SACRAMENTO STATE
Department of Public Health

Name: _____
Student ID: _____
PUBH Advisor: _____

# BS in Public Health (Occupational Safety and Health)

*Fall 2026 to Present*

- **ALL courses in the major require a grade of "C" or better**
- **Total Units Required for BS Degree: 120**
- **Total Units Required in Major: 56-58**

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**Required Lower Division Courses (12 units)**

| | | Units | Course Prerequisites? |
|---|---|---|---|
| | BIO 20 Biology: A Human Perspective ***OR*** BIO 10 Basic Biological Concepts | 3/3 | No |
| | PUBH 50 Healthy Lifestyles | 3 | No |
| | PUBH 98 Public Health Professions Seminar | 3 | No |
| | STAT 1 Introduction to Statistics | 3 | See Catalog |

**Required Upper Division Courses (18 units)**

| | | Units | Course Prerequisites? |
|---|---|---|---|
| | PUBH 100 Fundamentals of Safety & Health* | 3 | No |
| | PUBH 116 Public Health Policy, Management & Administration* | 3 | No |
| | PUBH 118 Introduction to Public Health* | 3 | No |
| | PUBH 147 Health Data Analysis * | 3 | STAT 1 or STAT 10B |
| | PUBH 148 Epidemiology * | 3 | See Catalog |
| | PUBH 151 Introduction to the US Healthcare System* | 3 | No |

**Take *all* of the following (17 units)**

| | | Units | Course Prerequisites? |
|---|---|---|---|
| | CHEM 6A Intro. to General Chemistry | 5 | No |
| | PUBH 106 Occupational Health* | 3 | No |
| | PUBH 107 Occupational Safety* | 3 | No |
| | PUBH 108 Occupational Health & Safety Laws & Regulations* | 3 | No |
| | PUBH 109 Cause & Control of Occupational Loss* | 3 | No |

***See catalog for full course descriptions. Courses may be subject to change each academic year.***

*** Student must be a Public Health major or minor to enroll. All other courses do not have a major/minor prerequisite.**

**Foreign Language: Students graduating with a BS in Public Health (all concentrations) will not be subject to the University's Foreign Language Graduation Requirement.** ***Students who change their major may be subject to the University's Foreign Language Graduation Requirement.***

**Take *one* of the following – Risk Management (3 units)**

| | | Units | Course Prerequisites? |
|---|---|---|---|
| | FIN 138 Principles of Risk Management & Insurance* | 3 | No |
| | HROB 153 Employment Law | 3 | No |
| | HROB 155 Conflict Management & Negotiation | 3 | No |
| | MGMT 102 Business Communications | 3 | See Catalog |
| | PSYC 108 Organizational Psychology | 3 | No |
| | PUBH 154 Healthcare Organizational Behavior* | 3 | No |

**Take *one* of the following – Environmental Science (3 units)**

| | | Units | Course Prerequisites? |
|---|---|---|---|
| | ENVS 128 Environment & the Law | 3 | No |
| | ENVS 130 Environmental Toxicology | 3 | CHEM 1A or CHEM 6A |
| | ENVS 140 Energy, Society, & the Environment | 3 | No |
| | ENVS 144 Sustainability Science & Policy | 3 | ENVS 10 or BIO 1 |
| | ENVS 165 American Environmental History | 3 | No |

**Take *one* of the following – Other Electives (minimum of 3 units)**

| | | Units | Course Prerequisites? |
|---|---|---|---|
| | BIO 39 Microbiology for Allied Health Students | 4 | See Catalog |
| | BIO 140 Medical Microbiology & Emerging Infectious Diseases | 3 | BIO 39 or BIO 139 |
| | CHEM 6B Intro. to Organic & Biological Chemistry | 5 | See Catalog |
| | CM 20 Construction Materials & Processes | 3 | CM 10 & ENGL 1A |
| | CRJ 169 Emergency Management | 3 | No |
| | PHYS 5A General Physics: Mechanics, Heat, Sound | 4 | See Catalog |
| | PUBH 110 Issues in Occupational Health & Safety | 3 | PUBH 100 |
| | PUBH 112 Disease Prevention* | 3 | No |
| | PUBH 119 Community Health Promotion* | 3 | PUBH 118 |
| | PUBH 190 Public Health Study Abroad | 3 | No |
| | PUBH 195 Fieldwork – Health or Safety | 3-4 | Permission of Faculty Advisor |