

PUBLIC HEALTH (HEALTH PROMOTION)

FOUR ♦ YEAR PLAN

Minimum Total Units required for B.S. Degree: 120 (53-55 units required from major)

This form is to be used in partnership with your advisor - Grade of C or better required in all courses applied to major

YEAR 1

SEMESTER 1		SEMESTER 2	
*PUBH 50 Healthy Lifestyles	3 UNITS	*PUBH 98 Seminar Course	3 UNITS
AREA 1A: ENGLISH COMPOSITION	3 UNITS	AREA 1C: ORAL COMMUNICATION	3 UNITS
AREA 3A: ARTS	3 UNITS	AREA 1B: CRITICAL THINKING	3 UNITS
AREA 6: ETHNIC STUDIES	3 UNITS	ELECTIVE	3 UNITS
ELECTIVE	3 UNITS	ELECTIVE	3 UNITS
15 UNITS		15 UNITS	

YEAR 2

SEMESTER 3		SEMESTER 4	
AREA 2: *STAT I Intro. to Statistics	3 UNITS	AREA 5B: *BIO 20 (or BIO 10)	5 UNITS
ENGL 20 SECOND SEMESTER COMP.	3 UNITS	AREA 4: US. CONST/CA GOVT	3 UNITS
AREA 3B: HUMANITIES	3 UNITS	AREA 3A/B: ARTS/HUMANITIES (UD)	3 UNITS
AREA 4: US. HISTORY^^^	3 UNITS	ELECTIVE ♦	3 UNITS
ELECTIVE ♦	2 UNITS	ELECTIVE ♦	1 UNITS
15 UNITS		15 UNITS	

DECLARE MAJOR

YEAR 3

SEMESTER 5		SEMESTER 6	
*PUBH 112 Disease Prevention	3 UNITS	*PUBH 100 Fund. Of Safety & Health	3 UNITS
*PUBH 118 Intro. to Public Health	3 UNITS	AREA 4: *PUBH 114 Hum Ecol & HLTH (UD)	3 UNITS
AREA 2/5: MATH or SCIENCE (UD)	3 UNITS	*PUBH 119 Community Health Promotion	3 UNITS
*PUBH 148 Epidemiology	3 UNITS	*PUBH 120 Health Psychology	3 UNITS
ELECTIVE ♦	3 UNITS	ELECTIVE ♦	3 UNITS
15 UNITS		15 UNITS	

YEAR 4

SEMESTER 7		SEMESTER 8	
*PUBH 116 Pub. Health Adm. & Policy	3 UNITS	*PUBH 144 Com. Health Plan & Eval●	3 UNITS
*PUBH 147 Health Data Analysis	3 UNITS	*PUBH 124 Ethical Con. in PUBH	3 UNITS
*PUBH 151 Intro. to the US Health. Sys	3 UNITS	*PUBH OPTION°	2-4 UNITS
*PUBH 120 Social MKTG in HLTH Prom	3 UNITS	ELECTIVE ♦	2-4 UNITS
ELECTIVE ♦	3 UNITS	ELECTIVE ♦	3 UNITS
15 UNITS		15 UNITS	

TOTAL = 120

☐	Lower Division major requirements	☐	Eletives to meet 120 unit minimum
LD Lower Division		UD Upper Division	

NOTES:

● PUBH 144 - CHE Capstone Course

*All courses applied to the major must be completed with a minimum "C" grade.

° HP Elective options (2-4): PUBH 117, 130, 134, 150, 190, 195

♦ Please consult with Advisor regarding options to fulfill ELECTIVE units.

Foreign Language (FL) requirement waived only for students completing a BS in PUBH or Health Services