

# KINESIOLOGY (EXERCISE SCIENCE) TRANSFER STUDENTS ♦ TWO YEAR PLAN

Minimum total units required for B.S. Degree: 120 ▪ (60 units required for Major including prerequisites).

This form is to be used in partnership with your advisors - seek assistance each semester to stay on track & graduate!

## YEAR 1

SEMESTER 1		SEMESTER 2	
A1: ORAL COMMUNICATION	3 UNITS	A3: CRITICAL THINKING	3 UNITS
A2: WRITTEN COMMUNICATION	3 UNITS	B4: MATH. CONCEPTS	3 UNITS
B2: <b>BIO 10</b> Basic Biological Concepts	3 UNITS	D: US. HISTORY	3 UNITS
C1: ARTS	3 UNITS	BIO 22 Intro. Human Anatomy	4 UNITS
E: UND. PERSONAL DEVELOPMENT	3 UNITS	ELECTIVE	2 UNITS
15 UNITS		15 UNITS	

## YEAR 2

SEMESTER 1		SEMESTER 2	
B1/B3: <b>CHEM 6A/1A<sup>^</sup></b>	5 UNITS	<b>CHEM 6B/1B</b>	5 UNITS
<b>ENGL 20</b> SECOND SEMESTER COMP.	3 UNITS	C: ARTS/HUMANITIES	3 UNITS
C2: HUMANITIES	3 UNITS	D: THE INDIVIDUAL & SOCIETY	3 UNITS
D: US. CONST/CA GOVT	3 UNITS	ELECTIVE	3 UNITS
ELECTIVES	1 UNITS	ELECTIVE	1 UNITS
15 UNITS		15 UNITS	

**TRANSFER STUDENTS SUBMIT DELCARATION OF MAJOR ONCE ALL PREREQUISITES ARE COMPLETED**

## YEAR 3

SEMESTER 1		SEMESTER 2	
BIO 131 Systemic Physiology	4 UNITS	KINS 144 Analysis of Weight Train.	2 UNITS
KINS 151 Kinesiology	3 UNITS	KINS 151A Biomechanics	3 UNITS
KINS 156 Care of Athletic Injuries	3 UNITS	KINS 158 Motor Learning	3 UNITS
KINS ELECTIVE OPTION	3 UNITS	B5: FURTHER STUDIES ( <b>UD</b> )	3 UNITS
C: ARTS/HUMANITIES ( <b>UD</b> )	3 UNITS	ELECTIVES	3 UNITS
16 UNITS		14 UNITS	

## YEAR 4

SEMESTER 1		SEMESTER 2	
KINS 152 Physiology of Exercise	3 UNITS	KINS 152A Fund. Of Exercise Programs	3 UNITS
KINS ELECTIVE OPTION	3 UNITS	KINS 152S Energy Prod. & Sports Per.	3 UNITS
KINS ELECTIVE OPTION	3 UNITS	KINS 153 Cardio. Test. & Exer. Pres.	3 UNITS
D: THE INDIVIDUAL & SOCIETY ( <b>UD</b> )	3 UNITS	KINS ELECTIVE OPTION	3 UNITS
ELECTIVES	3 UNITS	ELECTIVES	3 UNITS
15 UNITS		15 UNITS	

**TOTAL = 120**

### NOTES:

Prerequisites

Electives to meet 120 unit minimum

**Prerequisites:** All pre-major courses (**BIO 10, BIO 22, CHEM 1A/6A, CHEM 1B/6B**) must be completed with a C- or better. **Only first and second attempts will be considered.** Overall GPA 2.0 required.

<sup>^</sup> Course recommended to be taken during your **first year/first semester**. Please keep in mind - if you complete the **CHEM 1A series**, you will be required to complete the **ALEKs** and the **CHEM Diagnostic exam prior to enrolling**.

<sup>\*</sup> Writing Intensive (**MUST** Complete WPJ or substitute ENGL 109W/M for elective before enrolling)

**FL** Foreign Language (FL) requirement waived **only** for students completing the Kinesiology (Exercise Science) program

Students are encouraged to consider summer and winter intercession coursework to reduce workload.