

- For technical assistance, contact the IRT Help Desk. Visit AIRC 2005 during <u>open hours</u> to speak with the IRT Service Desk Team, or call (916)278-7337. <u>IRT website.</u>
- For assistance with course materials, contact your instructor

Spam and Phishing Scams

- Learn how to stay safe and protect yourself from hackers who may try to access your personal information: Don't Fall for a Phishing Scam
- Use anti-virus, anti-spyware, and anti-malware software. <u>Sac State's Software and Tools</u> available for download.
- Use pins and passwords to secure your computer and devices- don't share your password with anyone. Use strong passwords that include a combination of letters and numbers that no one can guess.

Canvas Student App

Canvas is fully functional on many types of smartphones and tablets. Compatible devices include platforms such as iPhone/iPad/iPod Touch, and Android. However, it is recommended that you do not solely rely on one of these devices to complete your online course work. Access to a computer is still needed for many online activities. Visit the Mobile section of the Canvas Guides website for more information.

Additional Information

Commitment to Integrity:

As a student in this course (and at this university) you are expected to maintain high degrees of professionalism, commitment to active learning and participation in this class and also integrity in your behavior in and out of the classroom.

Sac State's Academic Honesty Policy & Procedures:

"The principles of truth and honesty are recognized as fundamental to a community of scholars and teachers. California State University, Sacramento expects that both faculty and students will honor these principles, and in so doing, will protect the integrity of academic work and student grades." Read more about Sac State's Academic Honesty Policy & Procedures at the following website: https://www.csus.edu/umanual/student/stu-100.htm

Definitions: At Sac State, "cheating is the act of obtaining or attempting to obtain credit for academic work through the use of any dishonest, deceptive, or fraudulent means." **Plagiarism** is a form of cheating. At Sac State, "plagiarism is the use of distinctive ideas or works belonging to another person without providing adequate acknowledgement of that person's contribution." Source: Sacramento State University Library Note: Any form of academic dishonesty, including cheating and plagiarism, shall be reported to the <u>Office of Student Conduct</u>.

Department Policy on Use of APA format

The Department of Communication Sciences and Disorders requires the use of the APA format and style. All students are required to reference the APA manual. All assignments are to be composed using APA format and style unless otherwise noted.

Understand When You May Drop This Course:

It is the student's responsibility to understand when he/she need to consider disenrolling from a course. Refer to the Sac State Course Schedule for dates and deadlines for registration. After this period, a serious and compelling reason is required to drop from the course. Serious and compelling reasons include: (a) documented and significant change in work hours, leaving student unable to attend class, or (b) documented and severe physical/mental

illness/injury to the student or student's family. Under emergency/special circumstances, students may petition for an incomplete grade. An incomplete will only be assigned if there is a compelling extenuating circumstance. All incomplete course assignments must be completed by the department's policy.

Inclusivity:

Students in this class are encouraged to be active participants in all aspects of the course, including but not limited to lectures, synchronous and asynchronous activities, discussion posts, etc. Each of us must show respect for each other, as our class represents a diversity of beliefs, backgrounds, and experiences. This enriches all of our learning experiences together. Our individual differences deepen our understanding of one another and the world around us, rather than divide us. In this class, people of all ethnicities, genders and gender identities, religions, ages, sexual orientations, disabilities, socioeconomic backgrounds, regions, and nationalities are strongly encouraged to share their rich array of perspectives and experiences. If you feel your differences may in some way isolate you from our classroom community, or if you have a specific need, please contact the instructor early in the semester. Your instructor will work with you to ensure that you become an active and engaged member of our class and community.

Equal Access:

California State University-Sacramento, Department of Communication Sciences and Disorders, seeks to provide equal access to its programs, services, and activities for people with disabilities. If you have a documented disability and verification from the Office of Services to Students with Disabilities (SSWD), and wish to discuss academic accommodations, please contact your instructor as soon as possible. It is the student's responsibility to provide documentation of disability to SSWD and meet with a SSWD counselor to request special accommodation before classes start. Sacramento State Services to Students with Disabilities (SSWD) offers a wide range of support services and accommodations for students in order to ensure students with disabilities have equal access and opportunity to pursue their educational goals. Working collaboratively with students, faculty, staff and administrators, SSWD provides consultation and serves as the information resource on disability related issues to the campus community. SSWD is located in Lassen Hall 1008 and can be contacted by phone at (916) 278-6955 (Voice) or (916) 278-7239 (TDD only) or via email at sswd@csus.edu.

Sacramento State is committed to ensuring an accessible learning environment where course or instructional content are usable by all students and faculty. If you believe that you require disability-related academic adjustments for this class (including pregnancy-related disabilities), please immediately contact Services for Students with Disabilities (SSWD) to discuss eligibility. A current accommodation letter from SSWD is required before any modifications, above and beyond what is otherwise available for all other students in this class will be provided. Please be advised that disability-related academic adjustments are not retroactive. SSWD is located on the first floor of Lassen Hall 1008. Phone is 916-278-6955 and e-mail is sswd@csus.edu. For a complete listing of services and current business hours visit https://www.csus.edu/student-affairs/centers-programs/services-students-disabilities/

Basic Needs Support

If you are experiencing challenges with food, housing, financial or other unique circumstances that are impacting your education, help is just a phone call or email away! The CARES office provides case management support for any enrolled student. Email the CARES office at cares@csus.edu to speak with a case manager about the resources available to you. Check out the CARES website.

Title IX

The University requires faculty and staff to report any personal disclosures of sexual misconduct including rape, dating/domestic violence and stalking to the Title IX Coordinator. Students who do not wish to report their experience to me or the Title IX Coordinator may speak to someone confidentially by contacting Student Health and Counseling Services.

Sac State is committed to supporting students and fostering a campus environment free of sexual misconduct and gender-based discrimination. If a student chooses to disclose to a faculty or staff member an experience related to

sexual misconduct which includes rape, relationship violence, or stalking, all faculty and staff are obligated to report this disclosure to the university's Title IX Coordinator. Sac State's Title IX Coordinator is Mary Lee Vance. Please email equalopportunity@csus.edu or (916) 278-5770. Upon receipt of the report, the Title IX Coordinator will contact you to inform you of your rights and options as a survivor and connect you with support resources, including resolution options for holding accountable the person who harmed you. Students who elect not to discuss their experience with the Title IX Coordinator can speak confidentially to the following confidential resources:

Student Health & Counseling Services at The WELL On Campus

Phone Number: 916-278-6461 Website: www.csus.edu/shcs

Campus Confidential Advocate – Laura Swartzen

Email: weave@csus.edu

On Campus Phone Number: 916-278-5850 (during business hours)

WEAVE 24/7 Hotline: 916-920-2952

CSUS Grading Policy

Information for students regarding grading is provided here: https://www.csus.edu/umanual/acad/umg05150.htm

As an instructor, one of my primary responsibilities is to help foster a safe learning environment in the classroom and throughout our campus. It is my goal that you feel able to share information related to your life experiences in classroom discussions, in your written work, and in our one-on-one meetings. In this class, sexual topics may emerge in readings, assignments, and class discussions. Making a personal connection with the topics addressed in this class can be meaningful. However, please be advised that the University requires faculty and staff to report any personal disclosures of sexual misconduct including rape, dating/domestic violence and stalking to the Title IX Coordinator. Students who do not wish to report their experience to me or the Title IX Coordinator may speak to someone confidentially by contacting the following confidential resources:

Student Health & Counseling Services at The WELL

On Campus Phone Number: 916-278-6461

Website: www.csus.edu/shcs

Campus Confidential Advocate – Laura Swartzen

Email: weave@csus.edu

On Campus Phone Number: 916-278-5850 (during business hours)

WEAVE 24/7 Hotline: 916-920-2952

Students who wish to report sexual misconduct or violence that occurred while the student or the perpetrator were at Sacramento State may do so by contacting Sacramento State's Title IX Coordinator:

Skip Bishop Director of Equal Opportunity Del Norte Hall 2005

william.bishop@csus.edu

916-278-5770

Other Resources

- The Office of Student Affairs maintains a list of campus resources/centers: https://www.csus.edu/center/
- Testing Center: https://www.csus.edu/student-affairs/centers-programs/testing-center/
- Library: https://library.csus.edu/ for consultation: Rachel Stark, MS, AHIP, stark@csus.edu/

- Services to Students with Disabilities: https://www.csus.edu/student-affairs/centers-programs/services-students-disabilities/
- Student Health and Counseling Services: Your physical and mental health are important to your success as a college student. Student Health and Counseling Services (SHCS) in The WELL offers medical, counseling, and wellness services to help you get and stay healthy during your time at Sac State. SHCS offers: Primary Care medical services, including sexual and reproductive healthcare, transgender care, and immunizations; urgent care for acute illness, injuries, and urgent counseling needs; pharmacy for prescriptions and over-the-counter products; mental health counseling, including individual sessions, group counseling, support groups, mindfulness training, and peer counseling; athletic training for sports injury rehabilitation; wellness services, including nutrition counseling, peer led health education and wellness workshops, and free safer sex supplies; violence and sexual assault support services. Most services are covered by the Health Services fee and available at no additional cost.
- Student Health and Counseling Services at The WELL: https://www.csus.edu/student-life/health-counseling/
- Student Academic Success and Education Equity Programs: https://www.csus.edu/student-affairs/retention-academic-success/
- Crisis Assistance and Resource Education Support (CARES): If you are experiencing challenges with food, housing, financial or other unique circumstances that are impacting your education, help is just a phone call or email away. The CARES office provides case management support for any enrolled student.
 https://www.csus.edu/student-affairs/crisis-assistance-resource-education-support/
- CHHS Student Success Center: https://www.csus.edu/college/health-human-services/student-success/
- Reading & Writing Center: https://www.csus.edu/undergraduate-studies/writing-program/reading-writing-center.html
- Peer & Academic Resource Center: https://www.csus.edu/student-affairs/centers-programs/peer-academic-resource/
- SMART Thinking (tutoring resource): https://www.csus.edu/student-affairs/centers-programs/degrees-project/ internal/ documents/smarthinking.pdf