

BS IN HEALTH SCIENCE

Graduation Requirements			Fall 2026 - Present		
Minimum 120 units to graduate			Required Lower Division (18-22 units), C- grade or better required		
39 units of upper division (courses 100-199)			(4) BIO 25		
American Institutions (AI)			(4) BIO 26		
#U.S. History			(5) CHEM 6A OR 1A		
#U.S. Constitution			Lower Division Electives (5-9 units)- Choose two of the following course:		
#CA State & Local Government			ANTH 2 or SOC 1, BIO 10, BIO 39, CHAD 30, CHEM 6B, HLTH 6, HLTH 22, MATH 10, NUFD 5, NUFD 9, NUFD 10, NURS 14, PHYS 5A, PSYC 2, STAT 1 OR STAT 10B		
1. Written Communication (GE 1A) "C- or better req"			Required Upper Division (24 units)		
2. Second semester Composition (ENGL 20)			(3) HLTH 100		
3. Writing Placement for Juniors (WPJ) Portfolio			(3) PUBH 114 (Area 4-A)		
4. Writing Intensive (WI) "C- or better required"			(3) PUBH 122		
Race & Ethnicity in American Society (RE)			Health Science Requirement (9 Units)- Choose three of the following courses:		
Foreign Language (HLTH Majors EXEMPT)			HLTH 140, HLTH 141, HLTH 142, HLTH 143, HLTH 147, HLTH 149, HLTH 151, HLTH 154, HLTH 155, HLTH 159, HLTH 160, HLTH 170, HLTH 171		
General Education Requirements (43 units):					
AREA 1 (9 units) (C- or better required)					
1A: English Composition			Aging Requirement (3 units)- Choose one of the following:		
1B: Critical Thinking			ETHN 133, GERO 103, GERO 121, GERO 122 or FSHD 159, HLTH 158, KINS 136, PUBH 150		
1C: Oral Communication			Ethical Practices Requirement (3 units)- Choose one of the following:		
AREA 2: MATH CONCEPTS & QUANT REASONING (3 units) (C- or better required)			PHIL 102, PHIL 104, PHIL 105, PHIL 106, PUBH 124, SWRK 151		
2: Math/Quant Reasoning			Electives (15 units)- Choose 5 from Approved List:		
AREA 3: ARTS & HUMANITIES (6 units)			Health Science Elective		
3A: Arts			Health Science Elective		
3B: Humanities			Health Science Elective		
AREA 4: SOCIAL & BEHAVIORAL SCIENCES (6 units) *Minimum of two disciplines (e.g. ANTH, ECON, ETHN, etc.)			Health Science Elective		
4: Any Area 4 course (AI)			Health Science Elective		
4: Any Area 4 course			NURSING APPLICATION PREREQUISITE COURSES		
AREA 5: PHYSICAL & BIOLOGICAL SCIENCES (7 units)			Anatomy or A/P I w/lab, (BIO 25) 4 units		
5A: Physical Science			Anatomy or A/P II w/lab, (BIO 26) 4 units		
5B: Biological Science			General Chem, (CHEM 6A OR 1A) 5 units		
5C: Laboratory			Microbiology, (BIO 39) 4 units		
AREA 6: ETHNIC STUDIES (3 units)			CORE GE PREREQUISITE COURSES		
6: Ethnic Studies			1C: ORAL COMMUNICATION		
UPPER DIVISION (9 units)			1A: ENGLISH COMPOSITION		
AREA 2/5:			1B: CRITICAL THINKING		
AREA 3:			2: MATH CON & QUANT REAS. (STAT I)		
AREA 4:			CO-REQUISITE COURSES		
STUDENT NAME:			Human Development (CHAD 30) (GE 4)		
STUDENT ID:			Nut & Wellness (NUFD 10) (GE 5B)		
DATE:			Introductory Psych (PSYC 2)(GE 4)		
ADVISOR:			Societal-Cultural Pattern courses (select one): SOC 1 (GE 4A), ANTH 2 (GE 4), ETHN 11, ANTH 101 (GE 4/RE), ANTH 186 (GE 4/WI/RE), ETHN 100 (GE 4/WI/RE), HRS 161 (GE 3B/RE)		

BS IN HEALTH SCIENCE

Approved List of Upper Division Health Science Electives

May include any of the HLTH, Aging, or Ethics courses listed above that are not being used to fulfill a different requirement:

BIO 104	Physiology of Human Reproduction*	HLTH 170	Introduction to Health Informatics
BIO 107	Gastrointestinal Physiology*	HLTH 171	Artificial Intelligence in Healthcare
BIO 123	Neuroanatomy*	HLTH 195	Health Science Internship
BIO 130	Histology*	HLTH 199	Independent Study
BIO 140	Medical Microbiology and Emerging Infectious Diseases*	GEOG 109	Geographic Information Systems
COMS 161	Health Communication	GEOG 110	Spatial Analysis in GIS*
COMS 186	Seminar in Health Communication	GEOG 150	Programming for GIS
CSAD 101	Introduction to Communication Sciences and Disorders	GEOG 155	GIS Data Acquisition and Management*
CSAD 110	Physics of Sound and Phonetics*	GERO 125	Moving Toward Equity in California Aging Policy and Practice
CSAD 130	Introduction to Audiology*	KINS 126	Sleep, Health and Athletic Performance
CSAD 133	Introduction to Aural Rehabilitation*	KINS 156	Care Of Athletic Injuries
HIST 120A	History of Medicine, Ancient and Medieval* (WI, 3-B)	KINS 157B	Therapeutic Exercise for Chronic Conditions*
HIST 174B	History of Madness in the United States (5-B)	NUFD 113	Nutrition And Metabolism* (5-B)
HIST 175A	Sex, Population, and Birth Control in America (4-A)	NUFD 114	Cultural and Social Aspects of Food* (R&E, 3-B)
HIST 175B	Health, Death and Disease in America (R&E, 4-A)	NURS 160	Human Sexuality (4-A)
HLTH 140	Diversity, Equity, and Inclusion in Healthcare	or PUBH 134	Understanding Human Sexuality (4-A)
HLTH 141	Interpersonal Dynamics in Healthcare	NURS 165	Hospice and Palliative Nursing Care (R&E, 4-A)
HLTH 142	Leadership in Healthcare	NURS 166	Health Careers at CA Correctional Facilities
HLTH 143	Personal Wellness for Healthcare Professionals	NURS 168	The Brain and Gender-Related Differences (5-B)
HLTH 147	Alternative Health Practices	NURS 181	Research as the Foundation for Evidence-Based Nursing Practice (2-A)
HLTH 149	Health and Disease Pathology	PHYS 182	Physics of Sports* (5-A)
HLTH 151	Neurdiversity	PSYC 168	Abnormal Psychology*
HLTH 154	Traumatology: An Introduction to Posttraumatic Growth (5-B)	PUBH 130	Alcohol and Other Drugs (4-A)
HLTH 155	Perspective on Health and Wellness* (WI, 4-A)	PUBH 151	Introduction to the U.S. Healthcare System
HLTH 159	Innovations in Health and Wellness	SOC 144	Sociology of Health and Illness*
HLTH 160	Health Professions*	TH 110	Foundations of Therapeutic Recreation

*course has prerequisite

HEALTH SCIENCE ACADEMIC PLAN

Chart your 2 or 4 year plan below:

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5			
6		6			
Total		Total		Total	

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5			
6		6			
Total		Total		Total	

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5			
6		6			
Total		Total		Total	

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5			
6		6			
Total		Total		Total	