



SACRAMENTO  
STATE

# Doctor of Physical Therapy

Program Information  
Applying to the program

*Redefine the Possible™*

# Welcome!

- Introductions
- Where you are in the process/ journey
- Goals/ expectations/ what you want to achieve by attending this session

# Professional Doctorate in Physical Therapy

Entry-level PT degree has changed as profession matured:

- Bachelor's Degree (BS) prior to 1999
- Master's Degree (MPT or MSPT) required 1999 – 2015
- Doctor of Physical Therapy (DPT) required for all entry-level programs beginning in 2015

1997 graduates: first BS PT class

2015 graduates: first DPT class

2019 graduates: 21<sup>st</sup> class of PTs Made at Sac State

# Physical Therapy Program

- Fully accredited since 1997 by Commission on Accreditation in Physical Therapy Education (CAPTE)
- Re-accredited in 2015 through 2025
- 2015-2018: Departmental average on National Physical Therapy Exam has been **above the national average for all DPT classes**

# Sacramento State

## Department of Physical Therapy

- Accepts 32 students every Fall Semester
- Program is 9 semesters in length
- There are 3 clinical internships, 12 weeks each
- Students participate in multiple Pro Bono clinics (mentored practice) during their coursework which include:
  - Ortho – available for students, faculty, staff and community members
  - Neuro – available to patients with stroke or other neurological conditions
  - STEPS – pediatric clinic for children with neuromotor impairment
  - AMPUTEE – Interprofessional clinic for persons with amputation

# Applying to Sacramento State

- Admission Requirements
  - Bachelor's Degree prior to matriculation
  - 11 Prerequisite courses
  - Graduate Record Examination (GRE) \*
  - Volunteer/work experience: 100 hrs \*
  - Letters of Recommendation: 3
  - Interview

\* Revised admission requirements for Fall 2020 application cycle ONLY

# \*Change in Admission Requirements for Fall 2020 Application Cycle ONLY

- Volunteer hours
  - Minimum of 25 hrs inpatient setting **no longer required**. Inpatient experience **strongly suggested**
  - **100 hrs** of volunteer experience **still required**
- **Credit/No Credit grades accepted** for required classes taken Spring 2020 only
- **Virtual labs accepted** for required classes taken Spring, Summer, and Fall 2020 only
- GRE deadline date has been extended. Score results due to PTCAS by November 15<sup>th</sup>

# How to Apply

## Step 1: Prepare to Apply

- Review Admission Requirements listed on our webpage and on PTCAS to verify you have met all minimum requirements.
- Make sure you are on track to complete your prerequisite coursework.
- Complete your volunteer/work hours by October 1. \*
- Identify who will be willing to write your letters of recommendation.
- Take GRE \*

## Step 2: Apply

- Submit **complete** PTCAS application at [www.ptcas.org](http://www.ptcas.org) by October 1.



# What does a complete application look like?

- Prerequisites are completed by the required deadline with a minimum 3.00 GPA.
- DPT Prerequisite Supplemental Worksheet completed and submitted with PTCAS application.
- GRE exam taken within required timeline with minimum scores of 3.5 for Analytical, and 29<sup>th</sup> percentile for Quantitative.
- Volunteer/work hours \* completed and verified in PTCAS by deadline date.
- All 3 letters of recommendation received in PTCAS by deadline date.
- Official transcripts from all colleges/universities attended sent to PTCAS.
- PTCAS application submitted by October 1.

# Prerequisite Courses

1 *	Human Anatomy w/lab (4 units)	6&7 *	General Chemistry I & II w/lab (8-10 units)
2 *	Human Physiology w/lab (4 units) or Human Anatomy & Physiology I & II w/lab (8 units)	8&9 *	Physics I & II w/lab (8 units)
3	General Psychology (3 units)	10	Upper Division Biomechanics (3 units) Or Upper Division Kinesiology (3 units)
4	Additional Psychology (3 units)	11	Upper Division Exercise Physiology (3 units)
5	Statistics (3 units)		

\* Revised admission requirements for Fall 2020 application cycle ONLY

# Prerequisite Requirements

- Minimum prerequisite GPA of 3.00 or higher.
- Prerequisite courses must be completed at an accredited college or university with a minimum grade of “C” or better. Course grades of “C-” or lower are not accepted.
- Applicants may have  $\leq 4$  pending prerequisite courses when submitting their application. At least 2 of pending courses must be completed by end of fall semester, and remaining 2 courses to be completed following spring semester.
- Anatomy, Physiology, Biomechanics, and Exercise Physiology courses must have been completed within the past 10 years.

# Prerequisite Repeat Policy

- Grades from any and all courses taken to fulfill each prerequisite will be considered in calculating your GPA.
- If a course was taken twice (2), only higher course grade will be used.
- If a course is taken three (3) times, all three (3) grades will be averaged.
- If a course was taken four (4) times to complete one required prerequisite, application will not be reviewed.
- A course is considered a “repeat” even if it is taken at a different university, or has a different course number.

# DPT Supplemental Prerequisite Worksheet

All applicants must submit the DPT Supplemental Prerequisite Worksheet with their PTCAS application. This worksheet can be found on our website at [www.csus.edu/college/health-human-services/physical-therapy/prerequisite-worksheet.html](http://www.csus.edu/college/health-human-services/physical-therapy/prerequisite-worksheet.html) and must be uploaded to your PTCAS application by the deadline.

Applicants will submit the following information for each course:

- Name of institution where course was taken
- Course number and title
- Semester or quarter units
- Semester and year course was taken
- Number of units and grade
- In-progress or planned status for pending courses

Applications missing this document will be considered incomplete and will not be reviewed.

SACRAMENTO STATE							Fall 2021
DPT Supplemental Prerequisite Worksheet							
Last Name: _____		First Name: _____					
Email: _____		Phone: _____					
Institution	Course Number and Title	Sem/Qty	Term	Year	Units	Grade	
Example: Sac State	Bio 22 - Human Anatomy	Sem	Fall	2017	4	B+	
Human Anatomy & Physiology courses (required: two semesters or one year of Anatomy & Physiology Lecture & Lab)							
Psychology courses (required: one general and one additional course)							
Statistics course (required: one course)							
Chemistry courses (required: two semesters or one year of general chemistry Lecture & Lab)							
Physics courses (required: two semesters or one year of general physics Lecture & Lab)							
Upper Division Biomechanics (required: one course; Lab preferred, but not required)							
Upper Division Exercise Physiology (required: one course; Lab preferred, but not required)							
OPTIONAL: Upper Division Advanced Academic Coursework		Category	Term	Year	Units	Grade	
Comments:						GPA: _____	

# Graduate Record Examination - GRE

GRE results taken within last five years are sent directly to PTCAS using GRE code 7588. The last date to take the GRE is September 15<sup>th</sup> prior to submitting your PTCAS application\*. Minimum required GRE scores are 3.5 for Analytical, and 29<sup>th</sup> percentile for the Quantitative. There is no minimum threshold for Verbal Reasoning.

	Verbal Reasoning	Quantitative Reasoning	Analytical Writing
Scaled Score	No minimum	148	3.5
Percentile	No minimum	29%	42%
Sacramento State PTCAS GRE code: 7588			

\* Revised admission requirements for Fall 2020 application cycle ONLY

# Volunteer / Work Hours

Applicants must complete and verify on PTCAS a minimum 100 total hours of volunteer/work experience in at least 2 different setting - one inpatient and one outpatient setting. Each setting must have at least 25 hours of exposure, and all hours must be under direct supervision of a licensed physical therapist. Hours that have not been completed and verified by application deadline will not count towards the 100 required hours.

## OUTPATIENT

- Physical Therapy Clinics
- Hospital Clinics
- School/Preschool
- Wellness/Prevention/  
Fitness
- Industrial/Occupational Health

## INPATIENT \*

- Acute care
- Rehab/Subacute care
- Extended care
- Skilled Nursing

\* Revised admission requirements for Fall 2020 application cycle ONLY

# Letters of Recommendation

Applicants must arrange to have three letters of recommendation sent to PTCAS. All three letters must be received by deadline date.

- Two letters are required from licensed physical therapist you have volunteered or worked with.
- One from a college professor from whom you have taken a course.



# How to strengthen your application

- Applicants can earn additional admission points if they qualify for the following:
  - Advanced Upper Division Coursework
  - Background Characteristics

# Advanced Upper Division Coursework

Applicants that have completed upper division advanced coursework may be eligible for additional admission points. A maximum of four courses may be submitted for consideration. However, only one course may be submitted from each of the following categories. All Advanced coursework must have a grade of "B-" or higher.

- Advanced Human Anatomy
- Neuroanatomy
- Neurophysiology
- Advanced Biomechanics
- Advanced Exercise Physiology or Cardiac
- General Microbiology
- Motor Learning
- Therapeutic Exercise

# Background Characteristics

Additional admissions points are available for:

- Second Language Competency
- Disadvantaged Economic Background
- Disadvantaged Educational Background
- Disadvantaged Environmental Background

# Common Mistakes to Avoid

- GRE scores do not meet minimum, or scores were never received by PTCAS.
- DPT Supplemental Prerequisite Worksheet was not submitted.
- Less than 100 observations hours were verified as complete by deadline date, not enough hours in both inpatient\* and outpatient setting, or hours were listed as “planned” to complete after deadline.
- Not all required letters of recommendation were received, or letters received were not from correct evaluator.
- Prerequisite GPA less than 3.00.
- Too many outstanding prerequisites.
- Not all college transcripts sent to PTCAS.
- For the 2019-2020 cycle, 477 applications were received, only 247 applicants met the minimum requirements.

\* Revised admission requirements for Fall 2020 application cycle ONLY

# National Applications Data 2017-18

- 18,359 applicants
- 112,373 applications submitted
- Applications per applicant – 6.1
- Of the 223 Physical Therapy programs using PTCAS the mean (avg.) number of applications received was 495
- Average Cumulative GPA for all PTCAS applicants – 3.41
- Average cumulative GPA for all PTCAS accepted applicants – 3.57

# Who Got into Sacramento State?

Class of	2015	2016	2017	2018	2019	2020	2021	2022
Applications received	395	419	662	500	562	585	541	473
Class size	32	32	32	32	32	32	32	32
Offers made	48	19	43	62	62	57	60	55
Female	20	18	23	19	17	13	19	18
Male	12	14	9	13	15	19	13	14
Average age	28	27	25	25	26	24	24	25
% Minority	22%	22%	38%	28%	44%	41%	34%	42%
Prerequisite GPA	3.61	3.72	3.78	3.78	3.82	3.76	3.81	3.85
CA Resident	100%	97%	94%	81%	84%	91%	97%	100%

# Sac State Selection Process

- All application materials are reviewed to determine if they meet minimum requirements.
- **Complete** applications are then ranked according to:
  - Strength of Academic Record (Prerequisite GPA)
  - Professional References
  - GRE
  - Background Characteristics, and Advanced Coursework.
- Once ranked, **top 100** are invited for an **interview**.
- After interviews, top 100 are ranked.
- **Top 32** are offered **seats**, remaining applicants placed on **wait list**
- Applicants are notified of their status within 2 weeks of final interviews.

# Class of 2018



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# Interviews

- In mid-December qualified applicants are invited to apply to **Cal State Apply** (\$70), and schedule an on-campus interview.
- A typical interview day consists of
  - Meeting current DPT students
  - Panel interview with 1 faculty member and 2 local clinicians, and 1 applicant
  - Tour of DPT facilities
- Interviews are usually scheduled in late January.

# Sacramento State DPT Tuition & Fees

Tuition and Fees	Expenses
Semester Tuition	8,598
Mandatory Campus fees	838
<b><i>Total Semester Expense</i></b>	<b>9,436</b>
Semesters per year	3
<b><i>Total Annual Expense</i></b>	<b>28,308</b>
Years in the Program	3
<b><i>Total Program Expense</i></b>	<b>84,924</b>
Non-Resident fees*	41,580
<b><i>Total Non-Resident Program Expense</i></b>	<b>126,504</b>

Tuition is charged as a flat rate per semester fee and is not based on number of units.

\*Non-residents pay an additional \$396.00 per unit. Students take between 105-114 units depending on how many electives they choose to take. The minimum 105 units includes the two required elective units.

# Application Timeline

Important Dates for the Fall 2021 Application Cycle	
July 1, 2020	PTCAS 2020-21 Application Cycle Opens
September 15, 2020	Last day to take the GRE exam *
October 1, 2020	Last day to submit PTCAS application
Mid-December 2020	Interview notifications sent to all applicants
Late January 2021	On campus interviews for invited applicants
Early February 2021	Admission Decisions sent out
August 27, 2021	New DPT Student Orientation
August 30, 2021	First day of instruction

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# Why Sacramento State

- Excellent outcomes (next slides)
- State-of-the-art facilities
- Commitment to professional development
  - Student professional development funds
  - Supplies/ equipment
  - Online resources
- Electives (research, CSCS, specialty patient care)
- Community service while being mentored by faculty
- Top notch faculty
- Excellent administrative support

# Why Sacramento State

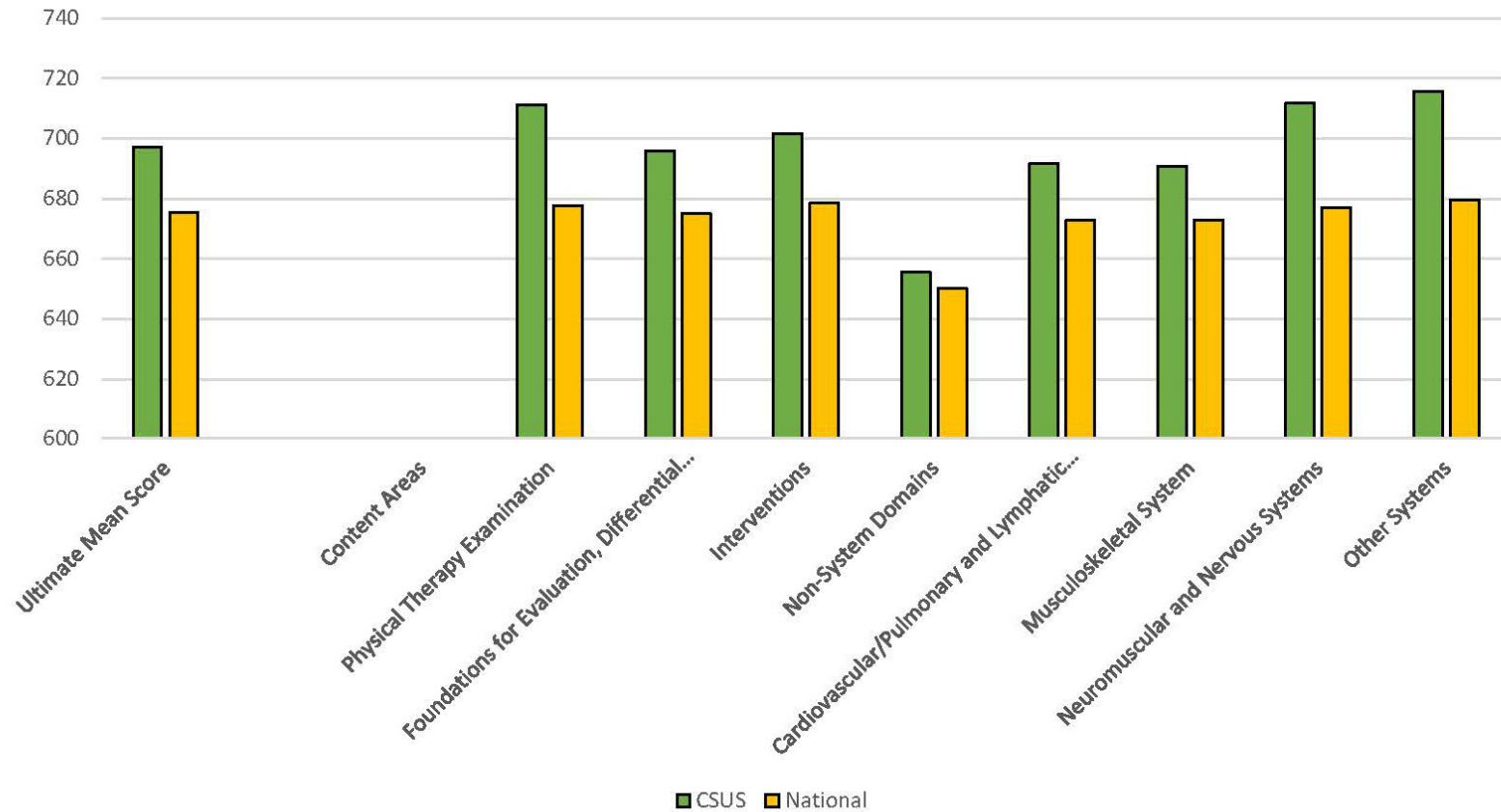


Cumulative experience: Degrees: 40, Years of teaching: 192 Years of clinical experience: 190, Clinical certifications: 9, Fellowship/Residency: 9

Faculty : Student ratio = 2.6

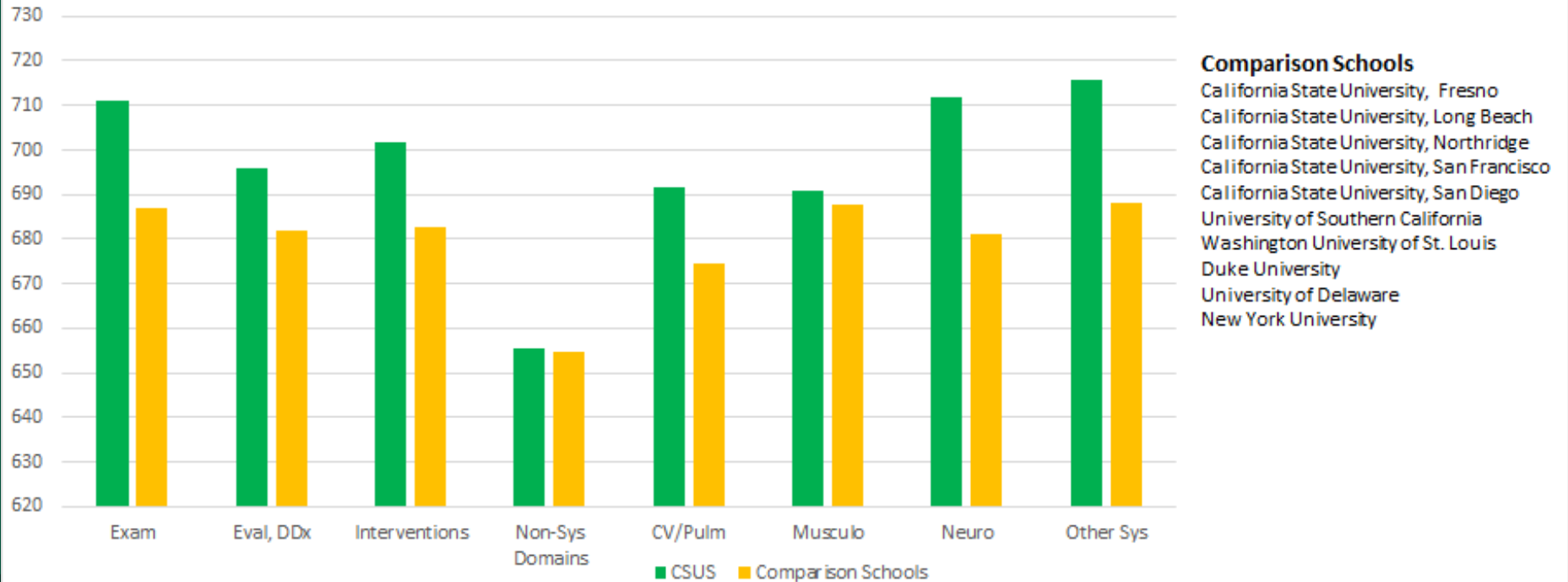
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# National Licensure Examination Results 2018



# National Licensure Examination Results 2018

## Sacramento State vs Comparison Schools



# Why Sacramento State

	Class of 2015	Class of 2016	Class of 2017
1st Time Licensure Pass Rate	96.8%	100.0%	100.0%
Ultimate Licensure Pass Rate	100.0%	100.0%	100.0%
Graduation Rate	96.8%	90.6%	96.9%
Employment Rate	100.0%	100.0%	100.0%



# Considerations

- Location (support systems, cost)
- Facilities: space, technology
- Length of the program and your learning style
- Program philosophy congruent to yours
- Student support (available or sink or swim)
- Available options and what you want to be as a PT
- Program “feel”



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HUMAN SERVICES

*Doctor of Physical Therapy*

## Department of Physical Therapy Curriculum for Entry-level DPT Program

### Fall - Year 1

Course #	Title	Units
BIO 633	Human Gross Anatomy for Physical Therapists	3
PT 600	Pathokinesiology	5
PT 602	Evidence Informed Practice I	3
PT 608	PT/Patient/Professional Interactions GWI	2
PT 630	Pathophysiology	3
		<b>16</b>

### Spring - Year 1

Course #	Title	Units
PT 604	Principles of Human Movement	2
PT 606	Therapeutic Measurements & Techniques	4
PT 614	Neuroscience for PTs	3
PT 618	Foundations for Patient Management	1
PT 620	PT Interventions I	3
PT 622	Evidence Informed Practice II	3
		<b>16</b>

### Summer - Year 1

Course #	Title	Units
PT 632	Pharmacology	2
PT 634	Diagnostic Imaging for PT	2
PT 638	Health, Wellness, & Ergonomics	2
		<b>6</b>



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### Fall - Year 2

Course #	Title	Units
PT 624	Adult Neuromuscular Pt Management I	4
PT 625	Musculoskeletal Pt Management I	4
PT 626	Clinical Agents	3
PT 636	Geriatrics/Gerontology for PT	2
PT 640	PT Interventions II	3
PT 646	Acute Care and Cardiopulmonary PT	2
PT 660A*	Graduate Seminar I Research Elective	1
PT 696J*	Graduate Seminar I Adv Biomechanics I	2
		<b>18-21</b>

### Spring - Year 2

Course #	Title	Units
PT 627	Physical Therapy Educator	1
PT 644	Adult Neuromuscular Pt Management II	4
PT 645	Musculoskeletal Pt Management II	4
PT 648	Health Care Delivery in PT I	2
PT 660B*	Graduate Seminar I Research Elective	1
PT 660D*	Graduate Seminar I Electrotherapeutics Lab	2
PT 660G*	Graduate Seminar I CSCS	2
PT 660K*	Graduate Seminar I Adv Biomechanics II	2
PT 662	Differential Diagnosis in PT	3
PT 669	Psychosocial Issues in PT	1
PT 689	Doctoral Project Proposal	1
		<b>16-23</b>

### Summer - Year 2

Course #	Title	Units
PT 695A	Clinical Practicum/Internship I (12 wks)	6
		<b>6</b>



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### Fall - Year 3

Course #	Title	Units
PT 660C*	Graduate PT Seminar I Research Elective	1
PT 660E*	Research Seminar I NeuroPediatric Mgmt Lab	2
PT 660F*	Graduate PT Seminar I Adult Neuro Mgmt Lab	2
PT 660H*	Graduate PT Seminar I Cardio Wellness Clinic	1
PT 663	Integumentary Patient Management	2
PT 664	NeuroPediatric Pt Management	2
PT 665	Musculoskeletal Pt Management III	3
PT 668	Health Care Delivery in PT II	2
PT 690	Doctoral Project/culminating experience	3
		<b>12-18</b>

### Spring - Year 3

Course #	Title	Units
PT 695B	Clinical Practicum II/Internship (12 wks)	6
		<b>6</b>

### Summer - Year 3

Course #	Title	Units
PT 680	Graduate PT Seminar II	1
PT 695C	Clinical Practicum III/Internship (12 wks)	6
		<b>7</b>

**Total units for 3 year program** **105-119**

Elective courses are designated with an \*

Students are required to take a minimum of 2 elective units to graduate.

# Final thoughts... debt load

- <http://www.apta.org/PTinMotion/2017/2/Feature/FinancialLiteracy/>

# Hope to see You Here!



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