

PUBLIC HEALTH (OCCUPATIONAL SAFETY & HEALTH)

FOUR ♦ YEAR PLAN

Minimum Total Units required for B.S. Degree: 120 (55-58 units required from major)

This form is to be used in partnership with your advisor - Grade of C or better required in all courses applied to major

YEAR 1			
SEMESTER 1		SEMESTER 2	
*PUBH 50 Healthy Lifestyles	3 UNITS	*PUBH 98 Seminar Course	3 UNITS
AREA 1A: ENGLISH COMPOSITION	3 UNITS	AREA 1C: ORAL COMMUNICATION	3 UNITS
AREA 3A: ARTS	3 UNITS	AREA 1B: CRITICAL THINKING	3 UNITS
AREA 6: ETHNIC STUDIES	3 UNITS	ELECTIVE	3 UNITS
ELECTIVE	3 UNITS	ELECTIVE	3 UNITS
15 UNITS		15 UNITS	
YEAR 2			
SEMESTER 3		SEMESTER 4	
AREA 2: *STAT I Intro. to Statistics	3 UNITS	AREA 5B: *BIO 20 (or BIO 10)	3 UNITS
ENGL 20 SECOND SEMESTER COMP.	3 UNITS	AREA 4: US. CONST/CA GOVT	3 UNITS
AREA 3B: HUMANITIES	3 UNITS	AREA 3A/B: ARTS/HUMANITIES (UD)	3 UNITS
AREA 4: US. HISTORY	3 UNITS	ELECTIVE ♦	3 UNITS
ELECTIVE ♦	3 UNITS	ELECTIVE ♦	3 UNITS
15 UNITS		15 UNITS	
DECLARE MAJOR			
YEAR 3			
SEMESTER 5		SEMESTER 6	
*CHEM 6A Intro to General Chemistry	5 UNITS	*PUBH 106 Occupational Health	3 UNITS
*PUBH 100 Fund. Of Safety & Health	3 UNITS	*PUBH 107 Occupational Safety	3 UNITS
*PUBH 116 Pub Hlth Pol, Mgmt&Admin	3 UNITS	*PUBH 118 Intro. to Public Health	3 UNITS
AREA 4: THE INDIVIDUAL & SOCIETY (UD)	3 UNITS	*PUBH 148 Epidemiology	3 UNITS
ELECTIVE ♦	1 UNITS	ELECTIVE ♦	3 UNITS
15 UNITS		15 UNITS	
YEAR 4			
SEMESTER 7		SEMESTER 8	
*PUBH 108 Occupation. H&S Law & Reg	3 UNITS	*OSH Risk Mgmt Option °	3 UNITS
*PUBH 109 C & C of Occupational Loss	3 UNITS	*OSH Environmental Sci Option °°	3 UNITS
*PUBH 147 Health Data Analysis	3 UNITS	*OSH Other Option °°°	2-5 UNITS
*PUBH 151 Intro. to the US Health. Sys	3 UNITS	AREA 2/5: MATH or SCIENCE (UD)	3 UNITS
ELECTIVE ♦	3 UNITS	ELECTIVE ♦	1-4 UNITS
15 UNITS		15 UNITS	
TOTAL = 120			
☐ Lower Division major requirements		☐ Electives to meet 120 unit minimum	
LD Lower Division		UD Upper Division	

NOTES:

* All courses applied to the major must be completed with a minimum "C" grade.

° OSH Risk Mgmt Option (3 units): FIN 138, HROB 153, 155, MGMT 102, PSYC 108, PUBH 154

° ° OSH Environmental Sci option (3 units): ENVS 128, 130, 140, 144, 165

° ° ° OSH OTHER option (2-5): BIO 39, 140, CHEM 6B, CM 20, CRJ 169, PHYS 5A, PUBH 110, 112, 119, 190, 195

♦ Please consult with **Advisor** regarding options to fulfill ELECTIVE units.

Foreign Language (FL) requirement waived only for students completing a BS in PUBH or Health Services Administration.