



SACRAMENTO STATE

Department of Kinesiology

Physical Education Teacher Education is designed to prepare students for a teaching career in physical education. Students who complete the program in physical education teacher education will have the breadth and depth of knowledge regarding developmentally appropriate physical education, and will take coursework for both subject matter content and pedagogy for teaching physical education at the K-12 level. Students who choose this option will then have the opportunity to attain their Single Subject Physical Education California Teaching Credential, an additional two semester program through the Department of Teacher Education at Sacramento State.

Physical Education Teacher Education Advisors: Dr. Julie Kuehl-Kitchen, Dr. Craig Tacla, Dr. Lindy Valdez

Athletic Coaching Education provides students with knowledge and practical experience in supporting careers in athletic and community settings, athletic coaching, mental performance enhancement, and community and youth physical activity and sport programs. Students will also be eligible to earn a Coaching Certification from the American Sport Education Program (ASEP), which is required to coach at the high school level in the state of California (as mandated by the California Interscholastic Federation).

This concentration also prepares students for advanced study in athletic coaching, administration, and other sport-related programs (e.g., sport psychology, sport sociology). Note: *The ASEP coaching certification does not fulfill the requirements for a Single Subject Physical Education California Teaching Credential. To be eligible for the teaching credential, students should meet the requirements for the Physical Education Teacher Education Concentration.

Athletic Coaching Education Advisors: Dr. Andrea Becker, Dr. Leslie Larsen

Athletic Administration helps prepare students for future careers in the business of sports at the amateur, collegiate, and professional levels. The curriculum provides students with knowledge in the multiple sub-disciplines of Kinesiology as well as foundational business skills and hands-on experience in one or more areas of athletic administration including leadership, marketing, law, finance, and event planning. Students will also develop stronger communication, critical thinking, and problem-solving skills.

Athletic Administration Advisors: Dr. Andrea Becker, Dr. Leslie Larsen, Dr. Maureen Smith, Dr. Katherine Jamieson

Physical Activity and Wellness provides students with knowledge and practical experience in supporting careers in areas such as personal training, fitness center management, commercial and corporate wellness, and older adult fitness. It will also prepare students for advanced studies in sport and exercise psychology or other physical activity related programs.

Physical Activity and Wellness Advisors: Dr. Andrea Becker, Dr. Leslie Larsen, Dr. Maureen Smith, Dr. Katherine Jamieson

Athletic Care is designed to provide students with the basics in injury evaluation, immediate care, rehabilitation, and injury prevention. Students in this concentration will develop knowledge and practical skills to pursue advanced study and future careers in athletic training, sports medicine, and other paramedical areas. Upon completion of the degree, students are also encouraged to pursue a teaching credential.

Athletic Care Advisors: Dr. Andrea Becker, Dr. Leslie Larsen, Dr. Maureen Smith, Dr. Katherine Jamieson