

# RPTA MAJOR IN RECREATION THERAPY ADVISING SHEET

**DATE:**

**Use this advising sheet in conjunction with professional advising. Advisors can help identify your correct catalog rights, courses that complete multiple requirements (overlap) & provide requirement updates.**

<b>Name:</b>		<b>Phone number:</b>	
<b>Student ID#:</b>		<b>Email:</b>	
<b>Fall 2021-Present Graduation Requirements:</b> *Items numbered 1-4 should be taken in sequence.		<b>Fall 2021-Present Recreation Therapy Requirements:</b>	
Minimum 120 units to graduate	<input checked="" type="checkbox"/>	<b>I. Department Core Lower Division (10 units)</b>	<b>Or Planned Substitution</b>
39 units of upper division (courses 100-199)			<input checked="" type="checkbox"/>
<b>American Institutions: # U.S. History</b>		RPTA 1 Orientation to RPTA	
# U.S. Constitution		RPTA 30 Rec Leisure Contem	
# CA State & Local Government		RPTA 32 Rec Leadership	
1. Written Communication (GE A2) (ENGL 5 or 11) "C-" or better required		RPTA 42 Rec Ntrl Resources	
2. Second Semester Composition (ENGL 20) "C-" or better required		<b>II. Department Core Upper Division (15 units)</b>	
Foreign Language (FL) "C-" or better required (RPTA majors EXEMPT)	<input type="checkbox"/>		
Race & Ethnicity in American Society (RE)		RPTA 102 Sr. Seminar (PR 106, 115, 116, 117,118)	
3. Writing Placement for Juniors (WPJ) Portfolio			
4. Writing Intensive (WI) "C-" or better required		RPTA 105 Mgmt of Leis Serv	
<b>General Education Requirements: Course</b>	<input checked="" type="checkbox"/>	RPTA 106 Inclusive RT	
<b>A. Basic Subjects (9 units)</b>		RPTA 110 Rsch/eval (PR 30)	
A1. Oral Communication "C-" or better required		RPTA 136 Leis. Program Planning (PR 32)	
A2. Written Communication "C-" or better required		<b>III. RT Core (15 units)</b>	
A3. Critical Thinking "C-" or better required		RPTA 115 Assessment and Documentation (PR 106, 116, 117)	
<b>B. Physical Universe &amp; Its Life Forms (13 units) (minimum 3 units upper-division)</b>			
B1. Physical Science		RPTA 116 RT Principles & Prac	
B2. Life Forms		RPTA 117 RT Contemp Dis	
B3. Lab		RPTA 118 Facilitation Tech in RT (PR 106,116,117)	
B4. Math Concepts "C-" or better required			
B5. Additional B Course (Upper-division, 100-199)		RPTA 119 RT Services/Systems (PR 106,105,116,117,118)	
<b>C. Arts &amp; Humanities (12 units)</b>		<b>IV. Required Non-RPTA Courses (18 units)</b>	
C1. Arts		BIOL 25 Human Anat & Phys	
C2. Humanities		PSYC 168 Abnormal Psych	
Any Area C Course		CHDV 30 Human Development Over the Lifespan	
Any Area C Course (Upper-division, 100-199)			
<b>D. The Individual &amp; Society (9 units)</b>		Supportive Course 1	
U.S. History or US Constitution/CA Govt.		Supportive Course 2	
Any Area D Course		Supportive Course 3	
Any Area D Course (Upper-division, 100-199)			
<b>E. Understanding Personal Development (3 units)</b>		<b>IV. Internship: (14 units/560 Hours)</b>	
KINS 99 may be taken CONCURRENTLY with any 1 unit KINS course for a total of 3 units		***RPTA 195D RT Internship	
<b>F. Ethnic Studies (3 units)</b>		<b>SACRAMENTO STATE™</b> COLLEGE OF HEALTH & HUMAN SERVICES Department of Recreation, Parks & Tourism Administration	
ETHN 11, ETHN 14, ETHN 30, ETHN 53 or ETHN 70			

# RECREATION THERAPY ACADEMIC PLAN

## Pre-Internship (600 Hours)

Location	Number of hours	Total

COURSE OPTIONS:	TO DO:	NOTES:
1		
2		
3		
4		
5		
6		
7		

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5		5	
6		6		6	
Total		Total		Total	

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5		5	
6		6		6	
Total		Total		Total	

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5		5	
6		6		6	
Total		Total		Total	

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5		5	
6		6		6	
Total		Total		Total	

# WRITING INTENSIVE CLASSES THAT CAN BE USED AS A Non-RPTA ELECTIVE

## ANTHROPOLOGY

(3) ANTH 186	Culture and Poverty
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## CRIMINAL JUSTICE

(3) CRJ 190	Contemporary Issues in Criminal Justice
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## FAMILY AND CONSUMER SCIENCES

(3) FACS 112	Current Topics in Nutritional Sciences
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(3) FACS 140	Family Resource Management
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(3) FACS 150	Family Stress and Coping: Multicultural Focus
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## GOVERNMENT

(3) GOVT 165	Politics of the Underrepresented
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## KINESIOLOGY

(3) KINS 133	Integration of Concepts
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## PHILOSOPHY

(3) PHIL 101	Ethics and Social Issues
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(3) PHIL 105	Science and Human Values
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(3) PHIL 112	History of Ethics
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## SOCIOLOGY

(3) SOC 168	Self and Society
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## SOCIAL WORK

(3) SWRK 126	Theories of Criminal Behavior
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(3) SWRK 191	Exploring Veteran Studies: An Ethnographic Approach
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## WOMEN'S AND GENDER STUDIES

(3) WGS 175	Gender & Disability
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## CHILD AND ADOLESCENT DEVELOPMENT

(3) CHAD	Controversial Issues in Child Development
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**SIDE TO SIDE COMPARISON OF THE THREE GE PATTERNS**

FALL 2014-2017 (48 UNITS)	FALL 2018-SPRING 2021 (48 UNITS)	FALL 2021-PRESENT (48 UNITS)
<b>Changes from previous GE Pattern/Catalog:</b> <ul style="list-style-type: none"> <li>Removed World Civilizations (used to be C1)</li> <li>Assigned C1-Arts &amp; C2-Humanities</li> <li>Reduced units in AREA D from 15 to 12, by removing D2</li> <li>Reduced total units towards GE units from 51 to 48</li> </ul>	<b>Changes from previous GE Pattern/Catalog:</b> <ul style="list-style-type: none"> <li>Upper division course required in AREAs B, C, D (3 units each)</li> </ul>	<b>Changes from previous GE Pattern/Catalog:</b> <ul style="list-style-type: none"> <li>Added AREA F</li> <li>May <b>ONLY</b> overlap 3 units of American Institutions with GE AREAs</li> </ul>
<b>AREA A: BASIC SUBJECTS (9 UNITS)</b>	<b>AREA A: BASIC SUBJECTS (9 UNITS)</b>	<b>AREA A: BASIC SUBJECTS (9 UNITS)</b>
A1: Oral Communication (C- minimum)	A1: Oral Communication (C- minimum)	A1: Oral Communication (C- minimum)
A2: Written Communication (C- minimum)	A2: Written Communication (C- minimum)	A2: Written Communication (C- minimum)
A3: Critical Thinking (C- minimum)	A3: Critical Thinking (C- minimum)	A3: Critical Thinking (C- minimum)
<b>AREA B: PHYSICAL UNIVERSE AND ITS LIFE FORMS (12 UNITS)</b>	<b>AREA B: PHYSICAL UNIVERSE AND ITS LIFE FORMS (12 UNITS)</b>	<b>AREA B: PHYSICAL UNIVERSE AND ITS LIFE FORMS (12 UNITS)</b>
B1: Physical Science	B1: Physical Science	B1: Physical Science
B2: Life Forms	B2: Life Forms	B2: Life Forms
B3: Lab	B3: Lab	B3: Lab
B4: Quantitative Reasoning (C- minimum)	B4: Quantitative Reasoning (C- minimum)	B4: Quantitative Reasoning (C- minimum)
B5: Additional Course	B5: Additional course (upper division)	B5: Additional course (upper division)
<b>AREA C: ARTS &amp; HUMANITIES (12 units)</b>	<b>AREA C: ARTS &amp; HUMANITIES (12 units)</b>	<b>AREA C: ARTS &amp; HUMANITIES (12 units)</b>
C1: Arts	C1: Arts	C1: Arts
C2: Humanities	C2: Humanities	C2: Humanities
C: any area C	C: any area C	C: any area C
C: any area C	C: any area C (Upper Division)	C: any area C (Upper Division)
<b>D: THE INDIVIDUAL &amp; SOCIETY (12 UNITS)</b> *Minimum of three disciplines (e.g. ANTH, ECON, ETHN, GOVT, HIST, RPTA, etc.) must be taken in Area D.	<b>D: THE INDIVIDUAL &amp; SOCIETY (12 UNITS)</b> (minimum 3 units upper-division) (minimum of three disciplines must be represented in Area D)	<b>D: THE INDIVIDUAL &amp; SOCIETY (9 UNITS)</b> *Minimum of two subjects (e.g. ANTH, ECON, ETHN... etc.) must be taken in Area D. US History or US Constitution/CA Government can be used <b>but not both</b>
D: US History	D: US History	D: US History or US Constitution/CA Govt.
D: US Constitution/CA Govt.	D: US Constitution/CA Govt.	D: Any Area D Course
D: Any Area D Course	D: Any Area D Course	D: Any Area D Course (Upper Division)
D: Any Area D Course	D: Any Area D Course (Upper Division)	<b>E. UNDERSTANDING PERSONAL DEVELOPMENT (3 UNITS)</b>
<b>E. UNDERSTANDING PERSONAL DEVELOPMENT (3 UNITS)</b>	<b>E. UNDERSTANDING PERSONAL DEVELOPMENT (3 UNITS)</b>	E: KINS 99 may be taken <b>CONCURRENTLY</b> with any 1 unit KINS course for a total of 3 units
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		<b>F: ETHNIC STUDIES (3 UNITS)</b>
<b>9 UNITS OF UPPER DIVISION GE</b>	<b>9 UNITS OF UPPER DIVISION GE TO INCLUDE AREAS B, C, D</b>	<b>9 UNITS OF UPPER DIVISION GE TO INCLUDE B, C, D</b>

**Graduation Requirements:** have remained the same throughout the three GE Patterns:

**Unit Requirements:**

- 120 total units (GE, Major, Minor, Electives) to graduate.
- 39 units of upper division (courses # 100-199)

**American Institutions:**

- US History
- US Constitution
- CA Government

**Written Communication (GE A2: ENGL 5, ENGL 11)** (C- minimum)

**Second Semester Composition (ENGL 20)** (C- minimum)

**Writing Placement for Juniors (WPJ): Portfolio or ENGL 109 W/M**

**Writing Intensive (WI)** (C- minimum)

**Foreign Language Requirement (FL)** (C- minimum)

**Race and Ethnicity in American Society (RE) revised: 8/2021rq**

