

Department of Recreation, Parks & Tourism Administration

Advising Outline Supplement Recreation Therapy

Students in the Recreation Therapy option are required to take 18 units of related/supportive coursework (RSC) in human service courses. The following is a list of suggested courses to meet these requirements. The list is not meant to be exhaustive; there may be other courses in which can be used. All RSC must be selected in consultation with a RT academic advisor. Unless otherwise indicated, the following are three-unit courses.

The courses must include 3 units of Abnormal Psychology, 3 units of Anatomy and Physiology and 3 units of Human Growth and Development. The Human Growth and Development course must be across the lifespan (from birth to death). The remaining semester hours of coursework must be fulfilled in the content area of 'human service' as defined by NCTRC.

Note: Prerequisites are listed in parentheses. Departments reserve the right to allow students into non-General Education courses at their discretion.

Code: These codes are found after the appropriate course.

A/P = Anatomy/Physiology HD = Human Development Ab = Abnormal Psychology
*Writing Intensive

List of Courses:

ART	137	Art for Exceptional Children
BIO	10	Basic Biological Concepts
BIO	20	Biology: A Human Perspective
BIO	22	Introductory Human Anatomy (BIO 1, 2, or 10)
BIO	25	Human Anatomy and Physiology I (A/P)
BIO	26	Human Anatomy and Physiology II (A/P)
BIO	115	Introduction to Neuroscience
BIO	120	Biology of Aging
BIO	122	Advanced Human Anatomy
BIO	123	Neuroanatomy
CHDV	30	Human Development (HD)
CHDV	131	Language Development
CHDV	135	Crosscultural Child Development

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CHDV	137	Cognitive Development
CHDV	138	Social, Emotional Development
CHDV	139	Educational Play: Theory and Practice
CHDV	143	Mind and Brain in Developmental Context*
CRJ	105	Delinquency, Prevention and Control
CRJ	106	Analysis of Career Criminals
CRJ	111	Women and the Criminal Justice System
CRJ	112	Gangs and Threat Groups in America
CRJ	114	Sexual Offenses and Offenders
CRJ	118	Drug Abuse and Criminal Behavior
CRJ	131	Corrective Institutions
CRJ	134	Community Based Corrections
CRJ	190	Contemporary Issues in Criminal Justice*
EDUC	155	Introduction to Counseling (highly recommended)
EDC	210	Multicultural/Ethnic Counseling
EDC	214	Dynamics of Human Development
EDC	220	The Spiritual Dimension in Counseling and Psychotherapy
EDC	222	Clinical Stress Reduction
EDC	233	Substance Abuse and Addiction
EDC	241	Developmental Stages and Art Therapy Techniques
EDC	242	Play and Art in Therapy with Children
DEAF	51	American Sign Language 1
DEAF	52	American Sign Language 2
DEAF	53	American Sign Language 3
DEAF	54	American Sign Language 4
EDS	242A&B	Cognitive Assessment (with Lab)
EDS	248	Human Development and Learning
FACS	10	Nutrition and Wellness
FACS	50	The Family and Social Issues
FACS	52	The Child in the Family
FACS	108	Family Communication
FACS	112	Current Topics in Nutritional Sciences*
FACS	119	Nutrition: Adolescence Through Older Adulthood (FACS 113)
FACS	120	Practical Application in Sports Nutrition (FACS 113)
FACS	140	Family Resource Management*
FACS	147	Financial and Legal Aspects of Aging
FACS	150	Family Stress & Coping: Multicultural Focus (FACS 50 and WPJ)*
FACS	152	Adolescent Development (CHDV 30 or 35, or FACS 52)
FACS	159	Adulthood and Aging in Human Development
FACS/ETHN	166A/166	American Indigenous Families: Issues and Perspectives

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GERO	100	Aging Issues in Contemporary America
GERO	101	Elder Care Continuum Services & Strategies
GERO	103	Applied Care Management in Gerontology Practice
GERO	121	Models for Successful Aging
GOVT	165	Politics of the Underrepresented*
HIST	174A	History of Disability in the United States
HLSC	50	Healthy Lifestyles
HLSC	112	Disease Prevention
HLSC	114	Human Ecology and Health
HLSC	122	Health Psychology
HLSC	124	Consumer Health Education
HLSC	130	Alcohol and Other Drugs
HLSC	150	Aging and Health
NURS	10	Health Care: Issues and Delivery Systems
NURS	129	Mental Health Nursing
NURS	138	Nursing and Childrearing Family
NURS	160	Human Sexuality
KINS	120	Scientific Bases of Physical Conditioning
KINS	133	Integration of Concepts*
KINS	136	Sport and Aging
KINS	150	Exercise and Sport Physiology
KINS	151	Kinesiology (BIO 22)
KINS	151A	Biomechanics (KINS 151)
KINS	151B	Biomechanics II (BIO 10 and 22, KINS 151 and 151A)
KINS	151C	Dance Kinesiology (BIO 22)
KINS	152	Physiology of Exercise (CHEM 1B or 6B and BIO 131)
KINS	152A	Fundamentals of Exercise Programs (KINS 152)
KINS	157	Therapeutic Exercise (KINS 151, 155A or B, BIO 22)
KINS	158	Motor Learning (BIO 22 or 25)
KINS	171	Adapted Physical Education: Basic Skill/Fitness Activities & Assessment (KINS 177)
KINS	172	Movement Education
KINS	176	Perceptual Motor Development
KINS	260	Sport Psychology
PHIL	101	Ethics and Social Issues*
PHIL	105	Science and Human Values*
PSYC	2	Introductory Psychology
PSYC	103	Perceptions (PSYC 2)
PSYC	104	Learning Theories (PSYC 2, 8, and 101)

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PSYC	106	Motivation (PSYC 2)
PYSC	110	Cognitive Psychology (PSYC 2)
PSYC	111	Introduction to Biological Psychology (PSYC 2)
PSYC/BIO	115	Introduction to Neuroscience (PSYC 2 and 8)
PSYC	117	Drug & Behavior
PSYC	118	Cognitive Neuroscience (PSYC 111, 115, BIO 115, or 132)
PSYC	130	Personality Theories (PSYC 2)
PSYC	134	Psychology of Human Sexuality (PSYC 2)
PSYC	135	Psychology of Multicultural Groups
PSYC	137	Stress Management
PSYC	145	Social Psychology (PSYC 2)
PSYC	148	Child Psychology (PSYC 2)
PSYC	149	Psychology of Adolescence (PSYC 2)
PSYC	150	Psychological Aspects of Aging (PSYC 2)
PSYC	151	Psychological Aspects of Death and Dying
PSYC	152	Psychological Aspects of Health, Wellness, and Illness (PSYC 2 and 8)
PSYC	157	Psychology of Women
PSYC	160	Homosexuality
PSYC	168	Abnormal Psychology (PSYC 2) (Ab)
PSYC	171	Applied Child Psychology
PYSC	184	Applied Child Psychology
PSYC	185	Psychology of Exceptional Children (PSYC 2)
SWRK	102	Crosscultural Theory and Practice: Issues of Race, Gender and Class
SWRK	111	Research Methods and Program Evaluation (SWRK 110 and 140B or C)
SWRK	125A	Human Behavior/Social Environment: Infancy through Adolescence
SWRK	125B	Human Behavior/Social Environment: Adulthood through Aging (SWRK 125A and 140A)
SWRK	126	Theories of Criminal Behavior (WPJ)
SWRK	136	Poverty and Homelessness in America
SWRK	137	The Child and the Law
SWRK	151	Health Services and Systems
SWRK	153	Child Welfare Services
SWRK	191	Exploration of Veteran Studies: An Ethnographic Approach (WPJ)*
SOC	1	Principles of Sociology
SOC	3	Social Problems
SOC	118	Chicano Community
SOC	120	Ethnic and Race Relations
SOC	123	Black Studies in Sociology
SOC	126	Sociology of Gender
SOC	128	Sociology of Sexuality
SOC	140	Sociology of Education (SOC 1)
SOC	144	Sociology of Health and Illness (SOC 1)
SOC	146	Sociology of Aging
SOC	150	Social Psychology

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SOC	155	Criminology
SOC	156	Delinquency
SOC	157	Issues in Courts and Prisons
SOC	160	Asian Societies
SOC	162	Middle Eastern Societies and Culture
SOC	166	The Family
SOC	168	Self and Society (WPJ)*
SOC	170	Sociology of Children and Adolescents
SOC	171	Sociology of Religion
SPHP	111	Anatomy and Physiology of the Speech Mechanism (CHDV 30, PSYC 2, and STAT 1)
SPHP	120	Introduction to Language, Speech and Hearing Problems
SPHP	122	Disability in the Popular Media
SPHP	133	Aural Rehabilitation (SPHP 125, 126, and 130)
SPHP	143	Communication Disorders in Multicultural Populations (SPHP 110, 125, and 126)
WOMS	75	Introduction to Disability Students