Admission Requirements for the BS Degree in Athletic Training

Students must formally apply for admission into the clinical program (4 semester practicum). Minimum criteria for admission included:

- Official verification of admission into CSUS
- 2.8 GPA (overall and each semester, a minimum of 10 graded units, no activities)
- 150 hours of supervised and documented observation (see Clinical Proficiency Verification form)
- Completion of the following courses with a passing grade of "B" or better: BIO 25, BIO 26, KINS 154A, KINS 156 (only first or second attempts will be considered for these courses)
- Completion of the following forms: Fieldwork application, Student information sheet, Clinical proficiency verification, Verification of hours, Technical Standards
- Typed statement on goals
- Current First Aid, AED and CPR certification (provide copy of cards)
- Two letters of recommendation (see form on web page)
- A physical exam with medical history (see form on web page)
- Proof of Hepatitis B immunization and TB test results (see physical form on web page)
- Proof of liability insurance (see Program Director for details)

Evaluation of Prerequisites of 150 Documented Quality Hours

A student who applies to the clinical program and has experience (minimum 150 documented, quality hours) under the direct supervision of a BOC certified athletic trainer, must submit two documents which are signed by the certified athletic trainer: Verification of hours and Clinical proficiency verification. The student must then successfully complete (80% passing score) a challenge evaluation, which includes a written exam and practical demonstration. Written exam includes content mainly from KINS 156 but may also include general content from prerequisite courses: BIO 25, BIO 26 and KINS 154A.

Practical evaluation (oral and practical evaluation) with Program Director and Preceptors, will include demonstration of the following skills:

1. Preventative ankle taping
2. Clinical evaluation of ankle injury
3. Rehabilitation of an ankle injury
4. Longitudinal arch taping
5. Wound care
6. Demonstration of record keeping skills
7. Response to an emergency situation
8. Demonstration/explanation of cryotherapy treatment
9. Explanation of setup of sample game, i.e. basketball

After a review of the application and interview/evaluation of the athletic training student, the Program Director and Preceptors will recommend one of the following:

- Assignment as an athletic training student in Phase II
- Recommend the student see the Program Director for advising

Phases II through V are expected to be available on August 1 for the fall semester, and January 1 for the spring semester. The exact date that the fieldwork starts will be announced to the students when the dates are determined each semester.